

Routledge

Behavioural Sciences & Research Methods Catalogue

January - June 2026

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A Contemporary Return to the Lacanian Mirror

You Are That



Sergio J. Aguilar Alcalá

Series: The Lines of the Symbolic in Psychoanalysis Series

A Contemporary Return to the Lacanian Mirror is a discussion on The Mirror Stage as Formative of the I Function as Revealed in Psychoanalytic Experience, a capital text within Lacanian thought and psychoanalytic history. A Contemporary Return to the Lacanian Mirror will be of great interest to academics and scholars of psychoanalytic studies, communication and media studies. It will also appeal to those working within the humanities, and specifically in the philosophy of the human-animal relationship, images in digital culture and critical theory.

Routledge

March 2026 : 118pp

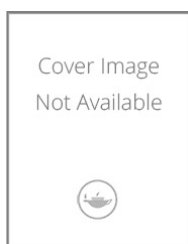
Pb: 978-1-041-07466-3 : **\$46.99**

Hb: 978-1-041-07468-7 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041074663

A Gestalt Approach to Couples Therapy

The Dance of Difference



Nicole Chew-Helbig

This book offers a framework for understanding and improving relationships through the lens of Gestalt therapy. It examines the paradox of intimacy—how genuine connection emerges from embracing individuality in a relationship—and how to navigate the dynamic tension between autonomy and togetherness. This text is an essential resource for academics, researchers, and students interested in relationship science and therapeutic approaches. It is especially relevant for mental health professionals, including practicing therapists, counsellors, and social workers, as well as those in training programs.

Routledge

March 2026 : 136pp

Pb: 978-1-041-05146-6 : **\$44.99**

Hb: 978-1-041-05148-0 : **\$71.99**

* For full contents and more information, visit: www.routledge.com/9781041051466

A Holding Space While You Wait for Therapy

An Open Letter from Therapist to Client



Jessica Bowers

Bridging the gap between self-help and therapy, A Holding Space While You Wait for Therapy provides insight, support, compassion and hope to clients who are waiting to begin counselling and psychotherapy. Readers will benefit from building their knowledge through accessible psychoeducation, learning practical tools, and reading case vignettes which demonstrate these ideas in practice. Mirroring the way in which a therapist 'holds space' for a client, this book provides non-judgmental support to those experiencing challenging moments within their lives.

Routledge

April 2026 : 208pp

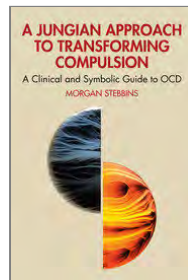
Pb: 978-1-032-99142-9 : **\$26.99**

Hb: 978-1-032-99145-0 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032991429

A Jungian Approach to Transforming Compulsion

A Clinical and Symbolic Guide to OCD



Morgan Stebbins

Obsessions and compulsions have plagued humanity for millennia, and yet no major psychological theory has considered their content to be meaningful – until the work of Carl Jung. This book presents Jung's symbolic approach to the understanding and treatment of OCD. Featuring clinical material throughout, this will be a valuable guide for Jungian analysts, clinicians of all kinds, as well as individuals in advanced study and clinical training who want to learn about the Jungian approach to the spectrum of obsessive and compulsive struggles.

Routledge

April 2026 : 198pp

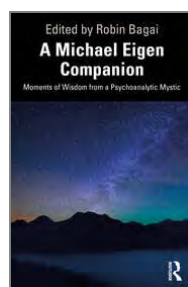
Pb: 978-1-041-02253-4 : **\$42.99**

Hb: 978-1-041-02276-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041022534

A Michael Eigen Companion

Moments of Wisdom from a Psychoanalytic Mystic



Edited by Robin Bagai

A Michael Eigen Companion offers 150 essential quotes, carefully selected from Michael Eigen's books, alongside explorative commentary. At the confluence of psychoanalysis, spirituality, and psychology, A Michael Eigen Companion will be indispensable for readers from a wide range of psychoanalytic and spiritual backgrounds. It will also appeal to students of literature and philosophy, Jungians and Buddhists, as well as seekers of psychological and emotional wisdom.

Routledge

December 2025 : 134pp

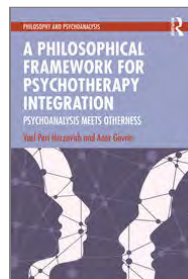
Pb: 978-1-032-98772-9 : **\$32.99**

Hb: 978-1-032-98774-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032987729

A Philosophical Framework for Psychotherapy Integration

Psychoanalysis Meets Otherness



Yael Peri Herzovich , Aner Govrin Bar-Ilan University, Israel

Series: Philosophy and Psychoanalysis

In this thought-provoking work Yael Peri Herzovich and Aner Govrin challenge the long-standing rivalry between psychoanalysis and other psychotherapeutic approaches, particularly cognitive behavioral therapy. They address a fundamental question: How can we facilitate genuine dialogue between these dominant psychotherapy schools? Offering a fresh perspective on the potential for integration and mutual influence between these two major psychotherapy schools, while honouring the unique contributions of each school, this book is essential reading for psychotherapists, psychoanalysts, psychologists, and students of mental health.

Routledge

February 2026 : 118pp

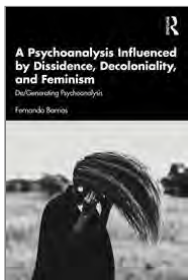
Pb: 978-1-041-00086-0 : **\$42.99**

Hb: 978-1-041-00088-4 : **\$180**

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A Psychoanalysis Influenced by Dissidence, Decoloniality, and Feminism

De/Generating Psychoanalysis



Fernando Barrios

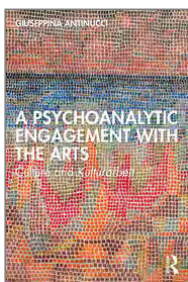
A Psychoanalysis Influenced by Dissidence, Decoloniality, and Feminism analyzes the intersection of psychoanalysis with feminisms, decolonial theories, philosophy and queer theory. A Psychoanalysis Influenced by Dissidence, Decoloniality, and Feminism will be of great interest to psychoanalysts in practice and in training, and to academics and scholars of psychoanalytic and Lacanian studies, feminisms, queer theory, critical theory and decolonial theories.

Routledge
March 2026 : 188pp
Pb: 978-1-041-19149-0 : \$42.99
Hb: 978-1-041-19150-6 : \$180

* For full contents and more information, visit: www.routledge.com/9781041191490

A Psychoanalytic Engagement with the Arts

Culture and Kulturarbeit



Giuseppina Antinucci

A Psychoanalytic Engagement with the Arts applies Freud's anthropological writing and theories to contemporary works of fiction and poetry. Using a psychoanalytic engagement of contemporary fiction to address the complexity of human existence, this volume will be of interest to psychoanalysts, as well as researchers and students interested in the intersection between psychoanalysis and the creative arts.

Routledge
November 2025 : 214pp
Pb: 978-1-032-68554-0 : \$42.99
Hb: 978-1-032-69694-2 : \$170
eBook: 978-1-032-69695-9

* For full contents and more information, visit: www.routledge.com/9781032685540

A Psycho-Political Analysis of Netanyahu's Israel

The Israeli Anxiety



Itzhak Benyamini

Series: Philosophy and Psychoanalysis

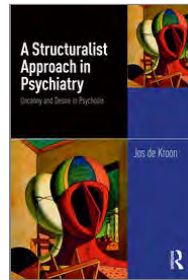
This book weaves together philosophical, theological, psychoanalytical and political paradigms, providing both a historicization and a theorization of the Israeli experience and encompassing social-political events in recent history and life in Israel. A multi-disciplinary work combining sociological, psychoanalytical and philosophical thought, this book will be of interest to scholars, students and professionals in these fields, and those who would like to learn more about Israeli culture.

Routledge
December 2025 : 138pp
Pb: 978-1-041-12943-1 : \$38.99
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* For full contents and more information, visit: www.routledge.com/9781041129431

A Structuralist Approach in Psychiatry

Uncanny and Desire in Psychosis



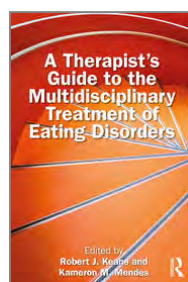
Jos de Kroon Reinier van Arkel Institution of Mental Health, the Netherlands

A Structuralist Approach in Psychiatry presents an alternative view of the psychiatric patient and highlights a connection with continental post-structuralist thinking to provide a new approach to psychiatry. After outlining the problems facing psychiatry, and the historical development of the field, this book outlines a structuralist model of the subject that does greater justice to the complexity involved while avoiding physicalist reductionism. This book will be of interest to mental healthcare professionals, including psychiatric nurses, psychiatrists, psychologists, and physician assistants, and those studying to enter these professions.

Routledge
March 2026 : 184pp
Pb: 978-1-041-03105-5 : \$56.99
Hb: 978-1-041-14632-2 : \$180

* For full contents and more information, visit: www.routledge.com/9781041031055

A Therapist's Guide to the Multidisciplinary Treatment of Eating Disorders



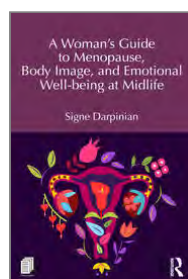
Edited by Robert J. Keane, Kameron M. Mendes

The book provides an orientation to the diagnoses of eating disorders along with current information about evidence-based practices for multidisciplinary treatment. Chapters are written from both the psychotherapist's perspective as well as from a registered dietician and a medical physician. Designed to prepare both experienced and novice psychotherapists, as well as master's and doctoral students, in providing eating disorder treatment, this easy-to-read book is a must for any psychotherapist considering work with eating disorders.

Routledge
February 2026 : 234pp
Pb: 978-1-032-98098-0 : \$37.99
Hb: 978-1-032-98816-0 : \$180

* For full contents and more information, visit: www.routledge.com/9781032980980

A Woman's Guide to Menopause, Body Image, and Emotional Well-being at Midlife



Signe Darpinian

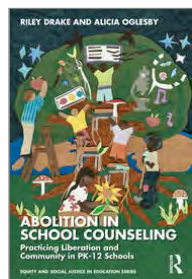
A Woman's Guide to Menopause, Body Image, and Emotional Well-being at Midlife is the definitive primer for all things midlife and menopause, offering anticipatory guidance and research-based strategies. Each chapter shares real life stories and expert advice to empower women to cut through diet-culture's harmful messaging and foster their own authentic well-being and joy. Ideal for women approaching or experiencing menopause or as a clinical companion for those working with this population, this guide is essential for traversing menopause and midlife.

Routledge
December 2025 : 210pp
Pb: 978-1-041-05318-7 : \$24.99
Hb: 978-1-041-05315-6 : \$180
eBook: 978-1-003-63224-5

* For full contents and more information, visit: www.routledge.com/9781041053187

Abolition in School Counseling

Practicing Liberation and Community in PK-12 Schools



Riley Drake, Alicia Oglesby

Series: Equity and Social Justice in Education Series

This book calls for re-examining traditional school counseling and moving toward embracing abolition within the profession. This book provides an orientation to abolitionist school counseling and draws from lessons the authors have learned from school counselors practicing abolition across K-12 levels. Chapters cover the current state of policing and the school-to-prison nexus, surveillance, harm reduction, community care, mutual aid, liberatory futures, and more. Abolition in School Counseling invites school counselors to probe the impossible and find ways to build liberation in schools today.

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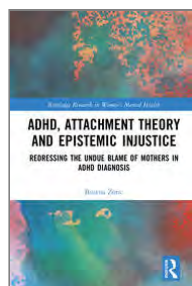
May 2026 : 296pp

Pb: 978-1-032-93898-1 : **\$29.99**

* For full contents and more information, visit: www.routledge.com/9781032938981

ADHD, Attachment Theory and Epistemic Injustice

Redressing the Undue Blame of Mothers in ADHD Diagnosis



Bozena Zoric Guildford and Private Clinic, UK

Series: Routledge Research in Women's Mental Health

This book offers an exploration of the intersection between ADHD diagnosis, attachment theory, and epistemic injustice, centring the lived experiences of mothers who have been blamed for their child's ADHD diagnosis. With new insights into the cultural and sociological dimensions of ADHD, attachment theory, and the clinical field's understanding of mothers, it will be of interest to scholars and researchers in the fields of ADHD in children, gender studies, attachment and feminist theories. Practitioners working in women's mental health and injustice studies may also find the volume of use, along with paediatricians and those interested in issues affecting neurodiversity.

Routledge

December 2025 : 212pp

Hb: 978-1-032-93804-2 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032938042

2ND EDITION

Advanced Methods in Family Therapy Research



Edited by **Richard B Miller** Brigham Young University, Utah, USA, **Lee N. Johnson** University of Georgia, USA

Advanced Methods in Family Therapy Research provides an accessible, understandable primer to advanced clinical research methods and statistics, all with the purpose of advancing therapy effectiveness and improving client care. With further readings lists and online materials for classes, this textbook is essential reading for graduate students in MFT training, as well as MFT and clinical psychology researchers. It will also be an invaluable resource for marriage and family therapists to help them keep abreast of innovations in clinical practice.

Routledge

November 2025 : 466pp

Pb: 978-1-032-36414-8 : **\$56.99**

Hb: 978-1-032-36416-2 : **\$180**

eBook: 978-1-003-33182-7

* For full contents and more information, visit: www.routledge.com/9781032364148

Aesthetic Ethics

Towards A Moral Imagination



Edited by **M. Mookie C. Manalili**, David Goodman Woods College of Advancing Studies, Boston College; Director, Psychology and the Other Institute; Harvard Medical School, **Diana Boros**

Series: Psychology and the Other

The book seeks to challenge and expand the boundaries of how we conceive ethics and morality, proposing that beauty, sublimity and emotional resonances found in the realm of the arts are essential for re-imagining a more just and compassionate world. Aesthetic Ethics hosts the voices and scholarship of significant figures across disciplines, addressing questions at the intersections of aesthetic theory, ethical psychotherapy, and the social order. Practitioners, as well as students and researchers of the humanities, the arts, politics, philosophy, psychology, psychosocial studies, sociology and social work alike will find this an illuminating and revivifying read.

Routledge

February 2026 : 292pp

Pb: 978-1-032-98327-1 : **\$44.99**

Hb: 978-1-032-98328-8 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032983271

6TH EDITION

Alternatives to Domestic Violence

A Homework Manual for Battering Intervention Groups



Kevin A. Fall Texas State University, USA, **Shareen Howard** Private practice, Texas, USA

The sixth edition of Alternatives to Domestic Violence is an interactive treatment workbook designed for use with a wide variety of accepted curricula for intimate partner violence intervention programs. The new edition adds and revises the exercises and stories, including revisions to the chapters on parenting, substance abuse, and religion based on current literature and group member feedback. Each chapter also includes new material and an enhanced focus on online abuse. This workbook is a vital resource for leaders and members of intimate partner violence groups.

Routledge

April 2026 : 168pp

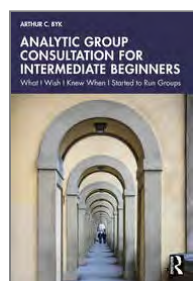
Pb: 978-1-041-02413-2 : **\$24.99**

Hb: 978-1-041-02418-7 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041024132

Analytic Group Consultation for Intermediate Beginners

What I Wish I Knew When I Started to Run Groups



Arthur C. Byk

Analytic Group Consultation for Intermediate Beginners provides a complete, accessible guide to running groups, and addresses the gaps in training and the challenges that emerge in the group therapy experience. Analytic Group Consultation for Intermediate Beginners will be of great interest to psychoanalysts and mental health practitioners in training, and those starting in group work. It will also be of interest to academics and students of psychology, psychiatry, and social work.

Routledge

November 2025 : 156pp

Pb: 978-1-041-09347-3 : **\$42.99**

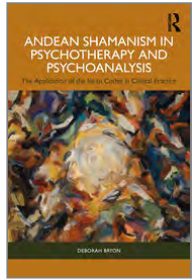
Hb: 978-1-041-09348-0 : **\$180**

eBook: 978-1-003-64963-2

* For full contents and more information, visit: www.routledge.com/9781041093473

Andean Shamanism in Psychotherapy and Psychoanalysis

The Application of the Incan Codes in Clinical Practice



Deborah Bryon

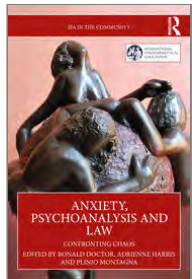
This fascinating new book is an exploration of the Andean codes, first introduced by the Incan civilization in relation to psychoanalytic theory, woven together with concepts from fractal dynamics and quantum theory to provide a more comprehensive method in psychoanalytic practice. This important book will be of interest to members of the analytic community, those in private practice, graduate students, and those curious about the interplay between shamanism, psychoanalysis and quantum physics.

Routledge
February 2026 : 228pp
Pb: 978-1-032-73198-8 : \$38.99
Hb: 978-1-032-73197-1 : \$170

* For full contents and more information, visit: www.routledge.com/9781032731988

Anxiety, Psychoanalysis and Law

Confronting Chaos



Edited by Ronald Doctor, Adrienne Harris, Plinio Montagna

Series: IPA in the Community

Anxiety, Psychoanalysis and Law examines the challenges of maintaining a psychoanalytical stance when working in chaotic times. The international contributors reflect not only on their work with severely disturbed patients, but also during times of massive disturbances in society. Anxiety, Psychoanalysis and Law will be essential reading for psychoanalysts in practice and in training, as well as psychiatrists, psychologists and social and political scientists interested in global anxiety and the challenges facing society.

Routledge
January 2026 : 220pp
Pb: 978-1-041-08613-0 : \$42.99
Hb: 978-1-041-08614-7 : \$180

* For full contents and more information, visit: www.routledge.com/9781041086130

Archetypal Healing through Fairy Stories and Myths

The Dragon is the Pathway to Peace



Victor MacGill

In this book, Victor MacGill uses the science of systems theory to explore the hidden meanings of fairy tales and myths. He links the scientific with anthropological, mythological, psychological and healing approaches to explore these stories and how they can be applied to emotional healing. With its interdisciplinary exploration of this topic and discussion of Jungian psychology, this book offers a unique resource for postgraduate researchers and other scholars, as well as psychoanalysts, psychotherapists, and coaches of all backgrounds.

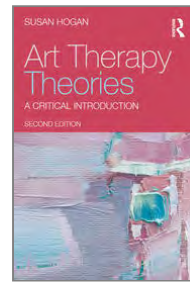
Routledge
May 2026 : 168pp
Pb: 978-1-041-14607-0 : \$180
Hb: 978-1-041-14614-8 : \$180

* For full contents and more information, visit: www.routledge.com/9781041146070

2ND EDITION

Art Therapy Theories

A Critical Introduction



Susan Hogan University of Derby, UK

Art therapists work with a range of distinct philosophical and theoretical underpinnings, but prior to the first edition there had been no single book to offer an overview of these theories. Each chapter provides a non-judgemental, yet analytical, synopsis of each approach. Art Therapy Theories is aimed at trainee art therapists who need to demonstrate that they have a grasp of theory, as well as a sense of how the theory can translate into practice. It will also appeal to seasoned therapists, counsellors and to a wide range of professionals in the mental health field.

Routledge
May 2026 : 208pp
Pb: 978-1-041-02583-2 : \$39.99
Hb: 978-1-041-02890-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781041025832

Assessment in Art Therapy



Edited by Andrea Gilroy, Robin Tipple Goldsmiths College, University of London Queen Mary, University of London Faculty of Medical Sciences, Newcastle University, **Christopher Brown**

Series: Routledge Mental Health Classic Editions

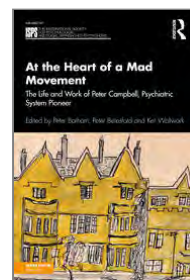
Assessment in Art Therapy gives a unique insight into the diverse contemporary practices that constitute assessment in art therapy, providing an overview of the different approaches employed in Britain and the USA today. Both students and practitioners alike will benefit from the wealth of experience presented in this book, which demonstrates how art therapists think about assessment; the difficulties that arise in art therapy assessment; and the importance of developing the theory and practice of art therapy assessment, whilst taking into account the changing demands of systems and institutions.

Routledge
November 2025 : 260pp
Pb: 978-1-041-06316-2 : \$39.99
Hb: 978-1-041-06317-9 : \$200
eBook: 978-1-003-63484-3

* For full contents and more information, visit: www.routledge.com/9781041063162

At the Heart of a Mad Movement

The Life and Work of Peter Campbell, Psychiatric System Pioneer



Edited by Peter Barham, Peter Beresford, Ker Wallwork

Series: The International Society for Psychological and Social Approaches to Psychosis Book Series

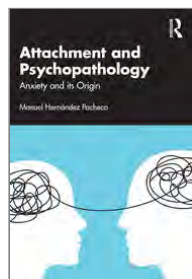
This book showcases and celebrates the writings of Peter Campbell, an activist, writer, educator, and a veteran survivor of the mental health system, conveying the variety and vitality of Campbell's accomplishments across the years from 1967 to 2022. Written in Campbell's accessible and witty style, this will be an invaluable resource for practitioners in psychiatry and all disciplines, people with lived experience of psychosis and their relatives and carers, activists, and all concerned with distress and mental wellbeing.

Routledge
November 2025 : 272pp
Pb: 978-1-041-06645-3 : \$42.99
Hb: 978-1-041-06647-7 : \$170
eBook: 978-1-003-63643-4

* For full contents and more information, visit: www.routledge.com/9781041066453

Attachment and Psychopathology

Anxiety and its Origin



Manuel Hernández Pacheco

This English translation of the Spanish bestseller *Apego y psicopatología* is an interdisciplinary study on how the early years of our life can influence the way we view ourselves and others. Enriched with real life examples to assist in reader's understanding of the neurobiological and emotional processes, *Attachment and Psychopathology* is an ideal resource for psychologists and psychology students, psychiatrists and psychiatry students, and social workers.

Routledge
November 2025 : 314pp
Pb: 978-1-041-08643-7 : **\$39.99**
Hb: 978-1-041-08644-4 : **\$200**
eBook: 978-1-003-64634-1

* For full contents and more information, visit: www.routledge.com/9781041086437

Authentic Movement for Practitioners

A Culmination of Theory, Research, and Practice



Helen Payne Professor of Psychotherapy, University of Hertfordshire

This book acts as a guide to understanding Authentic Movement (AM) in basic forms and in differing contexts, covering over three decades of practice across different theoretical and practical topics. Both research-informed and practical, this book will be an informative read for any dance movement or body psychotherapists employing the discipline of AM into their practice together with others interested in embodied self-exploration, eco-psychotherapy and spiritual practices

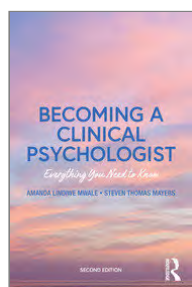
Routledge
December 2025 : 234pp
Pb: 978-1-032-76643-0 : **\$39.99**
Hb: 978-1-032-76649-2 : **\$200**

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2ND EDITION

Becoming a Clinical Psychologist

Everything You Need to Know



Steven Mayers, Amanda Mwale

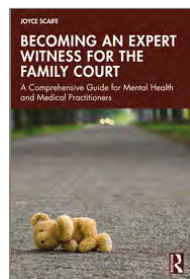
This fully updated second edition of *Becoming a Clinical Psychologist: Everything You Need to Know* brings together all the up-to-date information needed to pursue a career in this competitive field. Written by two experienced clinical psychologists, this book provides accessible information and practical guidance about gaining a place on clinical psychology training in the UK and pursuing a career in clinical psychology. Enriched with detailed interviews from both qualified and trainee clinical psychologists throughout, *Becoming a Clinical Psychologist* will provide psychology students and graduates considering a career in this area with all the tools they need!

Routledge
December 2025 : 176pp
Pb: 978-1-032-89729-5 : **\$26.99**
Hb: 978-1-032-96755-4 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032897295

Becoming an Expert Witness for the Family Court

A Comprehensive Guide for Mental Health and Medical Practitioners



Joyce Scaife

Written from the perspective of a clinician, this book guides readers through the maze of specialist knowledge needed to act as an expert witness in the family courts. Offering a single comprehensive reference for practitioners, this book focuses on the specific orientation, knowledge base and nuances involved in ensuring fairness, justice and the protection of family life when working within the courts. This book is an essential read for any mental health or medical practitioner interested in, or new to, working within the family courts, with particular interest to psychologists, psychiatrists, counsellors, therapists, paediatricians and other related medical specialisms.

Routledge
March 2026 : 224pp
Pb: 978-1-032-59186-5 : **\$32.99**
Hb: 978-1-032-59184-1 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032591865

Bion, Dreamwork and the Oneiric Dimensions of the Mind



Edited by **Jani Santamaría Linares** A-Santamaria
Psicoanálisis México A. C.

Series: *The Routledge Wilfred R. Bion Studies Book Series*

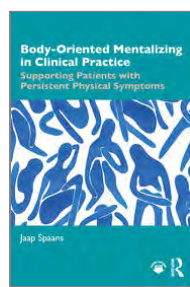
Bion, Dreamwork and the Oneiric Dimensions of the Mind allows readers to examine one of the most significant areas of clinical psychoanalytic thinking, focusing on Bion's idiom that dreaming is the central aspect of all emotional functioning and it is a full-time ongoing psychic activity. This edited collection will be of interest and value to psychoanalysts and therapists of all orientations and levels of experience who want to understand dreaming and the oneiric dimensions of the mind.

Routledge
December 2025 : 154pp
Pb: 978-1-032-76459-7 : **\$42.99**
Hb: 978-1-032-77331-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032764597

Body-Oriented Mentalizing in Clinical Practice

Supporting Patients with Persistent Physical Symptoms



Jaap Spaans Independent Scholar, the Netherlands

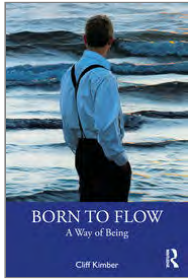
Body-oriented mentalization-based therapy (B-MBT) helps patients link physical signals to their inner experiences, such as thoughts, emotions, and memories, allowing them to become aware of previously unrecognized bodily sensations and internal responses. This book explores how B-MBT may be used to provide therapeutic support to patients with severe Persistent Physical Symptoms (PPS). *Body-Oriented Mentalizing in Clinical Practice* is an essential read for any practitioner who wants to learn more about treatment options for patients experiencing severe PPS. It will be of particular interest to (para)medical professionals, mental health specialists and non-verbal therapists.

Routledge
December 2025 : 232pp
Pb: 978-1-041-06861-7 : **\$39.99**
Hb: 978-1-041-06862-4 : **\$190**
eBook: 978-1-003-63748-6

* For full contents and more information, visit: www.routledge.com/9781041068617

Born to Flow

A Way of Being



Cliff Kimber

Born to Flow® (BTF) is an invitation to rediscover flow, not as a fixed theory, but as a lived, evolving experience. Blending personal insight, practical wisdom, and inspiration from thinkers like Alan Watts, Bruce Lee, Rick Rubin, George Kelly and Joseph Campbell, BTF explores flow as something you curate, not control. Like water shaping rock, flow emerges through sustained engagement. Insight, tools, and reflective practices offer a fresh hypothesis, guiding leaders, coaches, and creatives toward meaningful, grounded action. Applications include flow-aligned habits, navigating resistance, and creating environments for deep work.

Routledge

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Hb: 978-0-815-34697-5 : \$180

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Bridging the Transition to Housing

A Homelessness Prevention Framework



Edited by **Carrie Anne Marshall, Rebecca Gewurtz, Skye Barbic**

This book presents a detailed exploration of the Bridging the Transition framework, an approach designed to guide practitioners, researchers, policymakers, and advocates on strategies for preventing and ending homelessness. An ideal resource for a range of health and social care practitioners, researchers, and policymakers who wish to advance homelessness prevention efforts, this book may also be of specific interest to occupational therapists, psychologists, physicians, social workers, peer support specialists and as a reference text for students in health and social care or research programs.

Routledge

November 2025 : 288pp

Pb: 978-1-032-88298-7 : \$52.99

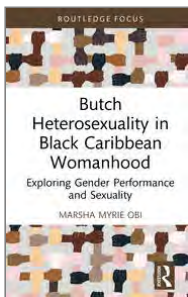
Hb: 978-1-032-89134-7 : \$170

eBook: 978-1-003-54133-2

* For full contents and more information, visit: www.routledge.com/9781032882987

Butch Heterosexuality in Black Caribbean Womanhood

Exploring Gender Performance and Sexuality



Marsha Myrie Obi

Series: Leading Conversations on Black Sexualities and Identities

This critical text proposes new ways of conceptualizing Black womanhood by challenging plantation patriarchal culture, its binary constructions, and methods of Black heterosexual coupling. The book is critical reading for scholar activists and students in the areas of Black Studies or Caribbean Studies, Black Sexualities and Gender Studies, sociology, social work, politics, gender justice and social justice courses.

Routledge

November 2025 : 134pp

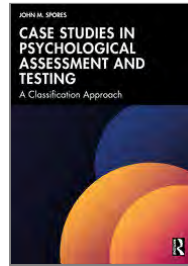
Hb: 978-1-032-85569-1 : \$68.99

eBook: 978-1-003-51870-9

* For full contents and more information, visit: www.routledge.com/9781032855691

Case Studies in Psychological Assessment and Testing

A Classification Approach



John Spores

This casebook argues that standardized psychological testing is superior to traditional assessment methods, presenting a multitrait, multimethod approach that leads to more convincing case resolutions and effective treatment planning. The casebook is written as a primary text in both advanced undergraduate and graduate level courses covering psychological testing, along with being on the shelves of many mental health clinicians as a reference text to help them work through difficult patients on their caseloads.

Routledge

February 2026 : 163pp

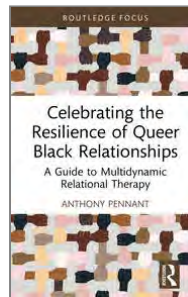
Pb: 978-1-041-19831-4 : \$56.99

Hb: 978-1-041-19829-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781041198314

Celebrating the Resilience of Queer Black Relationships

A Guide to Multidynamic Relational Therapy



Anthony G. Pennant

Series: Leading Conversations on Black Sexualities and Identities

In a clinical landscape where traditional therapy models have historically been researched, constructed from, and designed for white heterosexual couples, this book offers an innovative framework to address the challenges, nuances, and strengths of diverse identities and relationships. This pioneering book provides clinicians with a versatile framework applicable to individuals, couples, families, and various relational constellations. It is an essential resource for therapists, counselors, and mental health professionals committed to culturally responsive practice and helping clients develop relationship patterns that honor their full humanity and unique relational needs.

Routledge

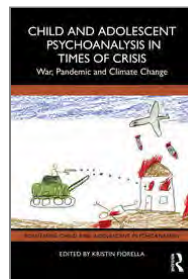
January 2026 : 128pp

Hb: 978-1-032-72592-5 : \$68.99

* For full contents and more information, visit: www.routledge.com/9781032725925

Child and Adolescent Psychoanalysis in Times of Crisis

War, Pandemic and Climate Change



Edited by **Kristin Fiorella**

Series: Routledge Child and Adolescent Psychoanalysis

Child and Adolescent Psychoanalysis in Times of Crisis: War, Pandemic and the Climate Crisis gathers a global cohort of psychoanalytic thinkers to consider the most pressing issues currently faced by young people worldwide. Part of the Routledge Child and Adolescent Psychoanalysis series, this book is an essential read for all psychoanalysts, psychiatrists, caregivers, teachers, social workers and academics.

Routledge

December 2025 : 320pp

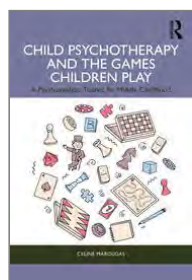
Pb: 978-1-032-83582-2 : \$42.99

Hb: 978-1-032-85978-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781032835822

Child Psychotherapy and the Games Children Play

A Psychoanalytic Toolkit for Middle Childhood



Celine Maroudas

In this thought-provoking book, Celine Maroudas presents an intriguing developmental reappraisal of middle childhood, re-examining psychoanalytic approaches to psychotherapy with this age group and exploring the therapeutic power of games and play therapy in a psychoanalytic setting. Offering a recalibration of the technique and language of child analytic treatment to better fit the unique challenges and needs of middle childhood, *Child Psychotherapy and the Games Children Play* provides psychoanalysts, psychotherapists, clinical psychologists and educators with vital new insights into this critical stage of child development.

Routledge
December 2025 : 292pp
Pb: 978-1-032-54506-6 : \$44.99
Hb: 978-1-032-54507-3 : \$180

* For full contents and more information, visit: www.routledge.com/9781032545066

Child-Led Therapy for Children with Complex Trauma

Just Playing?



Gita Ingram, Susie Reade, Annie Green

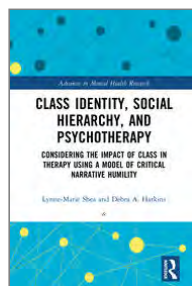
Taking an occupational therapy perspective, this book provides a resource for practitioners from many disciplines working with children who have experienced complex trauma. Readers are reminded of the damage which has happened to these children and the challenges faced by professionals when communicating with them. An essential text for any therapist working in the field of children's mental health, this book provides readers with an effective approach in their clinical work with children and their families, bringing together an understanding of trauma, psychodynamic theory and play.

Routledge
January 2026 : 150pp
Pb: 978-1-041-07922-4 : \$38.99
Hb: 978-1-041-07924-8 : \$180

* For full contents and more information, visit: www.routledge.com/9781041079224

Class Identity, Social Hierarchy, and Psychotherapy

Considering the Impacts in Therapy Using a Model of Critical Narrative Humility



Lynne-Marie Shea Clinical Psychologist at McLean Hospital, USA, **Debra A. Harkins** Prof. Emeritus of Psychology and Education, Suffolk University, Boston, MA.

Series: Advances in Mental Health Research

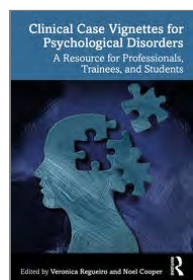
Class Identity, Social Hierarchy, and Psychotherapy explores the often-ignored influence of class identity on psychological care. Through the voices of both working-class and middle-class clients and clinicians, authors demonstrate how hidden rules about emotional expression, vulnerability, and competence often shape therapy spaces. A model of critical narrative humility is introduced, which encourages therapists to interrogate their own class position, training, and biases, and re-consider how this might impact their ability to authentically hear the complex and nuanced accounts of their clients.

Routledge
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Hb: 978-1-032-79420-4 : \$180

* For full contents and more information, visit: www.routledge.com/9781032794204

Clinical Case Vignettes for Psychological Disorders

A Resource for Professionals, Trainees, and Students



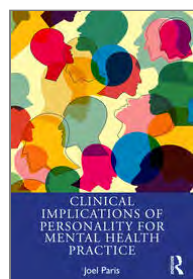
Edited by **Veronica Regueiro, Noel Cooper**

This book provides clinical case vignettes to aid in the development of diagnostic assessment and treatment planning skills for professionals, trainees, and students across all mental health disciplines. These cases are a vital resource for faculty and students as they can be used for in-class assignments, course exams, or program-related clinical competency assessments, as well as during individual or group supervision meetings. This resource will also aid current practitioners in their diagnosis and treatment planning.

Routledge
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Pb: 978-1-032-95777-7 : \$56.99
Hb: 978-1-032-95779-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781032957777

Clinical Implications of Personality for Mental Health Practice



Joel Paris McGill University, Quebec, Canada

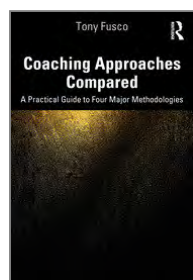
Clinical Implications of Personality for Mental Health Practice explores the importance of personality traits that shape all forms of psychopathology seen by mental health clinicians. This book is essential for psychiatrists, clinical psychologists, and social workers, as well as students in these fields.

Routledge
December 2025 : 144pp
Pb: 978-1-032-84384-1 : \$39.99
Hb: 978-1-032-85809-8 : \$180

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Coaching Approaches Compared

A Practical Guide to Four Major Methodologies



Tony Fusco

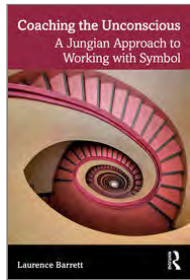
This book offers an overview and comparative analysis of four major coaching approaches: Cognitive, Existential, Gestalt, and Systems Psychodynamic coaching. This book will appeal to both novice and experienced coaches, as well as leaders, HR professionals, and those curious about the evolving field of coaching and how integrative approaches can support complex organisational development.

Routledge
December 2025 : 198pp
Pb: 978-1-032-97540-5 : \$32.99
Hb: 978-1-032-97541-2 : \$180

* For full contents and more information, visit: www.routledge.com/9781032975405

Coaching the Unconscious

A Jungian Approach to Working with Symbol



Laurence Barrett

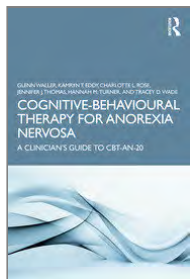
In *Coaching the Unconscious: A Jungian Approach to Working with Symbol*, Laurence Barrett explores how coaches can begin to work with symbol as part of their practice, blending the key principles of Jungian psychology with case studies and practical applications. This valuable new resource will be of particular interest for experienced coaches seeking to deepen and extend their practice, as well as coaches who have begun to explore Jungian psychology and are looking for practical ways in which its concepts can be applied. It would also be appropriate for students of coaching and Jungian psychology.

Routledge
November 2025 : 202pp
Pb: 978-1-032-73244-2 : **\$34.99**
Hb: 978-1-032-73247-3 : **\$170**
eBook: 978-1-003-46326-9

* For full contents and more information, visit: www.routledge.com/9781032732442

Cognitive-Behavioural Therapy for Anorexia Nervosa

A Clinician's Guide to CBT-AN-20



Glenn Waller , Kamryn T. Eddy , Charlotte L. Rose , Jennifer J. Thomas , Hannah M. Turner , Tracey D. Wade

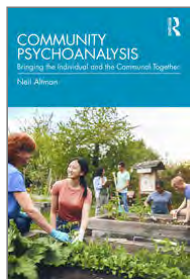
This book presents CBT-AN-20, a newly-developed briefer form of Cognitive-Behavioural Therapy (CBT) for anorexia nervosa, designed to treat individuals in 20 sessions, helping clinicians to offer effective therapy to more patients and enabling patients to move more quickly towards recovery. CBT-AN-20's pragmatic structure supports its delivery by both experienced therapists and those newer to the field who are practicing under expert supervision. This book is a 'must read' for all levels of practitioners from all disciplines who work with eating disorders.

Routledge
December 2025 : 330pp
Pb: 978-1-032-97656-3 : **\$38.99**
Hb: 978-1-032-97657-0 : **\$170**

* For full contents and more information, visit: www.routledge.com/9781032976563

Community Psychoanalysis

Bringing the Individual and the Communal Together



Neil Altman

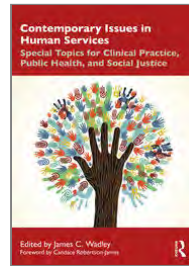
This book delves into the history, current status, and possible future directions of psychoanalysis in the community, outside the traditional consulting room. With international examples of successful community work and drawing on Altman's extensive clinical experience, this is key reading for psychoanalysts and psychotherapists wanting to explore community practice.

Routledge
December 2025 : 124pp
Pb: 978-1-041-09773-0 : **\$29.99**
Hb: 978-1-041-11691-2 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041097730

Contemporary Issues in Human Services

Special Topics for Clinical Practice, Public Health, and Social Justice



Edited by James C. Wadley

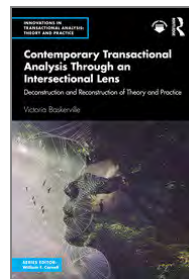
This text informs human services students and practitioners on complex contemporary issues in the human services, public health, and clinical social work fields, allowing them to be more agile and better-prepared agents and leaders of change. This book is an invaluable resource for human service professionals, social workers, policymakers, mental health practitioners, community behavioral health professionals, as well as undergraduate and graduate students.

Routledge
November 2025 : 390pp
Pb: 978-1-032-86514-0 : **\$44.99**
Hb: 978-1-032-87171-4 : **\$180**
eBook: 978-1-003-53125-8

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Contemporary Transactional Analysis Through an Intersectional Lens

Deconstruction and Reconstruction of Theory and Practice



Victoria Baskerville

Series: Innovations in Transactional Analysis: Theory and Practice

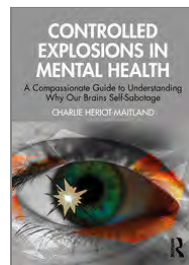
This book takes the reader on a decolonising journey from the radical roots of transactional analysis to intersectional transactional analysis on the ground, challenging social constructs and constructed truths. This book will be an important resource for psychotherapists, counsellors, transactional analysts and other mental health professionals, students and educators taking the journey.

Routledge
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Pb: 978-1-032-83456-6 : **\$38.99**
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Controlled Explosions in Mental Health

A Compassionate Guide to Understanding Why Our Brains Self-Sabotage, Self-Criticise, and Self-Harm



Charlie Heriot-Maitland

Have you ever wondered why your brain self-sabotages? Or why your actions seem self-defeating or destructive? This book explores how our brains have evolved to favour survival over mental well-being – creating 'controlled explosions' – and provides practical ways to understand, acknowledge and diffuse them. This book supports the path to self-awareness, helping the reader take control of their own struggles with insight, care and compassion. It's a must-read for any reader looking to better understand their mental health and wellbeing.

Routledge
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Coordination and Supervision in Counseling Training Programs



Helena G. Stevens

This text is the first of its kind and provides counselor educators and supervisors, who teach university level practicum and internship courses in counselor preparation programs, with a comprehensive exploration and in-depth understanding of all the facets that govern and influence university supervision courses. Counselor educators and supervisors will find this book offers a comprehensive foundation for coordinating and teaching university supervision experiences and courses.

Routledge

April 2026 : 174pp

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Hb: 978-1-032-41204-7 : **\$170**

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Creative Action Methods in Supervision and Coaching



Anna Chesner London Centre for Psychodrama, UK,
Céline Butté Independent Scholar, UK, **Bryn Jones** Royal Central School of Speech and Drama, University of London, UK

Creative Action Methods in Supervision and Coaching provides an accessible yet informative introduction to the key philosophy, theories and techniques for effective creative supervision practice. Co-authored by three experienced creative supervisors, the book investigates and answers key questions such as "What are action methods?" and "Why use creativity in supervision?" to highlight how creative supervision works and why it matters. It is a core reference for trained supervisors who are wishing to inject a more creative approach into their work and for those undertaking a training in clinical and process supervision who have an interest in embodied and creative interventions.

Routledge

January 2026 : 166pp

Pb: 978-1-032-56466-1 : **\$39.99**

Hb: 978-1-032-56465-4 : **\$190**

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Coping with Bereavement

Practical Strategies to Empower and Support You



Agnieszka Pytlowana

Series: Coping With...

Written by a clinical psychologist with lived experience of bereavement, this book aims to lessen the taboo around death and grief by inviting readers to reflect in an open, honest and judgment-free space. Elaborating on different circumstances of grief, chapters provide psychologically informed, practical strategies for caring for yourself while navigating bereavement. An essential read for anyone experiencing bereavement, this book guides and encourages readers to look after their wellbeing and become better informed about their individual process of grief.

Routledge

April 2026 : 194pp

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Creativity and Psychoanalytic Psychotherapy at Times of War, Exile, and Trauma



Rony Alfandary

Creativity and Psychoanalytic Psychotherapy at Times of War, Exile, and Trauma draws upon decades of clinical experience to illuminate the unique challenges and profound insights that emerge when practicing psychoanalytic psychotherapy within a multifaceted social terrain. Creativity and Psychoanalytic Psychotherapy at Times of War, Exile, and Trauma will be of great interest to psychoanalytic psychotherapists, social workers and psychologists. It will also be relevant for academics and scholars of trauma studies, literary studies and interdisciplinary researchers.

Routledge

March 2026 : 198pp

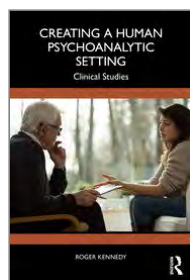
Pb: 978-1-041-16177-6 : **\$42.99**

Hb: 978-1-041-16178-3 : **\$180**

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Creating a Human Psychoanalytic Setting

Clinical Studies



Roger Kennedy

This book looks at how psychoanalytic thinking can be applied in a variety of settings and can respect the individual experience and circumstances of each patient. With a focus on the intimate relationship between what happens in the analytic setting and the analyst's own institutional influences, this is key reading for psychoanalysts and psychotherapists.

Routledge

December 2025 : 194pp

Pb: 978-1-041-15440-2 : **\$42.99**

Hb: 978-1-041-16200-1 : **\$200**

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Cybercrime and the Autism Spectrum

How the Online World Creates Victims and Offenders



Mary Riggs Cohen, Elizabeth Kelley, Michele Bush

Cybercrime and the Autism Spectrum explores the intersection of cybercrime and the autism spectrum, offering a multidimensional perspective from a clinician, an attorney, and a technical forensic expert. This is essential reading for mental health professionals working with neurodiverse individuals and their families, attorneys working with autistic clients, judges, law enforcement officers, those in training, and anyone seeking to understand the challenges and vulnerabilities facing autistic people in the digital age will have renewed compassion for the difficulties they face.

Routledge

January 2026 : 184pp

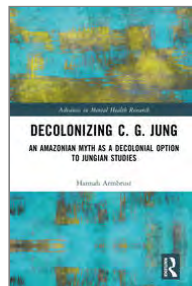
Pb: 978-1-032-87811-9 : **\$38.99**

Hb: 978-1-032-88968-9 : **\$190**

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Decolonizing C. G. Jung

An Amazonian Myth as a Decolonial Option to Jungian Studies



Hannah Armbrust

Series: Advances in Mental Health Research

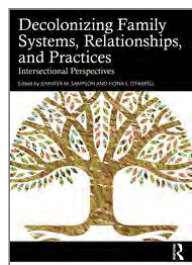
This book puts forth a 'decolonial option' to C. G. Jung's work as part of a new overview on his thoughts and writings, offering a novel interpretation of his theories through indigenous mythology. Using myths, and specifically an archetypal story from the Huni Kuin (also known as Kaxinawa) people, it examines these narratives conceived from an emotionally charged experience, and conceptualizes them as an important psychic archive to help people make sense of raw emotions.

Routledge
November 2025 : 136pp
Hb: 978-1-032-64808-8 : \$190
eBook: 978-1-032-65754-7

* For full contents and more information, visit: www.routledge.com/9781032648088

Decolonizing Family Systems, Relationships, and Practices

Intersectional Perspectives



Edited by Jennifer M. Sampson, Fiona E. O'Farrell

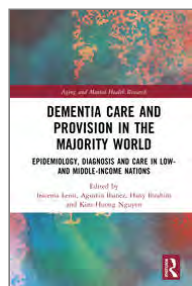
Centering liberation, justice, and cultural wisdom in the heart of relational work, this book provides a comprehensive and integrative examination of human development and the family life cycle through a decolonized, anti-racist, and intersectional lens. This book offers a new path forward for anyone who wants to practice healing in ways that are culturally affirming, politically conscious, and radically human. It is an essential resource for graduate students and practitioners in mental health programs seeking to develop their skills in working with diverse families.

Routledge
November 2025 : 262pp
Pb: 978-1-032-67105-5 : \$39.99
Hb: 978-1-032-67124-6 : \$200
eBook: 978-1-032-67908-2

* For full contents and more information, visit: www.routledge.com/9781032671055

Dementia Care and Provision in the Majority World

Epidemiology, Diagnosis and Care in Low- and Middle-income Nations



Edited by Iracema Leroi Trinity College Dublin, Ireland, Kim-Huong Nguyen University of Queensland, Australia, Agustin Ibanez Universidad Adolfo Ibáñez (UAI), Chile, Hany Ibrahim Ain Shams University, Egypt

Series: Aging and Mental Health Research

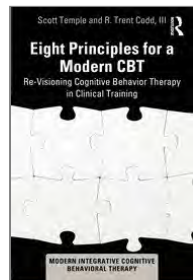
This novel volume offers a comprehensive examination of dementia epidemiology, diagnosis, and care across lower- and middle-income countries, in particular exploring diverse and culturally inclusive perspectives on understanding, diagnosing, and managing dementia. This book will be of interest to scholars, researchers, and postgraduate students in the fields of Dementia research, gerontology and ageing within LMICs, and the sociology of health and illness more broadly as well as the global health ecosystem. The book may also appeal to clinicians developing dementia services.

Routledge
November 2025 : 276pp
Hb: 978-1-032-86570-6 : \$190
eBook: 978-1-032-53599-7

* For full contents and more information, visit: www.routledge.com/9781032865706

Eight Principles for a Modern CBT

Re-Visioning Cognitive Behavior Therapy in Clinical Training



Scott Temple University of Iowa, USA, **R. Trent Codd III** Private practice, North Carolina, USA

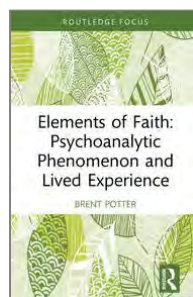
Series: Modern Integrative Cognitive Behavioral Therapy

Eight Principles for a Modern CBT is a training guide for both new and experienced clinicians who want to understand and apply the newest developments in cognitive behavioral therapy. In these pages, readers will find answers to and insights on these questions and much more, including perspectives on evolutionary psychology and newer, process-based models that put human suffering in a less medicalized and stigmatizing frame.

Routledge
November 2025 : 258pp
Pb: 978-1-032-81829-0 : \$37.99
Hb: 978-1-032-81830-6 : \$200
eBook: 978-1-032-50558-7

* For full contents and more information, visit: www.routledge.com/9781032818290

Elements of Faith: Psychoanalytic Phenomenon and Lived Experience



Brent Potter

Series: Routledge Focus on Mental Health

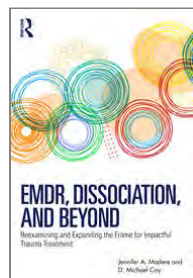
This book investigates the multidimensional nature of faith as an existential and psychoanalytic phenomenon. Engaging with thinkers such as Heidegger, Bion, Kierkegaard, and Hillman, Brent Potter examines faith not as static belief but as a lived, dynamic structure of human experience. Drawing upon clinical work, especially the transformative therapeutic process with a patient named Sara, the book reveals how faith surfaces in moments of crisis, longing, and relational rupture. With careful attention to the Hebraic and Greek worldviews, the author provides insight into faith's ethical, psychological, cultural, and theological contours.

Routledge
December 2025 : 100pp
Hb: 978-1-041-09982-6 : \$68.99

* For full contents and more information, visit: www.routledge.com/9781041099826

EMDR, Dissociation, and Beyond

Reexamining and Expanding the Frame for Impactful Trauma Treatment



Jennifer A. Madere Intuitus Group, Texas, USA, **D. Michael Coy** Private practice, Washington, USA

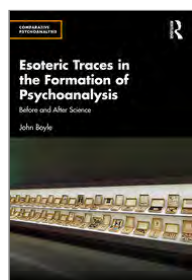
EMDR, Dissociation, and Beyond delves more deeply into the dissociative disorders' literature than any previous text on this topic, providing much-needed connectivity between two fields that are often at odds. Weaving together strands from many schools of thought and infused with the authors' decades of experience, EMDR, Dissociation, and Beyond brings together EMDR therapy and the treatment of dissociation in a way that invites the past into the present and opens doors to the future.

Routledge
March 2026 : 384pp
Pb: 978-1-032-71235-2 : \$37.99
Hb: 978-1-032-71236-9 : \$190

* For full contents and more information, visit: www.routledge.com/9781032712352

Esoteric Traces in the Formation of Psychoanalysis

Before and After Science



John Boyle

Series: Comparative Psychoanalysis

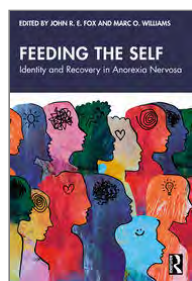
In this fascinating new book, John Boyle provides an in-depth account of the neglected contributions made by Western esotericism in the formation of an occluded 'psychoanalytic parapsychology' active within psychoanalysis since its inception, the distinguishing features of which he argues have continued to persist within psychoanalysis to this day. This book offers new and original insights into the role played by heterodox forms of spirituality in the development of psychoanalysis. It will interest scholars of psychoanalysis and religion as well as those with a general interest in the role of the spiritual in contemporary psychoanalysis and psychology.

Routledge
February 2026 : 178pp
Pb: 978-1-032-76034-6 : **\$39.99**
Hb: 978-1-032-76036-0 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032760346

Feeding the Self

Identity and Recovery in Anorexia Nervosa



Edited by **John Fox** The University of Liverpool, UK, **Marc Williams** Senior Lecturer, Cardiff University School of Psychology, UK

Feeding the Self brings together leading scholars, clinicians, and lived-experience authors to place self and identity at the heart of how we understand and promote recovery from anorexia nervosa (AN). For clinicians, researchers, trainees, and policymakers, this book offers a rigorous yet compassionate reframing of AN: not merely as a set of symptoms, but as a lived experience shaped by stories, relationships, and identities - and, importantly, as a condition from which new and meaningful identities and lives can emerge.

Routledge
March 2026 : 212pp
Pb: 978-1-032-72052-4 : **\$34.99**
Hb: 978-1-032-74213-7 : **\$155**

* For full contents and more information, visit: www.routledge.com/9781032720524

Ferenczi Revisited

Tongues, Trauma and Transformation



Miguel Gutiérrez Peláez

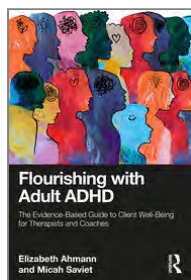
Ferenczi Revisited explores Sándor Ferenczi's most significant contributions to psychoanalysis and their relevance for contemporary practice. Ferenczi Revisited will be essential reading for psychoanalysts, psychologists, and psychiatrists—both professionals and students—as well as clinicians working with trauma. It will also appeal to academics and scholars of philosophy, psychoanalytic theories and techniques, the history of psychoanalysis, and the intersection of literature and psychoanalysis.

Routledge
December 2025 : 124pp
Pb: 978-1-041-12157-2 : **\$42.99**
Hb: 978-1-041-12158-9 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041121572

Flourishing with Adult ADHD

The Evidence-Based Guide to Client Well-Being for Therapists and Coaches



Elizabeth Ahmann, Micah Saviet

Rooted in both well-being and neuro-affirming lenses, this timely, essential text offers a comprehensive guide to supporting adults with ADHD. Therapists, coaches, and others working with this population, will appreciate the text's clear, practical, and evidence-based guidance on a range of approaches promoting well-being—and flourishing—for adult clients with ADHD.

Routledge
April 2026 : 378pp
Pb: 978-1-041-05977-6 : **\$39.99**
Hb: 978-1-041-05252-4 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041059776

2ND EDITION

Fly Away Fear

Overcoming Your Fear of Flying



Elaine Iljon Foreman, Lucas van Gerwen

Series: The Self-Help Series

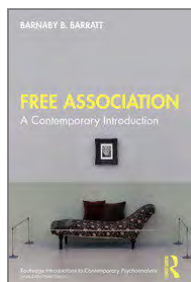
Fly Away Fear is an accessible and empathetic guide to overcoming your fear of flying. Fly Away Fear is the ideal book for anyone with air travel anxiety, or who has experienced fear of flying.

Routledge
December 2025 : 150pp
Pb: 978-1-041-04129-0 : **\$24.99**
Hb: 978-1-041-04219-8 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041041290

Free Association

A Contemporary Introduction



Barnaby B Barratt

Series: Routledge Introductions to Contemporary Psychoanalysis

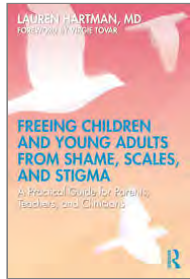
In Free Association: A Contemporary Introduction, Barnaby Barratt presents a compelling and much-needed exploration of the method of free association within psychoanalytic treatment. This book is a vital resource for psychoanalysts in training and practice, and anyone deeply curious about the human psyche. It is also a valuable tool for instructors and researchers in psychoanalysis, psychotherapy and related fields.

Routledge
March 2026 : 136pp
Pb: 978-1-032-90481-8 : **\$26.99**
Hb: 978-1-032-90483-2 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032904818

Freeing Children and Young Adults from Shame, Scales, and Stigma

A Practical Guide for Parents, Teachers, and Clinicians



Lauren Hartman

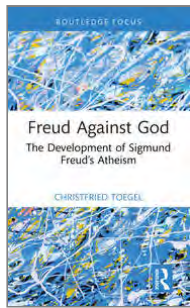
This practical guide empowers parents, educators, and clinicians with the tools they require to free children and young adults from body shame and weight stigma. Designed to be accessible and efficient with clearly organized sections, concise summaries, and ready-to-use resources for each context, it offers strategies for repair when conversations about weight and health haven't gone as intended. Whether you're a doctor in an exam room, a parent at the dinner table, or a teacher in a classroom, this book will help you feel confident and prepared to have these conversations in a way that prioritizes health without perpetuating stigma or harm.

Routledge
March 2026 : 194pp
Pb: 978-1-041-14100-6 : \$34.99
Hb: 978-1-041-14103-7 : \$180

* For full contents and more information, visit: www.routledge.com/9781041141006

Freud Against God

The Development of Sigmund Freud's Atheism



Christfried Toegeel

Series: History of Psychoanalysis

Freud Against God traces the development of Freud's atheism, from his youth through to The Man Moses and the Monotheistic Religion, published in 1939. Christfried Toegeel takes a largely chronological approach, tracing how biographical developments in Freud's life and political events gradually led to his conviction that it is "a greater risk if we maintain our present attitude to religion than if we give it up." Written by a leading Freud scholar, this book provides a compact overview of Freud's atheism. Freud Against God will be of great interest to academics and scholars of Freud and religion.

Routledge
November 2025 : 102pp
Hb: 978-1-041-14355-0 : \$68.99
eBook: 978-1-003-67404-7

* For full contents and more information, visit: www.routledge.com/9781041143550

Gender with Sexuality

Situations of Psychoanalytic Learning



Oren Gozlan

This book explores the changing attitudes and clinical responses to gender and transition in psychoanalysis and psychotherapy. With a deep and nuanced understanding of gender in the clinic and beyond, this book is essential reading for psychoanalysts, psychotherapists, and other mental health professionals seeking to update their thinking and practice around gender and transitioning.

Routledge
December 2025 : 228pp
Pb: 978-1-032-57736-4 : \$39.99
Hb: 978-1-032-57735-7 : \$200

* For full contents and more information, visit: www.routledge.com/9781032577364

Gender, Sex and Relationship Diversity Therapy

Theory and Practice



Edited by **Dominic Davies**, **Silva Neves** Contemporary Institute of Clinical Sexology, UK, **Antonio Prunas**

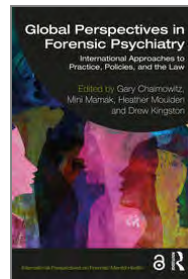
This seminal book is the original and definitive text presenting Gender, Sex & Relationship Diversity Therapy (GSRD Therapy) as its own therapeutic rather than simply a set of techniques or "add on" to other modalities in working with LGBTQ+ clients and other marginalised populations. The book will be a critical resource for clinicians worldwide, particularly those working with, or interested in working with populations who do not fit the dominant "norm" of heteronormativity, mono-normativity and those who are gender-expansive.

Routledge
December 2025 : 282pp
Pb: 978-1-032-86880-6 : \$44.99
Hb: 978-1-032-87082-3 : \$180

* For full contents and more information, visit: www.routledge.com/9781032868806

Global Perspectives in Forensic Psychiatry

International Approaches to Practice, Policies, and the Law



Edited by **Gary Chaimowitz** McMaster University, Canada, **Mini Mamak** McMaster University, Canada, **Heather Moulden** McMaster University, Canada, **Drew Kingston** McMaster University, Canada

Series: International Perspectives on Forensic Mental Health

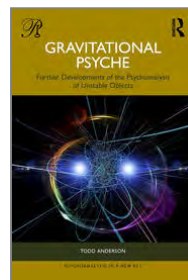
Global Perspectives in Forensic Psychiatry: International Approaches to Practice, Policies, and the Law is an essential guide to understanding the international landscape of forensic mental health systems. This volume is an essential resource for forensic mental health professionals, clinicians, and researchers. It will inform training, service delivery, and future research on justice-involved individuals with mental disorders.

Routledge
December 2025 : 444pp
Pb: 978-1-032-45275-3 : \$58.99
Hb: 978-1-032-45277-7 : \$190

* For full contents and more information, visit: www.routledge.com/9781032452753

Gravitational Psyche

Further Developments of the Psychoanalysis of Unstable Objects



Todd Anderson

Series: Psychoanalysis in a New Key

Gravitational Psyche draws on ideas from physics, psychoanalysis, and philosophy, to propose a radical reframing of how subjectivity is structured and sustained. Bridging theory and practice with vivid clinical illustrations, conceptual maps, and a study guide designed to support teaching and supervision, this book is key reading for all psychoanalysts and psychotherapists.

Routledge
April 2026 : 326pp
Pb: 978-1-041-17253-6 : \$44.99
Hb: 978-1-041-20151-9 : \$200

* For full contents and more information, visit: www.routledge.com/9781041172536

Group Supervision and the Influence of Culture



Edited by **Margaret Smith**

Group Supervision and the Influence of Culture explores key themes in group analytic supervision, highlighting the value of thinking that encompasses different perspectives. Group Supervision and the Influence of Culture will be essential reading for anyone providing group supervision, particularly therapists, counsellors, therapists, social workers, probation officers and healthcare staff who provide or receive group supervision. It will be an essential reference for trainees in group analytic supervision.

Routledge

December 2025 : 224pp

Pb: 978-1-032-71905-4 : **\$39.99**

Hb: 978-1-032-71907-8 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032719054

2ND EDITION

Handbook of Social Justice in Loss and Grief

Exploring Diversity, Equity, and Inclusion



Edited by **Darcy L. Harris** Western University, Ontario, Canada, **Tashel C. Bordere** University of Missouri, USA, **Lisa McLean** Western University, Ontario, Canada

Series: *Series in Death, Dying, and Bereavement*

The second edition of the Handbook of Social Justice in Loss and Grief has been completely overhauled, with twenty-six new chapters by leaders in the fields of social justice, socially just practice, death, dying, loss, and grief. This book challenges readers to think through responses to ethically complex scenarios in which social justice is undermined by radically uneven opportunity structures, hierarchies of voice and privilege, personal and professional power, and unconscious assumptions, at the very junctures when people are most vulnerable through serious illness, confrontations with end-of-life decision making, and in the throes of grief and bereavement.

Routledge

February 2026 : 276pp

Pb: 978-1-032-89178-1 : **\$44.99**

Hb: 978-1-032-89180-4 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032891781

Handbook of Spirituality, Health, and Well-Being

A Psychological Perspective



Edited by **Jon R. Webb**

This edited volume is a one-stop repository of the most current research on the relevance and application of the broad construct of spirituality to health and well-being, including mental, physical, and social aspects. This book is the go-to resource for scholars, researchers, clinicians, and lay people who are interested in understanding, developing, and/or providing ethically comprehensive and inclusive spiritually attuned healthcare.

Routledge

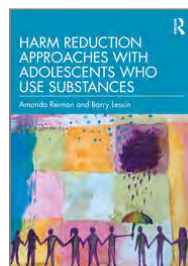
December 2025 : 762pp

Pb: 978-1-032-57590-2 : **\$84.99**

Hb: 978-1-032-57591-9 : **\$290**

* For full contents and more information, visit: www.routledge.com/9781032575902

Harm Reduction Approaches with Adolescents Who Use Substances



Amanda Reiman, Barry Lessin

Harm Reduction Approaches with Adolescents Who Use Substances details the concepts of harm reduction and how they can be implemented in work with adolescents on the topic of substance use behaviors. Suitable for use in a variety of upper-level and graduate courses, this book educates students about the traditional concepts of harm reduction and how they can relate to adolescent substance use and family therapy.

Routledge

November 2025 : 172pp

Pb: 978-1-032-94084-7 : **\$68.99**

Hb: 978-1-032-94826-3 : **\$180**

eBook: 978-1-003-58185-7

* For full contents and more information, visit: www.routledge.com/9781032940847

Harry Guntrip

A Contemporary Introduction



Loray Daws

Series: *Routledge Introductions to Contemporary Psychoanalysis*

Harry Guntrip: A Contemporary Introduction traces Guntrip's early years, his theological and psychological studies, his formation as a psychoanalyst, and his various contributions to pre-Oedipal developmental arrest. This book is an illuminating read for all practicing analysts, as well as students of psychology, psychiatry, psychiatric nursing, clinical and counseling psychology, psychoanalysis, and those specialising in both conceptual psychoanalysis and the treatment of the disorders of the self.

Routledge

April 2026 : 150pp

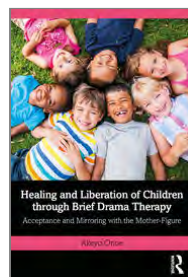
Pb: 978-1-032-83127-5 : **\$26.99**

Hb: 978-1-032-87394-7 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032831275

Healing and Liberation of Children through Brief Drama Therapy

Acceptance and Mirroring with the Mother-Figure



Akeyo Onoe

Onoe introduces a new approach in brief drama therapy for children called Improvisational Drama of Acceptance and Mirroring (IDAM). Developed in Japan, it can be used with children in large groups, making it a time and cost effective therapy tool for therapists to add to their toolkit. This book is the first to present a brief drama therapy approach developed in Asia and though it focuses on mother-child relations in Japan, it is connected to all cultures in principle, and will help increase readers' cultural competency and humility. The content includes practical applications of IDAM and is a great tool for training therapists.

Routledge

December 2025 : 184pp

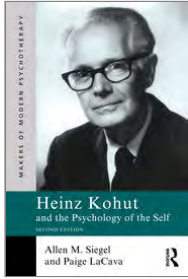
Pb: 978-1-032-93245-3 : **\$48.99**

Hb: 978-1-032-93246-0 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032932453

2ND EDITION

Heinz Kohut and the Psychology of the Self



Allen M. Siegel , Paige LaCava

Series: *Makers of Modern Psychotherapy*

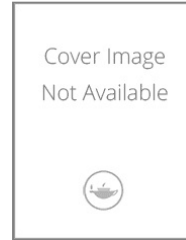
This revised edition of Heinz Kohut and the Psychology of the Self offers a clear, detailed explanation of self-psychology theory, as it was written by Heinz Kohut. This revised edition is intended for students and practitioners at any level of practice who are interested in a deeper understanding of Kohut's ideas.

Routledge
February 2026 : 210pp
Pb: 978-1-041-13464-0 : \$39.99
Hb: 978-1-041-13465-7 : \$190

* For full contents and more information, visit: www.routledge.com/9781041134640

Improving Academic Executive Functioning for Autistic Middle Schoolers

The Achieving Independence and Mastery in School (AIMS) Clinician Workbook



Amie Duncan , Leanne Tamm

Improving Academic Executive Functioning for Autistic Middle Schoolers is an intervention manual comprised of a structured curriculum for clinicians with the primary goal of providing support and strategies to caregivers and autistic adolescents. This book is an integral purchase for clinicians who seek to fill the gap in academic support for autistic adolescents. Not only does it provide clinicians with instruction on strategies targeting executive functions that are challenging to autistic teens but also incorporates the caregiver as a coach who can continue supporting the teen in utilizing these essential skills as they transition to high school and the adult world.

Routledge
January 2026 : 268pp
Pb: 978-1-032-80548-1 : \$44.99
Hb: 978-1-032-81413-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781032805481

Identity, Theory, and Practice in Group Relations

A Reflective Selfie



Edited by Coreene Archer , Gordon Strauss , Moshe Bergstein , Ellen L. Short

Series: *The Group Relations Conferences Series*

Identity, Theory, and Practice in Group Relations presents a range of perspectives on group relations, capturing both a social scientific and psychoanalytic perspective. This book will be an invaluable resource for practitioners, academics and scholars of Group Relations, as well as managers and organisational members wanting to learn more about how Groups Relations methods can contribute to their organisational success.

Routledge
May 2026 : 144pp
Pb: 978-1-032-81261-8 : \$44.99
Hb: 978-1-032-81919-8 : \$180

* For full contents and more information, visit: www.routledge.com/9781032812618

Individual Adventure Psychotherapy

An Experiential Approach to One-on-One Treatment



Gary Stauffer , D. Maurie Lung , Tony G. Alvarez , Kim Sacksteder , Anita R. Tucker , Bobbi Beale

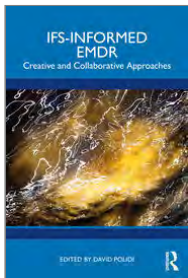
Individual Adventure Psychotherapy provides a clinical model for utilizing adventure therapy in individual therapy sessions, exploring key foundations, theories, and ethics of the practice approach. This text is critical for providing students and clinical practitioners a strong foundation for ethical, intentional, and effective experiential practice.

Routledge
November 2025 : 264pp
Pb: 978-1-032-60168-7 : \$56.99
Hb: 978-1-032-60169-4 : \$180
eBook: 978-1-003-45789-3

* For full contents and more information, visit: www.routledge.com/9781032601687

IFS-Informed EMDR

Creative and Collaborative Approaches



Edited by David Polidi Private practice, Massachusetts, USA

IFS-Informed EMDR makes the case that the integration of these two influential therapy models creates something greater than the sum of its parts. It's a book that can be used as a resource for therapeutic educational and training programs and as a supplement for people already familiar with at least one of these models. Each chapter offers wisdom and practical guidance that will benefit anyone interested in learning the theoretical framework and practical applications of uniting EMDR and IFS for trauma healing.

Routledge
December 2025 : 370pp
Pb: 978-1-032-89167-5 : \$39.99
Hb: 978-1-032-89171-2 : \$200
eBook: 978-1-003-54155-4

* For full contents and more information, visit: www.routledge.com/9781032891675

Infant Trauma in Adults

A Jungian Selfing Transformation



Kelly Polanski

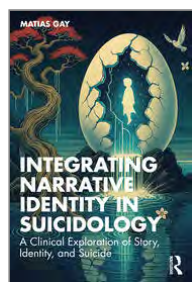
This book delves into the infant's natural multiplicity as the foundation of the adult, to rediscover the impact of first year, unremembered trauma. This unique contribution offers adult survivors of infant trauma rediscovery and renewal to live again their precious instinctual spirit of aliveness, and will be of interest to Jungian analysts, as well as psychoanalysts, psychotherapists, body-oriented somatic therapists, social workers, and individuals suffering from trauma.

Routledge
February 2026 : 258pp
Pb: 978-1-041-10725-5 : \$42.99
Hb: 978-1-041-10727-9 : \$180

* For full contents and more information, visit: www.routledge.com/9781041107255

Integrating Narrative Identity in Suicidology

A Clinical Exploration of Story, Identity, and Suicide



Matias Gay IWK Health Centre, Nova Scotia, Canada

Integrating Narrative Identity in Suicidology examines the pivotal role of stories in forming our identities and how, when those stories break down, suicidality can emerge. Presented here is not merely an academic treatise but a practical guide for mental health professionals who are keen to apply principles of narrative identity and story reconstruction. It provides a method to help those adrift reconnect with their stories, offering a renewed sense of hope and a redefined identity, thereby restoring their place in the world.

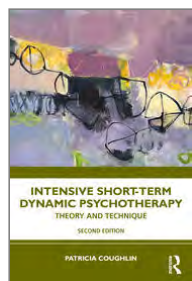
Routledge
April 2026 : 278pp
Pb: 978-1-041-07331-4 : **\$37.99**
Hb: 978-1-041-07333-8 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781041073314

2ND EDITION

Intensive Short-Term Dynamic Psychotherapy

Theory and Technique



Patricia Coughlin

This long-awaited new edition of Intensive Short-Term Dynamic Psychotherapy is a thorough yet accessible guide for readers looking to develop their understanding of this therapeutic model and the myriad benefits it reaps as an alternative to the lengthy, and often costly, process of traditional psychoanalytic treatment. All practicing mental health professionals, as well as students and trainees, will find this book a unique and illuminating read and an invaluable tool as they develop their own skills within the clinical space.

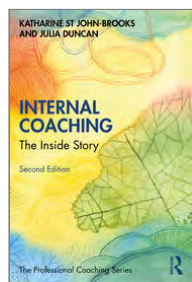
Routledge
February 2026 : 318pp
Pb: 978-1-032-88188-1 : **\$42.99**
Hb: 978-1-032-89307-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032881881

2ND EDITION

Internal Coaching

The Inside Story



Katharine St John-Brooks, Julia Duncan

Series: The Professional Coaching Series

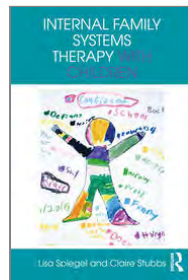
Internal Coaching: The Inside Story provides a window into the world of internal coaching: the challenges and rewards for the coaches themselves and how organisations can ensure that they can get best value for money from their investment in them. Whether you're an experienced coach, a leader building a coaching culture within your organisation, or someone just beginning to explore this fascinating field of practice, this book is here to support and inspire you on that journey.

Routledge
November 2025 : 278pp
Pb: 978-1-032-85803-6 : **\$34.99**
Hb: 978-1-032-85805-0 : **\$170**
eBook: 978-1-003-51991-1

* For full contents and more information, visit: www.routledge.com/9781032858036

2ND EDITION

Internal Family Systems Therapy with Children



Lisa Spiegel Private practice, New York, NY, USA, **Claire Stubbs**

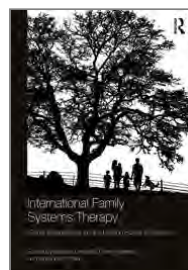
Internal Family Systems Therapy with Children, 2nd Edition offers a new way of understanding and supporting children — building deep, respectful relationships with their inner worlds through the adaptation of Richard C. Schwartz's groundbreaking therapeutic model. This book is essential reading for IFS therapists looking to deepen their understanding of the theory and practice of Internal Family Systems with children and their families.

Routledge
March 2026 : 240pp
Pb: 978-1-032-91522-7 : **\$29.99**
Hb: 978-1-032-94902-4 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032915227

International Family Systems Therapy

Global Perspectives on the Healing Power of Families



Edited by **Maurizio Andolfi, Peter Fraenkel, Antonello D'Elia**

Detailing a wide range of systemic approaches to mental health and relational issues, this essential guide demonstrates the power of family systems therapy as a means of fostering genuine human, relational, and societal transformation. This text is essential reading for mental health and human service practitioners, researchers, policymakers, as well as graduate level trainees in all mental health disciplines.

Routledge
November 2025 : 420pp
Pb: 978-1-032-87008-3 : **\$64.99**
Hb: 978-1-032-88233-8 : **\$290**
eBook: 978-1-003-53676-5

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Interpretation

A Contemporary Introduction



Aner Govrin Bar-Ilan University, Israel

Series: Routledge Introductions to Contemporary Psychoanalysis

Interpretation: A Contemporary Introduction invites readers into the evolving heart of psychoanalytic practice, where interpretation stands as both central mystery and transformative tool. Offering a concise yet thorough introduction to interpretation, this book is a perfect guide for practicing clinicians, graduate students, supervisors and scholars alike interested in psychoanalysis as both clinical practice and intellectual tradition.

Routledge
April 2026 : 130pp
Pb: 978-1-032-96806-3 : **\$26.99**
Hb: 978-1-032-96805-6 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032968063

Involving Minimally Speaking Communicators as Collaborators in Group Music Therapy and Research

Listen to Me!



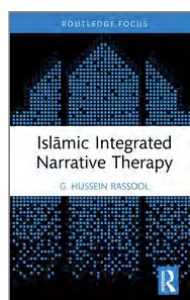
CATHERINE WARNER

Involving Minimally Speaking Communicators as Collaborators in Group Music Therapy retrospectively explores a doctoral study of participatory action research centred around one year of music therapy with six minimally speaking men living within a residential home. Written in an accessible style with key learnings highlighted throughout, readers will learn about the benefits and challenges of involving minimally speaking communicators in both research and practice. This is an essential read for any music therapy practitioner who wants to improve inclusivity and participant engagement within their practice.

Routledge
April 2026 : 232pp
Pb: 978-1-041-13466-4 : **\$39.99**
Hb: 978-1-041-13467-1 : **\$190**

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Islāmic Integrated Narrative Therapy



G. Hussein Rassool Charles Sturt University, Australia

Series: Islamic Psychology and Psychotherapy

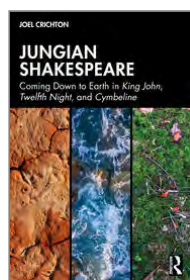
This book explores the integration of narrative therapy within the framework of Islāmic psychotherapy, combining modern therapeutic practices with the rich cultural and spiritual heritage of Islām. This book offers an original contribution by developing a culturally and spiritually integrated model of narrative therapy tailored for Muslim clients. By aligning therapeutic techniques with Islāmic teachings, it provides mental health professionals with practical, faith-sensitive tools, making it especially valuable for therapists, counsellors, and scholars working within Muslim communities.

Routledge
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Hb: 978-1-032-95452-3 : **\$68.99**

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Jungian Shakespeare

Coming Down to Earth in King John, Twelfth Night, and Cymbeline



Joel Crichton

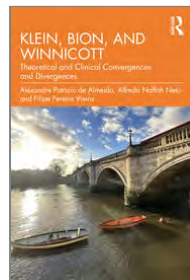
Jungian Shakespeare is an original work of Jungian literary criticism, examining the psychological expression within three plays from different times in Shakespeare's career through a Jungian framework. This interdisciplinary work appeals to Jungian analysts, psychotherapists, theatre practitioners, Shakespeare scholars, and enthusiasts of literature and theatre, as well as anyone interested in the connections between Jungian psychology and Shakespeare.

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* For full contents and more information, visit: www.routledge.com/9781032980836

Klein, Bion, and Winnicott

Theoretical and Clinical Convergences and Divergences



Alexandre Patricio de Almeida , Alfredo Naffah Neto , Filipe Pereira Vieira

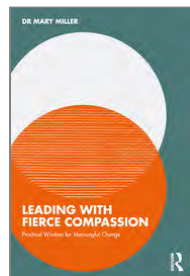
This book fills a gap in psychoanalytic literature by offering a rigorous analysis of the intersections and divergences between the three foundational figures in psychoanalysis: Melanie Klein, Wilfred Bion, and Donald Winnicott. With copious clinical material and a deep understanding of all 3 subjects, this book is key reading for psychoanalysts, psychotherapists and advanced trainees at all stages of their careers and for anyone wishing to broaden their understanding of the works of Klein, Bion, and Winnicott.

Routledge
February 2026 : 236pp
Pb: 978-1-041-07587-5 : **\$46.99**
Hb: 978-1-041-07846-3 : **\$200**

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Leading with Fierce Compassion

Practical Wisdom for Meaningful Change



Dr Mary Miller

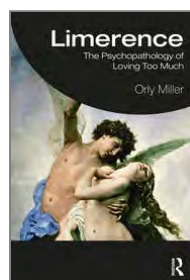
Bridging psychological theories on compassion with practical leadership insights, this book explores the transformative power of compassion for navigating the complexities of modern leadership and life. The text will be a valuable resource for professionals ranging from mid-level managers to executive leadership positions within business, government, and non-governmental organizations (NGOs). It will be an asset to any professional interested in psychology or enhancing leadership abilities to cultivate deeper and more meaningful connections with others.

Routledge
February 2026 : 224pp
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Limerence

The Psychopathology of Loving Too Much



Orly Miller

What happens when longing takes hold and won't let go? When the need for connection becomes obsession, and fantasy begins to blur with reality? This book explores limerence, a complex and often misunderstood psychological state marked by intrusive thoughts, emotional dependency, and an intense longing for reciprocation. What begins as attraction can quickly spiral into fixation, projection, and the gradual unravelling of the self. For therapists, clinicians, and curious readers alike, this is a nuanced exploration of obsessive love and the psychological complexities that shape it.

Routledge
December 2025 : 162pp
Pb: 978-1-032-91531-9 : **\$34.99**
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Madness and the Political Divide



Allen R. Dyer

Series: Psychoanalysis, Technology, and the Future

Madness and the Political Divide draws on psychiatry and ethics in an attempt to understand and bridge the political divide. Madness and the Political Divide will be of great interest to psychoanalysts, psychiatrists, and those in other mental health disciplines. It will be highly relevant for academics and scholars in philosophy, history and literature, and to readers interested in ethics, justice and human values.

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Mari Ruti and Climate Change

From Grief to Creativity



Clint Burnham

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In this illuminating book, Clint Burnham invites the reader to consider humanity's relationship with the world around us, using a unique blend of Lacanian psychoanalysis, literary criticism and visual art to hold a mirror up to our own implications in the mounting climate crisis. Mary Ruti and Climate Grief offers a novel and approachable perspective to both students and scholars interested in psychology, environmental studies, psychoanalysis and climate politics, as well as practitioners of the psychological and therapeutic professions who are encountering patients experiencing climate anxiety or other affects in their practice.

Routledge

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Masking in Autistic Adults

A Clinician's Guide to Neurodiversity-Affirming Care



Iain Dolan

Written by an autistic psychologist specializing in neurodivergent adult assessments, this pioneering book bridges the chasm between clinical practice and autistic experience via the author's unique and candid "insider-outsider" perspective. Ideal for healthcare professionals working with autistic adults, this book advocates for empathetic, informed, and compassionate healthcare practices and highlights the need for a nuanced appreciation of autistic adults' complex experiences.

Routledge

April 2026 : 306pp

Pb: 978-1-032-93598-0 : **\$37.99**

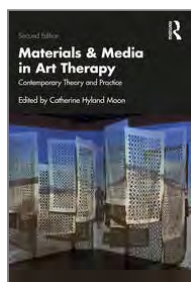
Hb: 978-1-032-93597-3 : **\$170**

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2ND EDITION

Materials and Media in Art Therapy

Contemporary Theory and Practice



Edited by **Catherine Hyland Moon**

The second edition of Materials and Media in Art Therapy provides an overview of material and media theory and practice in the field, with an emphasis on advances since the first edition. Thoroughly updated with the ongoing historical development of material and media use in the field and including extensive coverage of social and cultural issues faced by art therapy participants, this second edition is broad enough to be integrated into a course for a graduate program and specific enough to serve as a shelf reference for those in practice.

Routledge

January 2026 : 358pp

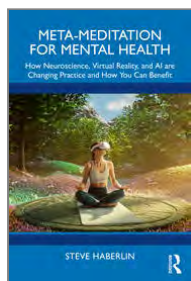
Pb: 978-1-032-71018-1 : **\$42.99**

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Meta-Meditation for Mental Health

How Neuroscience, Virtual Reality, and AI are Changing Practice and How You Can Benefit



Steve Haberlin

Meta-Meditation educates readers about the evolving possibilities of meditation practice using technology-assisted devices, applications, and platforms and assists them in navigating this information to make it practical and gain benefits in their lives. Ideal for mental health professionals working in meditation, mindfulness, and other mind-body practices, this book summarizes the exciting possibilities of meta-meditation and provides practical, everyday advice on how to make the most of phenomenon.

Routledge

March 2026 : 156pp

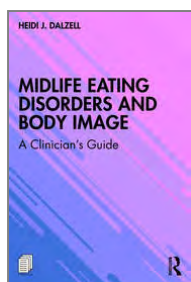
Pb: 978-1-041-22358-0 : **\$24.99**

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Midlife Eating Disorders and Body Image

A Clinician's Guide



Heidi J. Dalzell

Midlife Eating Disorders and Body Image offers a unique view of potential causes of midlife eating disorders and provides clinicians with practical applications for treatment. This book is essential ready for practicing clinicians and advanced clinical students in the fields of eating disorders and mental health.

Routledge

December 2025 : 212pp

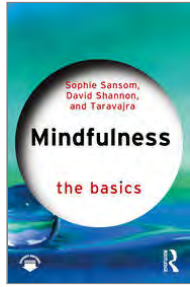
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Hb: 978-1-032-61573-8 : **\$170**

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Mindfulness

The Basics



Sophie Sansom , David Shannon , Taravajra

Series: The Basics

Mindfulness: The Basics provides a comprehensive introduction to what mindfulness is, how and why it's useful, and guidance for practice. Students of mindfulness, as well as those in healthcare training programmes (such as nursing, medicine, psychology, and psychotherapy) will find this an invaluable guide.

Routledge
November 2025 : 252pp
Pb: 978-1-032-58643-4 : **\$22.99**
Hb: 978-1-032-59214-5 : **\$170**
eBook: 978-1-003-45359-8

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Mindfulness and Relaxation Activities for All Ages

Over Sixty Fun and Engaging Evidence-based Visualisations, Meditations and Self-awareness Games



Mark Pearson

This practical guide to mindfulness activities provides ready-to-use scripts that readers can use to deliver calming, soothing, and grounding activities to young people of all ages, including adults. Written by a leading professional with four decades' experience in clinical counselling, university teaching, and creative arts therapies, this is an essential child and adolescent-friendly resource for educators, counsellors, psychologists, mental health professionals, and all those who provide wellbeing care for young people, including parents.

Routledge
March 2026 : 128pp
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Hb: 978-1-041-20439-8 : **\$180**

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Mothers and Daughters

The First Three Years



Ilene S. Lefcourt

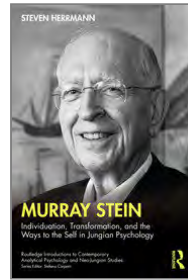
Mothers and Daughters: The First Three Years offers a new perspective on female development and the origins of mother-daughter relationship pleasures and stresses. Through the lens of female empowerment, mothers' memories are integrated with societal changes to shed new light on supporting the next generation of women.

Routledge
December 2025 : 204pp
Pb: 978-1-041-17039-6 : **\$42.99**
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Murray Stein

Individuation, Transformation, and the Ways to the Self in Jungian Psychology



Steven Herrmann

Series: Routledge Introductions to Contemporary Analytical Psychology and Neo-Jungian Studies

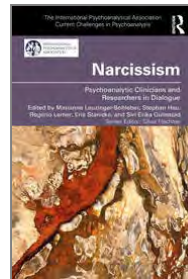
This book provides a comprehensive introduction and overview of the work of Murray Stein, beginning with a unique psychobiography of Stein's life, followed by a systematic, chapter-by-chapter presentation of all of Stein's seminal contributions to the field of analytical psychology. Providing readers with an accessible and holistic understanding of Stein's impact on Jungian psychology, this will be of interest to Jungian scholars, students, and all who want a better understanding of Jung's psychology from a unique perspective.

Routledge
November 2025 : 222pp
Pb: 978-1-041-12290-6 : **\$29.99**
Hb: 978-1-041-12291-3 : **\$170**
eBook: 978-1-003-66402-4

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Narcissism

Psychoanalytic Clinicians and Researchers in Dialogue



Edited by Marianne Leuzinger-Bohleber Sigmund-Freud-Institut, Germany, **Stephan Hau , Rogério Lerner , Erik Stänicke , Siri Erika Gullestad**

Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis

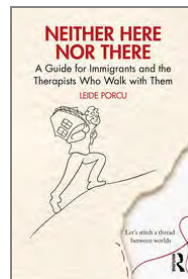
Narcissism presents current research and practice on working psychoanalytically with narcissism. The contributors discuss a broad spectrum of approaches for understanding narcissism, from cultural-theoretical and social perspectives to clinical psychoanalytic observations and conceptual clarifications of terms, and new interdisciplinary and extra-clinical psychoanalytic research. Narcissism will be essential reading for psychoanalysts in practice and in training.

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Hb: 978-1-032-93298-9 : **\$180**
eBook: 978-1-003-56528-4

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Neither Here Nor There

A Guide for Immigrants and the Therapists Who Walk with Them



Leide Porcu

This book looks at the psychological experience of being an immigrant and offers strategies to foster resilience, adaptation, and well-being. With friendly and inclusive guidance on how to work with problems experienced by immigrants, this is an essential reading for psychoanalysts and therapists as well as anyone who has experienced immigration or any type of cultural or social dislocation.

Routledge
February 2026 : 316pp
Pb: 978-1-041-09118-9 : **\$23.99**
Hb: 978-1-041-09149-3 : **\$200**

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Neuroaesthetics and the Art of Transformation

Deer Trails Through the Woods



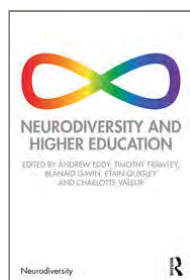
Marcia Brennan Rice University, USA

Through an imaginative engagement with neuroaesthetics, this vividly illustrated book presents the imagery of the forest as a creative metaphor for re-envisioning the structures of the brain, distressing mental health conditions such as anxiety and OCD, the potential for transformation, and the process of finding a new pathway forward. This book builds on the insights and aesthetic approach featured in the author's previous books *The Colors of Life: Exploring Life Experiences Through Color and Emotion* and *Approaching SEL Through Emotion and Color with Advanced Learners: A Companion to The Colors of Life*.

Routledge
March 2026 : 296pp
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Neurodiversity and Higher Education



Edited by **Andrew Eddy**, **Timothy Frawley**, **Blánaid Gavin** University College Dublin, Ireland, **Etain Quigley**, **Charlotte Valeur**

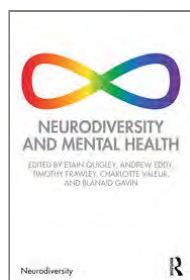
Series: Neurodiversity

Neurodiversity in higher education is gaining essential recognition, yet significant challenges remain. This book offers a comprehensive exploration of strategies and initiatives designed to foster inclusion for neurodivergent students. It is an invaluable resource for higher education academics and non-academics, illuminating pathways towards accessible learning environments and systemic institutional change. Highlighting both challenges and transformative strategies, this book underscores the necessity of systemic change for neuro-inclusion in higher education.

Routledge
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Hb: 978-1-032-80197-1 : **\$190**
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Neurodiversity and Mental Health



Edited by **Etain Quigley**, **Andrew Eddy**, **Timothy Frawley**, **Charlotte Valeur**, **Blánaid Gavin** University College Dublin, Ireland

Series: Neurodiversity

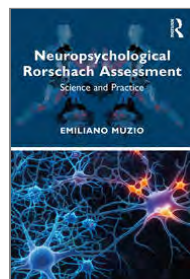
Neurodiversity and Mental Health presents an evidenced-based and theoretically informed guide on effective, impactful strategies for collaborative advancement in the area of neurodiversity and mental health in terms of health care services and other social and political institutions. Neurodiversity and Mental Health will be essential reading for any practitioner, student, or scholar seeking to understand how mental health challenges and neurodiversity co-occur, and how to ensure optimal outcomes for patients.

Routledge
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Neuropsychological Rorschach Assessment

Science and Practice



Emiliano Muzio Independent Scholar, Finland

Neuropsychological Rorschach Assessment examines both the current literature addressing how the Rorschach can be applied as a method of neuropsychological assessment and case studies looking at the Rorschach performance of neuropsychologically impaired individuals. Featuring invaluable practical guidelines and rich clinical cases, this book equips psychologists, neuropsychologists, and students to use the Rorschach from a neuropsychological perspective, expanding the scope of Rorschach and multimethod assessment.

Routledge
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Old Before Their Time

A Scientific Life Investigating How Maltreatment Harms Children and the Adults They Become



Frank W. Putnam University of North Carolina at Chapel Hill, USA

Old Before Their Time is the deeply personal story of a 35-year scientific investigation of the effects of childhood sexual abuse on child development and adult outcomes. The startling conclusion is that early childhood trauma accelerates biological aging of the body and the mind. This book provides answers as well as recommendations to improve child protection and treatment services which impact millions of children and families every year. Written for a general science reader, this engaging book is well-referenced for professionals who work with children or adults with histories of child maltreatment.

Routledge
December 2025 : 254pp
Pb: 978-1-032-97482-8 : **\$27.99**
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Online Psychoanalysis

A Contemporary Introduction



Haim Weinberg

Series: Routledge Introductions to Contemporary Psychoanalysis

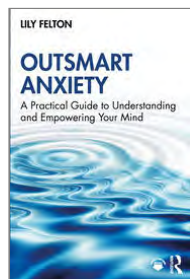
Written in clear and accessible language, this book offers an engaging and timely exploration of how the digital revolution is reshaping psychodynamic practice. *Online Psychoanalysis: A Contemporary Introduction* is an essential resource for students, trainees, and experienced clinicians eager to understand and master the online therapeutic space.

Routledge
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Pb: 978-1-032-80661-7 : **\$26.99**
Hb: 978-1-032-82216-7 : **\$180**

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Outsmart Anxiety

A Practical Guide to Understanding and Empowering Your Mind



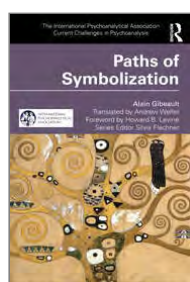
Lily Felton

Outsmart Anxiety: A Practical Guide to Understanding and Empowering Your Mind offers readers a comprehensive and compassionate exploration of anxiety, providing the tools to navigate their own experience with confidence and clarity. Ideal for teenagers, young adults, parents, teachers, and mental health professionals, *Outsmart Anxiety* serves as an essential toolkit to deepen understanding of anxiety and develop self-awareness- whether for oneself or in supporting others.

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Paths of Symbolization



Alain Gibeault

Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis

Paths of Symbolization explores philosophical and psychoanalytic questions about the concept of symbolization. *Paths of Symbolization* will be of great interest to psychoanalysts in practice and in training, particularly those looking to better understand theoretical, clinical and technical aspects of French psychoanalysis. It will also be relevant for academics and scholars of psychoanalytic studies, other areas of mental health and philosophy.

Routledge
February 2026 : 278pp
Pb: 978-1-032-89989-3 : **\$42.99**
Hb: 978-1-032-89990-9 : **\$180**

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Perspectives on Early Parenthood and Infancy

A Psychoanalytic, Neuroscientific, Developmental and Cultural Dialogue



Edited by Alejandra Perez, Elena Panagiotopoulou, Ruth Roberts

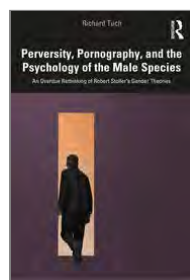
Perspectives on Early Parenthood and Infancy offers a comprehensive exploration of these vital life stages through the lenses of psychoanalysis, neuroscience, developmental psychology and diverse socio-cultural contexts. Presenting complex and meaningful information in an accessible way, each section of the book features integrative discussion chapters written by the editors which deepen theoretical understanding, while providing practical tools for clinical application and academic research, making this volume a valuable resource for both practitioners and researchers, as well as parents.

Routledge
December 2025 : 322pp
Pb: 978-1-032-86438-9 : **\$42.99**
Hb: 978-1-032-87017-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032864389

Perversity, Pornography, and the Psychology of the Male Species

An Overdue Rethinking of Robert Stoller's Gender Theories



Richard Tuch

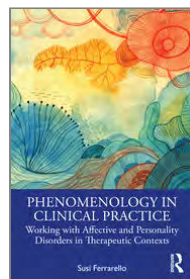
This book presents an overview of present-day psychoanalytic thinking about the perverse spectrum: perverse thinking (disavowing reality), perverse modes of relating (manipulating others for one's own gain at the other's expense), and perverse character structure (toying with another's sense of reality), culminating in a clinical exploration of the challenges associated with treating patients who manifest perverse transference reactions. With fascinating clinical vignettes and a deep understanding of the source material, this is key reading for psychoanalysts and psychotherapists working with men.

Routledge
November 2025 : 140pp
Pb: 978-1-041-00448-6 : **\$29.99**
Hb: 978-1-032-97475-0 : **\$190**
eBook: 978-1-003-60933-9

* For full contents and more information, visit: www.routledge.com/9781041004486

Phenomenology in Clinical Practice

Working with Affective and Personality Disorders in Therapeutic Contexts



Susi Ferrarello California State University, East Bay, USA

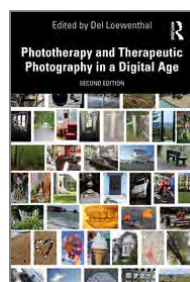
Phenomenology in Clinical Practice introduces core concepts of Husserlian phenomenology and applies them to the understanding and treatment of affective and personality disorders in clinical settings. Dr. Susi Ferrarello illuminates the source of emotional cycles and instability and offers mental health practitioners guided approaches to addressing affective disorders, alleviating disturbances, and promoting integration. This book is an indispensable tool for those working in mental health care, especially for those looking for new lived experience-based solutions for clinical and psychopathological problems.

Routledge
February 2026 : 230pp
Pb: 978-1-041-12587-7 : **\$56.99**
Hb: 978-1-041-12588-4 : **\$190**

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2ND EDITION

Phototherapy and Therapeutic Photography in a Digital Age



Edited by Del Loewenthal University of Roehampton, UK

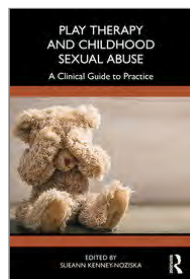
This fully updated second edition of "Phototherapy and Therapeutic Photography in a Digital Age" invites readers to consider how cutting-edge approaches in phototherapy and therapeutic photography could be integrated into their own practice. This book will be of vital importance to counsellors, psychotherapists, psychologists and photographers looking to learn more about the intersection of photography and therapeutic practice. It will also be essential reading for art therapists using photography within their work with clients.

Routledge
May 2026 : 220pp
Pb: 978-1-041-06307-0 : **\$44.99**
Hb: 978-1-041-06308-7 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041063070

Play Therapy and Childhood Sexual Abuse

A Clinical Guide to Practice



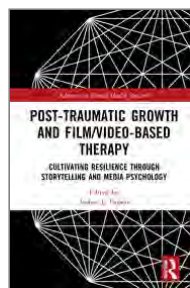
Edited by **Sueann Kenney-Noziska** Private practice, New Mexico, USA

Play Therapy and Childhood Sexual Abuse is a comprehensive guide for mental health clinicians and play therapists who work with the victims of childhood sexual abuse. Clinical case examples of each play therapy approach are included in the chapters. The contributing authors are established leaders in using play therapy with sexually abused children and adolescents. This is a vital guide for clinicians using play therapy to help young people heal.

Routledge
February 2026 : 286pp
Pb: 978-1-032-58639-7 : **\$34.99**
Hb: 978-1-032-58644-1 : **\$200**
* For full contents and more information, visit: www.routledge.com/9781032586397

Post-Traumatic Growth and Film/Video-Based Therapy

Cultivating Resilience Through Storytelling and Media Psychology



Edited by **Joshua L. Cohen**

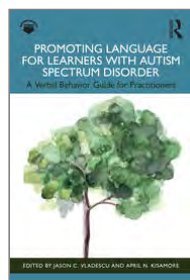
Series: *Advances in Mental Health Research*

This book examines the transformative potential of film and video as tools for fostering post-traumatic growth and emotional healing. Grounded in interdisciplinary theory and practice-oriented insights, this volume is an essential resource for mental-health professionals, educators, media practitioners, and trauma researchers seeking innovative and inclusive practices. Supplementary clips, lesson plans, and interactive VR demos are available for free at filmandvideobasedtherapy.com.

Routledge
January 2026 : 184pp
Hb: 978-1-032-50587-9 : **\$190**
* For full contents and more information, visit: www.routledge.com/9781032505879

Promoting Language for Learners with Autism Spectrum Disorder

A Verbal Behavior Guide for Practitioners



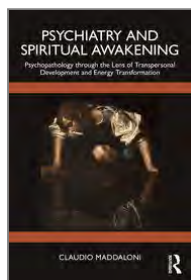
Edited by **Jason C. Vladescu**, **April N. Kisamore**

Promoting Language for Learners with Autism Spectrum Disorder: A Verbal Behavior Guide for Practitioners introduces the core principles of verbal behavior and provides practical, evidence-based strategies for teaching language skills to children with autism in applied settings. Intended for professionals and students alike, this text is broad enough to support graduate-level instruction and specific enough to serve as a valuable reference for practicing clinicians.

Routledge
December 2025 : 462pp
Pb: 978-1-032-56062-5 : **\$44.99**
Hb: 978-1-032-56063-2 : **\$170**
* For full contents and more information, visit: www.routledge.com/9781032560625

Psychiatry and Spiritual Awakening

Psychopathology Through the Lens of Transpersonal Development and Energy Transformation



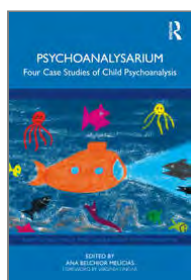
Claudio Maddaloni Independent Scholar, Italy

Psychiatry and Spiritual Awakening reimagines the landscape of mental healthcare by integrating traditional psychiatric approaches with transpersonal psychology and spiritual insight. Written from the perspective of a seasoned psychiatrist and transpersonal therapist, the book offers an innovative synthesis that bridges biological, psychological, and spiritual understandings of mental suffering. Both authoritative and accessible, this practical, compassionate guide charts a path toward a more holistic, humane, and hopeful vision of mental healthcare for any clinician or researcher, providing technical details on transpersonal psychotherapy.

Routledge
March 2026 : 344pp
Pb: 978-1-041-14853-1 : **\$39.99**
Hb: 978-1-041-14855-5 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781041148531

Psychoanalysarium

Four Case Studies of Child Psychoanalysis



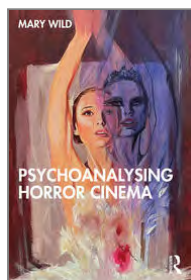
Edited by **Ana Belchior Melícias**

Series: *Routledge Child and Adolescent Psychoanalysis*

In this unique volume, four experienced psychoanalysts present in-depth case studies of child psychoanalysis, highlighting the praxis, development and relevance of psychoanalytic work with children. This book is a vital contribution to the theoretical-clinical field of psychoanalysis with children and will be of interest to all psychoanalysts, psychotherapists and psychiatrists who work with the psychological suffering of children and their families.

Routledge
December 2025 : 120pp
Pb: 978-1-032-90197-8 : **\$39.99**
Hb: 978-1-032-95261-1 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781032901978

Psychoanalysing Horror Cinema



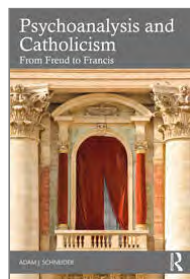
Mary Wild

Inspired by the Wild About Horror segments on the Evolution of Horror Podcast, Psychoanalysing Horror Cinema explores 50 films across 6 subgenres—Mind, Body, Nature, Aliens, Vampires and Home Invasion, through close readings of titles including Mulholland Drive, Black Swan, Jaws, Predator, Twilight and Misery. With a foreword by Mike Muncer, it's an essential for film students, cinephiles and curious readers alike. Practising and training analysts seeking a way to engage with clients will also find inspiration. For both seasoned theorists and newcomers to psychoanalysis, Wild embraces horror as a vital site for introspection, catharsis and erotic awakening.

Routledge
November 2025 : 190pp
Pb: 978-1-032-54509-7 : **\$32.99**
Hb: 978-1-032-54511-0 : **\$180**
eBook: 978-1-003-42523-6
* For full contents and more information, visit: www.routledge.com/9781032545097

Psychoanalysis and Catholicism

From Freud to Francis



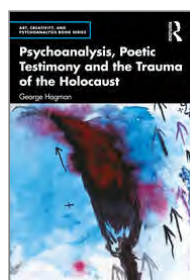
Adam J. Schneider

In *Psychoanalysis and Catholicism: From Freud to Francis*, Adam J. Schneider explores the censored history of psychoanalysis by the Catholic Church, reopening dialogue on key overlapping concepts to address contemporary needs. This book is organized into three parts. Schneider centers Pope Francis, whose papacy was a pastoral practice which reflected psychoanalytic ethics, as an orienting influence throughout the text. Psychoanalysis and Catholicism will be of interest to readers seeking to understand how psychoanalysis and Catholicism edify one another, and how to apply these insights to clinical settings, seminary formation, and parish life.

Routledge
March 2026 : 174pp
Pb: 978-1-032-77906-5 : \$42.99
Hb: 978-1-032-77907-2 : \$180

* For full contents and more information, visit: www.routledge.com/9781032779065

Psychoanalysis, Poetic Testimony and the Trauma of the Holocaust



Rina Dudai

Series: Art, Creativity, and Psychoanalysis Book Series

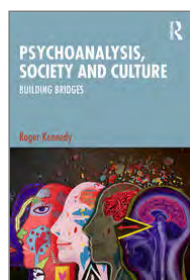
In this fascinating and innovative book, Rina Dudai looks at Holocaust trauma through the lens of poetic testimony: the act of writing poetry and prose to both relay and process traumatic events. Through close textual analysis and the incorporation of therapeutic concepts like 'acting out' and 'working through', *Psychoanalysis, Poetic Testimony and Trauma of the Holocaust* is an invaluable resource to psychoanalysts and other mental health professionals working with trauma patients, as well as students and scholars of literature and 20th century history.

Routledge
March 2026 : 208pp
Pb: 978-1-032-51745-2 : \$42.99
Hb: 978-1-032-51746-9 : \$180

* For full contents and more information, visit: www.routledge.com/9781032517452

Psychoanalysis, Society and Culture

Building Bridges



Roger Kennedy

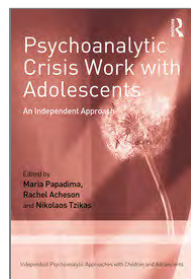
This book looks at the intersection of psychoanalytic thinking, society and culture, using examples drawn from literature, clinical practice and everyday life. Informed by deep clinical understanding but written in a highly accessible way, this is key reading for psychoanalysts, psychotherapists, cultural studies scholars and anyone wanting a better understanding of the role of psychoanalytic thinking in contemporary society and culture.

Routledge
November 2025 : 166pp
Pb: 978-1-041-12805-2 : \$42.99
Hb: 978-1-041-13042-0 : \$200
eBook: 978-1-003-66779-7

* For full contents and more information, visit: www.routledge.com/9781041128052

Psychoanalytic Crisis Work with Adolescents

An Independent Approach



Edited by Maria Papadima, Rachel Acheson, Nikolaos Tzikas

Series: Independent Psychoanalytic Approaches with Children and Adolescents

Adolescence in Crisis: An Independent Psychoanalytic Approach to Adolescent Mental Health offers a cultural and theoretical examination of the seemingly omnipresent and ever-growing mental health difficulties that teenagers face today. This book is essential reading for psychotherapists and psychoanalytically trained clinicians working with teenagers exhibiting these issues, as well as other health professionals and parents looking for guidance on handling troubling behaviour.

Routledge
February 2026 : 354pp
Pb: 978-1-032-97223-7 : \$44.99
Hb: 978-1-032-97225-1 : \$180

* For full contents and more information, visit: www.routledge.com/9781032972237

Psychoanalytic Film Theory

A Contemporary Introduction



Ben Tyrer King's College, London, UK

Series: Routledge Introductions to Contemporary Psychoanalysis

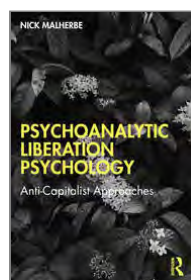
In *Psychoanalytic Film Theory: A Contemporary Introduction*, Ben Tyrer presents an overview of psychoanalytic approaches to screen media, offering a reconsideration of psychoanalytic film theory while making the case for new forms of psychoanalytic film thinking. Articulating complex ideas in an accessible way, this book is a vital starting point for students and scholars approaching psychoanalytic film theory for the first time, as well as scholars and analysts wishing to expand their knowledge and enhance their practice.

Routledge
December 2025 : 158pp
Pb: 978-1-032-50323-3 : \$26.99
Hb: 978-1-032-50764-4 : \$180
eBook: 978-1-003-39954-4

* For full contents and more information, visit: www.routledge.com/9781032503233

Psychoanalytic Liberation Psychology

Anti-Capitalist Approaches



Nick Malherbe Institute for Social and Health Sciences, University of South Africa

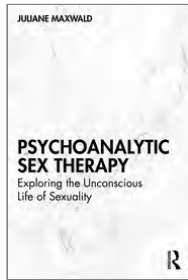
Psychoanalytic Liberation Psychology challenges conventional psychological paradigms by developing a radical approach where psychoanalysis meets liberation psychology. Drawing from his psycho-political work in South Africa, Nick Malherbe articulates how this approach functions as a powerful counterforce to capitalism's psychological grip on society and individuals. Rather than presenting a definitive framework, this book offers theoretical insights alongside concrete case reflections that illuminate both the generative potential and inherent challenges of this work.

Routledge
December 2025 : 144pp
Pb: 978-1-041-01026-5 : \$42.99
Hb: 978-1-041-01027-2 : \$180
eBook: 978-1-003-61272-8

* For full contents and more information, visit: www.routledge.com/9781041010265

Psychoanalytic Sex Therapy

Exploring the Unconscious Life of Sexuality



Juliane Maxwald

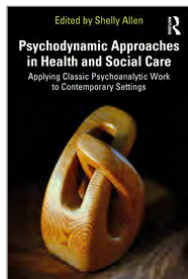
Psychoanalytic Sex Therapy: Exploring the Unconscious Life of Sexuality bridges the gap between depth psychology and modern sex therapy, offering a fresh, integrative approach to understanding sexual struggles. This is essential reading for psychotherapists, psychoanalysts, and sex therapists seeking to deepen their work with issues related to sex, intimacy, and relational life.

Routledge
December 2025 : 184pp
Pb: 978-1-032-32730-3 : **\$39.99**
Hb: 978-1-032-33098-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032327303

Psychodynamic Approaches in Health and Social Care

Applying Classic Psychoanalytic Work to Contemporary Settings



Edited by **Shelly Allen**

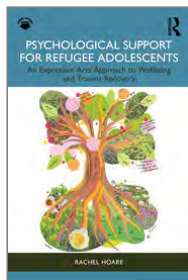
Psychodynamic Approaches in Health and Social Care sees experienced psychoanalysts, psychotherapists and educationalists analyse classic psychoanalytic papers and accessibly apply them to a contemporary Health and Social Care setting. The novel approach in this book will make for an illuminating read for those working in a Health and Social Care settings with limited prior knowledge of psychoanalytic and psychodynamic approaches, and for practicing analysts and therapists looking to apply their knowledge in contemporary health and social care.

Routledge
December 2025 : 168pp
Pb: 978-1-032-87952-9 : **\$42.99**
Hb: 978-1-032-89198-9 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032879529

Psychological Support for Refugee Adolescents

An Expressive Arts Approach to Wellbeing and Trauma Recovery



Rachel Hoare Trinity College, Dublin

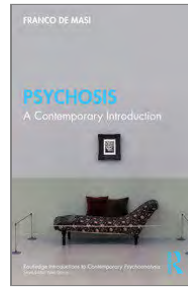
Psychological Support for Refugee Adolescents demonstrates the therapeutic powers of the expressive arts to address the specific needs of adolescent refugees in a trauma-informed and culturally sensitive way. An essential read for any professional involved in support for adolescent refugees, this book will also be of interest to arts and expressive therapists and mental health practitioners more broadly.

Routledge
November 2025 : 254pp
Pb: 978-1-032-55305-4 : **\$34.99**
Hb: 978-1-032-55306-1 : **\$180**
eBook: 978-1-003-43003-2

* For full contents and more information, visit: www.routledge.com/9781032553054

Psychosis

A Contemporary Introduction



Franco De Masi

Series: Routledge Introductions to Contemporary Psychoanalysis

Psychosis: A Contemporary Introduction offers an in-depth exploration of psychosis from a psychoanalytic perspective, combining historical developments, clinical reflections and the author's extensive original research. Written in a clear and accessible style, this volume serves as an ideal introduction for those approaching psychosis for the first time, both clinically and theoretically, as well as for those seeking contemporary and innovative perspectives on the subject. It is a valuable resource for psychoanalysts, psychotherapists, psychiatrists, clinical psychologists and researchers.

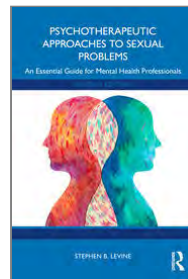
Routledge
March 2026 : 130pp
Pb: 978-1-041-00373-1 : **\$26.99**
Hb: 978-1-041-00372-4 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041003731

2ND EDITION

Psychotherapeutic Approaches to Sexual Problems

An Essential Guide for Mental Health Professionals



Stephen B. Levine

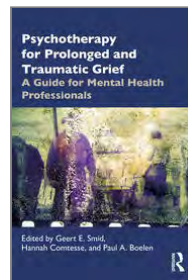
This book provides a comprehensive framework for understanding the forces that influence sexual dysfunction across the lifespan, and equips clinicians with effective strategies to help individuals and couples enhance their intimate connections and overall relationship satisfaction. This essential resource is designed to help therapists, counselors, psychiatrists, psychologists, social workers, and mental health professionals of all kinds increase their confidence and effectiveness when addressing the sexual concerns that inevitably arise in clinical practice.

Routledge
May 2026 : 184pp
Pb: 978-1-041-21361-1 : **\$36.99**
Hb: 978-1-041-21657-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041213611

Psychotherapy for Prolonged and Traumatic Grief

A Guide for Mental Health Professionals



Edited by **Geert E. Smid** University of Humanistic Studies, Utrecht, The Netherlands, **Hannah Comtesse** University of Hagen, Germany, **Paul A. Boelen** Utrecht University, The Netherlands

Psychotherapy for Prolonged and Traumatic Grief integrates evidence-based, cognitive-behavioral treatment interventions for prolonged grief disorder (PGD), posttraumatic stress disorder (PTSD), and depressive disorder. From precise, state-of-the-art diagnostic planning to nuanced, culturally sensitive implementation of evidence-based interventions, the book empowers clinicians to assist people with prolonged and traumatic grief. By seamlessly integrating cognitive behavioral and meaning-oriented approaches, it provides a comprehensive and compassionate framework for prevention and treatment.

Routledge
December 2025 : 298pp
Pb: 978-1-032-46480-0 : **\$39.99**
Hb: 978-1-032-46483-1 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032464800

Queer Psychoanalysis

Minor Clinic and Deconstruction of Gender



Fabrice Bourlez

Series: The Lines of the Symbolic in Psychoanalysis Series

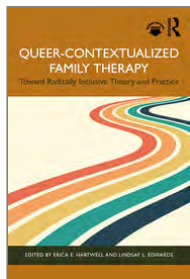
Queer Psychoanalysis offers a detailed study of the tensions and contiguities between the field of queer theory and that of Freudian-Lacanian metapsychology. Queer Psychoanalysis will be essential reading for psychoanalysts and for scholars of psychoanalytic studies, sexuality, gender studies, psychology, cultural studies, aesthetic studies, and queer theory.

Routledge
March 2026 : 190pp
Pb: 978-1-041-01029-6 : \$42.99
Hb: 978-1-041-01030-2 : \$180

* For full contents and more information, visit: www.routledge.com/9781041010296

Queer-Contextualized Family Therapy

Toward Radically Inclusive Theory and Practice



Edited by Erica E. Hartwell, Lindsay L. Edwards

Queer-Contextualized Family Therapy offers a groundbreaking reimagining of foundational family therapy models through an intersectional queer lens. In this essential volume, the authors chart a transformative path forward for relational and systemic therapy that affirms, honors, and centers queer and trans lives. Designed for experienced therapists, students in training, and educators shaping the future of the field, this book stands as both an essential resource and an inspirational call to action. With its bold, expansive vision, the book redefines what it means to do ethical, inclusive, and culturally attuned clinical work in the 21st century.

Routledge
December 2025 : 248pp
Pb: 978-1-032-31126-5 : \$44.99
Hb: 978-1-032-31127-2 : \$180

* For full contents and more information, visit: www.routledge.com/9781032311265

Readings of Jean Laplanche in Process

Conversations Amplifying Differences



Bryan Batista-Thomas

This book is a series of interviews with nine Laplanche scholars who expand our understanding of his work and highlight its contemporary importance and applications in psychoanalytic theory and practice. Enriched with clinical vignettes of child and adult analysands, this book gives psychoanalysts and psychotherapists an excellent introduction to the key tenets of Laplanche's work and its application to classic and current clinical issues.

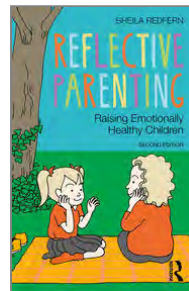
Routledge
April 2026 : 224pp
Pb: 978-1-032-67023-2 : \$44.99
Hb: 978-1-032-67025-6 : \$200

* For full contents and more information, visit: www.routledge.com/9781032670232

2ND EDITION

Reflective Parenting

Raising Emotionally Healthy Children



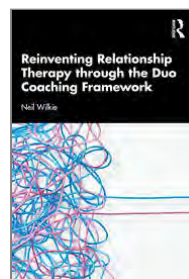
Sheila Redfern Anna Freud National Centre for Children and Families, UK

Following on from her acclaimed first book, Reflective Parenting, Sheila Redfern brings a fresh look at parenting young children in today's world. Reflective Parenting is an informative and enriching read for parents, written to help parents form a better relationship with their children. It is also an essential resource for clinicians working with children, young people and families to support them in managing the dynamics of the child-parent relationship.

Routledge
January 2026 : 298pp
Pb: 978-1-032-77563-0 : \$28.99
Hb: 978-1-032-77567-8 : \$170

* For full contents and more information, visit: www.routledge.com/9781032775630

Reinventing Relationship Therapy Through the Duo Coaching Framework



Neil Wilkie

Reinventing Relationship Therapy through the Duo Coaching Framework introduces a revolutionary approach that replaces outdated single-therapist models with innovative dual-therapist collaboration, transforming how we understand and practice relationship therapy in the modern world. This transdisciplinary approach offers relationship therapists, academics, and students an evidence-informed alternative to conventional practice.

Routledge
April 2026 : 192pp
Pb: 978-1-041-20181-6 : \$34.99
Hb: 978-1-041-20182-3 : \$180

* For full contents and more information, visit: www.routledge.com/9781041201816

2ND EDITION

Relating to Self-Harm and Suicide

Psychoanalytic Perspectives on Practice, Theory and Prevention



Edited by Stephen Briggs, Alessandra Lemma, William Crouch

Relating to Self-Harm and Suicide presents original studies and research from contemporary psychoanalysts, psychotherapists and academics focusing on the psychoanalytic understanding of suicide and self-harm, and how this can be applied to clinical work and policy. This book will be helpful to psychoanalytic psychotherapists, psychoanalysts and other mental health professionals wanting to integrate psychoanalytic ideas into their work with self-harming and suicidal people. It will also be useful to academic, teachers, researchers, and policy makers involved in suicidal prevention.

Routledge
April 2026 : 320pp
Pb: 978-1-041-02174-2 : \$42.99
Hb: 978-1-041-03266-3 : \$200

* For full contents and more information, visit: www.routledge.com/9781041021742

Relationships in Development

Infancy, Intersubjectivity, and Attachment



Stephen Seligman University of California, San Francisco, USA

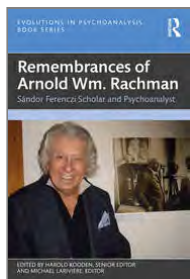
Relationships in Development is both a clinical resource and a vital intellectual history-- a clear account of how research about infancy transforms psychotherapy practice and an authoritative survey of the place of child development in psychoanalysis. Relationships in Development will appeal to psychoanalysts, psychoanalytic psychotherapists, and graduate students in psychology, social work, and psychotherapy, as well as to all those interested in psychotherapy and child development.

Routledge
January 2026 : 256pp
Pb: 978-1-032-99848-0 : **\$42.99**
Hb: 978-1-003-86345-8 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032998480

Remembrances of Arnold Wm. Rachman

Sándor Ferenczi Scholar and Psychoanalyst



Edited by **Harold Kooden , Michael Larivière**

Series: Evolutions in Psychoanalysis Book Series

This book explores the implications of Arnold Rachman's work in interpreting and applying Sándor Ferenczi's approach to psychoanalysis to contemporary psychoanalytic theory and practice. With fascinating insights on the place of Ferenczi and Rachman's work in contemporary psychoanalytic theory and practice, this book is key reading for psychoanalysts, psychotherapists, and historians of thought.

Routledge
November 2025 : 126pp
Pb: 978-1-032-48845-5 : **\$39.99**
Hb: 978-1-032-48844-8 : **\$180**
eBook: 978-1-003-39108-1

* For full contents and more information, visit: www.routledge.com/9781032488455

Rethinking Cognitive Behavioral, Psychodynamic, and Existential Therapy

A Philosophical Framework for a Unified Treatment Model



Martin H. Klein

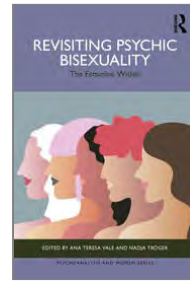
This book presents an integrated model of all three major orientations: cognitive behavioral, psychodynamic, and existential, that is dialectical in approach to allow therapists the flexibility and knowledge to match the right orientation with their client's psychological needs. Practicing clinicians and graduate students looking to expand their approach to therapy will benefit from this resource that puts client need at the centre of treatment.

Routledge
November 2025 : 140pp
Pb: 978-1-032-95104-1 : **\$56.99**
Hb: 978-1-032-95793-7 : **\$180**
eBook: 978-1-003-58660-9

* For full contents and more information, visit: www.routledge.com/9781032951041

Revisiting Psychic Bisexuality

The Feminine Within



Edited by **Ana Teresa Vale , Nadja Tröger**

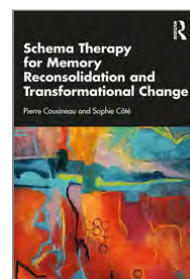
Series: Psychoanalysis and Women Series

Revisiting Psychic Bisexuality: The Feminine Within explores the complexities of psychosexual development from a psychoanalytic perspective, challenging traditional ideals and theories. This book is an invaluable resource for all mental health practitioners, as well as those in education and social care, looking to reflect on the vicissitudes of psychosexual development.

Routledge
December 2025 : 188pp
Pb: 978-1-032-95355-7 : **\$42.99**
Hb: 978-1-032-95357-1 : **\$180**
eBook: 978-1-003-58448-3

* For full contents and more information, visit: www.routledge.com/9781032953557

Schema Therapy for Memory Reconsolidation and Transformational Change



Pierre Cousineau Private practice, Quebec, Canada,
Sophie Côté Private practice, Quebec, Canada

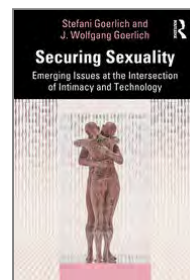
Schema Therapy for Memory Reconsolidation and Transformational Change offers psychotherapists a model for clearly and coherently conceptualizing human complexity in a transparent, accessible form. This book presents schemas in their predictive function, and looks at the possibility of updating these predictions, based on advances in neuroscience that clarify the conditions necessary for therapeutic reconsolidation of memory.

Routledge
March 2026 : 188pp
Pb: 978-1-041-04378-2 : **\$37.99**
Hb: 978-1-041-04379-9 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781041043782

Securing Sexuality

Emerging Issues at the Intersection of Intimacy and Technology



Stefani Goerlich , J. Wolfgang Goerlich

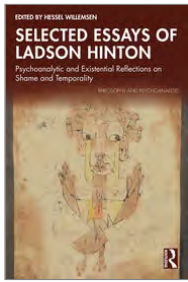
Securing Sexuality equips therapists and clinicians with the latest information about tech ethics, privacy, cybersecurity, and cybersexuality, providing practical tools to navigate the myriad ways in which their lives and the lives of their clients are lived online. Enriched with practical tools and interviews by industry specialists, this book helps therapists mitigate risks while guiding clients through the process of making personal choices in this domain. This book is a vital resource for marriage and family therapists, sex therapists, counselors, scholars, and curious readers who want to understand how technology is reshaping our most intimate spaces.

Routledge
December 2025 : 232pp
Pb: 978-1-032-48851-6 : **\$32.99**
Hb: 978-1-032-48852-3 : **\$200**

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Selected Essays of Ladson Hinton

Psychoanalytic and Existential Reflections on Shame and Temporality



Edited by **Hessel Willemsen**

Series: *Philosophy and Psychoanalysis*

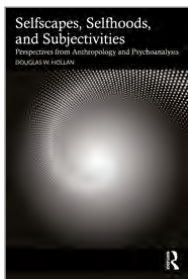
This volume introduces readers to the work of Jungian psychoanalyst Ladson Hinton, and his development of thought on the fields of psychoanalysis and existential philosophy throughout his career. Psychoanalysts, psychotherapists, philosophers, anthropologists and academics and students engaged in cultural studies and critical theory will gain valuable insights from this book's rich and engaging variety of perspectives.

Routledge
December 2025 : 264pp
Pb: 978-1-041-07550-9 : **\$42.99**
Hb: 978-1-041-07551-6 : **\$180**

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Selfscapes, Selfhoods, and Subjectivities

Perspectives from Anthropology and Psychoanalysis



Douglas Hollan

This book explores cross-cultural similarities and differences of human subjectivity and selfhood through the concept of selfscapes. Drawing on a broad theoretical base, this book is essential reading for anthropologists, psychoanalysts, social psychologists, and anyone seeking to understand the varieties and particularities of human subjectivity and selfhood.

Routledge
November 2025 : 172pp
Pb: 978-1-032-86774-8 : **\$44.99**
Hb: 978-1-032-86663-5 : **\$180**
eBook: 978-1-003-52911-8

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Service Learning through Cultural Exchange and Expressive Arts Therapy



Katherine Jackson

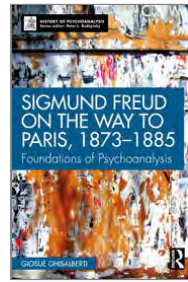
This book highlights various service-learning experiences that incorporate creative techniques such as art making and other expressive therapy practices. Ideal for art therapists and art therapy students interested in engaging and/or providing service-learning experiences for others, this book is full of several anecdotes from the author's personal experience, as well as cases that reflect cultural learning using various expressive arts techniques.

Routledge
May 2026 : 242pp
Pb: 978-1-041-08041-1 : **\$37.99**
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Sigmund Freud on the Way to Paris, 1873-1885

Foundations of Psychoanalysis



Giosuè Ghisalberti

Series: *History of Psychoanalysis*

Sigmund Freud on the Way to Paris, 1873-1885 poses a question: where does psychoanalysis begin? Sigmund Freud on the Way to Paris, 1873-1885 will be of great interest to students and scholars of psychoanalysis, the humanities and the material sciences looking to trace four origins of psychoanalysis.

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Sigmund Freud's Inner Divisions

Personal and Theoretical



Ken Fuchsman

Series: *History of Psychoanalysis*

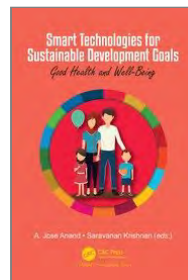
Sigmund Freud's Inner Divisions shows how the limits of Freud's theory are linked to his inner conflicts, particularly those relating to his father. Sigmund Freud's Inner Divisions will be of great interest to psychoanalysts in practice and in training, and to academics and scholars of the history of psychology, psychobiography, and intellectual history.

Routledge
December 2025 : 146pp
Pb: 978-1-041-07469-4 : **\$42.99**
Hb: 978-1-041-07470-0 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041074694

Smart Technologies for Sustainable Development Goals

Good Health & Wellbeing



Edited by **Jose Anand A.** KCG College of Technology, India, **Saravanan Krishnan** Anna University, India

Explores innovative, tech-driven approaches that advance healthcare systems and promote global wellness. It highlights the integration of AI, IoT, and digital health tools in achieving SDG 3 by enhancing disease diagnosis, patient care, and health monitoring. The volume serves as a vital resource for researchers, professionals, and policymakers committed to leveraging smart technologies for a healthier, more sustainable future.

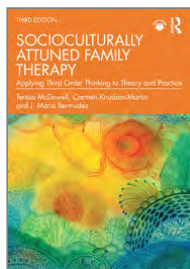
CRC Press
December 2025 : 416pp
Hb: 978-1-041-04299-0 : **\$140**
eBook: 978-1-003-63068-5

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3RD EDITION

Socioculturally Attuned Family Therapy

Applying Third Order Thinking to Theory and Practice



Teresa McDowell Lewis & Clark Graduate School of Education & Counseling, Oregon, **Carmen Knudson-Martin** Lewis & Clark Graduate School of Education & Counseling, Oregon, **J. Maria Bermudez** U of Georgia, USA

Socioculturally Attuned Family Therapy, 3rd edition, is a fully updated and essential textbook that addresses the need for marriage and family therapists to engage in socially responsible practice by infusing third order thinking throughout theory and clinical practice. This textbook remains essential reading for family therapists, counselors, social workers, and psychologists, as well as educators and supervisors wanting to apply a critical consciousness and third order thinking to their clinical and community work.

Routledge

February 2026 : 407pp

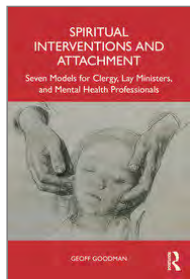
Pb: 978-1-032-78736-7 : **\$69.99**

Hb: 978-1-032-79704-5 : **\$180**

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Spiritual Interventions and Attachment

Seven Models for Clergy, Lay Ministers, and Mental Health Professionals



Geoff Goodman Emory University, Georgia, USA

Spiritual Interventions and Attachment offers a variety of models of lay minister-driven spiritual interventions to which clergy from diverse religious backgrounds might consider referring their congregants. The author provides a critique of each model using attachment theory as the organizing framework. All these models are designed to ease the overwhelming burden of clergy, who are unable to provide appropriately matched pastoral care to all their congregants who experience spiritual and emotional struggles. University course instructors, clergy, chaplains, pastoral counselors, lay ministers, and mental health professionals will benefit from this insightful book.

Routledge

March 2026 : 232pp

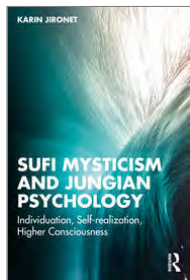
Pb: 978-1-041-01951-0 : **\$39.99**

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Sufi Mysticism and Jungian Psychology

Individuation, Self-realization, Higher Consciousness



Karin Jironet

This fascinating new book is a unique and ground-breaking exploration of both Carl Gustav Jung's psychology and Hazrat Inayat Khan's Sufism. A compelling blend of scholarship and creativity, Sufi scholars and Jungian psychoanalysts will find this a mutually enriching and indispensable guide for psycho-spiritual development.

Routledge

January 2026 : 150pp

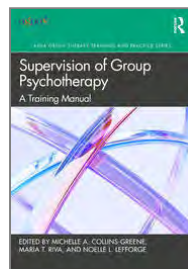
Pb: 978-1-032-55591-1 : **\$44.99**

Hb: 978-1-032-55592-8 : **\$180**

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Supervision of Group Psychotherapy

A Training Manual



Edited by **Michelle A. Collins-Greene**, **Maria T. Riva**, **Noelle L. Lefforge**

Series: *AGPA Group Therapy Training and Practice Series*

Supervision of Group Psychotherapy: A Training Manual is a new essential resource for training supervisors of group psychotherapy. Integrating theoretical, clinical, and research perspectives, it offers a thorough analysis of the dynamic interplay among supervisor, therapist, and group – key elements in shaping an effective supervisor as well as group therapist. It can also be used for supervisors training practitioners to become Certified Group Psychotherapists. Filled with concepts considered core knowledge for any group supervisor in training, this manual provides the gold standard for group therapy supervision.

Routledge

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Pb: 978-1-032-53158-8 : **\$39.99**

Hb: 978-1-032-53159-5 : **\$170**

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Surviving and Thriving in the Real World

A Daily Living Skills Intervention for Neurodivergent Teens



Amie Duncan

This interactive manual provides clinicians (e.g., psychologists, occupational therapists, social workers, educators) with a structured curriculum to target the acquisition and mastery of age-appropriate daily living skills using evidence-based strategies for neurodivergent adolescents (e.g., autism, ADHD). This manual will equip practitioners with the skills to help their neurodivergent adolescent clients learn and practice daily living skills to prepare them for successful adult outcomes work, college, independent living, and social connectedness.

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Systemic Therapy in Incarcerated Settings

Clinical Treatment and Applications for Marriage and Family Therapists



Edited by **Eman Tadros**

Series: *Family Systems Counseling: Innovations Then and Now*

This book offers both theoretical rationale and practical applications for mental health professionals who seek to implement systemic therapy in correctional contexts. Delving into the intricacies of systemic therapy and its transformative power in the lives of those affected by the criminal justice system, this book explores how family systems theory and systemic treatment can be utilized with incarcerated individuals and their families. This is an essential resource for those who work with incarcerated individuals and their families, as well as students and researchers interested in family theory and the criminal justice system's impacts on wellbeing.

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Narrative of a Psychoanalyst



Marta Badoni

Series: New Library of Psychoanalysis

Taking oneself playfully is a fascinating journey into the life and work of Marta Badoni, a highly respected adult and child training analyst in Italy and France. Offering a playful yet deep exploration of the making, life and work of a psychoanalyst, this is key reading for all psychoanalysts.

Routledge

December 2025 : 214pp

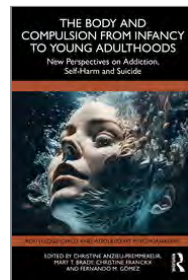
Pb: 978-1-032-90774-1 : \$42.99

Hb: 978-1-032-90944-8 : \$180

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The Body and Compulsion from Infancy to Young Adulthood

New Perspectives on Addiction, Self-Harm and Suicide



Edited by Christine Anzieu-Premmereur, Mary T. Brady, Christine Franckx, Fernando M. Gómez

Series: Routledge Child and Adolescent Psychoanalysis

The Body and Compulsion from Infancy to Young Adulthood: New Perspectives on Addiction, Self-Harm and Suicide examines the complex interplay between early childhood experiences and the development of compulsive behaviours across the lifespan, with a focus on how these compulsions present from infancy to young adulthood. This essential volume provides invaluable insights for psychoanalysts, psychotherapists, and mental health professionals working with patients struggling with compulsive patterns, while also offering theoretical depth for scholars interested in early development, trauma and the foundations of psychic structure.

Routledge

March 2026 : 250pp

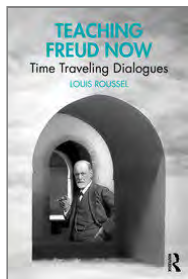
Pb: 978-1-041-08878-3 : \$42.99

Hb: 978-1-041-08879-0 : \$180

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Teaching Freud Now

Time Traveling Dialogues



Louis Roussel

This book offers practitioners involved in teaching and learning about Freud a new way to access and understand his ideas, blending the author's teaching legacy with feedback and insights from students. With an innovative approach to teaching and learning, this book will be key reading for psychoanalysts and psychotherapists involved in teaching Freud's ideas, students of Freud, as well as anyone interested in understanding Freud's ideas better in a contemporary context.

Routledge

November 2025 : 236pp

Pb: 978-1-003-86421-9 : \$34.99

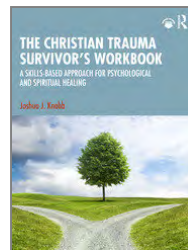
Hb: 978-1-041-00651-0 : \$200

eBook: 978-1-003-61097-7

* For full contents and more information, visit: www.routledge.com/9781003864219

The Christian Trauma Survivor's Workbook

A Skills-Based Approach for Psychological and Spiritual Healing



Joshua J. Knabb California Baptist University, USA

The Christian Trauma Survivor's Workbook is a step-by-step guide for supporting Christians who have a history of trauma. The workbook offers four research-supported skills to help Christians shift from trauma-based patterns of ruminative thinking that can keep them stuck and make trauma symptoms worse to focusing on God. Drawing on Christian meditative prayer and contemplative practices that are anchored to the Bible and Christian spiritual writings, chapters include useful definitions, explanations, step-by-step interventions with audio files, journaling exercises, and real-life examples.

Routledge

February 2026 : 174pp

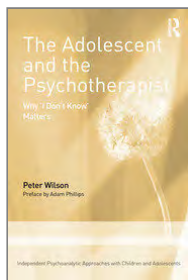
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Hb: 978-1-041-08861-5 : \$200

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The Adolescent and the Psychotherapist

Why 'I Don't Know' Matters



Peter Wilson

Series: Independent Psychoanalytic Approaches with Children and Adolescents

This work of collected essays brings together the clinical, theoretical and educational wisdom of one of the foremost child psychoanalytic psychotherapists in the UK, Peter Wilson. This book is an invaluable resource for psychoanalysts, therapists, psychiatrists, psychologists, occupational therapists and teachers, as well as young people and their parents.

Routledge

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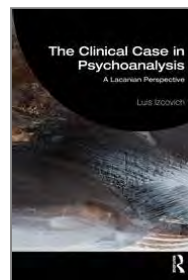
Pb: 978-1-041-15629-1 : \$42.99

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The Clinical Case in Psychoanalysis

A Lacanian Perspective



Luis Izcovich

The Clinical Case in Psychoanalysis explores the question of what makes a 'case' in psychoanalysis, more than a century after Freud invented analytic treatment. The Clinical Case in Psychoanalysis will be essential reading for clinicians and scholars seeking to deepen their understanding of psychoanalytic case formulation and therapeutic efficacy.

Routledge

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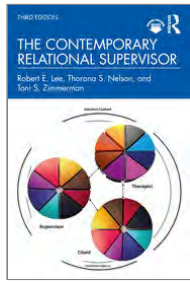
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3RD EDITION

The Contemporary Relational Supervisor



Robert E. Lee Florida State University, USA, **Thorana S. Nelson** Utah State University, USA, **Toni S. Zimmerman**

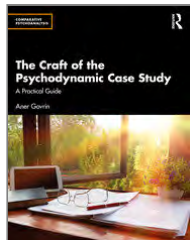
This leading resource is an empirically based, socioculturally attuned, and learner-friendly text on the cutting edge of couple and family therapy supervision. The book is intended for developing and experienced clinicians and supervisors intent on acquiring up-to-date and forward-looking, systemic, CFT supervisory mastery.

Routledge
December 2025 : 272pp
Pb: 978-1-032-97620-4 : **\$36.99**
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The Craft of the Psychodynamic Case Study

A Practical Guide



Aner Govrin Bar-Ilan University, Israel

Series: Comparative Psychoanalysis

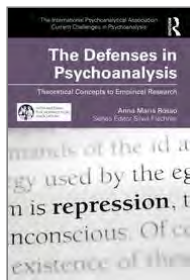
The Craft of Psychodynamic Case Study: A Practical Guide is the first comprehensive guide to help clinicians transform their therapeutic experiences into compelling, meaningful case narratives that honor both clinical truth and literary craft. More than a technical manual, this guide revolutionizes how we think about case studies as creative non-fiction, introducing the concept of "responsible creativity" that empowers clinicians to move beyond formulaic reports. Perfect for psychodynamic psychotherapists and mental health practitioners at all levels writing cases for exams, publications, conferences, team presentations, or personal reflection.

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The Defenses in Psychoanalysis

Theoretical Concepts to Empirical Research



Anna Maria Rosso

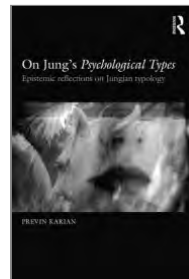
Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis

The Defenses in Psychoanalysis explores the nature and assessment of defense mechanisms through an integration of psychoanalytic theory and empirical research in contemporary psychoanalysis. The Defenses in Psychoanalysis will be of interest to psychoanalysts in practice and in training and to psychologists with psychodynamic training.

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The Foundering and Foundations of Jung's Psychological Types



Previn Karian

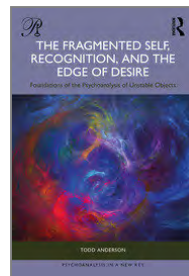
Study of Jung's typology has historically been separated from the analytic community. Here the widespread neglect and dismissal of Jung's typology is addressed, restoring it to the domain of analysis and psychology and also looking at its influence in broader culture and society. Karian begins by examining the historical basis for Jung's type theory in Psychological Types. He goes on to demonstrate that typology is the basis for cultural and political organisation and to examine its role in the creation of ethics. He concludes by re-establishing its relevance to the clinic. This ground-breaking look at a major aspect of Jung's work will reignite discussion, debate and research into typology.

Routledge
May 2026 : 248pp
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Hb: 978-1-138-88837-1 : **\$190**

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The Fragmented Self, Recognition, and the Edge of Desire

Foundations of the Psychoanalysis of Unstable Objects



Todd Anderson

Series: Psychoanalysis in a New Key

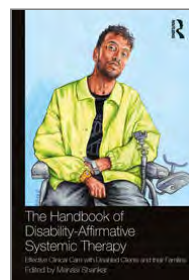
This book explores the most unstable facets of psychic life and how these can be understood and engaged in the psychoanalytic consulting room. With a distinctive perspective on subjectivity, this book offers an aesthetic and ethical framework for psychoanalysis—one that sustains engagement with paradox, dissociation, and symbolic survival over premature resolution. It is essential reading for psychoanalysts, psychotherapists, and scholars of psychoanalytic thought.

Routledge
April 2026 : 270pp
Pb: 978-1-041-17148-5 : **\$44.99**
Hb: 978-1-041-20148-9 : **\$200**

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The Handbook of Disability-Affirmative Systemic Therapy

Effective Clinical Care with Disabled Clients and their Families



Edited by **Manasi Shankar**

This comprehensive handbook provides therapists, social workers, educators, and mental health professionals with effective clinical interventions for working affirmatively with disabled clients and their families. This text is essential reading for graduate and licensed marriage and family therapists, clinical social workers, counselors, and educators in MFT, counseling, and psychology.

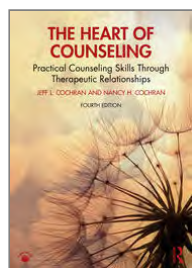
Routledge
November 2025 : 344pp
Pb: 978-1-032-42386-9 : **\$61.99**
Hb: 978-1-032-42388-3 : **\$290**
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4TH EDITION

The Heart of Counseling

Practical Counseling Skills Through Therapeutic Relationships



Jeff L. Cochran University of Tennessee, USA, **Nancy H. Cochran** University of Tennessee, USA

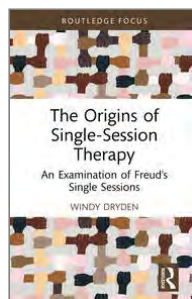
Now in its fourth edition, *The Heart of Counseling* is a key resource helping students to understand the importance of therapeutic relationships and to develop the qualities that make the therapeutic relationships they build with clients the foundation of healing. This book is designed to help new counseling students understand, value, and implement therapeutic relationships that drive client change. Additionally, this book serves as a tool for experienced counselors feeling the need to renew and refocus their core skills of client connection, buy-in, and progress.

Routledge
November 2025 : 400pp
Pb: 978-1-032-86231-6 : **\$89.99**
Hb: 978-1-032-86232-3 : **\$230**
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The Origins of Single-Session Therapy

An Examination of Freud's Single Sessions



Windy Dryden

Series: Routledge Focus on Mental Health

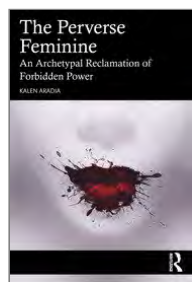
This book explores the single-session work done by Sigmund Freud and considers the implications of this work for the current theory and practice of single-session therapy (SST). This book will be of interest to any single-session practitioners as well as those scholars and followers of Freud.

Routledge
February 2026 : 88pp
Hb: 978-1-041-07262-1 : **\$64.99**

* For full contents and more information, visit: www.routledge.com/9781041072621

The Perverse Feminine

An Archetypal Reclamation of Forbidden Power



Kalen Aradia Independent scholar, California, USA

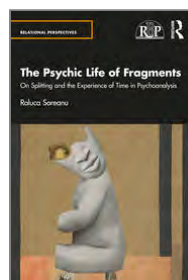
The Perverse Feminine resurrects a long-buried psychic figure: the Perverse Feminine Archetype. Grounded in intuitive inquiry, this work builds on Jungian theory, feminist psychology, and myth to illuminate the archetypal constructs of forbidden power, deviant desire, and inherited shame shaping the collective psyche of cisgender women. Through evocative narratives that generate tools for archetypal engagement, this study offers individuals, theorists, and clinicians a guide to identity, self-discovery, and psychic wholeness within a rapidly changing cultural landscape.

Routledge
November 2025 : 288pp
Pb: 978-1-032-59694-5 : **\$56.99**
Hb: 978-1-032-59393-7 : **\$200**
eBook: 978-1-003-45583-7

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The Psychic Life of Fragments

On Splitting and the Experience of Time in Psychoanalysis



Raluca Soreanu

Series: Relational Perspectives

The Psychic Life of Fragments rethinks trauma and psychic fragmentation starting from the psychoanalytic clinic. This book is important for clinicians and trainees in psychoanalysis, for mental health practitioners working with trauma, and for psychosocial and psychoanalytic thinkers. It is written to be used, between the psychoanalytic chair and the couch, especially at challenging times, in the transference and in the world.

Routledge
May 2026 : 270pp
Pb: 978-1-032-71589-6 : **\$44.99**

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The Psychoanalytic Couch

Listening Perspectives and the Poetics of Psychoanalysis



Lucas Krüger

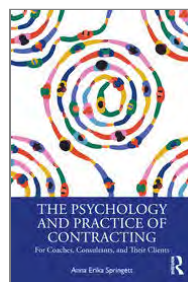
The Psychoanalytic Couch offers a comprehensive overview and a poetic rethinking of the psychoanalytic couch. The Psychoanalytic Couch will be essential reading for psychoanalysts in practice and in training, and for readers interested in the intersections between psychoanalysis, art, and literature.

Routledge
April 2026 : 238pp
Pb: 978-1-041-15793-9 : **\$42.99**
Hb: 978-1-041-15795-3 : **\$180**

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The Psychology and Practice of Contracting

For Coaches, Consultants, and Their Clients



Anna Erika Springett

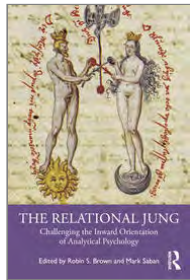
This book takes the complicated subject of contracting and explores it in depth, providing coaches and readers with insights into the psychology of containment and how to contract in a way that enables trust and accelerated growth, introducing a newly developed practitioner model named the 8Ps Platform. Offering an in-depth exploration of contracting for containment, this book is an essential reference for coaches, mentors, supervisors, and professionals in organisation and leadership development.

Routledge
April 2026 : 260pp
Pb: 978-1-032-94350-3 : **\$34.99**
Hb: 978-1-032-94352-7 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032943503

The Relational Jung

Challenging the Inward Orientation of Analytical Psychology



Edited by **Robin S. Brown**, **Mark Saban**

Within this fascinating new volume, a group of prominent Jungian writers seek to explore the apparent contradiction between two aspects of Jungian thinking: one that points in the direction of a genuinely radical relational psychology, and another which seems to struggle to engage meaningfully with what we might call the psychosocial dimension. This unique collection will be of particular value to scholars and clinicians within the Jungian world, as well as relationally-oriented psychoanalysts with an interest in becoming more conversant in Jung.

Routledge
November 2025 : 150pp
Pb: 978-1-032-55130-2 : **\$42.99**
Hb: 978-1-032-55131-9 : **\$170**
eBook: 978-1-003-42914-2

* For full contents and more information, visit: www.routledge.com/9781032551302

The Routledge International Handbook of Art Therapy Practice



Edited by **Margaret Hills de Zárte** Queen Margaret University, UK, **Diane Waller** Goldsmiths University of London, UK, **Claire Louise Vaculik** IATE/UCL, UK

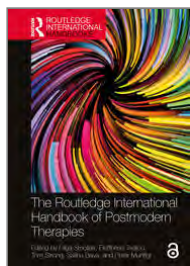
Series: *Routledge International Handbooks*

This book offers a snapshot of the international state of the art in art therapy. The range of work included does not come from one school, theoretical approach, or one type of creative practice, but instead shows the inherent ability of the art therapist to see what is present and to adapt, flexibly and creatively, to meet the unique needs of people and contexts. This book is essential for students and professionals of art therapy, drama, dance movement, and music therapy.

Routledge
December 2025 : 688pp
Hb: 978-1-032-61285-0 : **\$290**

* For full contents and more information, visit: www.routledge.com/9781032612850

The Routledge International Handbook of Postmodern Therapies



Edited by **Olga Smoliak** University of Guelph, Canada, **Eleftheria Tseliou** University of Thessaly, Greece, **Tom Strong**, **Saliha Bava**, **Peter Muntigl**

Series: *Routledge International Handbooks*

The Routledge International Handbook of Postmodern Therapies includes contributions by leading international experts to provide an invaluable resource and reference for therapy students, scholars, educators, and practitioners. This handbook is essential for practitioners and students interested in teaching, using, and researching postmodern practice, including counsellors, clinical psychologists, family therapists, psychotherapists, and social workers.

Routledge
November 2025 : 704pp
Hb: 978-1-032-45266-1 : **\$290**
eBook: 978-1-003-37623-1

* For full contents and more information, visit: www.routledge.com/9781032452661

The Routledge International Handbook of Sexual Compulsivity and Clinical Sexology



Edited by **Silva Neves** Contemporary Institute of Clinical Sexology, UK

Series: *Routledge International Handbooks*

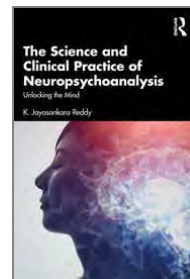
The Routledge International Handbook of Sexual Compulsivity and Clinical Sexology is a cutting-edge and comprehensive guide to understanding compulsive sexual behaviours in-depth in the 21st century. This handbook is essential to psychologists, psychotherapists, sexologists, sex therapists, and psychiatrists. It will be useful for individual practitioners, students and researchers in clinical sexology worldwide.

Routledge
April 2026 : 640pp
Hb: 978-1-032-77197-7 : **\$290**

* For full contents and more information, visit: www.routledge.com/9781032771977

The Science and Clinical Practice of Neuropsych psychoanalysis

Unlocking the Mind



K. Jayasankara Reddy

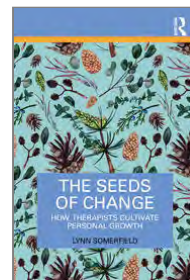
In The Science and Clinical Practice of Neuropsych psychoanalysis, K. Jayasankara Reddy integrates contemporary findings from neuroscience with key psychoanalytic theories, providing readers with a comprehensive perspective on human behaviour. This book is an essential resource for psychoanalysts and other mental health practitioners, as well as researchers interested in the intricate workings of the human psyche.

Routledge
March 2026 : 320pp
Pb: 978-1-041-08306-1 : **\$44.99**
Hb: 978-1-041-08305-4 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041083061

The Seeds of Change

How Therapists Cultivate Personal Growth



Lynn Somerfield

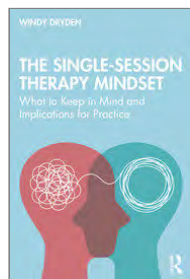
Because psychotherapy is confidential, its inner workings often remain a mystery to those considering it. The Seeds of Change: How Therapists Cultivate Personal Growth lifts the veil on the therapeutic process, demystifying approaches, highlighting the importance of tailoring therapy to the individual, and revealing how it can enhance well-being. Drawing on the author's extensive experience as a psychotherapist, and enriched with case studies and practical exercises, the chapters explore key themes through the lens of the therapeutic journey.

Routledge
February 2026 : 330pp
Pb: 978-1-041-14585-1 : **\$29.99**
Hb: 978-1-041-14586-8 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041145851

The Single-Session Therapy Mindset

What to Keep in Mind and Implications for Practice



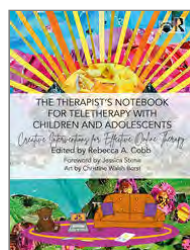
Windy Dryden

The Single-Session Therapy Mindset delivers a comprehensive view of the single-session therapy mindset and how it influences practice. In his most important book to date on Single-Session Therapy, Windy Dryden gives a detailed exploration of the 50 elements of the SST mindset. A must-have resource for any single-session therapy practitioner.

Routledge
April 2026 : 118pp
Pb: 978-1-041-24429-5 : **\$34.99**
Hb: 978-1-041-24430-1 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781041244295

The Therapist's Notebook for Teletherapy with Children and Adolescents

Creative Interventions for Effective Online Therapy

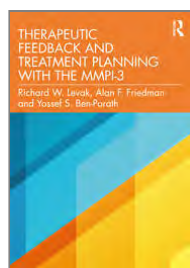


Edited by **Rebecca A. Cobb**

This practical text provides mental health professionals with the tools to deliver effective and engaging teletherapy with children, adolescents, and families. This book provides creative inspiration and practical advice for novice and experienced family therapists, clinical social workers, counselors, play therapists, psychologists, psychiatrists, and practitioners in related fields.

Routledge
January 2026 : 408pp
Pb: 978-1-032-36240-3 : **\$48.99**
Hb: 978-1-032-36241-0 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781032362403

Therapeutic Feedback and Treatment Planning with the MMPI-3



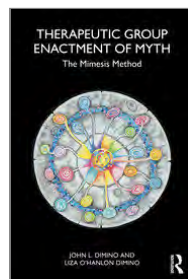
Richard W. Levak Independent Scholar, USA, **Alan F. Friedman** Feinberg School of Medicine, Northwestern University, USA, **Yossef S. Ben-Porath** Kent State University, USA

This book is the first to introduce empirically informed yet empathically framed language for MMPI-3 users communicating findings to clients. It integrates interpretive guidance with evidence-based therapeutic strategies and structured self-help recommendations, thereby enriching the clinical utility of the instrument in therapeutic assessment. This book is a must-have resource for psychologists who practice psychotherapy. It will support MMPI-3 users of all levels; enriching personality assessment, strengthening the therapeutic alliance, and informing treatment planning. It will also assist researchers working with this instrument and educate students in training.

Routledge
April 2026 : 376pp
Pb: 978-1-032-89213-9 : **\$100**
Hb: 978-1-032-90426-9 : **\$280**
* For full contents and more information, visit: www.routledge.com/9781032892139

Therapeutic Group Enactment of Myth

The Mimesis Method



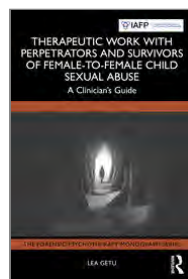
John L. DiMino Mimesis Center, Pennsylvania, USA, **Liza O'Hanlon DiMino** Mimesis Center, Pennsylvania, USA

Therapeutic Group Enactment of Myth puts the depth and power of the world's great stories in the hands of therapy-group leaders and other clinicians. In this book, readers will learn about a groundbreaking method for using storytelling, guided meditation, and role play to foster a direct and embodied awareness in group therapy. Readers will come away from this book with a deep understanding of how the universal dimensions of myth and story build connections across culture and time, allowing groups to move beyond divisions and projections to find understanding, acceptance, and shared community.

Routledge
April 2026 : 280pp
Pb: 978-1-032-88557-5 : **\$37.99**
Hb: 978-1-032-88558-2 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781032885575

Therapeutic Work with Perpetrators and Survivors of Female-to-Female Child Sexual Abuse

A Clinician's Guide



Lea Getu

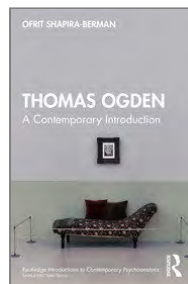
Series: The Forensic Psychotherapy Monograph Series

This book provides with a guide to working with survivors and perpetrators of female-to-female child sexual abuse (F-FCSA), examining the clinical challenges of treating perpetrators and survivors of F-FCSA and how to overcome them. This is an important read for clinical psychologists, psychotherapists, forensic psychotherapists, counsellors, social workers, and other professionals working with this client group.

Routledge
December 2025 : 174pp
Pb: 978-1-032-99978-4 : **\$32.99**
Hb: 978-1-032-99980-7 : **\$180**
* For full contents and more information, visit: www.routledge.com/9781032999784

Thomas Ogden

A Contemporary Introduction



Ofrit Shapira-Berman Hebrew University, Jerusalem

Series: Routledge Introductions to Contemporary Psychoanalysis

Thomas Ogden: A Contemporary Introduction is the first book to gather and analyse Ogden's contributions to contemporary psychoanalytic thinking. Part of the Routledge Introductions to Contemporary Psychoanalysis series, this concise and informative book is an essential for psychoanalysts, psychotherapists and clinical psychologists to deepen their therapeutic practice. An invaluable resource for graduate students and researchers in psychoanalytic theory for understanding one of the field's most influential contemporary thinkers.

Routledge
December 2025 : 130pp
Pb: 978-1-032-47881-4 : **\$26.99**
Hb: 978-1-032-48373-3 : **\$180**
eBook: 978-1-003-38870-8
* For full contents and more information, visit: www.routledge.com/9781032478814

Time and the Experience of Time

Psychoanalysis in Dialogue with History and Science



Edited by **Heribert Blass**, Leopoldo Bleger Training Analyst of the French Psychoanalytical Association, Paris, France, **Joëlle Picard**

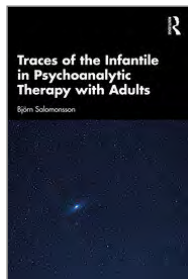
Series: *New Library of Psychoanalysis 'Beyond the Couch' Series*

With particular reference to neurobiology and neuroscience, this book explores a psychoanalytic understanding of time, and how ideas of time affect our experiences in clinical practice and in everyday life. Drawing on scientific insights as well as the latest psychoanalytic thinking, this is essential reading for all psychoanalysts, psychotherapists, and anyone wanting a deeper understanding of the place of time in our lives.

Routledge
December 2025 : 152pp
Pb: 978-1-041-11405-5 : **\$39.99**
Hb: 978-1-041-11468-0 : **\$190**
eBook: 978-1-003-66011-8

* For full contents and more information, visit: www.routledge.com/9781041114055

Traces of the Infantile in Psychoanalytic Therapy with Adults



Björn Salomonsson

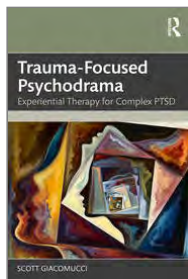
This book applies parent-infant-therapy techniques to allow therapists to work effectively with adult patients on their earliest traumas. Enriched with clinical vignettes and a focus on practical work, this is an essential read for all psychoanalysts and psychotherapists.

Routledge
November 2025 : 254pp
Pb: 978-1-041-07034-4 : **\$42.99**
Hb: 978-1-041-07406-9 : **\$200**
eBook: 978-1-003-64036-3

* For full contents and more information, visit: www.routledge.com/9781041070344

Trauma-Focused Psychodrama

Experiential Therapy for Complex PTSD



Scott Giacomucci

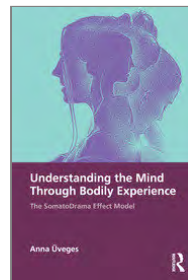
This book presents trauma-focused psychodrama as an effective treatment for trauma, PTSD, and Complex PTSD. Trauma-Focused Psychodrama provides psychodramatists and other group practitioners with essential teaching related to trauma-informed practice and trauma-focused psychodrama. Psychotherapists and psychodrama trainees will find this book useful to guide and support their learning and clinical practice.

Routledge
April 2026 : 250pp
Pb: 978-1-041-07241-6 : **\$39.99**
Hb: 978-1-041-07242-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041072416

Understanding the Mind Through Bodily Experience

The SomatoDrama Effect Model



Anna Üveges

Reflecting upon the "drama of the body" and the interconnectedness of the body, mind and soul, this book proposes a unique, playful and transformative self-awareness framework that gives voice to the body's wisdom and creativity, while also positioning SomatoDrama within the context of innovative psychosomatic research. This is the first book to introduce SomatoDrama to the international dramatherapy audience, supporting practitioners and their clients in understanding the messages that our bodies provide to us.

Routledge
March 2026 : 140pp
Pb: 978-1-041-11456-7 : **\$34.99**
Hb: 978-1-041-11457-4 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041114567

Using ACT and CFT for Burnout Recovery

The Beyond Burnout Blueprint



Shaina Siber Affirm Mental Health, USA

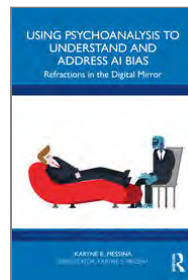
Using ACT and CFT for Burnout Recovery: The Beyond Burnout Blueprint introduces an innovative approach to navigating burnout by integrating evidence-based strategies from Acceptance and Commitment Therapy (ACT) and Compassion-Focused Therapy (CFT). With accessible writing and actionable strategies, this book equips clinicians, leaders, and professionals in high-stakes fields with skills that are both immediately useful and deeply transformative for helping those with burnout, and will appeal to anyone who may be suffering from burnout and looking for coping strategies to implement into their daily lives.

Routledge
March 2026 : 208pp
Pb: 978-1-041-07430-4 : **\$39.99**
Hb: 978-1-041-07459-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041074304

Using Psychoanalysis to Understand and Address AI Bias

Refractions in the Digital Mirror



Karyne E. Messina

Series: *Psychoanalysis, Technology, and the Future*

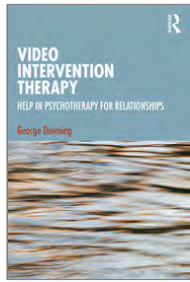
In Using Psychoanalysis to Understand and Address AI Bias: Refractions in the Digital Mirror, Karyne E. Messina uses a psychoanalytic lens to explore the subconscious forces driving AI development. Using Psychoanalysis to Understand and Address AI Bias will be of interest to all readers interested in how AI can benefit from psychoanalytic insight, including psychoanalysts in practice and in training and academics and scholars of AI ethics and technology policy.

Routledge
February 2026 : 122pp
Pb: 978-1-032-95914-6 : **\$44.99**
Hb: 978-1-032-95915-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032959146

Video Intervention Therapy

Help in Psychotherapy for Relationships



George Downing

This book offers a comprehensive guide to using video intervention in psychotherapy or mental health coaching. A video is made of a patient interacting with someone else. The patient and the therapist then explore it together, profiting from its rich information. The book is designed so that any therapist or mental health coach can begin with video intervention at once. This is invaluable reading for anyone wanting to start in and to build up increasing expertise with this significant contribution to therapeutic work.

Routledge
November 2025 : 210pp
Pb: 978-1-041-02447-7 : **\$39.99**
Hb: 978-1-041-02972-4 : **\$190**
eBook: 978-1-003-62166-9

* For full contents and more information, visit: www.routledge.com/9781041024477

Visual Narrative and Lacanian Psychoanalysis



Efrat Biberman

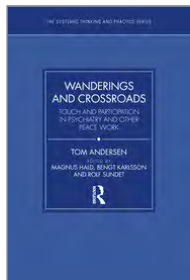
This book analyses narrativity in painting from a Freudian-Lacanian perspective. This book will be key reading for Lacanian psychoanalysts and psychotherapists, and art scholars wishing to gain a fresh new perspective on narrativity in art.

Routledge
December 2025 : 214pp
Pb: 978-1-032-85077-1 : **\$42.99**
Hb: 978-1-032-85079-5 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032850771

Wanderings and Crossroads

Touch and Participation in Psychiatry and Other Peace Work



Edited by Magnus Hald, Tom Andersen, Bengt Karlsson, Rolf Sundet

Series: The Systemic Thinking and Practice Series

Wanderings and Crossroads: Touch and Participation in Psychiatry and Other Peace Work is made up of three unfinished manuscripts Andersen was working on at the time of his death, deftly and expertly brought together by the volume editors, and here published in English for the first time. This book invites readers into the practical and conceptual world of Tom Andersen, and will be of interest to those involved with individual, family, group and network therapy and counselling.

Routledge
February 2026 : 246pp
Pb: 978-1-032-41364-8 : **\$42.99**
Hb: 978-1-032-41365-5 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032413648

With Climate in Mind

Psychoanalysts on Climate Breakdown



Edited by Sally Weintrobe, Lynne Zeavin

Series: IPA in the Community

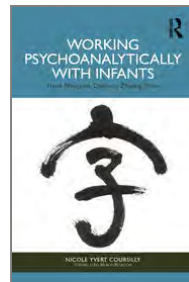
This groundbreaking book enriches and expands psychoanalytic theory and method as it applies to the climate. With Climate in Mind is essential reading for psychoanalysts in practice and in training, the psychotherapy profession, as well as for other professionals engaged with what climate breakdown in a culture of uncared means today.

Routledge
December 2025 : 234pp
Pb: 978-1-041-06338-4 : **\$42.99**
Hb: 978-1-041-06339-1 : **\$180**
eBook: 978-1-003-63495-9

* For full contents and more information, visit: www.routledge.com/9781041063384

Working Psychoanalytically with Infants

From Françoise Dolto to Zhuang Zhou



Nicole Yvert Coursilly

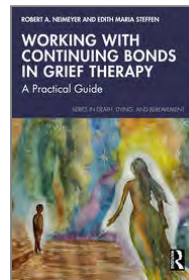
Working Psychoanalytically with Infants: From Françoise Dolto to Zhuang Zhou explores several case studies from Nicole Yvert Coursilly's work in French care homes, providing psychoanalytic treatment to babies who had suffered traumatic experiences. This illuminating book will be of interest to all practicing and training psychoanalysts, as well as child psychotherapists, psychiatrists and care workers.

Routledge
November 2025 : 136pp
Pb: 978-1-041-11716-2 : **\$39.99**
Hb: 978-1-041-11762-9 : **\$180**
eBook: 978-1-003-67279-1

* For full contents and more information, visit: www.routledge.com/9781041117162

Working with Continuing Bonds in Grief Therapy

A Practical Guide



Robert A. Neimeyer Portland Institute for Loss and Transition, Oregon, USA, **Edith Maria Steffen** University of Roehampton, London, UK

Series: Series in Death, Dying, and Bereavement

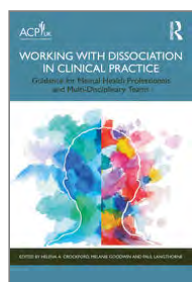
Grief counseling and therapy have been revolutionized by the recognition that adaptive grieving commonly involves retaining bonds with the deceased rather than relinquishing them, but guidelines for how to integrate this shift into professional practice have been scarce. With astute attention to clinical and cultural contexts, specific instructions for a great range of approaches, numerous practice vignettes, and transcripts of actual sessions, Working with Continuing Bonds in Grief Therapy is required reading for all professionals who support the bereaved in living through loss while reaffirming or realigning bonds with their loved ones.

Routledge
April 2026 : 302pp
Pb: 978-0-367-43139-6 : **\$39.99**
Hb: 978-0-367-43138-9 : **\$200**

* For full contents and more information, visit: www.routledge.com/9780367431396

Working with Dissociation in Clinical Practice

Guidance for Mental Health Professionals and Multi-Disciplinary Teams



Edited by **Helena A. Crockford, Melanie Goodwin, Paul Langthorne**

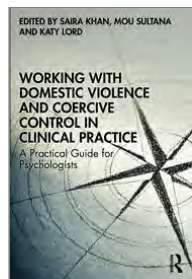
Working with Dissociation in Clinical Practice brings together current literature and the contributing authors' professional and lived experiences to provide practical recommendations for supporting the mental health and wellbeing of individuals with dissociative difficulties. This book is a compelling read for clinical psychologists, other psychological and mental health practitioners, people with lived experience of dissociative difficulties and those who support them.

Routledge
January 2026 : 352pp
Pb: 978-1-041-03844-3 : **\$39.99**
Hb: 978-1-041-03845-0 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781041038443

Working with Domestic Violence and Coercive Control in Clinical Practice

A Practical Guide for Psychologists



Edited by **Saira Khan, Mou Sultana** Irish College of Humanities and Applied Sciences, Ireland, **Katy Lord**

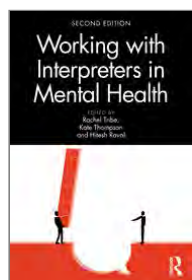
Presently there is difficulty in finding information on how to work in the context of domestic violence and abuse in clinical practice within psychology, despite domestic violence being a significant public health concern. Working with Domestic Violence and Coercive Control in Clinical Practice argue that awareness and competence in this area is essential to good therapeutic work. The chapters offer conclusions and recommendations from research, experience in clinical practice, and survivor testimonies and consulting professionals in trauma services and the domestic violence sector.

Routledge
February 2026 : 176pp
Pb: 978-1-032-78817-3 : **\$48.99**
Hb: 978-1-032-79487-7 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032788173

2ND EDITION

Working with Interpreters in Mental Health



Edited by **Rachel Tribe, Kate Thompson, Hitesh Raval**

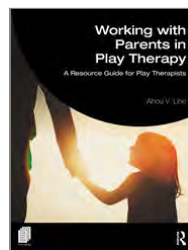
This fully updated edition gives an insight into the opportunities and challenges of mental health professionals and interpreters working together in mental health. This book will be invaluable for practitioners of psychology, psychiatry, social work, and other health professionals. It will also be relevant to interpreters working with mental health professionals and their managers and service leads. It will be of interest to anyone involved in commissioning language support in health and social care services.

Routledge
February 2026 : 400pp
Pb: 978-1-032-89917-6 : **\$34.99**
Hb: 978-1-032-90712-3 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032899176

Working with Parents in Play Therapy

A Resource Guide for Play Therapists



Ahou Vaziri Line Thread Counseling, Texas, USA

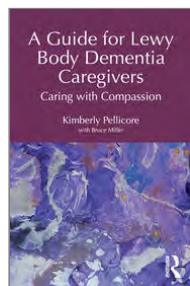
Working with Parents in Play Therapy is grounded in research and lays out best practices for parent consultation and communication in play therapy. Readers will come away from this book with a variety of strategies for engaging parents, and in these pages, they'll also find worksheets, resources, activity lesson plans, and a wealth of didactic material. This is a must-have volume for play therapists in training, seasoned play therapists, and supervisors alike.

Routledge
April 2026 : 252pp
Pb: 978-1-032-80259-6 : **\$37.99**
Hb: 978-1-032-80260-2 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032802596

A Guide for Lewy Body Dementia Caregivers

Caring with Compassion



Kimberly Pellicore

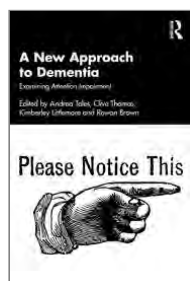
A Guide for Lewy Body Dementia Caregivers: Caring with Compassion is a daughter's heartbreaking yet hopeful account of her secondary caregiving journey for her mother who has Lewy Body Dementia (LBD). This compassion guidebook is a friendly and practical companion for helping those affected by LBD and other memory-related diseases. This is essential reading for those caring for someone with LBD to help understand the realities of this disease and to support them along the way.

Routledge
November 2025 : 130pp
Pb: 978-1-041-10795-8 : **\$26.99**
Hb: 978-1-041-10800-9 : **\$190**
eBook: 978-1-003-65689-0

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A New Approach to Dementia

Examining Attention Impairment



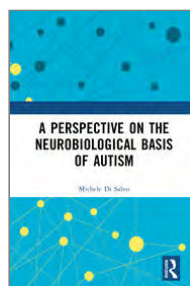
Edited by Andrea Tales, Clive Thomas, Kimberley Littlemore, Rowan Brown

This groundbreaking work specifically focuses on attention impairments of the dementias to improve both early recognition of dementia and clinical diagnosis as well as interventions and care. The book provides a brief overview of attention and its different types, and then explores what happens when these various aspects of attention are dysfunctional. With both scientific and clinical relevance, this book is essential for clinicians and researchers in ageing and dementia as well as students of neuropsychology/neurocognition, medicine and health and social care.

Routledge
February 2026 : 272pp
Pb: 978-1-041-00615-2 : **\$51.99**
Hb: 978-1-041-00647-3 : **\$190**

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A Perspective on the Neurobiological Basis of Autism



Michele Di Salvo

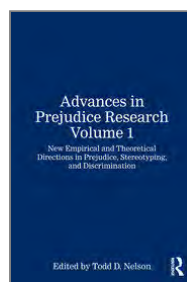
This unique book explores the validity of early neuroinflammation as the cause of autism. This book concentrates on the synthesis of research by deepening the discussion of topics related to genetic research, heavy metals, the process of infection and neuroinflammation, and the BDNF thesis. It covers the most accepted scientific theories, providing an overview of new frontiers of research. Finally, it introduces new strategies and tools for diagnosis and new frontiers of intervention. It will be a useful resource for professionals and researchers in autism spectrum disorders and neurobiology. It will also be an interesting read for students of autism, neuroscience, and genetics.

Routledge
November 2025 : 324pp
Hb: 978-1-041-12661-4 : **\$190**
eBook: 978-1-003-66592-2

* For full contents and more information, visit: www.routledge.com/9781041126614

Advances in Prejudice Research Volume 1

New Empirical and Theoretical Directions in Prejudice, Stereotyping, and Discrimination



Edited by Todd D. Nelson

Series: Advances in Prejudice Research

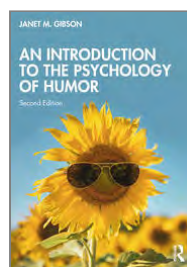
Advances in Prejudice Research, Volume 1 showcases the latest cutting-edge programmatic research and new theory on prejudice in all of its forms. This first volume in an annual series presents compelling research on prejudice that highlights important new theoretical advances. Intended to move the scientific field of prejudice research forward in a novel and thought-provoking way, this book will be essential reading for researchers, postgraduate students and academics in the fields of social psychology, political psychology and sociology.

Routledge
December 2025 : 220pp
Pb: 978-1-032-86550-8 : **\$64.99**
Hb: 978-1-032-86551-5 : **\$190**

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2ND EDITION

An Introduction to the Psychology of Humor



Janet M. Gibson

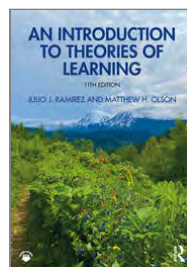
An Introduction to the Psychology of Humor presents comprehensive research from ten psychological perspectives: cognitive, biological, personality, social, cross-cultural, developmental, health, positive, clinical, and applied. This accessible overview explores how humor contributes to cognitive functioning, social relationships, and overall well-being, while examining its role in coping mechanisms, creativity, and emotional regulation. The second edition includes expanded coverage of humor during the COVID-19 pandemic, humor in social media, artificial intelligence and humor, and recent theoretical developments.

Routledge
April 2026 : 258pp
Pb: 978-1-032-97905-2 : **\$59.99**
Hb: 978-1-032-97909-0 : **\$190**

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11TH EDITION

An Introduction to Theories of Learning



Julio J. Ramirez, Matthew H. Olson Hamline University, USA

Now celebrating its 50th anniversary, An Introduction to Theories of Learning has provided a uniquely sweeping review of the major learning theories from the 20th century that profoundly influenced the field of psychology. The four main goals of this text are to define learning, to show how the learning process is studied, to place learning theory in a historical perspective, and to present essential features of the major theories of learning with implications for educational practices. In this new edition, the authors have retained the best features of earlier additions while expanding and enhancing its application to modern scholarship.

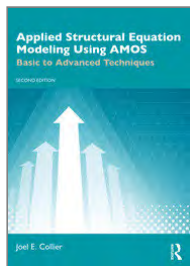
Routledge
April 2026 : 600pp
Pb: 978-1-032-77896-9 : **\$94.99**
Hb: 978-1-032-79591-1 : **\$240**

* For full contents and more information, visit: www.routledge.com/9781032778969

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Applied Structural Equation Modeling Using AMOS

Basic to Advanced Techniques

**Joel E. Collier**

This updated edition provides an essential how-to guide on the application of structural equation modeling techniques with the AMOS software focusing on the practical applications of simple and advanced topics. Written in an easy-to-understand conversational style, it covers everything from data collection and screening to confirmatory factor analysis, structural model analysis, mediation, moderation, and more advanced topics such as mixture modeling, censored data, and non-recursive models. Through step-by-step instructions, screen shots, and suggested guidelines for reporting, Collier cuts through abstract definitional perspectives to give insight on how to actually run analysis.

Routledge

April 2026 : 352pp

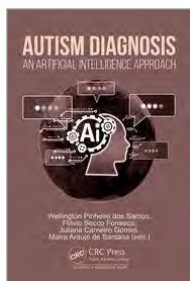
Pb: 978-1-041-10545-9 : \$66.99

Hb: 978-1-041-10543-5 : \$190

* For full contents and more information, visit: www.routledge.com/9781041105459

Autism Diagnosis

An Artificial Intelligence Approach



Edited by **Wellington Pinheiro dos Santos** Universidade Federal de Pernambuco, Brazil, **Flávio Secco Fonseca**, **Juliana Carneiro Gomes** Universidade de Pernambuco, Brazil, **Maira Araújo de Santana** Uni of Pernambuco, Brazil

Recognizing the limitations of existing diagnostic methods, this volume emphasizes the need for a multidisciplinary approach, using the collective strengths of AI, biomedical engineering, and applied neuroscience. This convergence promises to enhance diagnostic accuracy and also to streamline the process, facilitating timely interventions for improved treatments.

CRC Press

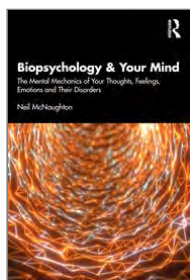
February 2026 : 200pp

Hb: 978-1-032-85120-4 : \$170

* For full contents and more information, visit: www.routledge.com/9781032851204

Biopsychology & Your Mind

The Mental Mechanics of Your Thoughts, Feelings, Emotions and Their Disorders

**Neil McNaughton**

Biopsychology & Your Mind explains the way your mind works – and why it sometimes doesn't. The key is your mental mechanics: molecular, neural, and biological mechanisms. This book explores the unexpected properties of thoughts, feelings, emotions, and actions, examining phenomena such as blindsight, associative learning, intact memory in amnesia, and dreaming during sleep. Using evolutionary biopsychology as a framework, it addresses fundamental questions: What constitutes an emotion? How do thoughts and emotions interact? The text reveals how evolution has shaped our mental mechanics to seek adaptive balances, often switching between extremes depending on current circumstances.

Routledge

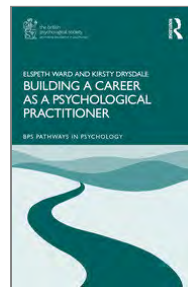
March 2026 : 246pp

Pb: 978-1-032-73596-2 : \$54.99

Hb: 978-1-032-73598-6 : \$190

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Building a Career as a Psychological Practitioner

**Elsbeth Ward**, **Kirsty Drysdale***Series: BPS Pathways in Psychology Series*

This useful and accessible guide introduces the reader to the Psychological Practitioner roles and offers practical advice for those looking to pursue a career in the wider psychological professions. Supported by an acronym decoder and real-life, diverse case studies, this is an indispensable resource for anyone looking to understand the potential of psychologically informed careers, either to move into a Psychological Practitioner role, or work alongside these valuable practitioners.

Routledge

December 2025 : 290pp

Pb: 978-1-032-89267-2 : \$32.99

Hb: 978-1-032-89268-9 : \$190

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Building a Psychologically Safe Work Environment

**Binna Kandola** Pearn Kandola LLP, UK*Series: BPS Ask The Experts in Psychology Series*

Building a Psychologically Safe Work Environment provides a roadmap to enable the creation of spaces in organisations where voices are heard, actions taken and lives improved. Written in an approachable question-and-answer format, the book offers a valuable 'dip in and out' approach to questions surrounding psychological safety in professional life. Making the concept of psychological safety easily accessible and offering tips on how to increase psychological safety within your own workplace, this is the ideal guide for leaders of all levels, from those first stepping up, to seasoned managers.

Routledge

November 2025 : 252pp

Pb: 978-1-032-81881-8 : \$26.99

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eBook: 978-1-003-50185-5

* For full contents and more information, visit: www.routledge.com/9781032818818

3RD EDITION

Child Development

Theories and Critical Perspectives



Rosalyn H. Shute Flinders University, Australia and Federation University, Australia, **Phillip T. Slee** Flinders University, Australia

Series: International Texts in Developmental Psychology

This new edition has been extensively revised to incorporate recent advances in the field, featuring a new chapter Theorizing about Children's Digital Worlds that explores contemporary issues including social media, AI, internet addiction and the banning of mobile phones in schools. Essential reading for postgraduate students in developmental psychology, education, social work, and social policy, its lucid style makes complex theoretical concepts accessible to readers at all levels, including those with limited background in psychology.

Routledge

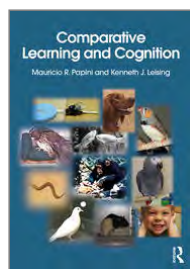
April 2026 : 354pp

Pb: 978-1-032-93801-1 : \$59.99

Hb: 978-1-032-93808-0 : \$190

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Comparative Learning and Cognition



Mauricio R. Papini Texas Christian Uni, **Kenneth J. Leising** Texas Christian Uni

Comparative Learning and Cognition provides a comparative analysis of the vast landscape of experimental and field research on learning, cognition, and behavior, with an emphasis on nonhuman animals. This field has advanced significantly in the last 20 years and while research is still firmly grounded in the study of behavior, the principles of learning and cognition are now highly interconnected with research from neuroscience and human cognition. This book offers a comprehensive coverage strongly based in the study of behavioral plasticity that integrates principles and data from evolutionary, neuroscience, and comparative approaches in its analysis of topics.

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Pb: 978-1-032-51381-2 : **\$86.99**

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Concepts and Theories of Human Development



Richard M. Lerner Tufts University, Massachusetts, USA

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An Inclusive, Innovative and Critical Approach



Geoff Bunn

Series: BPS Core Textbooks Series

This unique textbook offers an inspirational and engaging guide to Psychology's past and present, told through fascinating stories about the discipline's charismatic personalities and the controversies they generated. Geoff Bunn introduces students to an array of conceptual and analytical tools for critical thinking and demonstrates how to apply these to understand a variety of historical controversies, psychological theories, and individual personalities.

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Selected Writings from the ISSP Academy of Science



Edited by **Robert J. Schinke** Laurentian University, Canada, **Alessandro Quartiroli**, **Tatiana V. Ryba**

Series: International Perspectives on Key Issues in Sport and Exercise Psychology

Bringing together the most prestigious writings on culture and inclusion in sport and physical activity from the International Society of Sport Psychology's flagship journal, the International Journal of Sport and Exercise Psychology, this volume provides an essential reference for the field. Endorsed by the Society's Academy of Science, this volume is an authoritative series of writings on culture and inclusion in sport and physical activity. The book is a key resource for graduate students, scholars, and professionals in sport and exercise psychology.

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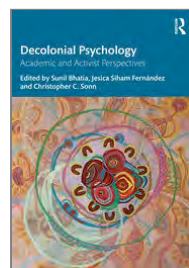
Hb: 978-1-032-93470-9 : **\$190**

eBook: 978-1-003-56601-4

* For full contents and more information, visit: www.routledge.com/9781032934693

Decolonial Psychology

Academic and Activist Perspectives



Edited by **Sunil Bhatia**, **Jesica Siham Fernández**, **Christopher C. Sonn** Victoria University, Australia

This cutting-edge book re-imagines what a truly decolonial psychology could look like. It explores questions of what counts as psychological knowledge and whose knowledge is valid, and who controls the production of knowledge in psychology. The book builds on the expanding knowledge base in decolonial psychology to meaningfully address the varied social and psychological trajectories of decolonization and liberation.

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Pb: 978-1-032-79022-0 : **\$66.99**

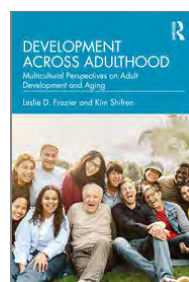
Hb: 978-1-032-79469-3 : **\$190**

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Development Across Adulthood

Multicultural Perspectives on Adult Development and Aging



Leslie D. Frazier, **Kim Shifren**

Development Across Adulthood: Multicultural Perspectives on Adult Development and Aging provides a novel and comprehensive understanding of development across adulthood. Focusing on diversity in developmental outcomes including age, culture, ethnicity, gender and sexual identity, and the increasingly interconnected global world and its influences on longevity, health, and quality of life, this textbook is core reading for undergraduate students studying adult development and aging courses, as well as other allied health disciplines.

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Pb: 978-1-032-77482-4 : **\$66.99**

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Digital Technologies in Behavior Science

Theoretical and Practical Applications



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Temple University, USA, **T. V. Joe Layng** Generategy, LLC
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Digital Technologies in Behavior Science is the first book of its kind to highlight innovative and cutting-edge work in the theory and application of digital technologies in behavior science. This timely book will be essential reading for graduate and advanced undergraduate students of behavioral science, behavior analysis and psychology. It will also be highly relevant for professional behavior analysts and all those interested in the future of behavior science.

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Dyslexia in Adulthood

A Research Perspective



Edited by **Eddy Cavalli**, Pascale Colé University of Savoy, France, **Lynne G. Duncan**

This groundbreaking volume provides a comprehensive international perspective on how dyslexia manifests across the lifespan, with a rare and valuable focus on adults. Each chapter meticulously examines research on critical aspects of dyslexia relevant to adult populations. The book delivers an in-depth assessment of the dyslexic reader's neurocognitive profile—exploring language processing, memory systems, learning mechanisms, executive functions, and neurobiological foundations. Readers will find evidence-based approaches to screening, diagnosis, and intervention specifically tailored for adults with dyslexia.

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Educational and Psychological Measurement



W. Holmes Finch Ball State University, USA, **Brian F. French** Washington State University, USA, **Jason C. Immekus**, Shenghai Dai

This new text provides the most current coverage of measurement and psychometrics in a single volume. Authors W. Holmes Finch and Brian F. French first review the basics of psychometrics and measurement, before moving on to more complex topics such as equating and scaling, item response theory, standard setting, and computer adaptive testing. Also included are discussions of cutting-edge topics utilized by practitioners in the field, such as automated test development, game-based assessment, and automated test scoring.

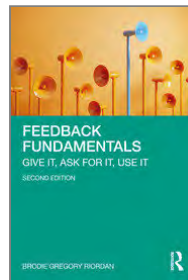
Routledge
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Pb: 978-1-032-57523-0 : **\$100**
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2ND EDITION

Feedback Fundamentals

Give It, Ask for It, Use It



Brodie Gregory Riordan

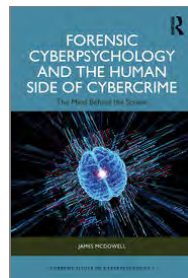
Now in its second edition, this engaging book takes a deep dive into feedback fundamentals, providing a clear and evidence-based approach to show what makes effective feedback exchanges, how can people learn and grow from negative feedback and utilizing technology to deliver impactful feedback. Feedback Fundamentals and Evidence-Based Best Practices balances research, testimonials, and practical tools to provide readers with a thorough understanding of feedback exchanges.

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The Mind Behind the Screen



James McDowell

Series: Current Issues in Cyberpsychology

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3RD EDITION

Fundamentals of Developmental Psychology



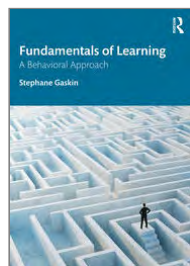
Peter Mitchell University of Nottingham, **Fenja Ziegler** University of Lincoln, **Sarah Rose**

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Fundamentals of Learning

A Behavioral Approach



Stephane Gaskin

Fundamentals of Learning: A Behavioral Approach discusses the basic mechanisms of learning. It highlights how most behaviors are learned through minimal amounts of cognitive processing and acquired through associations between stimuli, such as observed in classical and operant conditioning (associative learning) and repeated experiences with a single stimulus (non-associative learning). The book is written with the student in mind throughout, featuring real-life case studies, key terms and learning objectives. It also has in-chapter videos, alongside online resources such as lecture slides, class assignments, and multiple choice questions.

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Health Anxiety and the Quest for Safety

Interdisciplinary and Critical Perspectives



Márta Csabai

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Health Anxiety and the Quest for Safety critically examines how psychological and socio-cultural processes influence anxiety and safety-seeking behaviour concerning perceived health risks in globalised information societies. It provides insights into how people respond to uncertainty and perceived threats to their body and health in the 'age of anxiety'. This book is valuable reading for clinical and health psychologists, critical social scientists, researchers, and students in the health sciences, as well as practitioners in all healthcare settings, psychotherapists, and communication specialists.

Routledge
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Global Impacts on Childhood Social Development

Building Resilience Amid Conflict, Environmental Degradation, and Climate Change



Charles N. Oberg , Hopewell R. Hodges

Series: International Texts in Developmental Psychology

The book explores both the direct harms of these crises as well as those caused indirectly including family separation, straining caregiving relationships, loss of cultural resources, and the harming of children's self-efficacy and emotion regulation abilities. Including case studies from the last few decades, the authors demonstrate the interconnectedness of seemingly disparate systems such as soil health, family cohesion, individual coping skills, nutrition availability, and economic policy, all with an eye to the urgent developmental processes unfolding within and around the child.

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Hb: 978-1-032-78532-5 : **\$190**

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How to Eat Well at Every Age



Jane Ogden

Series: BPS Ask The Experts in Psychology Series

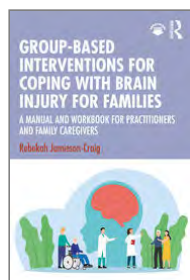
Eating well should be easy. But so often it is not. **How to Eat Well at Every Age** provides practical tips based on psychological theory and evidence to enable people of every age to eat well and build a good relationship with food. This book is for anyone who wants a healthy relationship with food, for themselves or those they care for. It is also valuable reading for students studying child development, nutrition, dietetics, catering, physical health, social care, nursing and psychology.

Routledge
December 2025 : 262pp
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Group-Based Interventions for Coping with Brain Injury for Families

A Manual and Workbook for Practitioners and Family Caregivers



Rebekah Jamieson-Craig

This combined manual and workbook allows clinicians to develop and run an 'Understanding Brain Injury' group-based intervention for the families of patients who have suffered moderate to severe brain injury. This is a specific group-based course useful for family groups with patients who are in hospital or early discharge. Taking a psycho-educational and CBT solution focused approach, the manual guides the facilitator through each session, outlining what should be focused on, giving suggestions for talking points, and enabling the group to become a lively, interactive unit in which the members share their own experiences and gain insight and caregiving coping strategies.

Routledge
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Pb: 978-1-041-15521-8 : **\$54.99**
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How to FUEL your Resilience

A Practical Guide to Developing Resilience Skills for Professionals



Rose Aghdam

Series: BPS Ask The Experts in Psychology Series

This inspiring book provides readers with information which will help them to understand why they feel overwhelmed or anxious when under pressure, what they can do about it, and how to make the necessary mindset and lifestyle changes to become more resilient so they can cope well with the challenges they face. It is valuable reading for all professionals, particularly those in high pressure environments such as health, mental health, education, business, finance and law.

Routledge
April 2026 : 206pp
Pb: 978-1-041-06258-5 : **\$26.99**
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5TH EDITION

Human Memory



Gabriel A. Radvansky University of Notre Dame, USA

The 5th edition of Human Memory provides a comprehensive overview of research and theory on human memory. Written in an engaging style, the book is divided into three sections, providing an accessible introduction to the application and assessment of memory theory. Packed full of student-friendly pedagogy including study questions, Stop and Review and Try it Out sections, Study in Depth text boxes, and more, Human Memory, 5th edition is an essential companion for all students of human memory.

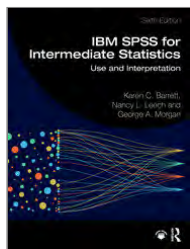
Routledge
December 2025 : 692pp
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eBook: 978-1-003-49102-6

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6TH EDITION

IBM SPSS for Intermediate Statistics

Use and Interpretation



Karen C. Barrett Colorado State University, USA, **Nancy L. Leech** University of Colorado at Denver, USA, **George A. Morgan** Colorado State University, USA

IBM SPSS for Intermediate Statistics, sixth edition, is designed to help readers analyze and interpret research data using IBM SPSS. An ideal supplement for courses in either intermediate/advanced statistics or research methods taught in departments of psychology, education, and other social and health sciences, this book is also appreciated by researchers in these areas looking for a handy reference for SPSS commands and how to interpret SPSS outputs.

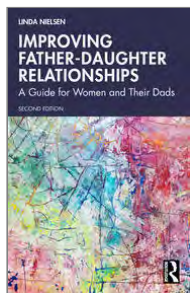
Routledge
December 2025 : 428pp
Pb: 978-1-032-44908-1 : **\$64.99**
Hb: 978-1-032-44909-8 : **\$180**

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2ND EDITION

Improving Father-Daughter Relationships

A Guide for Women and Their Dads



Linda Nielsen Wake Forest University, North Carolina, USA

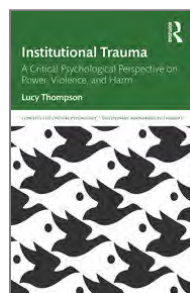
This engaging, no-nonsense book by father-daughter relationships expert, Dr. Linda Nielsen, offers a step-by-step guide for fathers and daughters to build a more comfortable and meaningful relationship and resolve issues still hanging over them from the past. Improving Father-Daughter Relationships: A Guide for Women and Their Dads is essential reading and a powerful resource for adult daughters and their fathers, as well as for their families and therapists.

Routledge
February 2026 : 180pp
Pb: 978-1-041-14974-3 : **\$29.99**
Hb: 978-1-041-15179-1 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041149743

Institutional Trauma

A Critical Psychological Perspective on Power, Violence, and Harm



Lucy Thompson

Series: Concepts for Critical Psychology

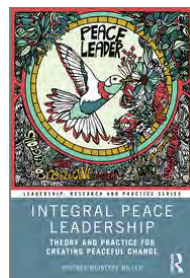
This book develops a comprehensive psychological account of trauma as an institutional phenomenon, which is currently missing in psychological discourse. Institutional Trauma is fascinating reading for academics, students, practitioners, and anybody interested in understanding institutional power, violence, and harm.

Routledge
November 2025 : 160pp
Pb: 978-0-367-48724-9 : **\$54.99**
Hb: 978-0-367-48725-6 : **\$190**
eBook: 978-1-003-04247-1

* For full contents and more information, visit: www.routledge.com/9780367487249

Integral Peace Leadership

Theory and Practice for Creating Peaceful Change



Whitney McIntyre Miller

Series: Leadership: Research and Practice

This book presents the transformative framework of integral peace leadership, a holistic approach to challenging violence and aggression while building positive, just, and equitable systems and structures, and showcases stories of community peace leaders working to build sustainable, peaceful change around the world. Integral Peace Leadership explores the four interconnected dimensions essential to peace leadership: Innerwork, the personal peace practices for growth and development; Knowledge, the interactive skills and engagement strategies; Community, the collaborative action and collective impact; and Environment, the navigation and transformation of systemic structures.

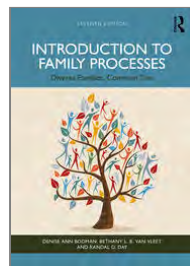
Routledge
January 2026 : 170pp
Pb: 978-1-032-95466-0 : **\$48.99**
Hb: 978-1-032-95468-4 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032954660

7TH EDITION

Introduction to Family Processes

Diverse Families, Common Ties



Denise Ann Bodman Arizona State University, USA, **Bethany Bustamante Van Vleet** Arizona State University, USA, **Randal D. Day** Brigham Young University, USA

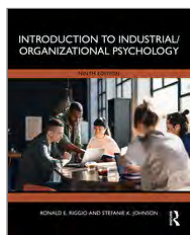
Now in its seventh edition, and fully revised with a complete reimagining of voice, structure, and purpose, Introduction to Family Processes explores the complex workings of inner family life. Focusing on family processes and dynamics, rather than sociological trends, political topics, or the individual psychological approach, the text presents the research underlying core family processes and offers practical strategies to enhance family well-being and strengthen positive relationships.

Routledge
April 2026 : 416pp
Pb: 978-1-032-88310-6 : **\$94.99**
Hb: 978-1-032-88315-1 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032883106

9TH EDITION

Introduction to Industrial/Organizational Psychology



Ronald E. Riggio, Stefanie K. Johnson

Thoroughly updated to include the latest research on each key topic, this edition features: • An increase in global and international perspectives and examples to match the increasingly global workplace. • A common-sense approach that prepares students to better understand the complex, psychological dynamics of the modern workplace. • A balanced combination of classic theories and research alongside the latest developments and innovations in the field. • A full suite of resources to support instructors and students, including case studies, videos, learning activities, and chapter summaries.

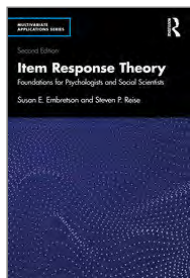
Routledge
April 2026 : 586pp
Hb: 978-1-032-88311-3 : **\$230**

* For full contents and more information, visit: www.routledge.com/9781032883113

2ND EDITION

Item Response Theory

Foundations for Psychologists and Social Scientists



Susan E. Embretson Georgia Institute of Technology, Atlanta, USA, **Steven P. Reise** University of California, Los Angeles, USA

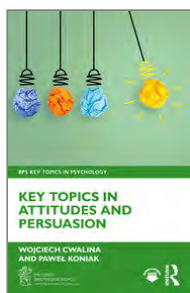
Series: Multivariate Applications Series

This book provides an intuitive and accessible introduction to item response theory (IRT), making complex psychometric concepts easier to grasp through graphical displays and familiar analogies. An essential for graduate students, researchers, and practitioners in psychology, education, and the social sciences, the book is useful for researchers who are implementing or developing person assessments, as well as for professionals in clinical, industrial, counselling, and behavioural medicine fields who need a strong grasp of contemporary psychometric foundations.

Routledge
November 2025 : 438pp
Pb: 978-0-805-85303-2 : **\$66.99**
Hb: 978-0-805-85302-5 : **\$190**
eBook: 978-1-315-72655-7

* For full contents and more information, visit: www.routledge.com/9780805853032

Key Topics in Attitudes and Persuasion



Wojciech Cwalina, Paweł Koniak

Series: BPS Key Topics in Psychology

This book offers an accessible introduction to psychological theories of attitudes, attitude change, and persuasion. It explores questions of what attitudes are, how people form different attitudes, and how these attitudes can be changed. The book guides readers through five core sections that examine the essential properties and components of attitudes, key theoretical frameworks explaining attitude formation and change, methodologies for measuring and assessing attitudes, real-world applications across diverse domains, and cutting-edge research and emerging trends.

Routledge
February 2026 : 176pp
Pb: 978-1-032-96346-4 : **\$29.99**
Hb: 978-1-032-96347-1 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032963464

Key Topics in Children's Emotional Development



Dale F. Hay

Series: BPS Key Topics in Psychology

Integrating developmental research with clinical studies of children's emotional problems, Key Topics in Emotional Development explores how children begin to express their feelings, empathize, or sympathize with other people's emotions, and, in some cases, struggle to manage their own feelings about the worlds in which they live. The book begins by introducing the key foundations, theories, and methods of children's emotional development before delving into the different emotions and their empirical findings such as happiness, empathy, fear and loathing, anxiety and phobias, sadness, depression, and anger.

Routledge
December 2025 : 144pp
Pb: 978-1-032-77499-2 : **\$29.99**
Hb: 978-1-032-77571-5 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032774992

Key Topics in Counselling Psychology



Terry Hanley, Laura Anne Winter

Series: BPS Key Topics in Psychology

This accessible and engaging text introduces the reader to the history and development of counselling psychology before outlining its values, its ways of working (therapeutically and when engaging with research), and beyond. It promotes the diverse ways that counselling psychologists engage with individuals and the wider communities in which they work and serve and in doing so, emphasises the core philosophical thinking that commonly underpins the work of counselling psychologists in therapy, research, education, or other leadership roles.

Routledge
March 2026 : 170pp
Pb: 978-1-032-90249-4 : **\$29.99**
Hb: 978-1-032-93517-1 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032902494

Key Topics in Forensic Psychology



Terri Cole, Dara Mojtahedi

Series: BPS Key Topics in Psychology

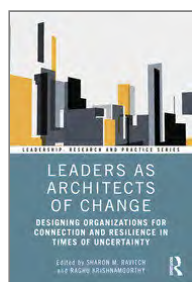
Key Topics in Forensic Psychology provides readers with a succinct yet broad overview of Forensic and Investigative Psychology, considering the history, theories, methods used and key topics where it has been of impact. It also considers where the discipline is headed. Written by academics who have also applied their research in practice, this accessible book outlines the development of Forensic Psychology, from psychological advice given to courts, to assessment and treatment of offenders. Key Topics in Forensic Psychology is the ideal resource for undergraduate and postgraduate students in this field of psychology, as well as the related areas of criminology and law.

Routledge
November 2025 : 232pp
Pb: 978-1-032-55138-8 : **\$29.99**
Hb: 978-1-032-55564-5 : **\$190**
eBook: 978-1-003-43121-3

* For full contents and more information, visit: www.routledge.com/9781032551388

Leaders as Architects of Change

Designing Organizations for Connection and Resilience in Times of Uncertainty



Edited by **Sharon M. Ravitch** University of Pennsylvania, USA, **Raghu Krishnamoorthy**

Series: *Leadership: Research and Practice*

Leaders as Architects of Change provides new approaches, frames and tools for leaders and their teams to design, drive, and support cultures of workplace inquiry which create collective capacity and adaptivity, and which ground and connect people in times of change. The book will resonate with executives, academics, consultants, and students of leadership who seek actionable strategies to navigate volatility. Readers will gain both insight and courage to reimagine organizations not as machines of control but as living systems of connection, adaptability, and purpose.

Routledge
March 2026 : 180pp
Pb: 978-1-041-02392-0 : **\$39.99**
Hb: 978-1-041-03739-2 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041023920

2ND EDITION

Learning as Development

Rethinking International Education in a Changing World



Daniel A. Wagner University of Pennsylvania, USA

Learning as Development examines how people learn around the world and considers what international development would look like if viewed through the prism of human development. This volume is for all those who care about improving the lives of people around the world, in particular those who live in low-income countries. It is also about the nature of human transformation across the life span, from infancy through adulthood. It is essential reading for students and scholars of human development, education, sociology, and global development.

Routledge
November 2025 : 420pp
Pb: 978-1-032-50945-7 : **\$63.99**
Hb: 978-1-032-50941-9 : **\$190**

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2ND EDITION

Living Beyond Brain Injury

A Compassionate Resilient Guide for Survivors



Vicki Hall

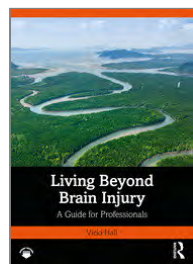
Living Beyond Brain Injury is a practical guidebook for people living with brain injury. Rooted in theory from brain science and drawing on therapeutic methods including cognitive behavioural models and third wave approaches, it introduces a values-based mindset called the Compassionate Resilient Mind (CRM). This balances compassion and resilience to support people's recovery, adaptation, and growth. The book explores common post-injury challenges such as memory, fatigue, controlling emotions, and identity, whilst offering practical strategies for improvement. These include easy-to-use worksheets to fill in, simple comparisons and ways to become more flexible in thinking.

Routledge
March 2026 : 214pp
Pb: 978-1-032-73531-3 : **\$39.99**
Hb: 978-1-032-73532-0 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032735313

Living Beyond Brain Injury

A Guide for Professionals



Vicki Hall

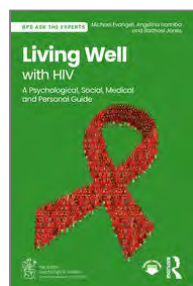
Living Beyond Brain Injury: A Guide for Professionals is a professional supplement to Living Beyond Brain Injury: A Compassionate Resilient Guide for Survivors designed for use when survivors require structured, scaffolded rehabilitation in their everyday environments. Drawing on the Supervisory Attentional System model and the Compassionate Resilient Mindset, it provides a framework for neuropsychological rehabilitation delivered through support workers and multidisciplinary teams. The manual offers psychoeducational resources, structured approaches to goal setting, intervention planning, and progress monitoring, alongside practical tools and worksheets.

Routledge
May 2026 : 100pp
Pb: 978-1-032-85023-8 : **\$49.99**
Hb: 978-1-032-85592-9 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032850238

Living Well with HIV

A Psychological, Social, Medical and Personal Guide



Michael Evangeli, Angelina Namiba, Rachael Jones

Series: *BPS Ask The Experts in Psychology Series*

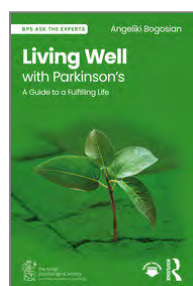
Living Well with HIV: A Psychological Social Medical and Personal Guide aims to empower people living with HIV worldwide to thrive while addressing the critical need to reduce HIV stigma. It integrates the latest global research and experiences of people living with HIV, so that they and their partners, friends and families can face key HIV challenges with resilience and embrace strategies for living well. Designed for people living with HIV, their loved ones, and healthcare professionals, this book serves as an invaluable resource for counsellors, mental health practitioners, and health and social care workers.

Routledge
May 2026 : 180pp
Pb: 978-1-032-88624-4 : **\$26.99**
Hb: 978-1-032-88631-2 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032886244

Living Well with Parkinson's

A Guide to a Fulfilling Life



Angeliki Bogosian

Series: *BPS Ask The Experts in Psychology Series*

The book begins by providing a clear understanding of Parkinson's including its diagnosis, causes, progression, and various symptoms. It then delves into the impact of the disease on a person's health and well-being, focusing on non-motor symptoms, mental health, and daily life adjustments. The heart of this guide explores practical strategies for nurturing essential relationships with spouses, insights into maintaining emotional solid connections and communication. Furthermore, the book delves into crucial aspects of self-care, addressing how individuals can take control of their health through sleep improvement, nutrition, physical activity, and relaxation techniques.

Routledge
November 2025 : 158pp
Pb: 978-1-032-77682-8 : **\$26.99**
Hb: 978-1-032-77684-2 : **\$190**
eBook: 978-1-003-48433-2

* For full contents and more information, visit: www.routledge.com/9781032776828

Living with Grief

A Compassionate Companion



Sara Mathews

Series: BPS Ask The Experts in Psychology Series

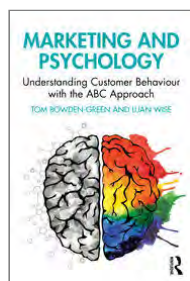
Living with Grief provides a guide on how to live when others have died. Written by a therapist and counsellor who specialises in Grief, Loss and Bereavement, it helps readers gain insight into some of the processes that might be happening when things feel overwhelming. Following an effective Q&A framework, it offers a valuable 'dip in and out' approach with good signposting to guidance on all the questions that those touched by grief need to know. This book acts as a compassionate companion for those figuring out how to live with grief. It is also valuable reading for counsellors, mental health professionals and other health and social care professionals

Routledge
November 2025 : 144pp
Pb: 978-1-032-93324-5 : \$26.99
Hb: 978-1-032-93329-0 : \$190
eBook: 978-1-003-56540-6

* For full contents and more information, visit: www.routledge.com/9781032933245

Marketing and Psychology

Understanding Customer Behaviour with the ABC Approach



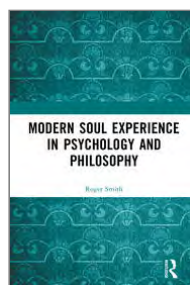
Tom Bowden-Green, Luan Wise

This lively and engaging book explores why consumers behave the way they do by summarising relevant psychological theories and showing how these can be applied to marketing activities in practice. Exploring questions around why we make purchases and how effective digital marketing can be, the book examines the psychological processes of decision-making relating to consumer behaviour. The book will be highly relevant to both students of marketing and marketing professionals, and anyone interesting in exploring the potential use of psychology in marketing. It will be relevant reading on courses relating to consumer psychology, advertising and behavioural economics.

Routledge
January 2026 : 264pp
Pb: 978-1-032-89114-9 : \$44.99
Hb: 978-1-032-89116-3 : \$190

* For full contents and more information, visit: www.routledge.com/9781032891149

Modern Soul Experience in Psychology and Philosophy



Roger Smith

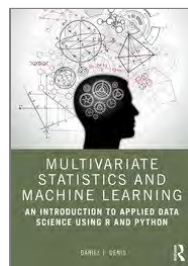
This interdisciplinary work examines the significant though often implicit role of soul in modern psychological discourse and human experience, challenging its apparent obsolescence in contemporary scientific contexts. This is a valuable analysis and overview for professional and academic psychologists, philosophers, theologians, anthropologists, and researchers interested in human nature and consciousness studies. It is also a useful and accessible resource for anyone exploring the intersection of spirituality, human values and scientific understanding of human experience.

Routledge
March 2026 : 202pp
Hb: 978-1-041-22128-9 : \$190

* For full contents and more information, visit: www.routledge.com/9781041221289

Multivariate Statistics and Machine Learning

An Introduction to Applied Data Science Using R and Python



Daniel J. Denis

Multivariate Statistics and Machine Learning is a hands-on textbook providing an in-depth guide to multivariate statistics and select machine learning topics using R and Python software. The book offers a theoretical orientation to the concepts required to introduce or review statistical and machine learning topics, and in addition to teaching the techniques, instructs readers on how to perform, implement, and interpret code and analyses in R and Python in multivariate, data science, and machine learning domains. For readers wishing for additional theory, numerous references throughout the textbook are provided where deeper and less "hands on" works can be pursued.

Routledge
December 2025 : 608pp
Pb: 978-1-032-45428-3 : \$69.99
Hb: 978-1-032-45427-6 : \$190
eBook: 978-1-003-37694-1

* For full contents and more information, visit: www.routledge.com/9781032454283

Navigating Ethics in Behavior Analysis

Dealing with Gray Areas



R. Nicolle Carr

Navigating Ethics in Behavior Analysis considers the elusive topic of ethics in the professional context of behavioral analysis. Students often assume their Applied Behavior Analysis Ethics class is going to be an easy A+; that it takes no more than common sense and a good moral compass to determine the line between right and wrong. But ethics are different from laws, morals and common sense and, when a variable is modified from how it was originally learned, students can be at a loss for how to critically think through the situation. This book will be an essential resource for students of behavioral analysis ethics as well as fully certified behavioral analysts.

Routledge
November 2025 : 170pp
Pb: 978-1-032-97537-5 : \$63.99
Hb: 978-1-032-97117-9 : \$190
eBook: 978-1-003-59422-2

* For full contents and more information, visit: www.routledge.com/9781032975375

Nonverbal Steps to the Origins of Language



David B. Givens, John White

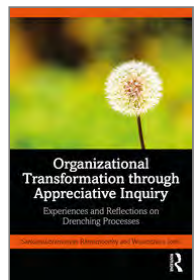
This book examines the origin and development of human language through the seemingly paradoxical lens of nonverbal communication. Taking an evolutionary stance, it identifies and explores 15 sequential nonverbal steps that cumulatively enabled modern linguistic communication in Homo sapiens. Exploring diverse topics including chemical messaging, audio-visual messaging, emotional signaling, binocular vision, facial expressions, pointing behaviors, object manipulation, ancient tool-making, and food sharing, this fascinating intellectual journey is a must-read for students of nonverbal communication from psychology, linguistics and anthropology backgrounds.

Routledge
December 2025 : 194pp
Pb: 978-1-032-70976-5 : \$54.99
Hb: 978-1-032-70973-4 : \$190

* For full contents and more information, visit: www.routledge.com/9781032709765

Organizational Transformation through Appreciative Inquiry

Experiences and Reflections on Drenching Processes



Sankarasubramanyan Ramamoorthy, Wasundhara Joshi

This book offers a pivotal concept, model and tool called 'Drench' that meets the need within organizational transformation to internalize, abide and sustain the insights, learning and the energy for change generated during an Appreciative Inquiry (Ai) or any other Organization Development (OD) process. Challenging conventional notions of change and development and providing a helpful set of concepts, models and a toolbox for organizational transformation, this is a useful book for change consultants, facilitators and coaches who use organizational development and/or appreciative inquiry for transformation.

Routledge

February 2026 : 220pp

Pb: 978-1-032-88489-9 : **\$49.99**

Hb: 978-1-032-88491-2 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032884899

Out with Cancer

LGBTQ! Cancer Survivorship and Care



Edited by Jane M. Ussher University of Western Sydney, Australia, **Janette Perz, Rosalie Power, Kimberley Allison**

Series: Gender and Sexualities in Psychology

This book explores the cancer experiences of LGBTQI+ people, drawing on two of the largest mixed-methods studies conducted in this area. It addresses the invisibility of sexual and gender minorities in cancer research and care, highlighting the urgent need for inclusive, culturally safe practice that recognises diverse identities, bodies, and relationships. This book is intended for healthcare professionals, researchers, educators, policy makers, and community advocates seeking to improve cancer care for LGBTQI+ people. It will also be of interest to those working in health equity, public health, and social justice.

Routledge

March 2026 : 322pp

Pb: 978-1-032-48305-4 : **\$54.99**

Hb: 978-1-032-48315-3 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032483054

Physical Activity, Exercise, and Mental Health

An International Approach to Research and Practice



Edited by Yu-Kai Chang Department of Physical Education and Sport Sciences, National Taiwan Normal University, Taiwan, and Institute of Sport Science and Innovations, Lithuanian Sports University, Lithuania, **Alessandro Quartiroli**

Series: International Perspectives on Key Issues in Sport and Exercise Psychology

This edited collection delivers contemporary international perspectives on the critical relationship between physical activity, exercise and mental health, providing essential insights for researchers, practitioners, and stakeholders committed to promoting psychological wellbeing through movement. Offering a comprehensive and accessible resource on the links between physical activity, exercise and mental health, this is an important volume for students, researchers and practitioners of exercise and physical activity psychology across the globe.

Routledge

December 2025 : 366pp

Pb: 978-1-032-85281-2 : **\$63.99**

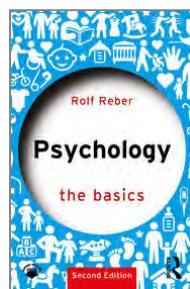
Hb: 978-1-032-85279-9 : **\$170**

* For full contents and more information, visit: www.routledge.com/9781032852812

2ND EDITION

Psychology

The Basics



Rolf Reber University of Oslo, Norway

Series: The Basics

Now in its second edition, this compact introduction is the ideal primer for anyone looking for an accessible overview of the basic principles of psychology, the captivating science of mind and behavior. In everyday life we often wonder why people behave the way they do, especially when we are confronted with puzzling behavior. With suggestions for further reading in each chapter for those wishing to study more deeply, this is the perfect easy-to-understand introductory text for students, teachers, health personnel, human resource managers, administrators, and anyone curious about the human mind and behavior.

Routledge

December 2025 : 210pp

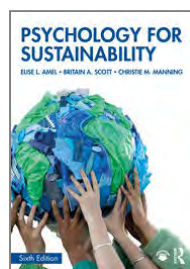
Pb: 978-1-041-02780-5 : **\$28.99**

Hb: 978-1-041-03393-6 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781041027805

6TH EDITION

Psychology for Sustainability



Elise L. Amel University of St Thomas, Minnesota, USA, **Britain A. Scott** University of St Thomas, Minnesota, USA, **Christie M. Manning** Macalester College, Minnesota, USA

Now in its sixth edition and more crucial than ever, Psychology for Sustainability applies psychological science to environmental problems that manifest when human behavior disrupts and degrades natural systems. Drawing on environmental psychology, ecopsychology, conservation psychology, and related disciplines, the authors provide an extensive review of relevant theory and research in a lively and easy-to-read style. It will be invaluable to people outside academia as well, including policymakers, legislators, and those working on sustainable communities.

Routledge

April 2026 : 488pp

Pb: 978-1-032-87327-5 : **\$89.99**

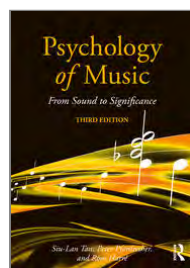
Hb: 978-1-032-87335-0 : **\$200**

* For full contents and more information, visit: www.routledge.com/9781032873275

3RD EDITION

Psychology of Music

From Sound to Significance



Siu-Lan Tan Kalamazoo College, USA, **Peter Pfordresher** University at Buffalo, the State University of New York, USA, **Rom Harré**

From the physical vibrations of sound to the perplexing questions of how music conveys meaning, Psychology of Music: From Sound to Significance takes readers on a wide-ranging exploration of this vibrant multidisciplinary field of study. Now in its third edition, the book emphasizes meaningful links between academic learning and real-world contexts, pointing readers towards intriguing strands of research in both basic and applied areas that are highlighted throughout. This book continues to be invaluable to both Psychology and Music students and instructors, and will appeal to anyone interested in the vital and expanding field of psychology of music.

Routledge

December 2025 : 444pp

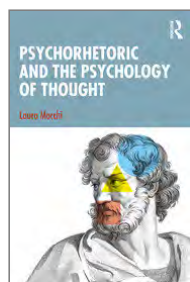
Pb: 978-1-032-26409-7 : **\$77.99**

Hb: 978-1-032-26414-1 : **\$160**

eBook: 978-1-003-28819-0

* For full contents and more information, visit: www.routledge.com/9781032264097

Psychorhetoric and the Psychology of Thought



Laura Macchi University of Milano-Bicocca, Italy

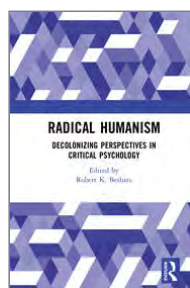
Psychorhetoric and the Psychology of Thought illustrates the role played by rhetoric and communicative heuristics in the psychology of thinking and decision-making, and its effect on many areas of our daily life. It gives voice to a new and unconventional approach to the contemporary debate within the psychology of thought that has wide implications for key behavioural phenomena, including biases, creativity, decision making and public policy. This innovative work challenges conventional wisdom by proposing that cognitive biases are not inherent flaws in human cognition but rather outcomes of misleading communication patterns that influence our thinking processes.

Routledge
March 2026 : 220pp
Pb: 978-1-041-15648-2 : **\$54.99**
Hb: 978-1-041-15717-5 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041156482

Radical Humanism

Decolonizing Perspectives in Critical Psychology



Edited by Robert K. Beshara

Radical Humanism uses concepts from Marxism, anarchism, critical theory, psychoanalysis, and African, Asian, and Latin American philosophies to critique bourgeois, liberal, and Eurocentric humanism(s) from the perspectives of Indigenous studies, Black studies, and postcolonial/decolonial studies. The book will be of interest to scholars and advanced students interested in decolonizing perspectives in psychology and the social sciences.

Routledge
December 2025 : 216pp
Hb: 978-1-032-93252-1 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032932521

Raise Resilience

Teach Your Teenager Well



Lucy Bailey, Voula Tsoflias

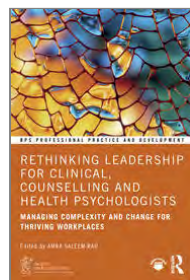
This practical self-help guide introduces "Psychological Fitness" – a powerful combination of mental resilience and emotional well-being that can transform how your child navigates life's challenges. It provides brain training methods that parents and teachers can adopt and use to foster the skills and knowledge in children and young people, so they can navigate and live in this uncertain and changing world.

Routledge
November 2025 : 162pp
Pb: 978-1-032-94844-7 : **\$23.99**
Hb: 978-1-032-94845-4 : **\$190**
eBook: 978-1-003-58199-4

* For full contents and more information, visit: www.routledge.com/9781032948447

Rethinking Leadership for Clinical, Counselling and Health Psychologists

Managing Complexity and Change for Thriving Workplaces



Edited by Amra Saleem Rao

Series: BPS Professional Practice and Development Series

This pioneering book offers a bold, psychologically informed take on leadership for today's complex and evolving systems. Written for clinical, counselling, and health psychologists, it challenges traditional models and reframes leadership as a dynamic, adaptive, and systems-aware practice. Essential reading not only for psychologists, managers, and aspiring leaders, but for anyone interested in creating healthier, more equitable workplaces and leading with courage, compassion, and systemic insight.

Routledge
December 2025 : 530pp
Pb: 978-1-032-79495-2 : **\$54.99**
Hb: 978-1-032-79497-6 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032794952

Rethinking Research Collaborations

Perspectives from Social and Organizational Psychology



Simone Belli, Verna Alcalde-González

Series: Concepts for Critical Psychology

This book offers a comprehensive exploration of how researchers collaborate in contemporary science, drawing on social and organizational psychology to analyze key dynamics in scientific teamwork. Applying a critical lens, Rethinking Research Collaboration examines the evolving structures, transformations, and challenges within academic research environments. It draws together research into scientific collaboration, emotional intelligence and leadership, examining the implications for digital work environments, gender equity, and work-life balance.

Routledge
February 2026 : 114pp
Pb: 978-1-041-04439-0 : **\$54.95**
Hb: 978-1-041-04453-6 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041044390

Rethinking the Social and Economic Value of Children in the Digital Age

The Impact of Social Media Parenting on Child Development



Hatice Işık, Sebahat Tofan, Mehmet Hakan Türkçapar

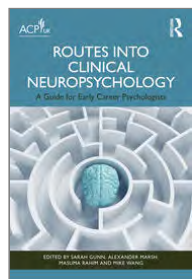
In a world shaped by likes, followers, and algorithms, what does it mean to be a child and what does it mean to raise one? This book explores how the meaning and value of children have shifted in the digital era, where visibility often replaces intimacy, and childhood unfolds not just at home but also on screens. Drawing on developmental psychology, sociology, and media studies, it examines how everyday parenting has merged with content creation. It also explores how children, who were once valued primarily for their emotional closeness, are now increasingly seen as sources of social capital and digital assets.

Routledge
November 2025 : 152pp
Pb: 978-1-032-77586-9 : **\$48.99**
Hb: 978-1-032-78531-8 : **\$190**
eBook: 978-1-003-48833-0

* For full contents and more information, visit: www.routledge.com/9781032775869

Routes into Clinical Neuropsychology

A Guide for Early Career Psychologists



Edited by **Sarah Gunn**, **Alexander Marsh**, **Masuma Rahim**, **Mike Wang**

In this book, experienced authors from a range of backgrounds in clinical neuropsychological contexts provide a comprehensive outline regarding career opportunities, pathways for development, and diverse forms of practise in this fascinating area of clinical psychology. It outlines the essential competencies required for clinical neuropsychologists both in the UK and within the international context. Valuable guidance is provided on how to build a portfolio and write an effective clinical case study, alongside an exploration of how to address the challenges faced by individuals from under-represented communities as patients and healthcare professionals.

Routledge
December 2025 : 128pp
Pb: 978-1-032-99180-1 : **\$32.99**
Hb: 978-1-032-99182-5 : **\$190**
eBook: 978-1-003-60279-8

* For full contents and more information, visit: www.routledge.com/9781032991801

Routledge International Handbook of Wellbeing Arts

Arts and Everyday Aesthetics as Positive Psychology Interventions



Edited by **Andrea Giraldez-Hayes**, **Mandy Seligman**, **Jolanta Burke**

Series: *Routledge International Handbooks*

The Routledge International Handbook of Wellbeing Arts focuses on the research and practice of arts and everyday aesthetics through the lens of positive psychology. Drawing together international experts and interdisciplinary perspectives, including culture, psychology, education, sociology, health, social work or neuroscience, this groundbreaking book introduces a new concept of Wellbeing Arts, offering fresh insights and practical strategies for using creative expression to enhance wellbeing.

Routledge
November 2025 : 378pp
Hb: 978-1-032-63725-9 : **\$300**
eBook: 978-1-032-63729-7

* For full contents and more information, visit: www.routledge.com/9781032637259

7TH EDITION

Sensation and Perception



Elisabeth J. Ploran Hofstra University, **Hugh J. Foley** Skidmore College

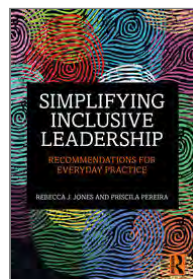
Covering a wide range of core topics, the book explores skin senses such as touch, chemical senses like taste and smell, and our complex visual and auditory systems. Behavioral, physiological, and neuroscience studies are also used to emphasize a holistic approach to the field. This edition includes additional up-to-date material on facial recognition and prosopagnosia, tinnitus, and pain perception. Each chapter also features content on changes in perception across the lifespan, as well as medical disorders that disrupt perception. The book is accompanied by downloadable resources to test and extend student learning.

Routledge
December 2025 : 522pp
Pb: 978-1-032-50058-4 : **\$120**
Hb: 978-1-032-50060-7 : **\$300**
eBook: 978-1-003-39673-4

* For full contents and more information, visit: www.routledge.com/9781032500584

Simplifying Inclusive Leadership

Recommendations for Everyday Practice



Rebecca J. Jones Henley Business School, UK, **Priscila Pereira** Inclusive Leadership Company, UK

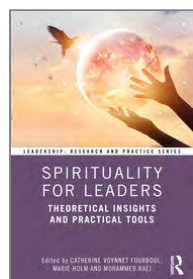
Simplifying Inclusive Leadership is a practical text which brings together the scientific evidence behind the concept of inclusive leadership, presenting this in an accessible, easy-to-read, and engaging format. Combined with tips and recommendations, the book supports leaders embracing what it means to practice inclusive leadership and subsequently to behave more inclusively. It is the ideal introductory text for managers and leaders at any level who wish to enhance their leadership practice and support their team members to thrive.

Routledge
November 2025 : 222pp
Pb: 978-1-032-96855-1 : **\$34.99**
Hb: 978-1-032-98308-0 : **\$190**
eBook: 978-1-003-59802-2

* For full contents and more information, visit: www.routledge.com/9781032968551

Spirituality for Leaders

Theoretical Insights and Practical Tools



Edited by **Catherine Voynnet Fourboul**, **Marie Holm**, **Mohammed Raei** Independent Scholar, Jordan

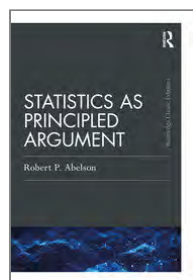
Series: *Leadership: Research and Practice*

Spirituality for Leaders delves into the integration of spirituality within leadership practices and highlights how spiritual beliefs and practices can enhance ethical decision-making, organizational culture, and well-being. Combining theoretical insights with practical tools, the book appeals to business leaders, managers, HR professionals, and coaches seeking values-driven leadership models, as well as students and researchers of leadership, organizational psychology, business, philosophy, and religious studies. Individuals wishing to align their inner life with public action would also gain insight from this book.

Routledge
December 2025 : 296pp
Pb: 978-1-041-07033-7 : **\$54.99**
Hb: 978-1-041-07520-2 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041070337

Statistics as Principled Argument



Robert P. Abelson Yale University

Series: *Psychology Press & Routledge Classic Editions*

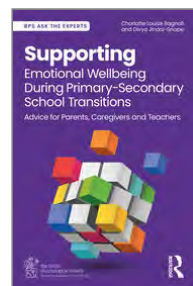
In *Statistics as Principled Argument*, first published in 1995, Robert P. Abelson delved into the often-dismissed problems of interpreting quantitative data and then presented them in the context of a coherent story about one's research. This classic edition offers a new introduction situating Abelson's work through a contemporary lens, highlighting how his teachings remain relevant today. It has been proven to generate true interest for beginning graduate students and seasoned researchers alike, and will be invaluable to students, scholars, researchers and practitioners who use statistics within their research.

Routledge
November 2025 : 242pp
Pb: 978-1-041-01727-1 : **\$66.99**
Hb: 978-1-041-02099-8 : **\$190**
eBook: 978-1-003-61775-4

* For full contents and more information, visit: www.routledge.com/9781041017271

Supporting Emotional Wellbeing During Primary-Secondary School Transitions

Advice for Parents, Caregivers and Teachers



Charlotte Louise Bagnall, Divya Jindal-Snape

Series: BPS Ask The Experts in Psychology Series

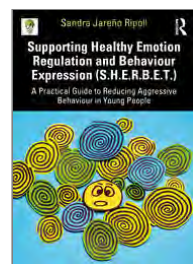
This accessible guide distils international research and practical insights into a reader-friendly resource focused on how parents, carers and teachers can support children's emotional wellbeing. Written by two academic experts, this essential resource is for parents looking for straightforward guidance on questions related to their child's primary-secondary school transitions. With tips for teachers as well as parents and children, this may also be of interest to educators, and school support professionals such as family liaison officers, educational psychologists, and teaching assistants.

Routledge
December 2025 : 192pp
Pb: 978-1-032-71577-3 : **\$24.99**
Hb: 978-1-032-71612-1 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032715773

Supporting Healthy Emotion Regulation and Behaviour Expression (S.H.E.R.B.E.T.)

A Practical Guide to Reducing Aggressive Behaviour in Young People



Sandra Jareño Ripoll

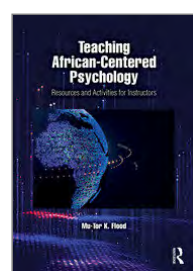
This resource is essential for all professionals working with children who experience difficulties with emotion regulation, including mental health practitioners, school counsellors, youth justice workers, social workers, special education teachers, and other professionals involved in child and adolescent well-being. Readers are expected to have a foundational understanding of child development, emotional and behavioural difficulties, and therapeutic interventions.

Routledge
April 2026 : 200pp
Pb: 978-1-041-12812-0 : **\$66.99**
Hb: 978-1-041-12814-4 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041128120

Teaching African-Centered Psychology

Resources and Activities for Instructors



Mu-Tor K. Flood

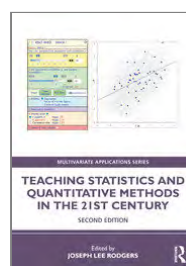
This useful book brings together popular teaching activities from African-centered/Black psychology in a single volume which instructors will return to again and again. Showcasing a wide variety of teaching techniques, each lesson plan encourages active learning and involves the whole class. Offering an entertaining, effective, and easy-to-plan suite of activities which sheds light on a neglected field in standard psychology, this is an essential resource for teachers and lecturers teaching African-centered/Black psychology across the psychological discipline.

Routledge
April 2026 : 180pp
Pb: 978-1-032-68784-1 : **\$49.99**
Hb: 978-1-032-68785-8 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032687841

2ND EDITION

Teaching Statistics and Quantitative Methods in the 21st Century



Edited by **Joseph Lee Rodgers** Vanderbilt University, USA

Series: Multivariate Applications Series

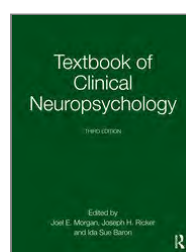
Teaching Statistics and Quantitative Methods in the 21st Century is a guide for rethinking and revitalising statistics and quantitative methods pedagogy for novice and experienced instructors at undergraduate and graduate levels. It offers modern, transformative approaches to preparing students as future researchers. Updated chapters from the first edition sit alongside these new contributions, presenting both classroom innovations and philosophical challenges to the status quo. The result is a call for a broad reimagining of how statistics and quantitative methods are introduced, designed to engage students, support new instructors, and renew the practice of seasoned teachers.

Routledge
February 2026 : 278pp
Pb: 978-1-032-61250-8 : **\$66.99**
Hb: 978-1-032-68437-6 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032612508

3RD EDITION

Textbook of Clinical Neuropsychology



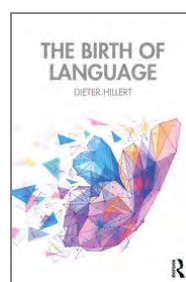
Edited by **Joel E. Morgan** Independent Practice, Morristown, NJ, USA, **Joseph H. Ricker** New York University, USA, **Ida Sue Baron**

This third edition continues its established tradition of publishing state-of-the-art commentary on fundamental brain-behavior relationships and neuropathological disorders. This landmark text sets the standard in the field in its scope, breadth, and scholarship, with contributions by renowned clinicians and researchers from across the globe. It is intended for a wide readership, including clinical and research neuropsychologists and allied neuroscientist colleagues, students and postdoctoral residents, and those preparing for board certification, and will both enlighten and challenge readers, whether novice, mid-level, or senior-level professionals.

Routledge
March 2026 : 1422pp
Hb: 978-1-032-46658-3 : **\$220**

* For full contents and more information, visit: www.routledge.com/9781032466583

The Birth of Language



Dieter Hillert

The Birth of Language traces the gradual evolution of human language over two million years, uncovering the intricate interplay between biological adaptations and cultural innovations. It distinguishes language from speech—often conflated—showing how both emerged as distinct, yet intertwined processes shaped by specialized brain networks. The book engages with the ongoing scholarly debate on language origins, examining the roles of brain architecture, social cohesion, group dynamics, and fundamental behaviors such as toolmaking.

Routledge
January 2026 : 316pp
Pb: 978-1-041-13086-4 : **\$32.99**
Hb: 978-1-041-13087-1 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041130864

The Human Mind Revealed

A Biological Perspective



Michael Sharwood-Smith

This book provides readers with a new working model of the human mind based on contemporary trends in cognitive science. Taking a distinct biological approach, the book presents mind and brain as two sides of the same coin while at the same time emphasizing the need for separate accounts. The reader is introduced step by step to the mind account showing how it operates. The text explores the mind's basic architecture examining how its family of eleven systems interact flexibly and collaboratively to process information, mostly subconsciously.

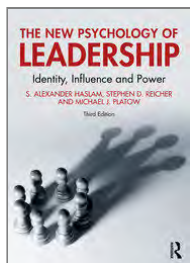
Routledge
February 2026 : 228pp
Pb: 978-1-032-99886-2 : **\$34.99**
Hb: 978-1-032-97129-2 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032998862

3RD EDITION

The New Psychology of Leadership

Identity, Influence and Power



S. Alexander Haslam University of Exeter, UK, **Stephen D. Reicher**, **Michael J. Platow** The Australian National University, Australia

This groundbreaking book provides a comprehensive and compelling introduction to the field of leadership that is jam-packed with theoretical and practical insights derived from a wealth of applied scientific research conducted by the authors and their colleagues around the world over the last four decades. Drawing on real-world examples and rich data sources, this book will appeal to academics, researchers, and students of psychology, business, and management, as well as to practitioners, policy makers, and anyone interested in the workings of leadership, influence, and power.

Routledge
November 2025 : 388pp
Pb: 978-1-032-54274-4 : **\$49.99**
Hb: 978-1-032-54338-3 : **\$190**
eBook: 978-1-003-42440-6

* For full contents and more information, visit: www.routledge.com/9781032542744

2ND EDITION

The Psychology of Conspiracy Theories



Jan-Willem van Prooijen

Series: The Psychology of Everything

Who believes in conspiracy theories, and why are some people more susceptible to them than others? What are the consequences of such beliefs? Has a conspiracy theory ever turned out to be true? The Psychology of Conspiracy Theories debunks the myth that conspiracy theories are a modern phenomenon, exploring their broad social contexts, from politics to the workplace. Updated throughout and now featuring examples from the Covid-19 pandemic and the 2021 Capitol Hill riots, this new edition of The Psychology of Conspiracy Theories shows us that while such beliefs are not always irrational and are not a pathological trait, they can be harmful to individuals and society.

Routledge
December 2025 : 122pp
Pb: 978-1-032-86858-5 : **\$16.99**
Hb: 978-1-032-87057-1 : **\$180**

* For full contents and more information, visit: www.routledge.com/9781032868585

2ND EDITION

The Psychology of Eyewitness Identification



James Michael Lampinen University of Arkansas, USA, **Jeffrey S. Neuschatz**, **Stacy A. Wetmore**, **William Blake Erickson**

This clear and accessible volume provides a tutorial review and evaluation of scientific research on eyewitness identification accuracy and reliability. The book examines conceptual and empirical problems with eyewitness identification as forensic evidence, comparable to challenges with other forensic evidence forms. It explores key findings in eyewitness memory research and their implications for psychological theory and social and legal policy. The book covers topics including measurement of eyewitness performance, eyewitness theory, social media's impact on identification, and technological approaches to investigating eyewitness reliability.

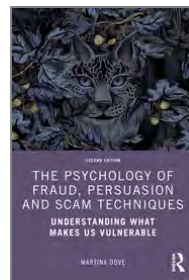
Routledge
April 2026 : 452pp
Pb: 978-1-032-55843-1 : **\$69.99**
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2ND EDITION

The Psychology of Fraud, Persuasion and Scam Techniques

Understanding What Makes Us Vulnerable



Martina Dove

The second edition of this bestselling book provides an in-depth explanation of not only why we fall for scams and how fraudsters use technology and other techniques to manipulate others, but also why fraud prevention advice is not always effective.

Routledge
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Hb: 978-1-032-96647-2 : **\$190**
eBook: 978-1-003-59025-5

* For full contents and more information, visit: www.routledge.com/9781032953908

The Psychology of Public Belief in Unexplained Phenomena

Close Encounters, Extraterrestrials and UFOs



Barrie Gunter University of Leicester, UK

This groundbreaking book explores the fascinating psychology behind public beliefs in extraterrestrial visitors and UFOs (unidentified flying objects, now often termed Unidentified Aerial Phenomena). Drawing on extensive opinion poll and academic research data from around the world, Barrie Gunter delves into the complex psychological processes that shape our interpretations of ambiguous experiences. The analysis reveals how psychological factors profoundly influence our beliefs about extraterrestrial life.

Routledge
December 2025 : 216pp
Pb: 978-1-041-06957-7 : **\$54.99**
Hb: 978-1-041-06666-8 : **\$190**
eBook: 978-1-003-63812-4

* For full contents and more information, visit: www.routledge.com/9781041069577

The Psychology of Trust



Edited by **Joseph P. Forgas** University of New South Wales

Series: *Sydney Symposium of Social Psychology*

This cutting-edge volume provides a comprehensive overview of the psychology of trust, featuring leading international researchers who have done ground-breaking work on the origins, nature, characteristics and consequences of trust. Exploring one of the most intriguing psychological issues that shapes human social life, this book will be of interest both to a lay audience, as well as students and researchers interested in all areas relevant to the relationship between human psychology and the social and cultural processes that define our civilization.

Routledge
March 2026 : 300pp
Pb: 978-1-041-10264-9 : **\$63.99**
Hb: 978-1-041-10265-6 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041102649

The Routledge International Handbook of Ecological Psychology



Edited by **Tetsushi Nonaka**, **Miguel Segundo-Ortin**, **Veronica Romero**, **Jeffrey B. Wagman**

Series: *Routledge International Handbooks*

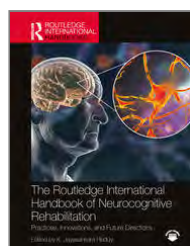
The Routledge International Handbook of Ecological Psychology provides the definitive international reference for understanding how humans perceive and control goal-directed behavior in everyday environments. This authoritative volume examines the rapidly expanding field that bridges perception, action, and environmental interaction across diverse real-world contexts. The handbook comprehensively surveys theoretical developments, empirical evidence, and practical applications spanning laboratory research and real-world practice.

Routledge
April 2026 : 538pp
Hb: 978-1-032-81743-9 : **\$300**

* For full contents and more information, visit: www.routledge.com/9781032817439

The Routledge International Handbook of Neurocognitive Rehabilitation

Practices, Innovations, and Future Directions



Edited by **K. Jayasankara Reddy**

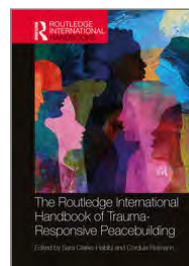
Series: *Routledge International Handbooks*

The Handbook of Neurocognitive Rehabilitation is a comprehensive resource highlighting the rapid advancements in neurocognitive science and their application in rehabilitation practices. Bringing together perspectives from top authorities in neuropsychology, neurology, neurosurgery, and neuropsychiatry, it explores cutting-edge techniques and resources including virtual reality (VR), augmented reality (AR), machine learning (ML), and artificial intelligence (AI) that are revolutionizing the area.

Routledge
February 2026 : 370pp
Hb: 978-1-041-08711-3 : **\$300**

* For full contents and more information, visit: www.routledge.com/9781041087113

The Routledge International Handbook of Trauma-Responsive Peacebuilding



Edited by **Sara Clarke-Habibi**, **Cordula Reimann**

Series: *Routledge International Handbooks*

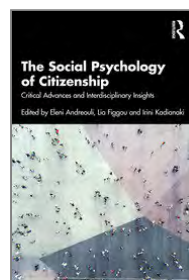
This comprehensive handbook offers a multidisciplinary exploration of research and practice at the intersection of trauma and peacebuilding. This handbook will appeal to researchers and postgraduate students in the fields of trauma studies, peace psychology, peace and conflict studies, migration, humanitarian and development studies. It will also be important reading for professionals in mental health and psychosocial support, humanitarian aid and donor agencies, peacebuilding professionals and activists, NGOs and anyone working with populations affected by ongoing and historical conflict.

Routledge
January 2026 : 550pp
Hb: 978-1-032-88266-6 : **\$300**

* For full contents and more information, visit: www.routledge.com/9781032882666

The Social Psychology of Citizenship

Critical Advances and Interdisciplinary Insights



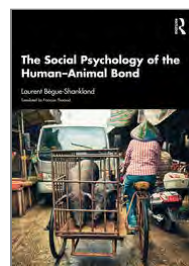
Edited by **Eleni Andreouli** Lecturer in Psychology, Open University, UK, **Lia Figgou**, **Irini Kadianaki**

This book develops a social psychology of citizenship, pushing the boundaries of the discipline to articulate a theoretically rich social psychological framework for the study of citizenship. Bringing together an innovative framework that advances a framework for future study in the field, the book will be highly relevant reading for postgraduate students and researchers in social psychology, political psychology, community psychology, sociology and migration studies. It will also be of interest to advanced undergraduate students, activists and policy makers interested in citizenship and societal challenges.

Routledge
January 2026 : 258pp
Pb: 978-1-032-84753-5 : **\$54.99**
Hb: 978-1-032-84756-6 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032847535

The Social Psychology of the Human-Animal Bond



Laurent Bègue-Shankland

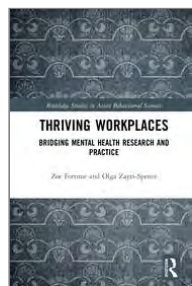
This book looks at our relationships of dominance with and affection for animals. It reviews how animals played a pivotal role in ancient civilizations, and still play a fundamental part in human lives, and looks at how many humans feel deep affection and other strong emotions towards animals. This book shows how much our relations with animals - from attachment to abuse - reveal our identity and our relations with others. It will provide a valuable resource not only to students and researchers studying human-animal relations, zoology and human psychology, but also to a general reader interested in animal advocacy.

Routledge
November 2025 : 180pp
Pb: 978-1-032-89960-2 : **\$32.99**
Hb: 978-1-032-91215-8 : **\$190**
eBook: 978-1-003-56197-2

* For full contents and more information, visit: www.routledge.com/9781032899602

Thriving Workplaces

Bridging Mental Health Research and Practice



Zoe Fortune Heriot Watt University, Dubai, **Olga Zayts-Spence** The University of Hong Kong, Hong Kong

Series: Routledge Studies in Asian Behavioural Sciences

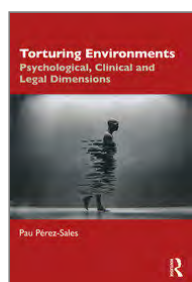
This book brings together several prominent areas of concern for both the academic and the workplace practitioner to understand mental health in the Asian workplace. It explores critical themes including stigma, the role of technology, and the experiences of women and young people in professional settings. A book of interest to researchers and postgraduate students across psychology and sociolinguistics, as well as workplace professionals in communication, organizational management, human resources and wellbeing.

Routledge
January 2026 : 212pp
Hb: 978-1-032-15571-5 : \$190

* For full contents and more information, visit: www.routledge.com/9781032155715

Torturing Environments

Psychological, Clinical and Legal Dimensions



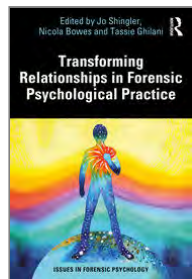
Pau Pérez-Sales

Torturing Environments explores how contemporary practices of coercion have evolved beyond traditional physical torture, increasingly relying on psychological pressure, structural violence, and the manipulation of social and economic conditions. Written for lawyers, human rights practitioners, mental health professionals, forensic experts, scholars, students, and engaged readers, Torturing Environments delivers an essential and accessible framework for identifying, analyzing, and confronting emerging forms of ill-treatment and torture. It is a vital contribution for those committed to protecting human dignity in complex contemporary settings.

Routledge
December 2025 : 240pp
Pb: 978-1-041-07220-1 : \$46.99
Hb: 978-1-041-07013-9 : \$190

* For full contents and more information, visit: www.routledge.com/9781041072201

Transforming Relationships in Forensic Psychological Practice



Edited by Jo Shingler, Nicola Bowes, Tassie Ghilani

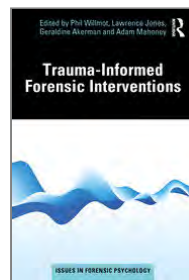
Series: Issues in Forensic Psychology

Transforming Relationships in Forensic Psychological Practice is, first and foremost a clinicians' guide: it has been written with the aim of supporting people to develop, maintain and repair relationships within their work as forensic practitioners. Guiding practitioners to find respectful and connected solutions, whilst maintaining safety and appropriate professional and personal boundaries, Transforming Relationships in Forensic Psychological Practice is an essential resource for all professionals working in forensic settings, both qualified and in training.

Routledge
January 2026 : 298pp
Pb: 978-1-032-89354-9 : \$46.99
Hb: 978-1-032-89359-4 : \$190

* For full contents and more information, visit: www.routledge.com/9781032893549

Trauma-Informed Forensic Interventions



Edited by Phil Willmot, Lawrence Jones, Geraldine Akerman, Adam Mahoney

Series: Issues in Forensic Psychology

Trauma-Informed Forensic Interventions explores the innovative wave of trauma-informed practices in forensic settings, addressing the unique challenges of implementation in environments that are often ill-suited to such approaches. Written collaboratively by forensic practitioners and service users across prison, forensic mental health, youth justice, and social care settings, this book provides practical guidance for professionals working with justice-involved individuals who commonly have extensive trauma histories.

Routledge
February 2026 : 444pp
Pb: 978-1-032-97884-0 : \$64.99
Hb: 978-1-032-94041-0 : \$190

* For full contents and more information, visit: www.routledge.com/9781032978840

We Still Need to Talk about Burnout



Edited by Elfi Baillien, Toon Taris

This book critically examines the concept of work burnout, exploring its origins, defining features, and ongoing debates in psychological and organizational research. It addresses key questions about burnout's relationship to work, personality, emotional labour, and outlines future directions for scholarly inquiry.

Routledge
March 2026 : 134pp
Hb: 978-1-041-25368-6 : \$190

* For full contents and more information, visit: www.routledge.com/9781041253686

Work-Nonwork Management

Research and Practice in a Changing Work Context



Edited by Nina M. Junker Department of Psychology, Univ. of Oslo, Norway, **Maria Karanika-Murray** School of Business, Univ. of Leicester, UK, **Cary L. Cooper** University of Manchester, UK

Series: Current Issues in Work and Organizational Psychology

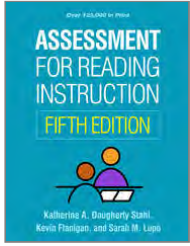
Work-Nonwork Management: Research and Practice in a Changing Work Context advances the understanding of how individuals, couples, teams, and organizations can effectively navigate work-nonwork integration in ways that promote wellbeing and productivity. Essential reading for students and academics in psychology and management studying the work-nonwork interface, this volume also serves as an invaluable resource for supervisors, HR professionals, and organizational decision-makers seeking to support employee wellbeing while enhancing organizational attractiveness in an increasingly competitive talent marketplace.

Routledge
December 2025 : 302pp
Pb: 978-1-032-81534-3 : \$54.99
Hb: 978-1-032-81536-7 : \$190

* For full contents and more information, visit: www.routledge.com/9781032815343

5TH EDITION

Assessment for Reading Instruction, Fifth Edition



Katherine A. Dougherty Stahl New York University, United States, **Kevin Flanigan** West Chester University of Pennsylvania, United States, **Sarah M. Lupo** James Madison University, United States

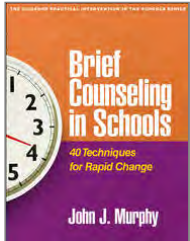
This trusted text and teacher resource is now in a revised and updated fifth edition, reflecting key advances in the science of reading. It covers the “whys,” “whats,” and “how-tos” of systematic reading assessment with children ages 5–13. The authors provide a roadmap and practical tools for evaluating students’ strengths and needs in each component of reading, resulting in a seamless integration of assessment, evidence-based instruction, and intervention. In a convenient large-size format, the book includes 30 reproducible and downloadable tools, plus an online-only appendix with an additional multipage assessment.

Guilford Press
November 2025 : 335pp
Pb: 978-1-462-55843-8 : \$54
Hb: 978-1-462-55863-6 : \$81

* For full contents and more information, visit: www.routledge.com/9781462558438

Brief Counseling in Schools

40 Techniques for Rapid Change



John J. Murphy University of Central Arkansas, United States

Series: The Guilford Practical Intervention in the Schools Series

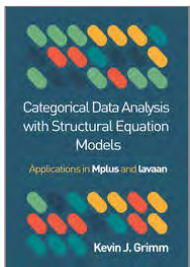
With child and adolescent mental health problems on the rise, this timely book offers school practitioners a practical blueprint and 40 effective techniques for supporting meaningful change as quickly as possible. Brief counseling expert John J. Murphy provides evidence-based, culturally responsive tools for helping students resolve frequently encountered psychological and behavioral challenges. In a convenient large-size format, the book includes vivid case examples and dialogues, sample scripts, reflection questions, learning activities, and reproducible/downloadable forms for use with students, parents, and teachers.

Guilford Press
May 2026 : 191pp
Pb: 978-1-462-56232-9 : \$40
Hb: 978-1-462-56233-6 : \$60

* For full contents and more information, visit: www.routledge.com/9781462562329

Categorical Data Analysis with Structural Equation Models

Applications in Mplus and lavaan



Kevin J. Grimm Arizona State University, United States

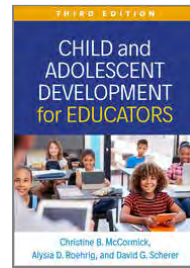
Multivariate categorical outcomes require specialized structural equation modeling (SEM) software to be analyzed properly. This book leads readers from regression analysis with categorical outcomes to complex SEMs with latent variables for categorical indicators. The text demonstrates regression analyses for binary, ordered, or count outcomes using R, with comparable SAS code at the companion website. It reanalyzes the same data using Mplus and R lavaan to show how univariate models for categorical outcomes can be estimated and interpreted with SEM programs, before tackling multivariate models and advanced SEM with categorical outcomes. Annotated Mplus and lavaan code is featured throughout.

Guilford Press
November 2025 : 368pp
Hb: 978-1-462-55831-5 : \$75

* For full contents and more information, visit: www.routledge.com/9781462558315

3RD EDITION

Child and Adolescent Development for Educators, Third Edition



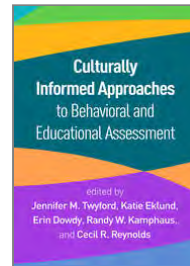
Christine B. McCormick University of Massachusetts, United States, **Alysia D. Roehrig**, **David G. Scherer** University of Massachusetts, United States

Focusing on what educators need to know about child and adolescent development, the revised third edition of this established text incorporates timely issues and research advances. The book reviews major theories of development and presents cutting-edge knowledge about language development, intelligence and intellectual diversity, motivation, family and peer relationships, gender role development, and mental health. Factors influencing academic achievement and social-emotional growth are identified, and applications for instruction and intervention highlighted. Instructors receive a supplemental test bank with objective test items and essay questions for each chapter.

Guilford Press
November 2025 : 539pp
Pb: 978-1-462-55834-6 : \$79
Hb: 978-1-462-55835-3 : \$119

* For full contents and more information, visit: www.routledge.com/9781462558346

Culturally Informed Approaches to Behavioral and Educational Assessment



Edited by **Jennifer M. Twyford** Lewis and Clark College, United States, **Katie Eklund** University of Wisconsin-Madison, United States, **Erin Dowdy** University of California, United States, **Randy W. Kamphaus** Georgia State University, United States, **Cecil R. Reynolds** College Station, United States

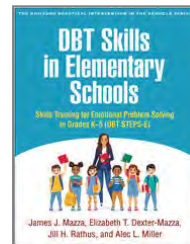
Grounded in state-of-the-art research, this book provides comprehensive guidance for equitable behavioral and educational assessment of children and adolescents across school and clinical settings. Noted scholars weave an emphasis on ecological context, diversity, equity, inclusion, and social justice into each chapter. Key assessment strategies, methods, and measures are discussed and best practices reviewed for culturally responsive evaluation of high-incidence mental health, behavioral, and developmental disorders. Practical pointers and examples throughout the volume illustrate effective ways to improve the fairness of assessment procedures and interpretations.

Guilford Press
April 2026 : 469pp
Hb: 978-1-462-56128-5 : \$65

* For full contents and more information, visit: www.routledge.com/9781462561285

DBT Skills in Elementary Schools

Skills Training for Emotional Problem Solving in Grades K-5 (DBT STEPS-E)



James J. Mazza University of Washington, United States, **Elizabeth T. Dexter-Mazza**, **Jill H. Rathus** Long Island University Post, United States, **Alec L. Miller** Long Island University Post, United States

Series: The Guilford Practical Intervention in the Schools Series

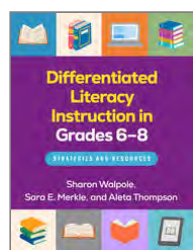
Packed with practical tools, this manual presents DBT STEPS-E, a comprehensive social-emotional learning program grounded in the proven skills of dialectical behavior therapy (DBT). Two complete classroom curricula (for ages 5–7 and 8–10) are designed to integrate seamlessly into multi-tiered systems of support. DBT STEPS-E offers a nonclinical, prevention-oriented application for building core emotion regulation, coping, interpersonal, and decision-making skills. Detailed lesson plans are accompanied by teaching scripts, examples, and vignettes. In a large-size format, the volume includes a daily diary card and 78 reproducible student handouts that also can be downloaded and printed.

Guilford Press
April 2026 : 420pp
Pb: 978-1-462-56020-2 : \$62
Hb: 978-1-462-56192-6 : \$93

* For full contents and more information, visit: www.routledge.com/9781462560202

Differentiated Literacy Instruction in Grades 6-8

Strategies and Resources



Sharon Walpole University of Delaware, United States,
Sara E. Merkle, **Aleta Thompson**

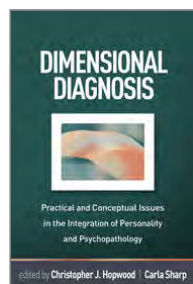
This practical guide presents a field-tested framework for promoting students' reading, writing, and collaborative learning in the middle school years. The expert authors describe ways to scaffold the development of content knowledge and core literacy skills using challenging, full-length anchor texts and connected text sets. They provide differentiation strategies and instructional routines, emphasizing culturally responsive practice. The book shows how students with varying support needs can engage productively in lessons focused on reading, discussion, grammar and language, writing, and research. It includes links to two complete lesson modules and 19 reproducible/downloadable forms.

Guilford Press
March 2026 : 275pp
Pb: 978-1-462-55965-7 : \$42
Hb: 978-1-462-55966-4 : \$63

* For full contents and more information, visit: www.routledge.com/9781462559657

Dimensional Diagnosis

Practical and Conceptual Issues in the Integration of Personality and Psychopathology



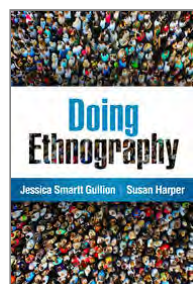
Edited by **Christopher J. Hopwood** University of California, United States, **Carla Sharp** University of Houston, United States

Despite a general consensus that the mental health field is shifting toward dimensional diagnosis, key questions remain about exactly how this transition should occur. This book brings together leading scholars to discuss how personality is related to psychopathology, how this changes our understanding of mental disorders, how dimensional models can be applied clinically, and implications for training and research. The volume is uniquely structured around 15 core challenges identified by the editors. Within each chapter, two author teams weigh in with different perspectives on the questions posed, offering a window into critical debates at the cutting edge of clinical science and practice.

Guilford Press
May 2026 : 341pp
Hb: 978-1-462-56238-1 : \$65

* For full contents and more information, visit: www.routledge.com/9781462562381

Doing Ethnography



Jessica Smartt Gullion Texas Woman's University, United States, **Susan Harper** Iowa State University, United States

Written by a sociologist and an anthropologist, this primer is packed with clear methodological guidance and engaging stories illustrating what ethnography looks like in practice. The text follows the arc of a typical study, highlighting ethics and social justice concerns throughout. It addresses practical considerations in developing a research question, conducting fieldwork, dealing with common pitfalls, and organizing and analyzing data, using techniques from grounded analysis to poetic inquiry. The book addresses the politics of fieldwork and offers advice on publishing ethnographic work for different audiences. Chapters include discussion questions, exercises, and reflection prompts.

Guilford Press
February 2026 : 182pp
Pb: 978-1-462-54692-3 : \$45
Hb: 978-1-462-55921-3 : \$68

* For full contents and more information, visit: www.routledge.com/9781462546923

2ND EDITION

Early Start Denver Model Curriculum Checklist for Infants and Young Autistic Children, Second Edition



Sally J. Rogers University of California, United States,
Geraldine Dawson Duke University, United States

The Early Start Denver Model Curriculum Checklist for Infants and Young Autistic Children, Second Edition, is used to comprehensively assess children's skills across multiple developmental domains and to establish individualized teaching objectives and plans. The second edition includes new items appropriate for infants as young as 6 months of age. Administered every 12 weeks, the Checklist is an essential component of the intervention described in the authoritative manual, Early Start Denver Model for Young Autistic Children, Second Edition. Sold as a set of 15 Checklists, each a 16-page two-color booklet.

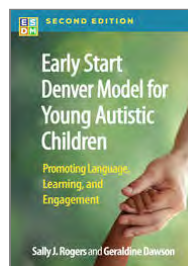
Guilford Press
January 2026 : 16pp
Pb: 978-1-462-55920-6 : \$70

* For full contents and more information, visit: www.routledge.com/9781462559206

2ND EDITION

Early Start Denver Model for Young Autistic Children, Second Edition

Promoting Language, Learning, and Engagement



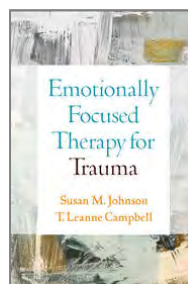
Sally J. Rogers University of California, United States,
Geraldine Dawson Duke University, United States

Used worldwide, this trusted resource is now in a thoroughly revised second edition, reflecting key advances in early intervention research and practice and featuring three new chapters. The Early Start Denver Model is the first comprehensive, naturalistic, developmental-behavioral, empirically tested intervention specifically designed for infants displaying early signs of autism and young autistic children. The authors are leading experts who guide practitioners to assess and support all aspects of children's development—including social communication, language, cognition, imitation, and play—using enjoyable, interactive routines in everyday settings.

Guilford Press
January 2026 : 343pp
Pb: 978-1-462-55875-9 : \$65
Hb: 978-1-462-55916-9 : \$98

* For full contents and more information, visit: www.routledge.com/9781462558759

Emotionally Focused Therapy for Trauma



Susan M. Johnson University of Ottawa (Emeritus); Alliant International University, Canada, **T. Leanne Campbell** International Center for Excellence in Emotionally Focused Therapy (ICEEFT), Canada

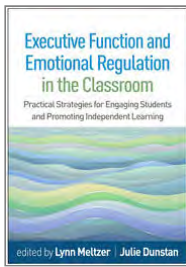
This innovative clinician's guide shows how emotionally focused therapy (EFT) is ideally suited to target core elements of recovery from common impacts of chronic, cumulative, or acute trauma. EFT pioneer Susan M. Johnson and leading EFT trainer T. Leanne Campbell provide an intervention framework and vivid clinical examples illustrating their attachment-informed, experiential approach. Using dance—in particular, the Tango—as a metaphor for what happens in session, the book takes therapists move by move through the three stages of EFT with individuals or couples affected by the echoes of trauma. End-of-chapter reflection questions and learning exercises enhance the book's utility.

Guilford Press
January 2026 : 254pp
Hb: 978-1-462-55929-9 : \$40

* For full contents and more information, visit: www.routledge.com/9781462559299

Executive Function and Emotional Regulation in the Classroom

Practical Strategies for Engaging Students and Promoting Independent Learning



Edited by **Lynn Meltzer, Julie Dunstan**

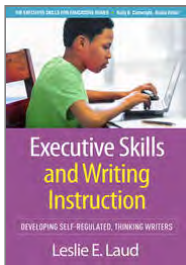
This book presents research-based strategies for helping students thrive academically, socially, and emotionally by harnessing the dynamic interplay of executive function (EF) and emotional regulation. The expert editors and contributors—including EF pioneer Lynn Meltzer—explain how teachers can support EF and emotional regulation with all learners, including neurodiverse students. Chapters describe ways to build students' ability to set goals, think flexibly, stay on task, manage their behavior, and reduce anxiety and stress. Case vignettes illustrate how the interventions discussed help to enhance student engagement while fostering resilience and independent learning.

Guilford Press
March 2026 : 247pp
Pb: 978-1-462-55983-1 : \$45
Hb: 978-1-462-55984-8 : \$68

* For full contents and more information, visit: www.routledge.com/9781462559831

Executive Skills and Writing Instruction

Developing Self-Regulated, Thinking Writers



Leslie E. Laud

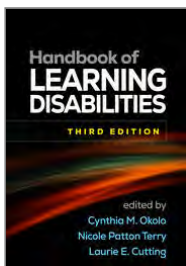
Students learn to write well by developing fundamental literacy skills—and also by knowing how to get started, stay on track, and persist toward goals. From leading science-of-writing expert Leslie E. Laud, this is the first book that helps educators harness the power of executive skills in evidence-based writing instruction. Laud shows how self-regulation supports learning and growth in every step of the writing process, from planning to drafting, editing, and revising. The book provides a clear roadmap and practical strategies for teaching and scaffolding both writing skills and executive skills. It includes sample lessons, extended examples, and reproducible/downloadable tools.

Guilford Press
January 2026 : 228pp
Pb: 978-1-462-55894-0 : \$40
Hb: 978-1-462-55895-7 : \$60

* For full contents and more information, visit: www.routledge.com/9781462558940

3RD EDITION

Handbook of Learning Disabilities, Third Edition



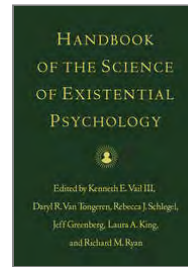
Edited by **Cynthia M. Okolo** Michigan State University (Emeritus), United States, **Nicole Patton Terry** Vanderbilt University, United States, **Laurie E. Cutting**

This definitive handbook is now in an extensively revised third edition with many all-new chapters and new topics. It reviews the breadth of current knowledge about learning disabilities (LD), from core psychological and neurobiological processes to evidence-based instruction. Chapters describe best practices in identifying and supporting students with difficulties in reading, writing, math, and other content areas. Service delivery models that support differentiated instruction and data-based decision making are examined, as are ways to meet the needs of specific populations, including English learners with LD. Prior edition editors: H. Lee Swanson, Karen R. Harris, and Steve Graham.

Guilford Press
February 2026 : 588pp
Pb: 978-1-462-55906-0 : \$62
Hb: 978-1-462-55907-7 : \$93

* For full contents and more information, visit: www.routledge.com/9781462559060

Handbook of the Science of Existential Psychology



Edited by **Kenneth E. Vail III** Cleveland State University, United States, **Daryl R. Van Tongeren** Hope College, United States, **Rebecca J. Schlegel** College Station, United States, **Jeff Greenberg** University of Arizona, United States, **Laura A. King** University of Missouri—Columbia, United States

Showcasing cutting-edge research in a dynamic area, this authoritative volume explores how people navigate psychological experiences that are fundamentally about the nature of existence. In 65 compelling chapters, preeminent editors and contributors describe the field's conceptual foundations, methods, and contemporary findings. The Handbook is focused on issues of "being and becoming" in mental and social life, including: time, aging, and death; freedom, authenticity, and moral responsibility; isolation, uncertainty, and shared reality; culture, self, and identity; the quest for meaning and purpose; religion and spirituality; and awe, personal growth, and what comprises the "good life."

Guilford Press
May 2026 : 1054pp
Hb: 978-1-462-56022-6 : \$185

* For full contents and more information, visit: www.routledge.com/9781462560226

Justice-Centered Mixed Methods Research



Anna S. CohenMiller Nord University, Spain, **Kelly Grace** University of Texas at Galveston, United States

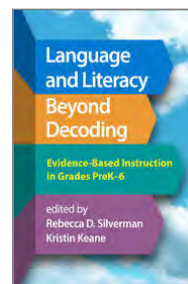
This book provides a comprehensive guide to conducting mixed methods research (MMR) from a social, environmental, and economic justice perspective. Unique to the text is its emphasis on embedding critical self-reflection and justice-centered decision-making into every stage of the research process, including in quantitative research, a direction frequently overlooked. The authors guide readers from conceptualizing and designing studies to implementing, interpreting, sharing, and discussing findings. Every chapter includes firsthand "Insights from Practice" from diverse scholars, as well as critical self-reflection question and other pedagogical features.

Guilford Press
May 2026 : 291pp
Pb: 978-1-462-56021-9 : \$55
Hb: 978-1-462-56226-8 : \$83

* For full contents and more information, visit: www.routledge.com/9781462560219

Language and Literacy Beyond Decoding

Evidence-Based Instruction in Grades PreK-6



Edited by **Rebecca D. Silverman** Stanford University, United States, **Kristin Keane** Stanford University, United States

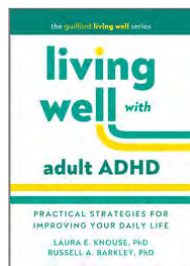
Successful reading comprehension requires readers to draw on a range of language comprehension abilities alongside decoding. This timely teacher reference and text explains how language comprehension develops and presents evidence-based instructional strategies. The volume reviews innovative ways to conduct content-rich classroom conversations, deliver strategy and text structure instruction, target motivational aspects of comprehension, support multilingual and multidialectal learners, and more. Ideal for professional learning within a science-of-reading perspective, each chapter provides guiding questions, research reviews, classroom applications, and reflection questions.

Guilford Press
March 2026 : 326pp
Pb: 978-1-462-55959-6 : \$45
Hb: 978-1-462-55960-2 : \$68

* For full contents and more information, visit: www.routledge.com/9781462559596

Living Well with Adult ADHD

Practical Strategies for Improving Your Daily Life



Laura E. Knouse University of Richmond, United States,
Russell A. Barkley Virginia Commonwealth University
School of Medicine, United States

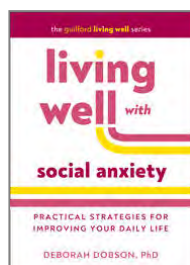
Imagine a toolkit filled with tried-and-true skills that empower adults with attention-deficit/hyperactivity disorder (ADHD) to be more focused and productive—and to “hack” daily life so their strengths can shine. That’s exactly what expert ADHD therapist Laura E. Knouse and preeminent authority Russell A. Barkley offer readers in this book. Twenty-seven short, engaging chapters present a menu of science-based strategies and resources, complete with checklists, self-coaching tips, helpful links, and downloadable forms. This quick-reference guide is an ideal companion to Dr. Barkley’s *Taking Charge of Adult ADHD*, Second Edition, which takes a deeper dive into the disorder and its treatment.

Guilford Press
November 2025 : 226pp
Pb: 978-1-462-55512-3 : **\$18.95**
Hb: 978-1-462-55839-1 : **\$29**

* For full contents and more information, visit: www.routledge.com/9781462555123

Living Well with Social Anxiety

Practical Strategies for Improving Your Daily Life



Deborah Dobson University of Calgary, Canada

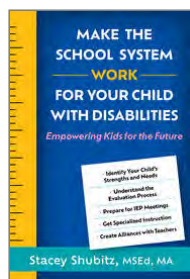
For people with social anxiety—whether in treatment or not—change is hard, and making it stick can be even harder. Drawing on the proven strategies of cognitive-behavioral therapy, psychologist and anxiety expert Deborah Dobson provides tools and tips for getting out into the world with more confidence in this empathic guide. Concise, encouraging chapters and downloadable practical tools help readers understand extreme shyness and self-consciousness and open up new pathways to socializing without fear. Vivid stories and examples help readers approach frequently avoided situations—from making small talk to public speaking to asking someone on a date—one manageable step at a time.

Guilford Press
December 2025 : 227pp
Pb: 978-1-462-55425-6 : **\$18.95**
Hb: 978-1-462-55857-5 : **\$29**

* For full contents and more information, visit: www.routledge.com/9781462554256

Make the School System Work for Your Child with Disabilities

Empowering Kids for the Future



Stacey Shubitz

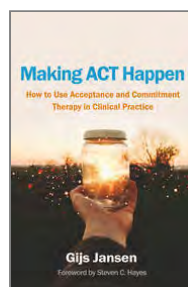
Public schools offer a wide range of supports for disabled children—but for parents, navigating the system can be like getting trapped in a complex maze. Stacey Shubitz has “been there” as both a parent and a veteran educator. She provides a map for the journey in this indispensable guide. Shubitz explains the ins and outs of special versus general education, expert evaluations, disability designations, Individualized Education Programs, 504 Plans, and more. Parents learn to communicate effectively with teachers and school staff, get the most out of meetings, and ensure that plans are well implemented and revised so kids can thrive. Includes downloadable practical tools.

Guilford Press
February 2026 : 224pp
Pb: 978-1-462-55413-3 : **\$19.95**
Hb: 978-1-462-55937-4 : **\$30**

* For full contents and more information, visit: www.routledge.com/9781462554133

Making ACT Happen

How to Use Acceptance and Commitment Therapy in Clinical Practice



Gijns Jansen

Packed with case examples, clinical tips, new and classic metaphors, reflection prompts, and learning exercises, this concise primer helps readers hone their skills and confidence for practicing acceptance and commitment therapy (ACT). Gijns Jansen is a leading ACT trainer and supervisor who explains complex concepts in a candid, conversational style. He offers a unique window into how ACT sessions unfold, equipping therapists to deepen their engagement with clients and select interventions that address clients’ individual needs and struggles. This is the English edition of *Het ACT basisboek*, published in the Netherlands in 2023 and translated, updated, and revised by the author.

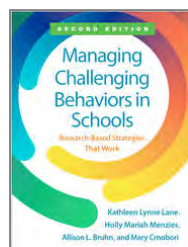
Guilford Press
May 2026 : 251pp
Pb: 978-1-462-55900-8 : **\$45**
Hb: 978-1-462-56244-2 : **\$65**

* For full contents and more information, visit: www.routledge.com/9781462559008

2ND EDITION

Managing Challenging Behaviors in Schools, Second Edition

Research-Based Strategies that Work



Kathleen Lynne Lane University of Kansas, United States,
Holly Mariah Menzies California State University,
United States, **Allison L. Bruhn** Vanderbilt University,
United States, **Mary Crnobori** Vanderbilt University,
United States

Now in a fully revised second edition, this acclaimed, highly practical book reviews the breadth of proven strategies for preventing and responding to problem behavior in schools. The expert authors address all three tiers of intervention within a Comprehensive, Integrated, Three-Tiered (CI3T) model. Educators are guided to implement effective instructional and classroom management practices to meet students’ learning, behavioral, and social and emotional well-being needs. Chapters also describe more intensive interventions for students who need additional support. In a convenient large-size format, the volume includes more than a dozen reproducible and downloadable forms.

Guilford Press
January 2026 : 264pp
Pb: 978-1-462-55899-5 : **\$42**
Hb: 978-1-462-56027-1 : **\$63**

* For full contents and more information, visit: www.routledge.com/9781462558995

Motivating Elementary Students to Self-Monitor and Regulate Their Behavior

The SMARTS Program for Tiers 2 and 3



Aaron M. Thompson University of Missouri, United States,
Keith C. Herman University of Missouri, US,
Wendy M. Reinke University of Missouri, United States

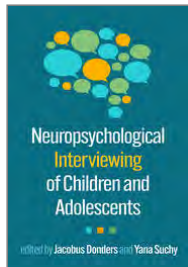
Series: The Guilford Practical Intervention in the Schools Series

This practical manual presents the Self-Monitoring And Regulation Training Strategy (SMARTS), a motivating and engaging behavior support program for children ages 5–10 with behavior challenges in school. The authors are prominent experts who explain the conceptual and empirical rationale for SMARTS and provide everything needed for implementation. Unlike traditional interventions that rely solely on teacher assessments, SMARTS actively involves students in their own behavioral improvement process, reinforcing their sense of agency and competence. In a convenient large-size format, the book includes a structured yet flexible curriculum and over 40 reproducible and downloadable tools.

Guilford Press
January 2026 : 258pp
Pb: 978-1-462-55886-5 : **\$35**
Hb: 978-1-462-55887-2 : **\$53**

* For full contents and more information, visit: www.routledge.com/9781462558865

Neuropsychological Interviewing of Children and Adolescents



Edited by **Jacobus Donders** Mary Free Bed Rehabilitation Hospital, United States, **Yana Suchy** University of Utah, United States

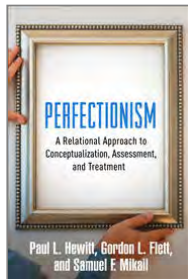
Breaking new ground in pediatric neuropsychology, this is the first guide to conducting effective neuropsychological interviews with children, adolescents, and their parents. Leading authorities cover a range of practice settings and congenital and acquired conditions. Packed with sample interview questions and clinical guidelines, the volume shows how to tailor interviews to each child's clinical presentation. Developmental, family, and cultural factors, as well as level of cognitive and adaptive functioning, are considered. Chapters also address how to supplement interview data with behavioral observations and record reviews. Extensive quick-reference tables are featured throughout.

Guilford Press
March 2026 : 335pp
Pb: 978-1-462-56007-3 : \$60

* For full contents and more information, visit: www.routledge.com/9781462560073

Perfectionism

A Relational Approach to Conceptualization, Assessment, and Treatment



Paul L. Hewitt University of British Columbia, Canada, **Gordon L. Flett** York University, Canada, **Samuel F. Mikail** private practice, Canada

Grounded in decades of influential research, this book thoroughly examines perfectionism how it develops, its underlying mechanisms and psychological costs, and how to target it effectively in psychotherapy. The authors describe how perfectionistic tendencies rooted in early relational and developmental experiences make people vulnerable to a wide range of clinical problems. They present an integrative treatment approach and demonstrate ways to tailor interventions to the needs of individual clients. A group treatment model is also detailed. State-of-the-art assessment tools are discussed (and provided at the companion website).

Guilford Press
March 2026 : 336pp
Pb: 978-1-462-56295-4 : \$51

* For full contents and more information, visit: www.routledge.com/9781462562954

2ND EDITION

Practical Handbook of Multi-Tiered Systems of Support, Second Edition

Building Integrated Academic and Behavioral Success in Schools



Rachel Brown-Chidsey University of Southern Maine, United States, **Sarah Wilkinson** University of Southern Maine, United States

Now in a revised and expanded second edition, this established practitioner resource and text provides a framework for integrating schoolwide academic and behavioral supports to maximize outcomes for students of all ages. Best practices for developing and sustaining an integrated multi-tiered system of supports (iMTSS) are addressed, with attention to timely issues and diverse populations, including English learners. Chapters cover team building, implementation science, evidence-based instruction, problem solving, and assessment. The book's utility is enhanced by a chapter-length case study, reproducible/downloadable tools, and reflections and recommendations from experienced implementers.

Guilford Press
January 2026 : 386pp
Pb: 978-1-462-55901-5 : \$52
Hb: 978-1-462-55902-2 : \$78

* For full contents and more information, visit: www.routledge.com/9781462559015

Preventive Cognitive Therapy for Depression

An Evidence-Based Approach to Reduce Relapse Risk



Claudi L. Bockting University of Amsterdam, Netherlands

This is the authoritative presentation of preventive cognitive therapy (PCT), a rigorously tested 8-week program shown to help individuals who have recovered from depression to stay well. **Claudi L. Bockting** reviews the conceptual foundations, rationale, and evidence base for PCT and compares it to other depression relapse prevention strategies. She provides step-by-step guidelines for conducting each session with individuals or groups. Ways to overcome common treatment roadblocks and help clients get the most out of take-home assignments are described. In a convenient large-size format, the manual includes 39 reproducible and downloadable handouts and forms.

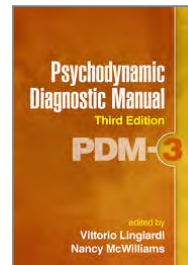
Guilford Press
November 2025 : 168pp
Pb: 978-1-462-55844-5 : \$40
Hb: 978-1-462-55845-2 : \$60

* For full contents and more information, visit: www.routledge.com/9781462558445

3RD EDITION

Psychodynamic Diagnostic Manual, Third Edition

PDM-3



Edited by **Vittorio Lingiardi** Sapienza University of Rome, Italy, **Nancy McWilliams** Rutgers University, United States

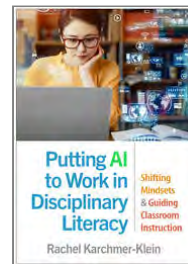
Fully updated with 70% new material, PDM-3 presents important advances in multiaxial mental health diagnosis from a psychodynamic perspective, in dialogue with neuroscientific and cognitive-behavioral perspectives. Used worldwide, this authoritative manual offers an empirically based, clinically useful alternative or supplement to DSM and ICD descriptive and symptom-oriented diagnoses. It guides the practitioner to develop a multilayered dimensional understanding of each patient, leading to a rich case formulation and flexible treatment plan. Including jargon-free descriptions and clinical examples, PDM-3 is restructured to follow development chronologically, from infancy to old age.

Guilford Press
January 2026 : 1058pp
Pb: 978-1-462-55871-1 : \$85
Hb: 978-1-462-55872-8 : \$128

* For full contents and more information, visit: www.routledge.com/9781462558711

Putting AI to Work in Disciplinary Literacy

Shifting Mindsets and Guiding Classroom Instruction



Rachel Karchmer-Klein University of Delaware, United States

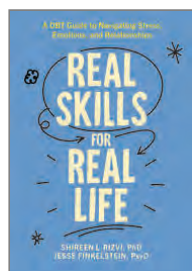
Can generative AI support—not supplant—students' reading, writing, critical thinking, and problem-solving skills? This practical, literacy-centered guide shows how tools like ChatGPT and Copilot can be integrated into secondary instruction without compromising academic rigor or student voice. Grounded in the principles of disciplinary literacy, the book helps teachers shift their mindsets, explore ethical dilemmas, and design content-rich lessons that keep student thinking at the center. With ready-to-use lesson plans, classroom vignettes, Try It Out activities, discussion prompts, and reproducible planning forms, this resource empowers educators to reimagine learning in the age of AI.

Guilford Press
January 2026 : 207pp
Pb: 978-1-462-55944-2 : \$35
Hb: 978-1-462-55945-9 : \$53

* For full contents and more information, visit: www.routledge.com/9781462559442

Real Skills for Real Life

A DBT Guide to Navigating Stress, Emotions, and Relationships



Shireen L. Rizvi Rutgers University, United States, **Jesse Finkelstein** Columbia University Irving Medical Center, United States

Everyone struggles sometimes. This book teaches you what to do about it. The proven skills of dialectical behavior therapy (DBT) are presented by two leading experts in this inviting illustrated guide. Whether readers want to learn how to manage intense emotions, build healthier relationships, or cope with a crisis, they will find 26 core DBT skills, plus decision trees pointing to which ones to try first and what to do next. Impactful graphics show how to use each skill step by step. With warmth and clarity, this book puts skills like Wise Mind, Validation, Problem Solving, and Radical Acceptance within anyone's grasp—and sets readers on the path to a more balanced and fulfilling life.

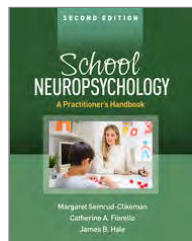
Guilford Press
December 2025 : 158pp
Pb: 978-1-462-55557-4 : \$25
Hb: 978-1-462-55877-3 : \$38

* For full contents and more information, visit: www.routledge.com/9781462555574

2ND EDITION

School Neuropsychology, Second Edition

A Practitioner's Handbook



Margaret Semrud-Clikeman University of Minnesota Medical School, United States, **Catherine A. Fiorello** Temple University, United States, **James B. Hale** Nanyang Technological University (retired), United States

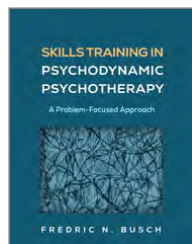
Now in a revised and expanded second edition reflecting key developments in understanding brain-behavior relationships, this accessible book helps school practitioners integrate neuropsychological principles into data-based decision making. The authors present a framework for comprehensively evaluating students' cognitive strengths and weaknesses to aid in developing individualized interventions. Chapters elucidate the neuropsychological processes involved in reading, math, and writing disabilities; neurodevelopmental and mental health disorders; and medical issues that may affect learning and behavior. In a convenient large-size format, the book includes reproducible/downloadable tools.

Guilford Press
January 2026 : 444pp
Pb: 978-1-462-55518-5 : \$49
Hb: 978-1-462-55936-7 : \$74

* For full contents and more information, visit: www.routledge.com/9781462555185

Skills Training in Psychodynamic Psychotherapy

A Problem-Focused Approach



Fredric N. Busch Weill Cornell Medical College; Columbia University Center for Psychoanalytic Training and Research, United States

This book offers therapists a fresh perspective and practical tools for implementing rapid, targeted psychodynamic interventions that help achieve lasting change. Known for his problem-focused approach, the author provides a framework and guiding questions for homing in on core problems that clients want to address. In a convenient large-size format, the book includes 26 reproducible and downloadable worksheets and handouts for use in-session or as client assignments. Extensive case examples show how to use the worksheets to clarify problems, explore the intrapsychic and interpersonal dynamics that contribute to problems, and teach clients skills to better manage their emotions and behavior.

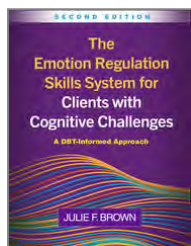
Guilford Press
December 2025 : 222pp
Pb: 978-1-462-55885-8 : \$40
Hb: 978-1-462-55891-9 : \$60

* For full contents and more information, visit: www.routledge.com/9781462558858

2ND EDITION

The Emotion Regulation Skills System for Clients with Cognitive Challenges, Second Edition

A DBT-Informed Approach



Julie F. Brown Justice Resource Institute's Integrated Clinical Services, United States

Now in a fully revised second edition, this authoritative manual presents the only dialectical behavior therapy (DBT) informed approach designed specifically for people with learning and mental health challenges. Used in diverse settings, the Skills System teaches essential emotion regulation and adaptive coping skills in a structured framework. In a convenient large-size format, the manual offers ideas for scaffolding learning, a sample 12-week group curriculum, and a reproducible/downloadable lesson planning worksheet. Client handouts and worksheets are not included in the second edition, but are provided in the companion workbook designed to optimize client learning, available separately.

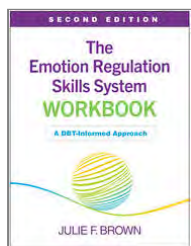
Guilford Press
February 2026 : 260pp
Pb: 978-1-462-55938-1 : \$48
Hb: 978-1-462-55939-8 : \$72

* For full contents and more information, visit: www.routledge.com/9781462559381

2ND EDITION

The Emotion Regulation Skills System Workbook, Second Edition

A DBT-Informed Approach



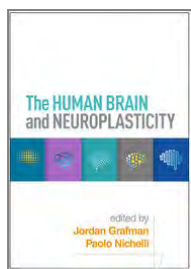
Julie F. Brown

This friendly workbook gives Skills System participants a wealth of handouts and worksheets for learning how to manage feelings, navigate the ups and downs of life, and reach goals. Designed for learners of all ages and abilities, the Skills System is grounded in dialectical behavior therapy (DBT), a proven approach that has helped millions of people around the world cope with complex mental health difficulties and build a life worth living. Worked examples show how to fill out the worksheets for adults; the companion website provides worked examples for elementary and high-school age youth. Note: The e-book edition of this title contains fillable versions of the reproducible tools.

Guilford Press
February 2026 : 246pp
Pb: 978-1-462-55951-0 : \$25
Hb: 978-1-462-55952-7 : \$38

* For full contents and more information, visit: www.routledge.com/9781462559510

The Human Brain and Neuroplasticity



Edited by **Jordan Grafman** Northwestern University, United States, **Paolo Nichelli** University of Modena and Reggio Emilia, Italy

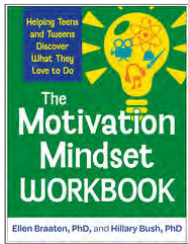
From foundational concepts to emerging technologies, this book reviews current human neuroplasticity research and its clinical applications. Experts in the field cover the biology and mechanisms of neuronal plasticity, its role in learning and development, and cortical reorganization in aging and disease. Chapters explore the challenges of translating research into effective, individualized treatments for neurological and psychiatric conditions across the lifespan. Cutting-edge topics include enhancing brain health in older adults, advances in brain-computer interfaces, and the impact of intensive digital media use on cognition, attention, and brain organization.

Guilford Press
May 2026 : 284pp
Hb: 978-1-462-56243-5 : \$65

* For full contents and more information, visit: www.routledge.com/9781462562435

The Motivation Mindset Workbook

Helping Teens and Tweens Discover What They Love to Do



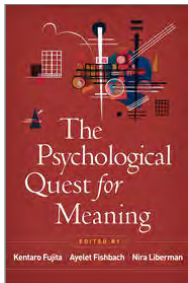
Ellen Braaten Massachusetts General Hospital/Harvard Medical School, United States, **Hillary Bush**

What are my strengths? What makes me happy? What do I wish the adults in my life understood? Many tweens and teens today seem to have lost interest in everything (except possibly their phones!). Harvard psychologist Ellen Braaten's Bright Kids Who Couldn't Care Less offered an in-depth look at motivational difficulties and how to overcome them. Now Dr. Braaten and Dr. Hillary Bush present The Motivation Mindset Workbook, bursting with practical tools and activities to unleash kids' excitement and engagement with the world. Parents, teachers, and therapists will find innovative ways to help children discover what they love to do and vault over obstacles holding them back.

Guilford Press
January 2026 : 140pp
Pb: 978-1-462-55558-1 : \$25
Hb: 978-1-462-55926-8 : \$38

* For full contents and more information, visit: www.routledge.com/9781462555581

The Psychological Quest for Meaning



Edited by **Kentaro Fujita** The Ohio State University, United States, **Ayelet Fishbach** University of Chicago, United States, **Nira Liberman** Tel Aviv University, Israel

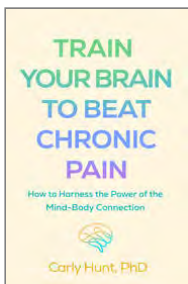
How do we transform scattered experiences into a coherent narrative? What drives us—consciously or unconsciously—to seek patterns, purpose, and understanding? This is the first volume explicitly devoted to the creation of psychological meaning, which has not been systematically defined and studied until recently. Leading authorities from multiple subdisciplines of psychology explore the mechanisms by which humans figure out the world around them, find direction in personal striving, and make sense of the self and one's life. Cutting-edge theories, methods, and findings are clearly explained, as is the key role of meaning making in the functioning of both individuals and societies.

Guilford Press
January 2026 : 349pp
Hb: 978-1-462-55856-8 : \$72

* For full contents and more information, visit: www.routledge.com/9781462558568

Train Your Brain to Beat Chronic Pain

How to Harness the Power of the Mind-Body Connection



Carly Hunt

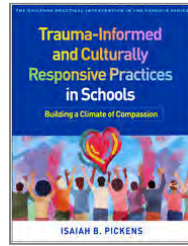
Psychologist Carly Hunt has devoted her career to understanding chronic pain—what causes it, how it keeps going long after the body has healed from injury or illness, and, most crucially, how sufferers can reclaim their lives. Drawing on state-of-the-art neuroscientific research, Dr. Hunt shows how a range of proven interventions can help sufferers not only cope with pain, but actively reduce it. This concise guide is packed with information about brain training techniques, lifestyle changes that target inflammation and other pain triggers, self-care and support resources, and conventional and complementary medicine approaches that readers can weave into their own integrative care plan.

Guilford Press
December 2025 : 196pp
Pb: 978-1-462-55296-2 : \$18.95
Hb: 978-1-462-55852-0 : \$30

* For full contents and more information, visit: www.routledge.com/9781462552962

Trauma-Informed and Culturally Responsive Practices in Schools

Building a Climate of Compassion



Isaiah B. Pickens

Series: The Guilford Practical Intervention in the Schools Series

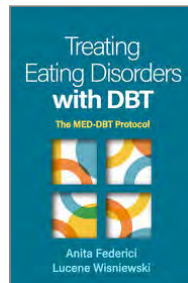
In order to succeed in school, students fundamentally need to feel safe and connected—particularly when chronic stress at home, in the community, or at school make it difficult to learn. This book explains practical ways to infuse schools with trauma-informed and culturally responsive (TICR) practices that can foster compassionate relationships, promote the well-being of students and educators alike, and unlock students' potential. In a convenient large-size format, the volume is packed with case examples, checklists, activity guides, templates for assessment, and best-practice resources. The companion website offers 39 reproducible and downloadable handouts.

Guilford Press
April 2026 : 371pp
Pb: 978-1-462-55099-9 : \$42
Hb: 978-1-462-56116-2 : \$63

* For full contents and more information, visit: www.routledge.com/9781462550999

Treating Eating Disorders with DBT

The MED-DBT Protocol



Anita Federici Centre for Psychology and Emotion Regulation; York University, Canada, **Lucene Wisniewski**

People with eating disorders who also struggle with co-occurring high-risk or dysregulated behaviors are often not well served by standard eating disorder therapies. This book presents a groundbreaking, evidence-informed adaptation of dialectical behavior therapy (DBT) for individuals with multidimensional eating disorder (MED) presentations. The full DBT model—including individual therapy, skills training, phone coaching, and consultation team—is integrated with strategies for treating eating behaviors, body image, interoception, and medical instability. The book features rich case examples and a reproducible/downloadable MED-DBT Diary Card, as well as other useful tools.

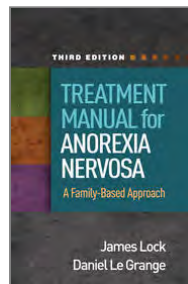
Guilford Press
February 2026 : 266pp
Hb: 978-1-462-55848-3 : \$48

* For full contents and more information, visit: www.routledge.com/9781462558483

3RD EDITION

Treatment Manual for Anorexia Nervosa, Third Edition

A Family-Based Approach



James Lock Stanford University School of Medicine, United States, **Daniel Le Grange** San Francisco; The University of Chicago (Emeritus), United States

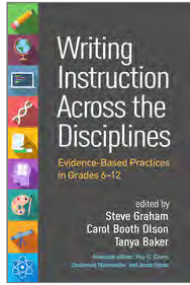
Now in a revised and expanded third edition reflecting key advances in research and clinical practice, this manual presents the leading empirically supported treatment for adolescents with anorexia nervosa (AN). Strategies and procedures for family-based treatment are described in session-by-session detail. Integrating state-of-the-art knowledge about medical and psychological aspects of AN, the manual is complete with sample dialogues, troubleshooting tips, and a chapter-length case example. It includes a new chapter on intensive parental coaching, a three-session adaptation for families who need extra support.

Guilford Press
January 2026 : 324pp
Pb: 978-1-462-55880-3 : \$40
Hb: 978-1-462-55881-0 : \$60

* For full contents and more information, visit: www.routledge.com/9781462558803

Writing Instruction Across the Disciplines

Evidence-Based Practices in Grades 6-12



Edited by **Steve Graham** Arizona State University, United States, **Carol Booth Olson** University of California, United States, **Tanya Baker** National Writing Project, United States

This book translates the best current research on adolescent writing instruction into teacher-friendly practices that are easy to implement in today's classrooms. Leading experts present instructional methods that are applicable across the curriculum as well as specific, proven techniques to build writing skills and promote critical thinking in English language arts, social studies, science, and math. Key topics include self-regulated strategy development, culturally sustaining writing practices, and pedagogical uses of generative AI. Guiding Questions, classroom examples, and Action Steps in each chapter enhance the book's utility as a teacher resource and course text.

Guilford Press

January 2026 : 410pp

Pb: 978-1-462-55911-4 : **\$42**

Hb: 978-1-462-55912-1 : **\$63**

* For full contents and more information, visit: www.routledge.com/9781462559114

A New Pluralistic Paradigm for Research

Diverse Methods for Researching Analytic and Other Groups



Susanne Vosmer

A New Pluralistic Paradigm for Research is a comprehensive resource that equips a diverse audience with essential research knowledge. 14 informative chapters, organized into two sections, describe a new paradigm, as well as methodologies to research group analytic psychotherapy and different types of groups and populations. This book is ideal for psychotherapists, researchers, students, supervisors, trainees, and seminar leaders, who seek to gain or deepen their knowledge of group analytic research. It serves as an essential guide for anyone interested in analytic groups and the methodologies that inform them.

Routledge
November 2025 : 440pp
Pb: 978-1-041-00383-0 : \$59.99
Hb: 978-1-041-00385-4 : \$190
eBook: 978-1-003-60954-4

* For full contents and more information, visit: www.routledge.com/9781041003830

2ND EDITION

A Step-by-Step Guide to Qualitative Data Coding



Philip Adu The National Centre for Academic and Dissertation Excellence, The Chicago School of Professional Psychology, USA

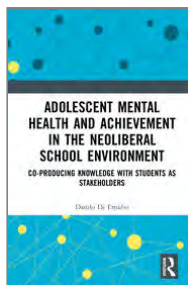
A Step-by-Step Guide to Qualitative Data Coding is a comprehensive qualitative data analysis guide. It is designed to help readers to systematically analyze qualitative data in a transparent and consistent manner, thus promoting the credibility of their findings. Ideal for qualitative research instructors, students, and social or health science professionals, this guide helps you combine proven methods with emerging AI capabilities.

Routledge
March 2026 : 460pp
Pb: 978-1-032-91612-5 : \$62.99
Hb: 978-1-032-93417-4 : \$190

* For full contents and more information, visit: www.routledge.com/9781032916125

Adolescent Mental Health and Achievement in the Neoliberal School Environment

Coproducing Knowledge with Students as Stakeholders



Danilo Di Emidio Queen Mary University of London, UK

This timely volume critically examines the influence of compulsory education and high-pressure school environments on the mental well-being of adolescents, using a participatory approach to encourage a deeper understanding of adolescents' real-life experiences of contemporary learning and achievement in schools. A novel contribution to the growing literature produced in the school ethnography tradition, this book will be of interest to scholars, researchers, and postgraduate students in the fields of education research methods, mental health, education policy and more broadly, the philosophy of education. Parents and undergraduate students may also find the volume of use.

Routledge
December 2025 : 270pp
Hb: 978-1-032-95013-6 : \$190

* For full contents and more information, visit: www.routledge.com/9781032950136

An Introductory Guide to Quantitative Data Analysis and Interpretation using SPSS 30

Outputs and Interpretation for APA Format



Yeoh Sok Foon

An Introductory Guide to Quantitative Data Analysis and Interpretation using SPSS 30 is a comprehensive guide to quantitative analysis. It integrates knowledge of research methods, data analysis, and report writing includes exploring data, data preparation, and data analysis. This guide will be an essential companion for beginner or university students who are learning quantitative data analysis using SPSS software and/or doing their research project. It will also be beneficial to professionals and researchers who want to revive their quantitative data analysis and format their academic papers to maintain clarity and professionalism in scientific writing using APA format.

Routledge
March 2026 : 220pp
Pb: 978-1-041-13776-4 : \$59.99
Hb: 978-1-041-14314-7 : \$190

* For full contents and more information, visit: www.routledge.com/9781041137764

Approaches to Qualitative Research

Key Concepts in Qualitative Methods



Edited by Jessica Nina Lester

Series: Key Concepts in Qualitative Methods

This edited volume offers an accessible introduction to selected approaches to qualitative research. Featuring 22 contributions from both established and emerging scholars in the field of qualitative inquiry, the volume highlights the field's multiplicity and ongoing evolution. The chapters trace established traditions such as grounded theory, phenomenology, ethnography, and case study, alongside other approaches including action research and critical participatory action research.

Routledge
February 2026 : 302pp
Pb: 978-1-032-90282-1 : \$59.99
Hb: 978-1-032-93640-6 : \$190

* For full contents and more information, visit: www.routledge.com/9781032902821

Articulations, A Radical Methodology for Black Pedagogy

Redefining Education through Black Women's Hair Experiences



Eghosa Obaizamomwan-Hamilton

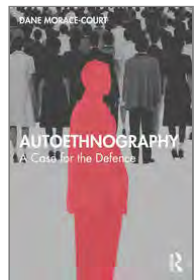
This book pioneers a comprehensive exploration of how Black women educators navigate societal stigmas surrounding their natural hairstyles. It unveils the complexities of their hair journey and its profound influence on their teaching methodologies. It challenges conventional narratives by centring Black women educators' lived experiences. It highlights their ingenuity in subverting oppressive norms and fostering empowering learning environments for all students. This book is indispensable for educators, researchers, and activists seeking to understand the intricate interplay between identity, education, and agency, particularly within historically marginalized communities.

Routledge
March 2026 : 150pp
Pb: 978-1-032-85546-2 : \$54.99
Hb: 978-1-032-87835-5 : \$190

* For full contents and more information, visit: www.routledge.com/9781032855462

Autoethnography

A Case for the Defence



Dane Morace-Court

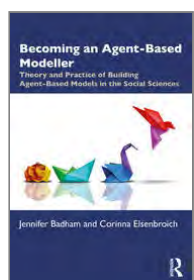
Autoethnography: A Case for the Defence presents a thoughtful and compelling exploration of autoethnography as a research methodology, addressing the growing wave of academic, analytical, and ethical critiques that accompany its rising prominence. Rather than simply outlining the foundations and rationale behind autoethnography, this text takes a distinctive stance by advocating for and defending the methodology in response to the evolving discourse around its validity. It provides deeper insight and practical guidance for those interested in pursuing or better understanding qualitative research methods.

Routledge
January 2026 : 142pp
Pb: 978-1-041-07070-2 : **\$54.99**
Hb: 978-1-041-06851-8 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781041070702

Becoming an Agent-Based Modeller

Theory and Practice of Building Agent-Based Models in the Social Sciences



Jennifer Badham , Corinna Elsenbroich

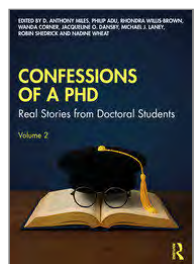
Becoming an Agent-Based Modeller covers the theory and practice of agent-based modelling (ABM) from a novice to intermediate level. Structured to mirror a course, the book takes readers through the full development of an agent-based model, from research question, conceptualisation and design of the model, through to what to do when your model is finished. With pedagogical tools including key discussion points, illustrations, and highlighted concepts, this is an ideal resource for courses on ABM, and for postgraduate students, and researchers in the social sciences and beyond, who wish to develop their skills in relation to agent-based modelling.

Routledge
December 2025 : 260pp
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Hb: 978-1-032-61560-8 : **\$190**

* For full contents and more information, visit: www.routledge.com/9781032615585

Confessions of a PhD

Real Stories from Doctoral Students, Volume 2



Edited by **D. Anthony Miles , Philip Adu** The National Centre for Academic and Dissertation Excellence, The Chicago School of Professional Psychology, USA, **Rhondra Willis-Brown , Wanda Corner , Jacqueline O. Dansby , Michael J. Laney , Robin Shedrick , Nadine Wheat**

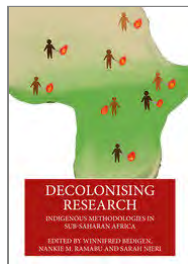
Confessions of a PhD is a compelling edited collection that serves as a supportive companion for current and aspiring doctoral students grappling with the unique challenges of their academic journeys. This anthology features authentic stories that illuminate the mental and emotional hurdles faced during the PhD process, providing readers with a platform to share and reflect on their experiences. Through a blend of humor and heartfelt storytelling, this book fosters a sense of community among doctoral candidates, allowing them to realize they are not alone in their struggles. In this essential guide, readers will discover a rich tapestry of narratives addressing critical issues.

Routledge
March 2026 : 322pp
Pb: 978-1-041-02369-2 : **\$54.99**
Hb: 978-1-041-02370-8 : **\$190**

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Decolonising Research

Indigenous Methodologies in Sub-Saharan Africa



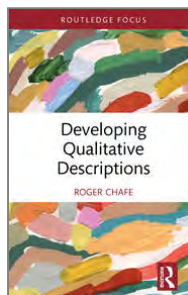
Edited by **Winnifred Bedigen , Nankie M. Ramabu** Boitekanelo College, **Sarah Njeri** SOAS, London

Decolonising Research examines the effectiveness of indigenous research methodologies for studying Africa while also examining their effectiveness for generating relevant knowledge and practical research outcomes for community/national problem-solving. Considering theories of empowerment and social justice, researching indigenous communities required participatory and collaborative methodologies, this book fills research methodological gaps and offers a Sub-Saharan African lens to the research of South Sudan, Northern Uganda, Kenya/Somalia, Somaliland, Botswana, Nigeria and Ghana.

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Developing Qualitative Descriptions



Roger Chafe

Developing Qualitative Descriptions presents a straightforward approach for producing academically rigorous descriptions using qualitative data. This book, the first focused solely on qualitative description, is accessible to readers with no prior background in qualitative research. It provides sufficient guidance for you to complete an entire research project. What do nurses see as the barriers to improving care? What process do customers go through to buy a product? What are parents' views of a new educational policy? These are the types of important research questions this book will help you answer.

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2ND EDITION

Doing Academic Research

A Practical Guide to Research Methods and Analysis



Ted Gournelos , Gary Beck , Timothy Hackman

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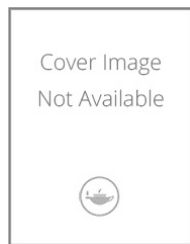
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Pb: 978-1-032-84994-2 : **\$32.99**
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10TH EDITION

Empirical Political Analysis

Quantitative and Qualitative Research Methods

**Richard C. Rich , Samuel Brazys**

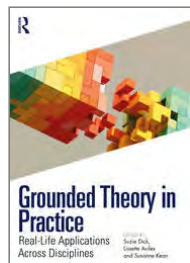
Empirical Political Analysis introduces readers to the foundations of social science research. Organized around the stages of the research process, this textbook prepares readers to conduct both quantitative and qualitative research, from the formation of theory through the design of research projects, to the collection and analysis of data. The book offers a clear and concise presentation of basic concepts and tools that can be applied in a wide range of research settings and highlights ethical conduct in the research process. It will help you both to achieve sound results in your own research and to critically evaluate research presented by others.

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Grounded Theory in Practice

Real-Life Applications Across Disciplines

*Edited by* **Suzie Dick , Lissette Aviles , Susanne Kean**

Grounded Theory in Practice explores grounded theory (GT) as a flexible, ethical, and practice-oriented research methodology across a range of academic disciplines. Drawing on the experiences of practitioners and researchers, the book demonstrates how GT is applied in real-world contexts to generate new, theory-driven insights from the ground up. This book is intended for postgraduate students, academic researchers, and interdisciplinary practitioners seeking to deepen their understanding of grounded theory. It is especially relevant for those looking to apply GT flexibly and ethically across varied research contexts and collaborate beyond disciplinary boundaries.

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Interpretation in Qualitative Research

Key Concepts in Qualitative Methods

*Edited by* **Karin Murris** University of Cape Town, South Africa, **Mirka Koro***Series: Key Concepts in Qualitative Methods*

Interpretation in Qualitative Research: Key Concepts in Qualitative Research is an edited collection that makes a methodological contribution to the conceptual connections around/with/for/to interpretation and it offers contemporary concept provocations to the literature on interpretation. It can be used as a main text for introduction to qualitative research courses, advanced courses focusing on interpretation or interpretive sciences. It could also be used as a supplementary textbook for qualitative methods courses including data collection and research design courses.

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Interpretive Research Design

A Practical Guide

**Joachim Walther , Nicola Sochacka**

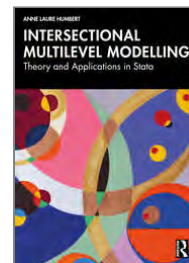
Introduction to Interpretive Research Design offers a pioneering approach to understanding interpretive research by positioning it as a design-centric process. This comprehensive guide helps bridge the gap between complex research methodologies and practical application, making interpretive research accessible and actionable for students, self-directed learners, and experienced researchers alike.

Routledge
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Theory and Applications in Stata

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Bridging feminist theory and cutting-edge statistics, this book introduces Multilevel Analysis of Individual Heterogeneity and Discriminatory Accuracy (MAIHDA) and expands it into a contextual intersectional multilevel framework, revealing how power operates through intersecting identities and environments to generate systemic inequalities and how quantitative tools can expose, understand, and ultimately challenge them. Designed for social scientists, policy analysts or management scholars seeking rigorous yet reflexive quantitative approaches, the book suits postgraduate students, academic researchers and practitioners working on inequalities.

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Creating a Unique Artist Identity Through Critical Self-Reflection

**Ralph Klewitz**

This book explores how artistic identity evolves through creative practice, self-reflection, and philosophical inquiry, using the experience of artist Ralph Klewitz as a case study. Artists, art educators, researchers in creative practice, philosophy, and social sciences, as well as students exploring artistic development, will find this book essential. It also offers key insights for the wider art world community and individuals in the creative industries, particularly those interested in the intersection of art, identity, and social engagement.

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Navigating Qualitative Research

A Comprehensive Guide to Methods and Practices



Hamed Taherdoost University Canada West, Canada

Series: Mastering Academic Excellence

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Navigating the World of Digital Data

The Challenges of Social Research Methods



Maria Carmela Catone

This book brings together foundational methodological concepts with a reflective openness to innovation. It examines how the spread of digital technologies has generated an unprecedented flow of data, opening up new opportunities to investigate social phenomena. The book explores the main features and challenges of digital data and shows how they reshape crucial aspects of social research. Rather than treating data as neutral, it highlights their cognitive, social, and technological construction processes and the interpretative work required to use them effectively.

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Performing Stragismo and Counterspectacularisation

Italian Right-Wing Terrorism and Its Legacies



Irene Ros

Performing Stragismo and Counterspectacularisation interrogates the role of spectatorship in shaping public discourse, tracing how power and media mobilise violence into a visual and rhetorical regime that leaves deep imprints on collective memory. In response, the book proposes counterspectacularisation: a repertoire of critical strategies developed by the public and by performance-makers to resist or reframe the spectacle of terror. Through a mix of theoretical reflection, close analysis of performance case studies, and four original artworks created by the author, the text explores how performance can respond ethically to silences and fractures in memory.

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Nikki Fairchild

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Posthuman Social Science and Computational Culture

Essays on Methodology, Theory and Practice



Elizabeth de Freitas

This book offers theoretical and practical insight into posthuman social science research methods, addressing new challenges in computational culture. Philosophy and theory from media studies, software studies, and science and technology studies (STS) are used to make sense of cultural trends and empirical experiments. It will be of interest to graduate students and researchers in the social sciences and humanities, who are interested in the power of theory and philosophy, and are designing empirical experiments to investigate the complex ways that computation and digital technology are changing our lives and our sense of how and why we do 'social' research.

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Hb: 978-1-032-88627-5 : \$190

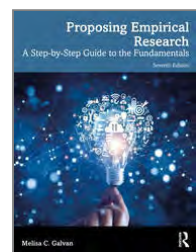
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7TH EDITION

Proposing Empirical Research

A Step-by-Step Guide to the Fundamentals



Melissa C. Galvan California State University, Northridge, USA

Proposing Empirical Research: A Guide to the Fundamentals (Seventh Edition) provides clear, step-by-step guidance for students preparing to write their first research proposal in the social and behavioral sciences, using either quantitative, qualitative, or mixed methods approaches. It is ideal for use in research methods classes where students write a proposal as a term project, thesis/dissertation preparation classes, senior research seminars where proposing and conducting research is a culminating undergraduate activity, and any graduate-level seminar in which the instructor wants to incorporate a project that will engage students in critical thinking about the content area.

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Qualitative Research in Practice

Shadowing, Focus Groups and Qualitative Interviews as Tools for Inquiry



Serena Quarta

Qualitative Research in Practice is a hands-on guide to three of the most essential qualitative research tools—shadowing, focus groups, and qualitative interviews. Designed for social scientists, researchers, and students, this book is an essential resource for those looking to refine their qualitative research skills. Whether you are conducting fieldwork for the first time or seeking to enhance your methodological toolkit, this book provides actionable strategies to improve your research practice.

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Research Methods for Business and Management

A Practical Guide to SPSS, Process Macro, Atlas.ti, and AMOS



Sait Gürbüz, Ning Ding, Arnold Bakker

Research Methods for Business and Management offers a comprehensive and practical guide to business and management research, combining theoretical foundations with step-by-step, hands-on instruction. Ideal for bachelor's, master's, and doctoral students in business, management, and related fields, the book also serves as a valuable resource for instructors and early-career researchers. Its applied approach makes it especially useful for those seeking to enhance their research design and data analysis skills.

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Karim Feroz, Kembly Lingelbach

Research Methods in Information Technology and Information Systems aims to equip researchers with knowledge needed for navigating the complex dynamics of research methods specifically tailored to the Information Systems domain. Designed to equip students with the skills needed to develop, execute, and analyze research projects, this book serves as an indispensable resource in academic settings. However, its practical insights and thorough coverage of contemporary research techniques also make it a valuable tool for IT practitioners seeking to enhance their knowledge base and refine their investigative skills.

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Short Stories for Social Research

Exploring the Possibilities of Social Fiction



Edited by **Cecile H. Sam** Associate Professor of Educational Leadership, Administration and Research, Rowan University, USA, **Ane Turner Johnson**

This innovative volume focuses on social fiction as both a methodological tool and a research product. Drawing on original stories and social theories, this diverse group of authors offers their perspectives to provide a practical guide for developing skills in utilizing social fiction throughout the research process, from study design to the delivery of research outcomes. This interdisciplinary book is for novice and seasoned researchers alike who can recognize the potential of social fiction, as well as scholars and students in the social sciences, humanities, Indigenous studies, and education who use qualitative research in their work.

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Deborah Mikyo Oh

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Routledge

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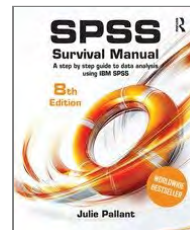
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A step by step guide to data analysis using IBM SPSS



Julie Pallant

The SPSS Survival Manual throws a lifeline to students and researchers grappling with this powerful data analysis software. In her bestselling manual, Julie Pallant guides you through the entire research process, helping you choose the right data analysis technique for your project. This eighth edition is fully revised and updated to accommodate changes to IBM SPSS Statistics procedures, screens and output. For both beginners and experienced users in psychology, sociology, health sciences, medicine, education, business and related disciplines, the SPSS Survival Manual is an essential text.

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Story(ing) Statistical Strategies Using a Critical Race Feminista Quantitative Praxis



Nichole Margarita García Rutgers University, USA,
Verónica N. Vélez Western Washington University, USA,
Lindsay Pérez Huber

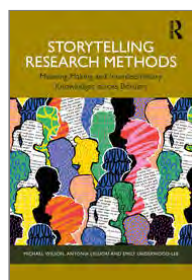
Story(ing) Statistical Strategies using a Critical Race Feminista Quantitative Praxis is a groundbreaking book that reimagines the relationship between storytelling, mathematics, and statistics. Grounded in Critical Race Theory and Chicana Feminist traditions, the text demonstrates how stories can animate numbers, challenging deficit narratives and reclaiming the mathematical wisdom and genius of Communities of Color. This book is written for scholars, graduate students, educators, and practitioners across education, sociology, ethnic studies, and data sciences.

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Storytelling Research Methods

Meaning Making and Interdisciplinary Knowledges across Borders



Michael Wilson, **Antonia Liguori**, **Emily Underwood-Lee**

Storytelling Research Methods establishes the methods, subject matter, tonal qualities, and philosophical underpinnings of Storytelling Research, while distinguishing it from its close relatives in Narrative Research, Narrative Inquiry, Performance Research, Autoethnography, and Qualitative Methods. The book includes philosophical discussion of Storytelling Research alongside practical advice on how to conduct storytelling research. The book will be useful as a textbook for advanced undergraduate and graduate courses in Storytelling, as well as those who wish to expand their understanding of qualitative methods across the Arts, Humanities, and Social Sciences.

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The Handbook of Qualitative and Quantitative Content Analysis



Christian Schneiderberg University of Kassel, Germany,
Oliver Wiecek, **Isabel Steinhardt**

Translated from German, The Handbook of Qualitative and Quantitative Content Analysis is a comprehensive handbook which offers an application-orientated introduction to qualitative and quantitative content analysis. The book provides explanations for beginners on how to select an appropriate qualitative or quantitative content analysis method for their research endeavour depending on their research interest and data size. This is the ideal resource for anyone interested in research methods across the social sciences, humanities, and data sciences.

Routledge
December 2025 : 622pp
Hb: 978-1-032-80313-5 : \$350

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The Handbook of Reconfiguring Interpretation in PostQualitative Research



Edited by **Mirka Koro**, **Karin Murris**

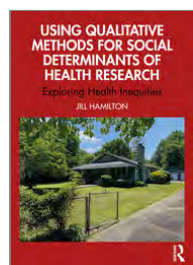
The Handbook of Reconfiguring Interpretation in (Post) Qualitative Research addresses different roles, functions, and reconfigurations of interpretation in qualitative and postqualitative research. This handbook can be used as a main text for introduction to qualitative research courses, advanced courses focusing on interpretation, post qualitative research practices, or social science methodologies. It could also be used as a supplementary textbook for qualitative methods courses including qualitative design, representation, and (post)practices courses.

Routledge
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Using Qualitative Methods for Social Determinants of Health Research

Exploring Health Inequities



Jill Hamilton Emory Edu

This book provides researchers, faculty, and students with a comprehensive resource for applying qualitative methods in Social Determinants of Health research among underrepresented communities. Addressing a significant gap in existing literature, it extends beyond traditional qualitative texts by offering targeted instruction on utilizing these methods to explore social, cultural, environmental, and political factors that shape health inequities. It is an extension of texts that define qualitative research, distinguish qualitative from quantitative research, and provide instruction or guidance on ways to implement, analyze, and evaluate this methodology.

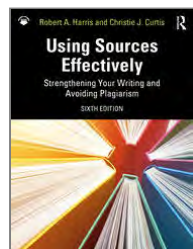
Routledge
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Pb: 978-1-032-98486-5 : \$66.99
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6TH EDITION

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Strengthening Your Writing and Avoiding Plagiarism



Robert A. Harris, **Christie J. Curtis** Biola university

The sixth edition of Using Sources Effectively targets the two most prominent problems in current research-paper writing: the increase in unintentional plagiarism and the ineffective use of research source material. The book includes mini-Research Projects at the end of each chapter to sharpen your research and evaluation skills; a set of practical, useful rhetorical devices to help improve the clarity and impact of your writing; instruction in close reading to help you better grasp what an author is discussing, etc. This edition has been thoroughly updated to cover developments in AI and ChatGPT, critical thinking, and digital developments in relation to social media.

Routledge
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Writing Phenomenological Research

A Step-by-Step Approach



Hamid H. Kazeroony Walden University, USA

Writing Phenomenological Research is your definitive guide to mastering phenomenological study design and execution. Tailored specifically for postgraduate researchers and scholars, this essential resource empowers you with the knowledge and tools necessary to write a compelling phenomenological research paper or dissertation. This book presents a clear, step-by-step approach that demystifies the complexities of phenomenological research. With its focus on clarity and actionable guidance, this book is an indispensable addition to any research methods library, ensuring you can confidently navigate the intricacies of phenomenological studies and produce impactful academic work.

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Writing Sensation

Sense, Events, and Encounters with Creative-Relational Inquiry



Andrew Mark Gillott

Writing Sensation: Sense, Events, and Encounters with Creative-Relational Inquiry, illuminates the 'creative-relational' as a poietic and transversal concept of an inquiry capable of attending to the way events throw themselves together, and how forms take shape in the interplay of difference. This book will be of interest to scholars, practitioners, and students of transdisciplinary and experimental research, post-structural and immanent philosophies, and postfoundational, postqualitative, and creative-relational approaches to inquiry.

Routledge

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