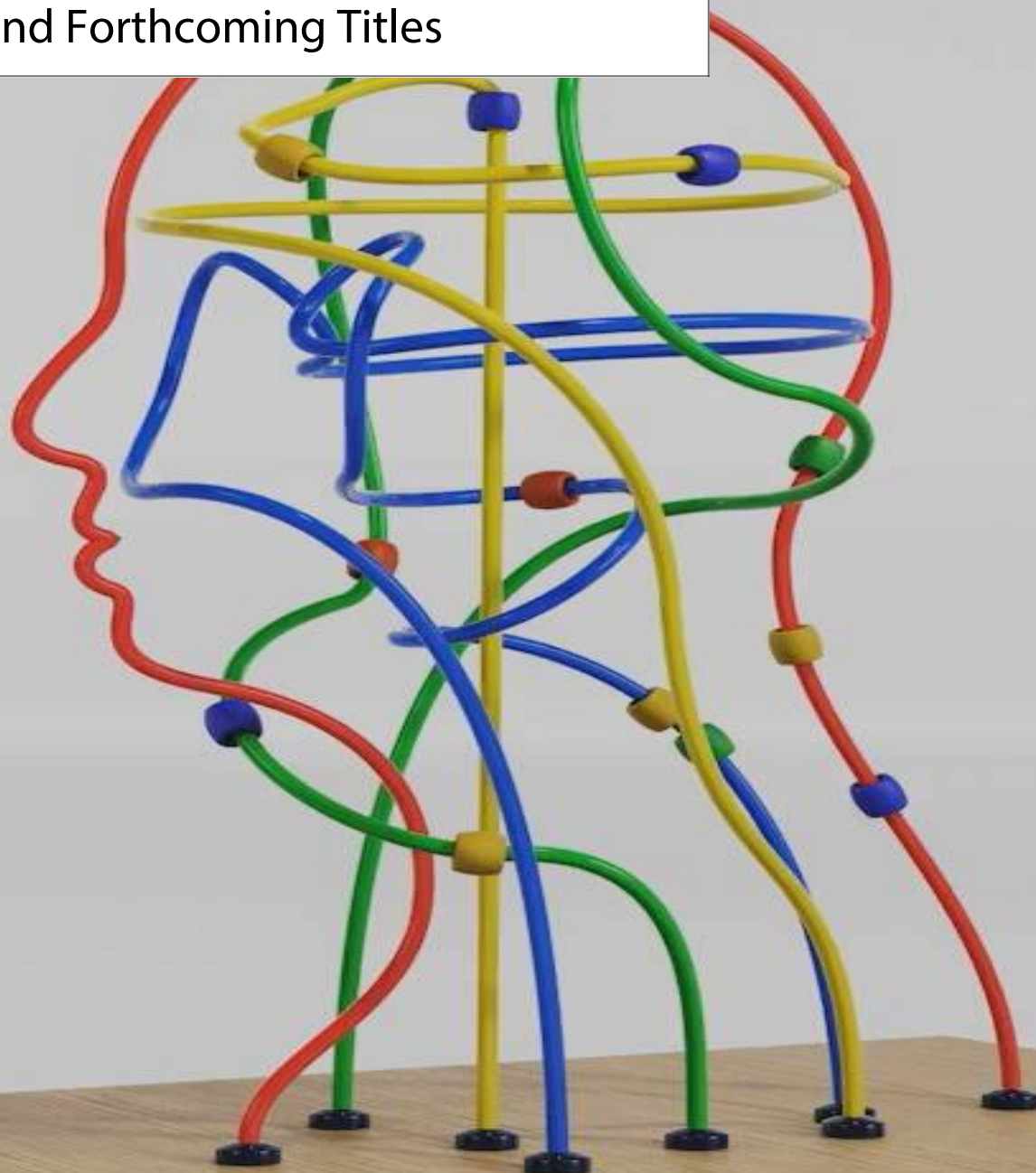


Routledge

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July - December 2026  
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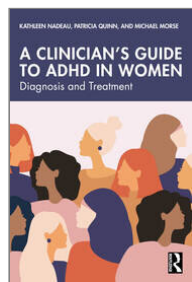


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## A Clinician's Guide to ADHD in Women

Diagnosis and Treatment



**Kathleen Nadeau , Patricia Quinn , Michael Morse**

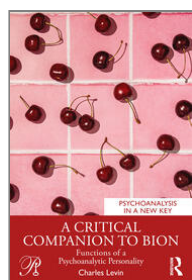
A Clinician's Guide to ADHD in Women provides readers with a toolbox of strategic therapeutic approaches for diagnosing, treating, and working with women with ADHD. Vignettes illustrate how an application of strategies, medication, social solutions and care can facilitate and treat women with ADHD and co-occurring psychiatric conditions. This book is an essential resource for clinicians and treatment providers that wish to transform the lives of women suffering with both diagnosed and undiagnosed ADHD.

Routledge  
June 2026 : 306pp  
Pb: 978-1-032-88325-0 : **\$47.99**  
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\* For full contents and more information, visit: [www.routledge.com/9781032883250](http://www.routledge.com/9781032883250)

## A Critical Companion to Bion

Functions of a Psychoanalytic Personality



**Charles Levin**

*Series: Psychoanalysis in a New Key*

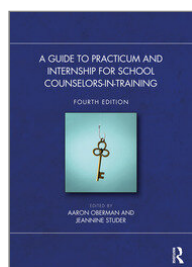
A Critical Companion to Bion is an introduction to the extraordinary contributions of W.R. Bion, providing a close detailed reading of his work, anchored in systematic critical expositions of the arguments in his four main theoretical studies (1962-1970). With a careful, detailed analysis of Bion's work and a clear vision of how it can be applied to theory and clinical work, this is key reading for all psychoanalysts and psychoanalytic psychotherapists.

Routledge  
August 2026 : 370pp  
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4TH EDITION

## A Guide to Practicum and Internship for School Counselors-in-Training



*Edited by* **Aaron H. Oberman , Jeannine R. Studer**

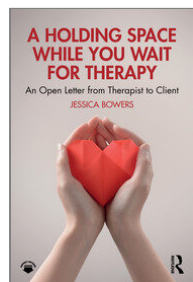
The essential resource for school counselling field experiences, the updated fourth edition of A Guide to Practicum and Internship for School Counselors-in-Training covers all aspects of the practicum and internship experience from the first contact with supervisors to detailed descriptions of students' different roles. Readers will gain an awareness of school culture and the knowledge needed to develop their own philosophy of counseling. Each chapter contains activities, case studies, worksheets, and images to build on their understanding of the materials.

Routledge  
October 2026 : 296pp  
Pb: 978-1-041-06813-6 : **\$52.99**  
Hb: 978-1-041-06742-9 : **\$180**

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## A Holding Space While You Wait for Therapy

An Open Letter from Therapist to Client



**Jessica Bowers**

Bridging the gap between self-help and therapy, A Holding Space While You Wait for Therapy provides insight, support, compassion and hope to clients who are waiting to begin counselling and psychotherapy. Readers will benefit from building their knowledge through accessible psychoeducation, learning practical tools, and reading case vignettes which demonstrate these ideas in practice. Mirroring the way in which a therapist 'holds space' for a client, this book provides non-judgmental support to those experiencing challenging moments within their lives.

Routledge  
May 2026 : 174pp  
Pb: 978-1-032-99142-9 : **\$32.99**  
Hb: 978-1-032-99145-0 : **\$190**  
eBook: 978-1-003-60258-3

\* For full contents and more information, visit: [www.routledge.com/9781032991429](http://www.routledge.com/9781032991429)

## A Humanistic Framework for Supporting Autistic Children and Young People

An Introduction to the Accept Approach



**Aaron Yorke**

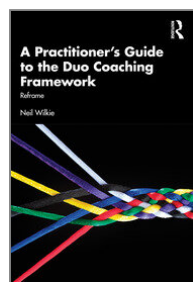
This book calls for a fundamental re-examination of how education, health, and care systems respond to autistic children and young people. Rather than focusing on how to manage behaviour or address perceived deficits, it shows how the practical application of acceptance can be a transformative way to support autistic children more effectively. Written for educators, professionals, policymakers, service providers, and those with lived experience, this book offers a practical alternative to traditional autism support models.

Routledge  
September 2026 : 248pp  
Pb: 978-1-041-16713-6 : **\$47.99**  
Hb: 978-1-041-16720-4 : **\$200**

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## A Practitioner's Guide to the Duo Coaching Framework

Reframe



**Neil Wilkie**

A Practitioner's Guide to the Duo Coaching Framework is a hands-on manual for therapists looking to move beyond traditional couple therapy. It explains how to implement extended sessions, co-therapist collaboration, and transdisciplinary interventions, with step-by-step protocols, assessment tools, and practice-building guidance. Building on Reinventing Relationship Therapy, it answers key practitioner questions on session structure, co-therapist communication, and effective techniques—essential for therapists, counsellors, coaches, and clinical educators.

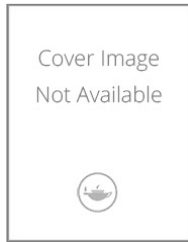
Routledge  
July 2026 : 338pp  
Pb: 978-1-041-20185-4 : **\$47.99**  
Hb: 978-1-041-20214-1 : **\$200**

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## A Psychoanalyst and His Patients

A Room for Dreams, Hope and Desires



**Pietro Roberto Goisis**

A Psychoanalyst and His Patients offers an intimate and authentic glimpse into the analytic room, revealing transformative encounters between psychoanalyst and patient through vivid clinical vignettes. It will be of great interest to psychoanalysts in practice and in training, mental health professionals, students of psychology and counselling, and to readers interested in therapeutic practice.

Routledge

November 2026 : 182pp

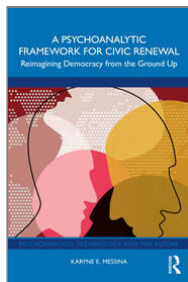
Pb: 978-1-041-28353-9 : \$47.99

Hb: 978-1-041-28354-6 : \$200

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## A Psychoanalytic Framework for Civic Renewal

Reimagining Democracy from the Ground Up



**Karyne E. Messina**

*Series: Psychoanalysis, Technology, and the Future*

A Psychoanalytic Framework for Civic Renewal: Reimagining Democracy from the Ground Up offers a compelling and original thesis: that the global crisis of democracy is not a purely political or economic problem but a deeply rooted psychological and relational one. This book serves as a vital resource for educators, policymakers, and mental health professionals, offering an interdisciplinary framework that bridges the divide between abstract political theory and practical, psychological solutions.

Routledge

May 2026 : 72pp

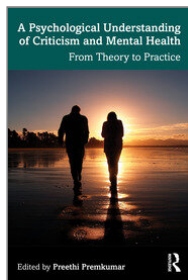
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eBook: 978-1-003-77129-6

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## A Psychological Understanding of Criticism and Mental Health

From Theory to Practice



*Edited by* **Preethi Premkumar** London South Bank University, UK

A Psychological Understanding of Criticism and Mental Health examines how criticism impacts mental health, relationships, and communication across diverse contexts, offering evidence-based strategies for mental health practitioners seeking to foster resilience and support healthier interactions in their clients. This book is essential reading for mental health practitioners, educators, caregivers, and individuals seeking to improve communication skills and navigate criticism in personal, professional, and cultural contexts. It also serves as a valuable resource for practitioners aiming to strengthen therapeutic relationships with patients and those that support them.

Routledge

August 2026 : 192pp

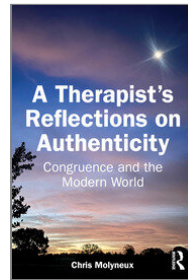
Pb: 978-1-032-48258-3 : \$47.99

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## A Therapist's Reflections on Authenticity

Congruence and the Modern World



**Chris Molyneux**

Rooted in Carl Rogers' Person-centred approach, this book skilfully combines person-centred theory with social commentary to explore the root of many problems people face: a lack of authenticity. A Therapist's Reflections on Authenticity is written by an experienced therapist, blending real-world experience with grounded reflection; offering a human, emotionally literate guide through the messy path to authenticity. Molyneux blends relatable observations, social commentary and personal experience to accompany the reader through this journey. This book is written for those feeling the strain of performance, avoidance, people-pleasing, burnout, anxiety or persistent difficulties.

Routledge

September 2026 : 260pp

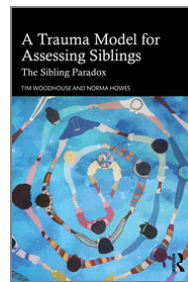
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## A Trauma Model for Assessing Siblings

The Sibling Paradox



**Tim Woodhouse, Norma Howes**

Drawing on decades of therapeutic and social work practice, this volume offers actionable guidance, tools, and insights, culminating in a complete assessment model for use in court, care planning, and therapeutic settings. Building upon the foundational understanding of trauma-informed assessments of sibling relationships in care and permanence planning within the authors' other publication Foundations, Trauma, and the Child's Voice in Sibling Relationships, it addresses when and how to separate siblings, when to keep them together, and how to support ongoing contact in a child-centered, developmentally informed way.

Routledge

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Pb: 978-1-041-20859-4 : \$47.99

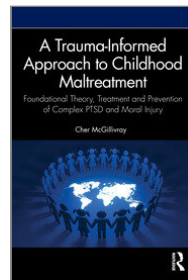
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eBook: 978-1-003-72460-5

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## A Trauma-Informed Approach to Childhood Maltreatment

Foundational Theory, Treatment, and Prevention of Complex PTSD and Moral Injury



**Cher McGillivray**

Presenting case studies from across the lifespan, this book provides a comprehensive analysis of the causes and complications of complex trauma, as well as a framework for trauma-informed care. Complex trauma significantly impacts upon survivors' sense of identity, emotional self-regulation and relationships. A much-needed contribution to the knowledge and treatment of complex PTSD, this is an essential resource for professionals and educators working in childhood trauma and mental health.

Routledge

September 2026 : 304pp

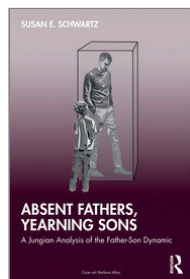
Pb: 978-1-041-01570-3 : \$39.99

Hb: 978-1-041-01571-0 : \$200

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## Absent Fathers, Yearning Sons

A Jungian Analysis of the Father-Son Dynamic



**Susan E. Schwartz** Jungian analyst, USA; IAAP, APA, NMSJA

Building on the success of her first book that explored the father/daughter relationship, Susan Schwartz turns her attention to the father/son dynamic in this compelling new work. Drawing on the fields of psychoanalysis, Schwartz applies the concepts of absence to the Jungian concept of the search for the self. This is an essential resource for analytical and depth psychologists, therapists, academics, and students with Jungian and post-Jungian interests. It also serves as a valuable guide for anyone seeking to understand and heal the intricate dynamics between fathers and sons.

Routledge  
May 2026 : 204pp  
Pb: 978-1-032-97497-2 : **\$39.99**  
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eBook: 978-1-003-59402-4

\* For full contents and more information, visit: [www.routledge.com/9781032974972](http://www.routledge.com/9781032974972)

## Acceptance Commitment Therapy and Islam

Living Well with Chronic Pain



**Rehana Hussain, Razia Bhatti-Ali**

*Series: Islamic Psychology and Psychotherapy*

This pioneering workbook developed by expert Muslim Psychologists specialising in chronic pain, uses a cultural/religious adaptation of Acceptance and Commitment Therapy (ACT), an evidence-based clinical intervention for supporting Muslims living with chronic pain. This workbook can be used as a companion to the book titled 'Integrating Acceptance & Commitment Therapy with Islamic Psychotherapy' (Routledge, 2024) for both clinicians in collaboration with their clients or as a standalone workbook for Muslims living with chronic pain.

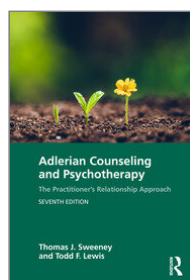
Routledge  
August 2026 : 102pp  
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7TH EDITION

## Adlerian Counseling and Psychotherapy

The Practitioner's Relationship Approach



**Thomas J. Sweeney** Ohio University, USA, **Todd F. Lewis** North Dakota State University, USA

Adlerian Counseling and Psychotherapy, 7th ed, is a timely and timeless resource for practitioners of all levels of experience. Chapters highlight Adler's and Dreikurs's unique contributions to child guidance, lifestyle assessment, and early recollections, and they also discuss Adlerian therapy's special relevance for culturally sensitive work. This edition includes new chapters on evidence-based research, Adlerian pattern-focused therapy, and adaptive reorientation therapy. Readers will also appreciate the in-depth exploration of wellness outcomes, exploration of neuroscience and neurofeedback, new chapter activities and review questions, and revisions and updates throughout.

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## Adventures in the Digital Play Room

The Seven Guiding Principles for Using Minecraft in Play Therapy



**Brian W. Keating** Deep Listening Psychotherapy, LLC, Colorado, USA

This book transforms Minecraft from casual screen time into a meaningful therapeutic tool. Its seven-part framework provides strategies for working with parents to navigate screen time and strengthen family bonds. Essential clinical considerations are also discussed, including treatment planning, documentation, privacy, and tips for engaging ADHD and neurodivergent clients. Adventures in the Digital Playroom provides essential guidance for clinicians, from play therapists to school counselors. It is also an invaluable resource for parents and families seeking to transform conflicts over gaming into opportunities for connection and growth.

Routledge  
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## AI in School Mental Health

Future-Ready Counseling



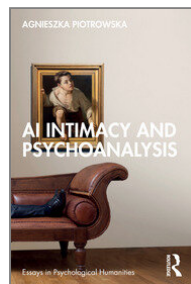
**Hanna Mick**

This is the first practical, ethical, and counselor-specific guidebook designed to help school-based mental health professionals integrate artificial intelligence into their daily work. Designed for curious counselors who are ready to take action, this book provides school counselors and mental health professionals with an accessible, practical guide to step confidently into the AI conversation.

Routledge  
October 2026 : 170pp  
Pb: 978-1-041-20705-4 : **\$47.99**  
Hb: 978-1-041-20704-7 : **\$200**

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## AI Intimacy and Psychoanalysis



**Agnieszka Piotrowska** Manchester School of Art, UK

*Series: Essays in Psychological Humanities*

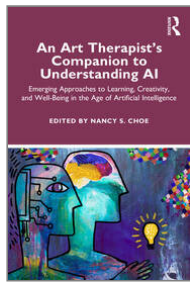
A hybrid work of theory, poetic reflection and experimental memoir, AI Intimacy and Psychoanalysis explores the ever-evolving relationship between humans and generative AI through the lens of Lacanian psychoanalysis, feminist philosophy and autoethnography. AI Intimacy and Psychoanalysis is a riveting read for psychoanalysts, researchers, students and general readers interested in technology, artificial intelligence, media theory and the psychic and societal impact of AI.

Routledge  
May 2026 : 142pp  
Pb: 978-1-041-16953-6 : **\$47.99**  
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## An Art Therapist's Companion to Understanding AI

Emerging Approaches to Learning, Creativity, and Well-Being in the Age of Artificial Intelligence



Edited by **Nancy S. Choe**

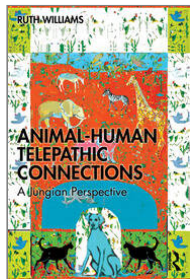
This book offers a comprehensive guide to art therapists and expressive arts therapists navigating artificial intelligence, providing thoughtful considerations and exploring both current and potential applications of AI in art therapy practice, pedagogy, and research. For art therapists navigating an increasingly digital world, this book is an essential resource to enhance client-centered care, deepen therapeutic practices, and support creative healing.

Routledge  
October 2026 : 310pp  
Pb: 978-1-041-03526-8 : \$47.99  
Hb: 978-1-041-05244-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041035268](http://www.routledge.com/9781041035268)

## Animal-Human Telepathic Connections

A Jungian Perspective



**Ruth Williams**

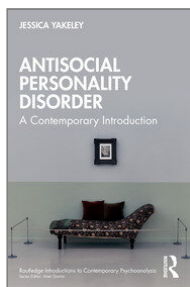
Animal-Human Telepathic Connections is a bold and groundbreaking exploration of the profound, instinctive, and telepathic bonds between humans and animals. Williams challenges conventional thinking, offering a fresh perspective on interspecies communication and its ethical and environmental implications. This pioneering work offers a unique lens on the intersection of Analytical Psychology, environmental ethics, and our relationships with animals. It is essential reading for Jungian analysts, clinicians, students, and academics, as well as anyone passionate about the climate emergency and the ethics of human-animal connections.

Routledge  
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Pb: 978-1-041-05159-6 : \$47.99  
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## Antisocial Personality Disorder

A Contemporary Introduction



**Jessica Yakeley** Portman Clinic, UK

Series: *Routledge Introductions to Contemporary Psychoanalysis*

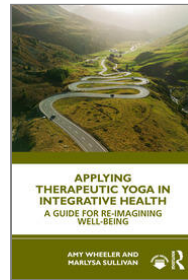
This book offers a vital psychoanalytic overview of antisocial personality disorder, a condition that causes great distress to its sufferers, their families and society. Historically viewed as an untreatable mental disorder, this book offers hope to professionals and patients grappling with antisocial personality disorder, and will be of interest to psychoanalysts, psychiatrists, psychologists, psychotherapists, and other professionals, academics and trainees working in mental health, criminal justice, and forensic fields.

Routledge  
July 2026 : 156pp  
Pb: 978-1-032-90158-9 : \$26.99  
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## Applying Therapeutic Yoga in Integrative Health

A Guide for Re-Imagining Well-Being



**Amy Wheeler** Notre Dame of Maryland University, USA,  
**Marlysa B. Sullivan** Private practice, Maryland, USA

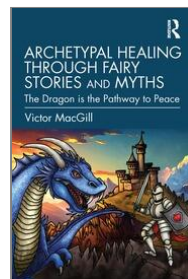
Applying Therapeutic Yoga in Integrative Health is more than just a book—it is an invitation to actively participate in a journey of growth and transformation. This book bridges ancient wisdom with modern science, offering clear and practical guidance for using yoga as complementary care for well-being in a way that aligns with evidence informed approaches in neuroscience, psychology, and integrative health. For healthcare professionals, yoga therapists, and seekers alike, this book offers a path beyond symptom management toward balance, connection, and transformation.

Routledge  
August 2026 : 308pp  
Pb: 978-1-032-88862-0 : \$47.99  
Hb: 978-1-032-88863-7 : \$200

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## Archetypal Healing through Fairy Stories and Myths

The Dragon is the Pathway to Peace



**Victor MacGill**

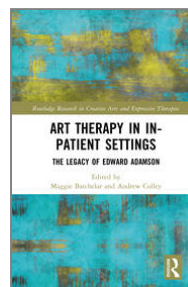
In this book, Victor MacGill uses the science of systems theory to explore the hidden meanings of fairy tales and myths. He links the scientific with anthropological, mythological, psychological and healing approaches to explore these stories and how they can be applied to emotional healing. With its interdisciplinary exploration of this topic and discussion of Jungian psychology, this book offers a unique resource for postgraduate researchers and other scholars, as well as psychoanalysts, psychotherapists, and coaches of all backgrounds.

Routledge  
May 2026 : 166pp  
Pb: 978-1-041-14607-0 : \$49.99  
Hb: 978-1-041-14614-8 : \$200  
eBook: 978-1-003-67526-6

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## Art Therapy in In-patient Settings

The Legacy of Edward Adamson



Edited by **Maggie Batchelar** Norfolk and Suffolk NHS Foundation Trust, UK, **Andrew Colley** University of East London, UK

Series: *Routledge Research in Creative Arts and Expressive Therapies*

Bringing together the voices of academics, art psychotherapists, and service users, this unique volume explores the contemporary impact of Edward Adamson's pioneering work on Art Therapy practices in in-patient settings. This volume will be of interest to researchers, scholar-practitioners, psychotherapists and postgraduate students in the fields of arts therapies, the history of psychology and mental health provision, and more broadly, mental health nursing and policy. It will give senior leaders an opportunity to understand the contribution of arts therapists to improving quality of care for service users and staff.

Routledge  
May 2026 : 196pp  
Hb: 978-1-041-01161-3 : \$180  
eBook: 978-1-003-61342-8

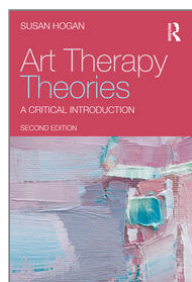
\* For full contents and more information, visit: [www.routledge.com/9781041011613](http://www.routledge.com/9781041011613)



2ND EDITION

## Art Therapy Theories

A Critical Introduction



**Susan Hogan** University of Derby, UK

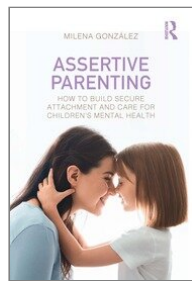
Art therapists work with a range of distinct philosophical and theoretical underpinnings, but prior to the first edition there had been no single book to offer an overview of these theories. Each chapter provides a non-judgemental, yet analytical, synopsis of each approach. Art Therapy Theories is aimed at trainee art therapists who need to demonstrate that they have a grasp of theory, as well as a sense of how the theory can translate into practice. It will also appeal to seasoned therapists, counsellors and to a wide range of professionals in the mental health field.

Routledge  
June 2026 : 248pp  
Pb: 978-1-041-02583-2 : **\$47.99**  
Hb: 978-1-041-02890-1 : **\$200**  
eBook: 978-1-003-62003-7

\* For full contents and more information, visit: [www.routledge.com/9781041025832](http://www.routledge.com/9781041025832)

## Assertive Parenting

How to Build Secure Attachment and Care for Children's Mental Health



**Milena González**

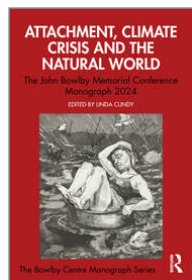
If you want to discover the key elements for building a secure attachment with a child, you have come to the right book.

Routledge  
October 2026 : 204pp  
Pb: 978-1-041-28043-9 : **\$34.99**  
Hb: 978-1-041-32784-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041280439](http://www.routledge.com/9781041280439)

## Attachment, Climate Crisis and the Natural World

The John Bowlby Memorial Conference Monograph 2024



*Edited by* **Linda Cundy** Bowlby Centre, UK

*Series: The Bowlby Centre Monograph Series*

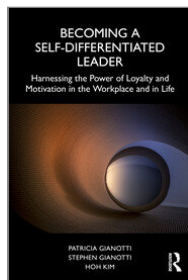
This is the first book to consider the psychological and social impact of global warming through the lens of Attachment Theory. The contributors reflect on our relationship with the natural world from the perspective of Bowlby's major themes, including the nature and primacy of the attachment instinct for survival, the secure base, separation anxiety, maternal deprivation, loss and mourning. The value of renewing our relationship with, and respect for, the natural world we are part of is explored, as is working with psychotherapy clients who are troubled by the climate emergency and suffering caused around the world by continued reckless plundering of natural resources.

Routledge  
September 2026 : 160pp  
Pb: 978-1-041-22784-7 : **\$47.99**  
Hb: 978-1-041-22785-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041227847](http://www.routledge.com/9781041227847)

## Becoming a Self-Differentiated Leader

Harnessing the Power of Loyalty and Motivation in the Workplace and in Life



**Patricia Gianotti** The Wayne Institute for Advanced Psychotherapy at Bellarmine University, Kentucky,  
**Stephen Gianotti**, **Hoh Kim**

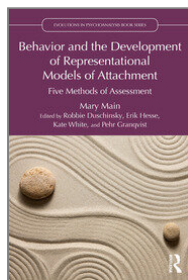
Becoming a Self-Differentiated Leader offers a transformative framework to understand why ruptures in communication happen and equips readers with the tools to overcome them. Each chapter equips readers with practical tools as well as case studies to seamlessly elevate your leadership effectiveness. Whether you are a business leader, executive coach, manager, mentor, HR professional, organizational psychologist, or pursuing your own journey of self-differentiation, this book delivers the tools, insights and practices required to lead and thrive in the age of Artificial Intelligence.

Routledge  
October 2026 : 240pp  
Pb: 978-1-041-02909-0 : **\$34.99**  
Hb: 978-1-041-02913-7 : **\$170**

\* For full contents and more information, visit: [www.routledge.com/9781041029090](http://www.routledge.com/9781041029090)

## Behavior and the Development of Representational Models of Attachment

Five Methods of Assessment



*Edited by* **Robbie Duschinsky**, **Mary Main**, **Erik Hesse**, **Kate White**, **Pehr Granqvist**

*Series: Evolutions in Psychoanalysis Book Series*

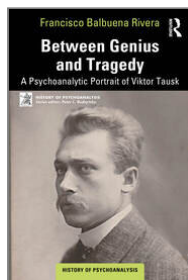
Mary Main's groundbreaking book, unpublished until now, offers a full account of the methods she developed that revolutionized attachment research, explores her conceptual frameworks and methodologies, including the Adult Attachment Interview and coding systems, and provides essential insights into attachment theory. This book is indispensable for psychologists, researchers, and students of attachment theory. It is also valuable for professionals in developmental psychology, social work, and related fields seeking to understand Mary Main's revolutionary ideas and their lasting impact on attachment research.

Routledge  
October 2026 : 212pp  
Pb: 978-1-032-93724-3 : **\$47.99**  
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\* For full contents and more information, visit: [www.routledge.com/9781032937243](http://www.routledge.com/9781032937243)

## Between Genius and Tragedy

A Psychoanalytic Portrait of Viktor Tausk



**Francisco Balbuena Rivera**

*Series: History of Psychoanalysis*

Between Genius and Tragedy: A Psychoanalytic Portrait of Viktor Tausk explores the intellectual trajectory and personal struggles of one of the most original and enigmatic contributors to the field, tracing both his theoretical innovations and the lived experience that shaped them. This book is essential reading for academics and students of psychoanalysis, psychology, psychiatry, and intellectual history of the twentieth century. It is also of great interest to psychoanalysts and to culturally informed readers with a sustained engagement in Freudian thought and the history of psychoanalysis.

Routledge  
July 2026 : 204pp  
Pb: 978-1-041-20412-1 : **\$47.99**  
Hb: 978-1-041-20413-8 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781041204121](http://www.routledge.com/9781041204121)

## Beyond the Pleasure Principle Revisited

Clinical Explorations in the 21st Century



Edited by **Rachel Chaplin**

Series: *The Psychoanalytic Ideas Series*

Contemporary Readings of Freud's *Beyond the Pleasure Principle* explores this strange and unsettling text, and the impact it has had since its publication in 1920. The contributors to this book, representing diverse psychoanalytic traditions, invite us to re-read and to re-find Freud's text in its rich complexity. There is much to explore beyond the death drive: the chapters included here reflect on the notion of a necessary binding 'before the pleasure principle', the genesis of psychic representation, the value as well as the cost of the repetition compulsion in psychic life and offer an account of the origins of symbol formation.

Routledge

October 2026 : 154pp

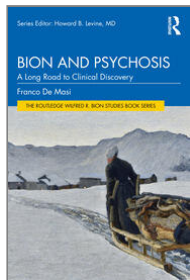
Pb: 978-1-032-56482-1 : \$44.99

Hb: 978-1-032-56484-5 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781032564821](http://www.routledge.com/9781032564821)

## Bion and Psychosis

A Long Road to Clinical Discovery



**Franco De Masi**

Series: *The Routledge Wilfred R. Bion Studies Book Series*

This comprehensive work systematically describes Wilfred Bion's work on psychosis and critically develops his contribution in order to arrive at an appropriate and modern understanding of the disorder. *Bion and Psychosis* is essential reading for psychoanalysts, psychiatrists, clinical psychologists and mental health professionals working with psychotic patients. It serves as an invaluable resource for trainees, postgraduate students and researchers in psychoanalysis, particularly those studying Kleinian theory, Bion's work or severe mental disorders.

Routledge

August 2026 : 100pp

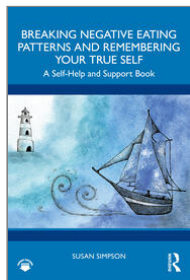
Pb: 978-1-041-28578-6 : \$47.99

Hb: 978-1-041-28580-9 : \$200

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## Breaking Negative Eating Patterns and Remembering Your True Self

A Self-Help and Support Book



**Susan Simpson** University of South Australia, Australia

This book is a practical self-help manual that provides step-by-step guidance on applying schema therapy for eating disorders and eating difficulties. Structured in two parts, the book addresses how to overcome the thinking, emotional and behavioural patterns that drive eating difficulties, using powerful experiential strategies for change. The first of its kind, this book supports those suffering from eating disorders and serves as a reference and adjunct to face-to-face therapy for therapists and clinicians.

Routledge

August 2026 : 302pp

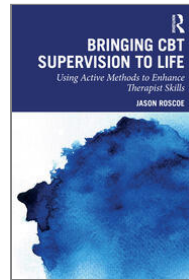
Pb: 978-1-032-41021-0 : \$41.99

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## Bringing CBT Supervision to Life

Using Active Methods to Enhance Therapist Skills



**Jason Roscoe** Senior Lecturer in CBT at the University of Cumbria, UK

Bringing CBT Supervision to Life provides CBT supervisors with an invaluable resource for reflecting on their current supervisory style and methods and developing their repertoire of skills in this area. The book is primarily aimed at practitioners who provide supervision or supervision of supervision for CBT Therapists and trainees. It will be an accessible resource for both new and experienced supervisors in NHS and private practice.

Routledge

September 2026 : 166pp

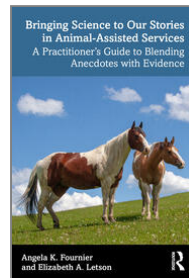
Pb: 978-1-032-96761-5 : \$47.99

Hb: 978-1-032-96762-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032967615](http://www.routledge.com/9781032967615)

## Bringing Science to Our Stories in Animal-Assisted Services

A Practitioner's Guide to Blending Anecdotes and Evidence



**Angela K. Fournier** Bemidji State University, Minnesota, USA, **Elizabeth A. Letson** Eagle Vista Ranch & Wellness Center, Minnesota, USA

Animal-assisted professionals carry powerful stories of change—moments of connection, growth, and insight that unfold through human–animal interaction. *Bringing Science to Our Stories in Animal-Assisted Services* shows how those stories can become the foundation for clear, credible evidence. By blending story with science, this book strengthens professional credibility, supports animal welfare, and invites practitioners to contribute to the growing evidence base of the field—one story at a time.

Routledge

October 2026 : 276pp

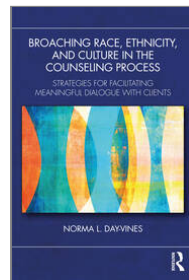
Pb: 978-1-041-07382-6 : \$47.99

Hb: 978-1-041-07385-7 : \$200

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## Broaching Race, Ethnicity, and Culture in the Counseling Process

Strategies for Facilitating Meaningful Dialogue with Clients



**Norma L. Day-Vines**

*Broaching Race, Ethnicity, and Culture During the Counseling Process* identifies practical strategies and tools that help mental health providers facilitate discussions with their clients about the extent to which issues related to race, ethnicity, and culture impact their presenting concerns. Drawing on the theoretical and empirical multicultural counseling literature, this groundbreaking text integrates and synthesizes the existing broaching literature in ways that render the process of discussing race, ethnicity, and culture more concrete.

Routledge

September 2026 : 250pp

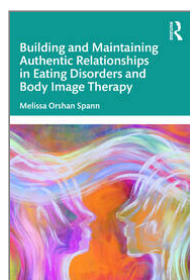
Pb: 978-1-041-09282-7 : \$47.99

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\* For full contents and more information, visit: [www.routledge.com/9781041092827](http://www.routledge.com/9781041092827)



## Building and Maintaining Authentic Relationships in Eating Disorders and Body Image Therapy



**Melissa Orshan Spann**

This book addresses the unique interplay of interpersonal characteristics of the clinician and client, coupled with effective treatment tools, to explore how to leverage authentic therapeutic relationships to enhance treatment outcomes. By bridging the gap between relational dynamics and evidence-based practice, this book provides invaluable insights and tools for clinicians and offers a fresh perspective on the therapeutic process, emphasizing the critical role of authentic relationships in effective treatment.

Routledge

July 2026 : 256pp

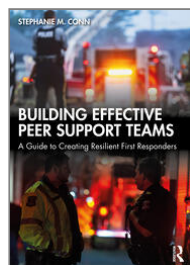
Pb: 978-1-041-06284-4 : \$47.99

Hb: 978-1-041-05255-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041062844](http://www.routledge.com/9781041062844)

## Building Effective Peer Support Teams

A Guide to Creating Resilient First Responders



**Stephanie M. Conn** First Responder Psychology, Oregon, USA

Written by a cop turned public safety psychologist, Building Effective Peer Support Teams is the definitive how-to guide to building and maintaining a highly effective first-responder peer support team. Peer team members, administrators, chaplains, and first responder clinicians will come away from this book with the skills they need to build, improve, and maintain a robust peer support team and boost the resilience of their agency's first responders and families.

Routledge

August 2026 : 206pp

Pb: 978-1-032-98216-8 : \$47.99

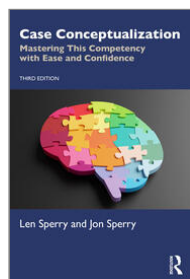
Hb: 978-1-032-98217-5 : \$180

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3RD EDITION

## Case Conceptualization

Mastering This Competency with Ease and Confidence



**Len Sperry** Florida Atlantic University, USA, **Jon Sperry** Lynn University, USA

Integrating recent research and developments in the field, this revised third edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. This new edition extends the use of case conceptualization to children, couples, and families in most clinical, rehabilitation, and addiction counseling settings. It also addresses the use and value of this critical competency in both supervision and consultation. Practitioners, as well as graduate students in counseling, clinical psychology, and social work, will gain the essential skills and knowledge they need to master case conceptualization with ease and confidence.

Routledge

May 2026 : 280pp

Pb: 978-1-032-85693-3 : \$39.99

Hb: 978-1-032-86361-0 : \$200

eBook: 978-1-003-52719-0

\* For full contents and more information, visit: [www.routledge.com/9781032856933](http://www.routledge.com/9781032856933)

## Case Studies and Applications in Nonlinear Contingency Analysis



Edited by **Awab Abdel-Jalil** Endicott College, Massachusetts, USA, **Anna M. Linnehan** Endicott College, Massachusetts, USA

The second edition of Nonlinear Contingency Analysis gives professionals a powerful framework for understanding complex behavior, and this companion volume shows clinicians exactly what happens when that framework is applied to children, families, adults, and animals facing challenging circumstances. Whether you work in mental health, education, behavior analysis, or animal training, Case Studies and Applications in Nonlinear Contingency Analysis shows how constructional, freedom-expanding interventions can transform lives. If you want to see how nonlinear contingency analysis works in practice—and how to use it yourself—this is the book you need by your side.

Routledge

November 2026 : 262pp

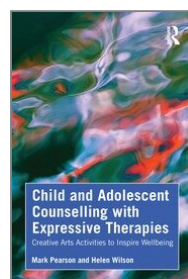
Pb: 978-1-041-27622-7 : \$47.99

Hb: 978-1-041-27623-4 : \$200

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## Child and Adolescent Counselling with Expressive Therapies

Creative Arts Activities to Inspire Wellbeing



**Mark Pearson**, **Helen Wilson**

This practical guide to Expressive Therapies tools – a multi-modal, emotion-focused application of creative arts therapies – explains how expressive, creative and collaborative counselling methods can be offered to young people who experience emotional, behavioural, cognitive or existential difficulties. With its combination of principles and theory and practical activities, this is an indispensable guide for mental health professionals including counsellors, social workers, creative arts therapists, and psychologists. Occupational therapists and similar professions will also benefit, as will lecturers and students of creative arts therapy approaches.

Routledge

June 2026 : 278pp

Pb: 978-1-041-13860-0 : \$54.99

Hb: 978-1-041-13861-7 : \$180

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3RD EDITION

## Child-Centered Play Therapy

A Practical Guide to Therapeutic Relationships with Children



**Nancy H. Cochran** University of Tennessee, USA, **William J. Nordling** Divine Mercy University, Virginia, USA, **Jeff L. Cochran** University of Tennessee, USA

The third edition of Child-Centered Play Therapy is a comprehensive, engaging, and practical guide for best practice in child-centered play therapy. Designed for professionals adding play therapy to their practice as well as graduate students, this textbook comprehensively introduces readers to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies and private practice.

Routledge

June 2026 : 364pp

Pb: 978-1-041-11249-5 : \$59.99

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\* For full contents and more information, visit: [www.routledge.com/9781041112495](http://www.routledge.com/9781041112495)

## Coaching Across Cultures

Using an Existential Lens to Explore the Impact of National Culture on Coaching



**Monica Hanaway, Susan Blum**

This book harnesses thinking from different coaching approaches and specifically addresses the need to be aware of, acknowledge and respond to different national cultural norms that can affect and impact on individuals and teams in their effectiveness. Aimed at professionals in the coaching field, offering practical checklists through which to be reminded of core principles, it is also relevant for anyone who wants to look for and understand how to overcome national behavioural differences that may not be immediately apparent.

Routledge  
August 2026 : 232pp  
Pb: 978-1-041-12118-3 : **\$47.99**  
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## Coaching in the Digital Age

A Practical Guide



**Brajesh Bajpai**

In a world where digitalisation and artificial intelligence are reshaping every aspect of work and life, Coaching in the Digital Age equips readers with the tools, strategies, and insights they need to thrive. Coaching in the Digital Age is an essential resource for executive coaches, coaching researchers, and those in coach training programmes. It is also a powerful guide for leaders and HR professionals seeking to foster resilience, trust, and human connection in their organisations.

Routledge  
July 2026 : 208pp  
Pb: 978-1-041-07103-7 : **\$34.99**  
Hb: 978-1-041-07105-1 : **\$190**

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3RD EDITION

## Cognitive Therapy for Personality Disorders

A Guide for Clinicians



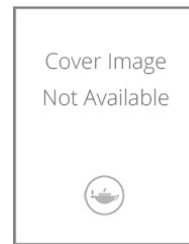
**Kate Davidson**

Cognitive Therapy for Personality Disorders provides a thorough description of how to apply cognitive behavioural therapy to patients who are traditionally regarded as being difficult to treat, focussing on those with borderline personality disorders and antisocial personality disorders. This revised third edition expands substantially on previous editions, incorporating new developments in theory and practice in the field. This guide will be essential reading for psychiatrists, clinical and counselling psychologists, therapists, mental health nurses, and trainees in CBT.

Routledge  
August 2026 : 314pp  
Pb: 978-1-041-08565-2 : **\$47.99**  
Hb: 978-1-041-08569-0 : **\$200**

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## Collected Psychoanalytic Works of Sabina Spielrein - SET



**Michael Gerard Plastow, Christiane Weller**

These volumes are totally new English translations of all the known published psychoanalytic works of Sabina Spielrein, an important early proponent of psychoanalysis—and in particular of child psychoanalysis—who anticipated much of its later development. Essential for the serious study of Spielrein's own theoretical elaboration, these books are for psychoanalysts, psychoanalytic psychotherapists, and scholars in related fields, as well as those interested in the writings of influential women.

Routledge  
July 2026 : 578pp  
Pb: 978-1-041-31481-3 : **\$123.98**  
Hb: 978-1-041-31487-5 : **\$400**

\* For full contents and more information, visit: [www.routledge.com/9781041314813](http://www.routledge.com/9781041314813)

## Collected Psychoanalytic Works of Sabina Spielrein, Volume 1

Early Works from Zürich, Vienna and Berlin



**Michael Gerard Plastow, Christiane Weller**

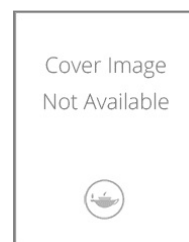
This is the first of two volumes of totally new English translations of all the known published psychoanalytic works of Sabina Spielrein, an important early proponent of psychoanalysis—and in particular of child psychoanalysis—who anticipated much of its later development. This collection brings together all of Spielrein's published writing in a consistent and clear style for an English-speaking audience. Essential for the serious study of Spielrein's own theoretical elaboration, this book is for psychoanalysts, psychoanalytic psychotherapists, and scholars in related fields, as well as those interested in the writings of influential women.

Routledge  
July 2026 : 254pp  
Pb: 978-1-041-21089-4 : **\$61.99**  
Hb: 978-1-041-21381-9 : **\$200**

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This is the second of two volumes of totally new English translations of all the known published psychoanalytic works of Sabina Spielrein, an important early proponent of psychoanalysis—and in particular of child psychoanalysis—who anticipated much of its later development. This collection brings together all of Spielrein's published writing in a consistent and clear style for an English-speaking audience. Essential for the serious study of Spielrein's own theoretical elaboration, this book is for psychoanalysts, psychoanalytic psychotherapists, and scholars in related fields, as well as those interested in the writings of influential women.

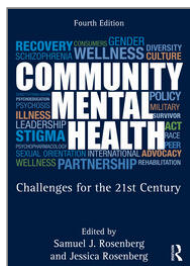
Routledge  
July 2026 : 244pp  
Pb: 978-1-041-21123-5 : **\$61.99**  
Hb: 978-1-041-21441-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041211235](http://www.routledge.com/9781041211235)

4TH EDITION

## Community Mental Health

Challenges for the 21st Century



Edited by **Samuel J. Rosenberg** Ramapo College, New Jersey, USA, **Jessica Rosenberg** LIU-Brooklyn, New York, USA

Community Mental Health: Challenges for the 21st Century examines the complex systems, policies, and practices that shape mental health care in community settings. Bringing together leading scholars and practitioners, the book explores how services can respond effectively to the needs of diverse populations while addressing persistent gaps in access, equity, and outcomes. This volume provides a comprehensive overview of contemporary community mental health, integrating research, policy analysis, and real-world practice. Chapters examine core issues such as recovery-oriented care, trauma-informed approaches, serious mental illness, homelessness, substance use.

Routledge  
October 2026 : 266pp  
Pb: 978-1-032-90470-2 : **\$64.99**  
Hb: 978-1-032-93508-9 : **\$170**

\* For full contents and more information, visit: [www.routledge.com/9781032904702](http://www.routledge.com/9781032904702)

2ND EDITION

## Competence and Self-Care in Counselling and Psychotherapy



**Gerrie Hughes** in private practice, Penarth, UK

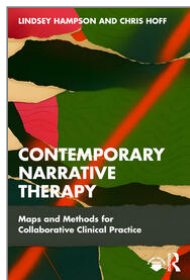
Competence and Self-Care in Counselling and Psychotherapy explores care and replenishment of the self as an essential requirement for maintaining competence in practice and offers a framework for understanding what being competent means for practitioners, both generally and in work with clients. This book is an ideal choice for counsellors, psychotherapists, supervisors and trainers who wish to maintain a robust standard of practice, and for those employing them.

Routledge  
September 2026 : 200pp  
Pb: 978-1-041-06585-2 : **\$47.99**  
Hb: 978-1-041-06587-6 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041065852](http://www.routledge.com/9781041065852)

## Contemporary Narrative Therapy

Maps and Methods for Collaborative Clinical Practice



**Lindsey Hampson** , **Chris Hoff**

Drawing on contemporary thinking, practices, and real-world applications, this essential guide offers practical guidance and new frameworks of narrative therapy to help clinicians navigate cultural issues and common challenges. This book is intended for mental health practitioners and counselors of all levels such as marriage and family therapists, psychologists, systemic family practitioners, and clinical social workers.

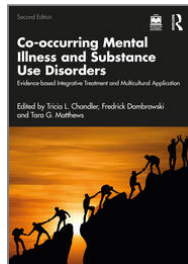
Routledge  
November 2026 : 224pp  
Pb: 978-1-032-97947-2 : **\$47.99**  
Hb: 978-1-032-97949-6 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032979472](http://www.routledge.com/9781032979472)

2ND EDITION

## Co-occurring Mental Illness and Substance Use Disorders

Evidence-based Integrative Treatment and Multicultural Application



Edited by **Tricia L. Chandler** , **Fredrick Dombrowski** , **Tara G. Matthews**

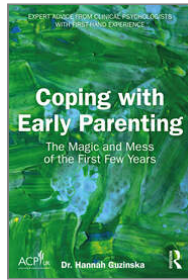
This updated textbook addresses how mental health and addiction are interconnected through early childhood trauma, how this affects neurobiology and neuropsychology, and the need for an integrated whole-person treatment for those from diverse backgrounds. This textbook uses client-centered language to help graduate students in counseling programs make sense of the integrative approach to treatment of co-occurring disorders.

Routledge  
October 2026 : 416pp  
Pb: 978-1-041-21158-7 : **\$61.99**  
Hb: 978-1-041-21161-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041211587](http://www.routledge.com/9781041211587)

## Coping with Early Parenting

The Magic and Mess of the First Few Years



**Hannah Guzinska**

Series: *Coping With...*

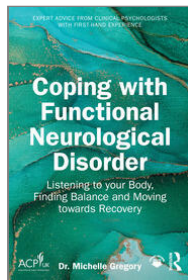
This book is a supportive guide for parents in the early years, empowering readers to make informed choices about parenting, tailored to their own family. Written by a clinical psychologist with personal experience of early parenthood, the book blends an honest account of the challenges faced by the modern parent with an understanding of child development and what babies and children need to thrive. Informative, accessible, and deeply compassionate, this is essential reading for anyone navigating or preparing for early parenting. It is also a useful resource for anyone providing support to families during this important developmental period.

Routledge  
May 2026 : 316pp  
Pb: 978-1-041-13675-0 : **\$32.99**  
Hb: 978-1-041-13676-7 : **\$225**  
eBook: 978-1-003-67096-4

\* For full contents and more information, visit: [www.routledge.com/9781041136750](http://www.routledge.com/9781041136750)

## Coping with Functional Neurological Disorder

Listening to your Body, Finding Balance and Moving towards Recovery



**Michelle Gregory**

Series: *Coping With...*

Functional Neurological Disorder (FND) is a common but often misunderstood condition, leaving many individuals experiencing FND feeling frightened and isolated without the proper knowledge to support their personal wellbeing. Coping with Functional Neurological Disorder responds directly to this problem, written from the unique perspective of a clinical psychologist with lived experience of FND, to provide accessible explanations of symptoms and practical guidance for supporting wellbeing.

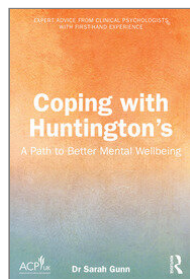
Routledge  
September 2026 : 232pp  
Pb: 978-1-041-10764-4 : **\$32.99**  
Hb: 978-1-041-10765-1 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041107644](http://www.routledge.com/9781041107644)



## Coping with Huntington's

A Path to Better Mental Wellbeing



**Sarah Gunn**

*Series: Coping With...*

This book is a compassionate guide providing practical yet therapeutically oriented mental health support and self-care strategies for people with Huntington's disease and their families to empower them in navigating this journey with hope and clarity. With evidence-based strategies to support mental health and wellbeing, this is a compelling read for families and individuals with lived experience of Huntington's disease. It will also interest practitioners and healthcare professionals who wish to better understand Huntington's disease and provide more effective support.

Routledge

July 2026 : 232pp

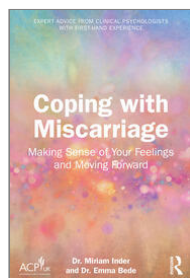
Pb: 978-1-041-00854-5 : \$22.99

Hb: 978-1-041-00856-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041008545](http://www.routledge.com/9781041008545)

## Coping with Miscarriage

Making Sense of Your Feelings and Moving Forward



**Miriam Inder, Emma Bede**

*Series: Coping With...*

Combining the authors' professional experience as clinical psychologists with their personal experience of pregnancy loss, this book is a compassionate guide for anyone navigating the experience and aftermath of miscarriage. An essential read for anyone who has experienced miscarriage, this book educates readers on the psychological impact of pregnancy loss and encourages readers to look after their mental health and wellbeing. It will also be of interest to mental health, medical and allied health professionals looking for resources to support impacted individuals.

Routledge

September 2026 : 220pp

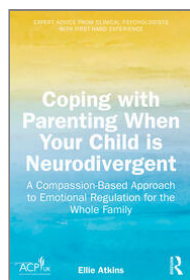
Pb: 978-1-041-13853-2 : \$32.99

Hb: 978-1-041-13856-3 : \$190

\* For full contents and more information, visit: [www.routledge.com/9781041138532](http://www.routledge.com/9781041138532)

## Coping with Parenting When Your Child is Neurodivergent

Emotional Regulation for the Whole Family



**Ellie Atkins**

*Series: Coping With...*

Combining the author's experience as a clinical psychologist and lived experience of parenting neurodivergent children, Coping with Parenting Neurodivergent Children draws from a range of therapeutic techniques and psychological theory to propose a compassion-based approach, guiding parents through recognising and managing their own feelings in order to better to support their child. With a focus on emotional regulation for both the parent and the child throughout, this essential book acknowledges the challenges and opportunities of parenting neurodivergent children while also providing practical strategies for effective parenting.

Routledge

July 2026 : 296pp

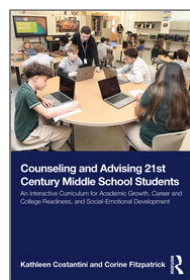
Pb: 978-1-041-02443-9 : \$22.99

Hb: 978-1-041-00901-6 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781041024439](http://www.routledge.com/9781041024439)

## Counseling and Advising 21st Century Middle School Students

An Interactive Curriculum for Academic Growth, Career and College Readiness, and Social-Emotional Development



**Kathleen Costantini** New York City Department of Education, USA, **Corine Fitzpatrick**

Counseling and Advising 21st Century Middle School Students provides a curriculum for counselors, teachers, and administrators to support middle school children in academic growth, college and career readiness, and social-emotional development to improve their future choices. This book closes the current gap on future development guidance for counselors, educators, and parents, and acts as a vital tool for professionals working with middle school children to provide as much guidance and support as possible.

Routledge

October 2026 : 264pp

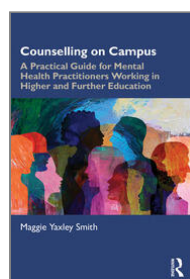
Pb: 978-1-032-97249-7 : \$47.99

Hb: 978-1-032-98174-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032972497](http://www.routledge.com/9781032972497)

## Counselling on Campus

A Practical Guide for Mental Health Practitioners Working in Higher and Further Education



**Maggie Yaxley Smith**

Counselling on Campus provides insight into the many different reasons why students and young people choose to come for counselling, and demonstrates how counselling enables people to grow emotionally, psychologically and spiritually. This book also explores how counsellors on university campus and within colleges act as a bridge to academic excellence, by enabling their clients to develop awareness of their 'feeling' self, as well as their intellectual capacity, aspects which can then enhance their whole learning skills.

Routledge

August 2026 : 206pp

Pb: 978-1-041-27412-4 : \$47.99

Hb: 978-1-041-27413-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041274124](http://www.routledge.com/9781041274124)

## Counter-Time

Temporality of thought and history in clinical practice and literature



**Marina Breccia**

*Series: New Library of Psychoanalysis*

This book explores how trauma affects our experience of time, how that experience may not be linear, and how we may experience 'counter-time' – a disruption or arrest of time's flow and a perpetual return to the time of trauma. With rich clinical detail and clear, accessible writing, this book is essential reading for all psychoanalysis and psychotherapists working with trauma.

Routledge

September 2026 : 316pp

Pb: 978-1-041-13513-5 : \$47.99

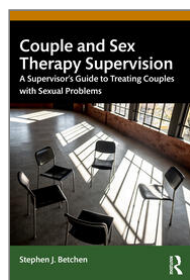
Hb: 978-1-041-25628-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041135135](http://www.routledge.com/9781041135135)



## Couple and Sex Therapy Supervision

A Supervisor's Guide to Treating Couples with Sexual Problems



**Stephen J. Betchen**

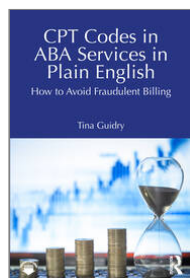
This book recognizes the inextricable link between conflict in intimate relationships and sexual problems, providing clinical couple and sex therapy supervisors with essential tools and considerations to help their supervisees better understand, address, and treat couples who experience a variety of sexual problems. Filled with supervision cases for clinical and theoretical support, this is an invaluable guide for therapists and supervisors wishing to seamlessly integrate couple and sex therapy.

Routledge  
September 2026 : 186pp  
Pb: 978-1-041-07889-0 : **\$47.99**  
Hb: 978-1-041-07891-3 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041078890](http://www.routledge.com/9781041078890)

## CPT Codes in ABA Services in Plain English

How to Avoid Fraudulent Billing



**Tina Guidry** Independent Scholar, USA

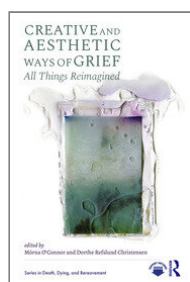
CPT Codes in ABA Services in Plain English allows readers to master ethical billing, medical necessity, CPT codes, and supervision requirements with confidence. This book is essential for behavior analysts, company owners, and clinical leaders who need to make ethical decisions about connecting insurance CPT codes with daily therapeutic activities.

Routledge  
September 2026 : 288pp  
Pb: 978-1-041-07232-4 : **\$47.99**  
Hb: 978-1-041-07429-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041072324](http://www.routledge.com/9781041072324)

## Creative and Aesthetic Ways of Grief

"All Things Reimagined"



**Edited by Mórna O'Connor** Aarhus University, Denmark,  
**Dorthe Refslund Christensen** Independent scholar, Denmark

*Series: Series in Death, Dying, and Bereavement*

Inspired by the grief of Australian musician Nick Cave, this edited anthology showcases a range of creative and aesthetic practices for dealing with grief. In doing so, it challenges attempts to homogenise grief and depict it as a solely negative state from which the bereaved must expediently escape. Via these layered and living articulations, this book reflects our capacity—and indeed our right—to craft griefs resonant with our own ways of being, lives and contexts. This anthology will be of interest and inspiration not only to diverse academics and grief practitioners alike, but to all of us who are mortal and all of us who grieve.

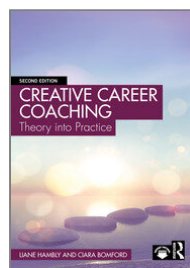
Routledge  
June 2026 : 250pp  
Pb: 978-1-041-04651-6 : **\$47.99**  
Hb: 978-1-041-04653-0 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781041046516](http://www.routledge.com/9781041046516)

2ND EDITION

## Creative Career Coaching

Theory into Practice



**Liane Hambly** Coventry University, UK, **Ciara Bomford**

Creative Career Coaching: Theory Into Practice is a practical, inspiring guide to supporting individuals navigating their career journeys with creativity, confidence, and purpose. It offers practitioners fresh ways to help clients shape meaningful, fulfilling work lives. This updated second edition responds to today's global challenges and the growing importance of wellbeing in career development. It expands on contemporary career theories and coaching methodologies, showing how imagination, metaphor, and reflective exercises can unlock new perspectives for clients, empowering them to move forward confidently.

Routledge  
September 2026 : 240pp  
Pb: 978-1-041-02241-1 : **\$46.99**  
Hb: 978-1-041-02242-8 : **\$170**

\* For full contents and more information, visit: [www.routledge.com/9781041022411](http://www.routledge.com/9781041022411)

## Creative Health in Systems

The People, Priorities and Challenges Shaping Integration



**Edited by Jane Hearst** National Centre of Creative Health, UK

Creative Health in Systems offers an accessible yet engaging guide to how arts, creativity and culture can practically integrate into healthcare systems across England, demonstrating not only what is happening across the system today, but how readers can play an active role in shaping the next phase of Creative Health integration. This is essential reading for cultural practitioners aiming to work with the health sector, healthcare professionals looking to activate creative assets, and Creative Health academics wanting to anchor their research in practical application.

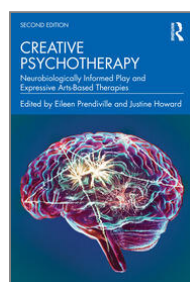
Routledge  
August 2026 : 248pp  
Pb: 978-1-041-12753-6 : **\$47.99**  
Hb: 978-1-041-12756-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041127536](http://www.routledge.com/9781041127536)

2ND EDITION

## Creative Psychotherapy

Neurobiologically Informed Play and Expressive Arts-Based Therapies



**Edited by Eileen Prendiville, Justine Howard** Associate Professor at the College of Human and Health Science at Swansea University

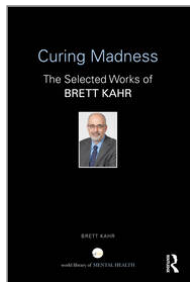
This new and fully updated second edition of Creative Psychotherapy provides accessible and practical guidance for therapists working with children, adolescents and adults who wish to introduce or expand their use of play and creative media in their practice. This book first synthesises key research about brain development, the neurological impact of trauma and the development of play, then demonstrates how practitioners may apply this to practice through developmentally appropriate play and expressive arts-based approaches with clients across the lifespan.

Routledge  
September 2026 : 314pp  
Pb: 978-1-041-16993-2 : **\$47.99**  
Hb: 978-1-041-17083-9 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041169932](http://www.routledge.com/9781041169932)

## Curing Madness

The Selected Works of Brett Kahr



**Brett Kahr** Tavistock Institute of Medical Psychology, UK

*Series: World Library of Mental Health*

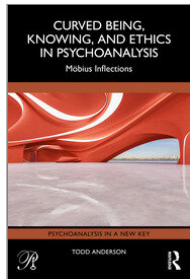
Curing Madness: The Selected Works of Brett Kahr presents papers, written between 1983 and 2025, spanning the course of Brett Kahr's rich and varied career. Curing Madness: The Selected Works of Brett Kahr will be of great interest to members of the mental health community including psychotherapists and psychoanalysts in practice and in training.

Routledge  
September 2026 : 288pp  
Hb: 978-1-041-07540-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041075400](http://www.routledge.com/9781041075400)

## Curved Being, Knowing, and Ethics in Psychoanalysis

Möbius Inflections



**Todd Anderson**

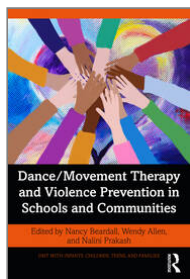
*Series: Psychoanalysis in a New Key*

In Curved Being, Knowing, and Ethics in Psychoanalysis, Todd Anderson develops a Möbius model of analytic life in which knowing and being fold continuously into one another. By reframing psychoanalysis through topology and ethical relation, Curved Being offers clinicians and theorists a new vocabulary for working with uncertainty and symbolic remainder while remaining grounded in the immediacy of the analytic encounter.

Routledge  
September 2026 : 386pp  
Pb: 978-1-041-33599-3 : \$47.99  
Hb: 978-1-041-34083-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041335993](http://www.routledge.com/9781041335993)

## Dance/Movement Therapy and Violence Prevention in Schools and Communities



*Edited by* **Nancy Beardall, Wendy Allen, Nalini Prakash**

*Series: DMT with Infants, Children, Teens, and Families*

This book breaks new ground by leveraging the transformative power of Dance/Movement Therapy (DMT) to address bullying and violence in schools. Through case examples and practical insights, the book illuminates how DMT can nurture empathy, resilience, and inclusive communities within school environments, paving the way for safer and more supportive educational settings and is a vital contribution to the field.

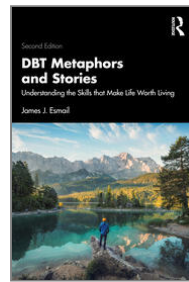
Routledge  
September 2026 : 280pp  
Pb: 978-1-032-98642-5 : \$47.99  
Hb: 978-1-032-99672-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032986425](http://www.routledge.com/9781032986425)

2ND EDITION

## DBT Metaphors and Stories

Understanding the Skills that Make Life Worth Living



**James J. Esmail** Private practice, Ohio, USA

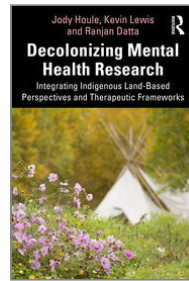
DBT Metaphors and Stories gives therapists and DBT skills trainers the skills they need to make effective use of dialectical behavior therapy and to help clients understand how a dialectical approach to the complex realities of life helps build a life worth living. The second edition includes new metaphors and stories in each chapter, as well as a new chapter detailing the research into how the use of metaphors and storytelling are crucial for effective therapeutic communication. Insights into how to implement these strategies are also highlighted.

Routledge  
July 2026 : 260pp  
Pb: 978-1-041-06698-9 : \$39.99  
Hb: 978-1-041-06699-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041066989](http://www.routledge.com/9781041066989)

## Decolonizing Mental Health Research

Integrating Indigenous Land-Based Perspectives and Therapeutic Frameworks



**Jody Houle, Kevin Lewis, Ranjan Datta**

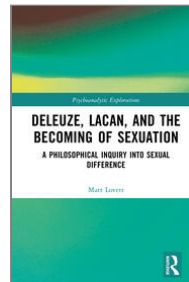
This book reimagines health research through Indigenous knowledge systems, specifically Cree First Nation land-based science. With contributions from a range of Indigenous, academic, and interdisciplinary experts, this book challenges dominant Western health paradigms by centering wāhkóhtowin — a Cree kinship system that acknowledges the interconnectedness of all beings, human and non-human — as a foundation for holistic health and healing. It is ideal for health researchers, educators, policymakers, practitioners, and graduate students seeking decolonized, community-centered approaches to health and well-being.

Routledge  
September 2026 : 184pp  
Pb: 978-1-041-13455-8 : \$61.99  
Hb: 978-1-041-13545-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041134558](http://www.routledge.com/9781041134558)

## Deleuze, Lacan, and the Becoming of Sexuation

A Philosophical Inquiry into Sexual Difference



**Matt Lovett**

*Series: Psychoanalytic Explorations*

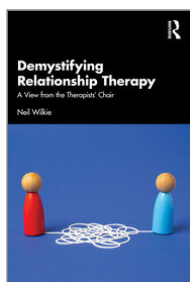
This book brings together Gilles Deleuze and Jacques Lacan, two thinkers widely considered to be incommensurable, in order to reconcile two positions also often considered to be incommensurable: sexual difference theory and gender theory. It contends that sexual difference is the central idea linking Deleuze and Lacan, and that Deleuzian sexuation holds sexual difference and gender theories together. A novel perspective on a crucial yet intractable problem, this book will be of interest to students of continental philosophy, psychoanalysis, feminist theory, queer theory, trans studies, and gender studies.

Routledge  
September 2026 : 222pp  
Hb: 978-1-032-99154-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032991542](http://www.routledge.com/9781032991542)

## Demystifying Relationship Therapy

A View from the Therapist's Chair



**Neil Wilkie**

What happens when two therapists work together in extended sessions with couples in crisis? *Demystifying Relationship Therapy* takes readers inside the therapy room to witness the Duo Coaching framework in action, a pioneering approach that moves beyond traditional 50-minute sessions. Across eight full therapeutic journeys, from long-held silence to the aftermath of betrayal, Dr Neil Wilkie reveals the dynamics of co-therapy, moments of breakthrough, and the art of holding space for change. Interwoven with these cases is the Relationship Paradigm framework, offering theory and practice for understanding how relationships truly thrive.

Routledge

July 2026 : 232pp

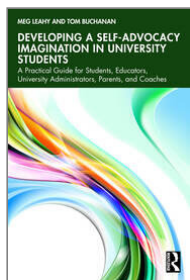
Pb: 978-1-041-27122-2 : \$47.99

Hb: 978-1-041-27123-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041271222](http://www.routledge.com/9781041271222)

## Developing a Self-Advocacy Imagination in University Students

A Practical Guide for Students, Educators, University Administrators, Parents, and Coaches



**Meg Leahy, Tom Buchanan**

This book provides a research-based, practical guide to developing self-advocacy skills in university students. Through case studies and scripts, readers will find tangible takeaways they can utilize to begin developing and improving their self-advocacy skills. A guidebook for helping students with and without disabilities, this book is a blueprint for the universities, educators, and professionals who support them.

Routledge

August 2026 : 208pp

Pb: 978-1-032-47004-7 : \$47.99

Hb: 978-1-032-47003-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032470047](http://www.routledge.com/9781032470047)

## Developing Cultural Sensitivity in Psychosexual Therapy

Global Perspectives



*Edited by* **Bernd Leygraf, Bishurul Hafi, Uvais NA**

*Developing Cultural Sensitivity in Psychosexual Therapy* is a pioneering compilation that provides a comprehensive exploration of the intricate relationship between cultural diversity and human sexuality. This unique synthesis of scholarly insight, lived experience, and clinical expertise makes this book a compelling read for any psychosexual or relational therapist.

Routledge

August 2026 : 578pp

Pb: 978-1-041-00733-3 : \$47.99

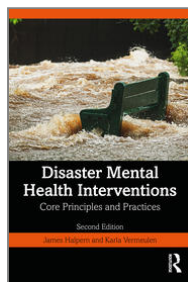
Hb: 978-1-041-00734-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041007333](http://www.routledge.com/9781041007333)

2ND EDITION

## Disaster Mental Health Interventions

Core Principles and Practices



**James Halpern** State University of New York at New Paltz, USA, **Karla Vermeulen** State University of New York at New Paltz, USA

*Disaster Mental Health Interventions: Core Principles and Practices, Second Edition* is a comprehensive overview of disasters' physical and psychological impact, and of current best practices for addressing survivors' reactions. This revised edition includes updated research and expanded lessons to help advance disaster mental health interventions in response to acute events like hurricanes and mass shootings, as well as chronic threats like climate change and pandemics. Case studies and anecdotes from experienced professionals add an additional level of depth and interest for readers.

Routledge

September 2026 : 260pp

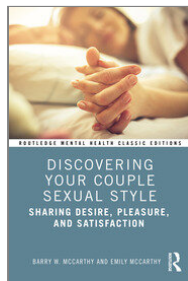
Pb: 978-1-041-13829-7 : \$59.99

Hb: 978-1-041-13831-0 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781041138297](http://www.routledge.com/9781041138297)

## Discovering Your Couple Sexual Style

Sharing Desire, Pleasure, and Satisfaction



**Barry W McCarthy** American University, Washington, D.C, USA, **Emily McCarthy**

*Series: Routledge Mental Health Classic Editions*

An undoubtable classic, this landmark book from 2009 remains a vital and comprehensive resource for helping couples explore their intimacy and embrace their true, satisfying sexual style. This classic edition includes a new foreword from renowned sexologist and clinical psychologist Peggy Kleinplatz. Celebrating 15 years of publication and decades of Dr. Barry McCarthy's leadership in the field of sexuality, this book remains essential reading for individuals and couples, as well as marriage and family therapists, sex therapists, counselors, and those hoping to strengthen their relationship with their sexuality.

Routledge

June 2026 : 136pp

Pb: 978-1-032-95574-2 : \$26.99

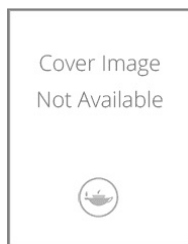
Hb: 978-1-032-95572-8 : \$180

eBook: 978-1-003-58556-5

\* For full contents and more information, visit: [www.routledge.com/9781032955742](http://www.routledge.com/9781032955742)

## Dissociation, Compulsion, and Language Games in Psychoanalysis

Words Apart



**Darren Haber**

*Dissociation, Compulsion, and Language Games in Psychoanalysis* investigates the strangely underexplored topic of the phenomenology of language in psychoanalytic dialogue—as impacted by trauma, addiction, and other compulsive aversions. With rich clinical vignettes and a fresh new application of philosophical ideas, this is key reading for all psychoanalysts and psychotherapists.

Routledge

July 2026 : 108pp

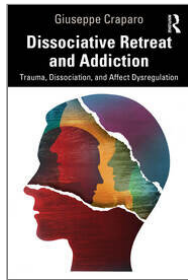
Pb: 978-1-032-98061-4 : \$28.99

Hb: 978-1-032-98417-9 : \$73.99

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## Dissociative Retreat and Addiction

Trauma, Dissociation, and Affect Dysregulation



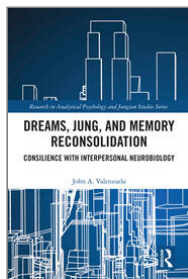
**Giuseppe Craparo** Kore University of Enna, Italy

This book presents a new theoretical and clinical model for understanding and treating addiction. Giuseppe Craparo examines how addictive behaviors develop as the result of complex psychic and physical conditions, working in conjunction with a specific drug object, and explores factors including poor relational and developmental history, strong emotional pain and psychopathological conditions including anxiety, depression, personality disorders and psychosis. Dissociative Retreat and Addiction will be of great interest to psychoanalysts, psychotherapists and other professionals working with addiction and trauma.

Routledge  
July 2026 : 122pp  
Pb: 978-1-032-35105-6 : \$47.99  
Hb: 978-1-032-35106-3 : \$200  
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## Dreams, Jung, and Memory Reconsolidation

Consilience with Interpersonal Neurobiology



**John A. Valenzuela** Licensed clinical psychologist, USA

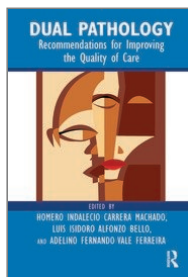
*Series: Research in Analytical Psychology and Jungian Studies*

Addressing the intersection between analytical psychology and neuroscience, this book applies the science of memory reconsolidation to Jungian methods of dream interpretation to reexamine Carl Jung's vision of archetypes and the collective unconscious. Ultimately contributing new scholarship for those interested in mapping the human brain by understanding the neurobiology of dreams, the book will be of use to scholars, researchers and postgraduate students in Jungian and analytical psychology, depth psychology, and sleep and dreaming studies.

Routledge  
May 2026 : 184pp  
Hb: 978-1-032-99281-5 : \$200  
eBook: 978-1-003-60328-3  
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## Dual Pathology

Recommendations for Improving the Quality of Care



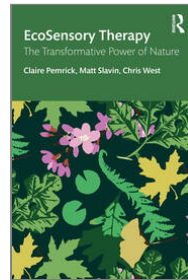
**Edited by Homero Indalecio Carrera Machado, Luis Isidoro Alfonso Bello, Adelino Fernando Vale Ferreira**

This book is an up-to-date, easy-to-read manual that takes a multidisciplinary approach to provide detailed recommendations on the treatment of dual-diagnosis patients to improve the quality of care provided. It covers the basic notions of dual pathology as a clinical entity, as well as its management in professional practice. It is an essential reference for those in psychiatry and other mental health-related disciplines who work to reduce the health and social impact of substance use problems, whether from clinical practice, teaching, or research.

Routledge  
August 2026 : 320pp  
Pb: 978-1-041-29252-4 : \$47.99  
Hb: 978-1-041-33100-1 : \$200  
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## EcoSensory Therapy

The Transformative Power of Nature



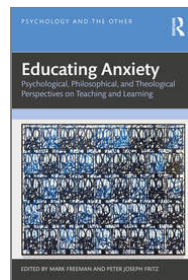
**Claire Pemrick, Matt Slavin, Chris West**

EcoSensory Therapy addresses a growing question among practitioners in mental health, health care, social care, and education: how can the transformative and therapeutic power of nature be integrated into professional practice safely, ethically, and with confidence? This book introduces the EcoSensory Therapy Model of Practice, offering a practical, evidence-informed framework that helps practitioners move beyond the four walls and work intentionally with the therapeutic potential of natural environments.

Routledge  
October 2026 : 174pp  
Pb: 978-1-041-31082-2 : \$47.99  
Hb: 978-1-041-31083-9 : \$200  
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## Educating Anxiety

Psychological, Philosophical, and Theological Perspectives on Teaching and Learning



**Edited by Mark Freeman** College of the Holy Cross, MA, USA, **Peter Joseph Fritz**

*Series: Psychology and the Other*

Educating Anxiety explores how anxiety can be transformed from a debilitating force into a creative and formative presence in students' lives and offers practical ideas for doing so in the context of higher education. This volume is essential reading for educators, professional psychologists and counsellors at colleges and universities seeking to address student anxiety through a deepened understanding of the teaching and learning process. It is also a vital resource for researchers and scholars in psychology, philosophy, theology and education interested in exploring how anxiety can be reimagined beyond pathology as a formative presence in human lives.

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2ND EDITION

## Elements of Reparation

Truth, Faith, and Transformation in the Works of Heidegger, Bion, and Beyond



**Brent Potter**

Elements of Reparation excavates of psychic violence and the human potential for healing - an undertaking that is at once theoretical, clinical, and existential. Elements of Reparation will be of great interest to psychoanalytic clinicians, depth-oriented therapists, and analytic scholars. It will hold appeal for students and scholars of trauma studies, religious studies, political psychology, cultural analysis, existential psychotherapy, post-Jungian theory, spiritual crisis and mental health, and the psychology of violence and healing. It also intersects with the interests of communities seeking integrative responses to trauma.

Routledge  
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## Elements of Self-Destruction



**Brent Potter**

Elements of Self-Destruction explores how individuals unconsciously enact self-harming patterns through a phenomenological psychoanalytic lens. Elements of Self-Destruction will be of great interest to psychoanalysts and psychotherapists in practice and in training, clinicians seeking trauma-informed resources for understanding self-harming and dissociative presentations, and academics and students of depth and existential psychology, philosophy, trauma studies, political psychology, and cultural studies.

Routledge

October 2026 : 252pp

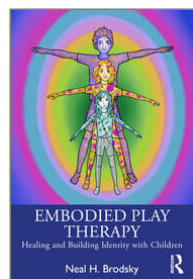
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## Embodied Play Therapy

Healing and Building Identity with Children



**Neal H. Brodsky**

This book offers innovative strategies for healing children through movement and play with multicultural, multiracial, and genderfluid considerations. Practitioners who work with children, such as psychotherapists, marriage and family therapists, somatic therapists, and play therapists, plus teachers and parents, will embrace this warmly voiced combination of immersive case studies and cutting-edge practical applications.

Routledge

August 2026 : 262pp

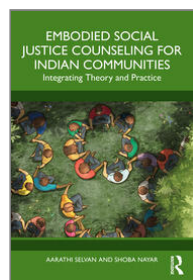
Pb: 978-1-032-35719-5 : \$47.99

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## Embodied Social Justice Counseling for Indian Communities

Integrating Theory and Practice



**Aarathi Selvan, Shoba Nayar**

Embodied Social Justice Counseling for Indian Communities: Integrating Theory and Practice offers a comprehensive exploration of counseling microskills within a framework of social justice. This book is an essential guide for mental health professionals who work with clients in the Indian diaspora including counselors, psychologists, therapists, social workers, and psychiatrists, as well as practitioners working across ethnic and cultural communities.

Routledge

August 2026 : 224pp

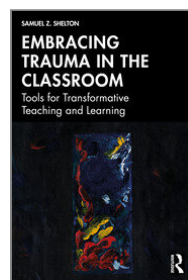
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## Embracing Trauma in the Classroom

Tools for Transformative Teaching and Learning



**Samuel Z. Shelton** Iowa State University, USA

Embracing Trauma in the Classroom articulates a framework for understanding trauma not as a merely biological or individual reality, but as a social production that is inseparable from systems of power and oppression. Drawing from social theorists, educators, and on-the-ground activists, this book considers how a politically conscious understanding of trauma rooted in the lived experiences of oppressed and dehumanized people can trouble and reform social justice education. This text offers concrete skills and understanding for educators to apply in a wide range of classrooms and educational settings, both on campuses and in the community.

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Pb: 978-1-041-20302-5 : \$47.99

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## Epistemic Injustice and Resistance in Social Work

Rethinking Social Justice in Practice, Education, and Research



*Edited by Eunjung Lee* University of Toronto, Canada,  
**Andrea Greenblatt, Ran Hu**

This book explores epistemic injustice in various aspects of social work practice, research, and education, and how those in the field can address issues of power, oppression, and institutionalized prejudice. With case studies and practical examples throughout, this book is essential for social work students, educators, researchers, and practitioners of all levels. This guide serves both as a mirror to reflect the challenges within the profession and a roadmap to chart pathways toward a more just, inclusive, and epistemically responsible field.

Routledge

September 2026 : 272pp

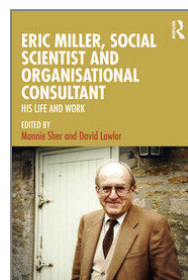
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## Eric Miller, Social Scientist and Organisational Consultant

His Life and Work



*Edited by Mannie Sher, David Lawlor*

This book explores the role of Eric Miller in establishing and developing the practice and application of the systems psychodynamics paradigm to organisational development consultancy, research and training. The book covers the key areas of Miller's focus: developing the idea and role of the consultant; the importance of psychoanalytical thinking and socio-technical systems; the need for a deep understanding of group work; the application of his ideas in a wide variety of different urban and rural settings, and the role of women in organisations.

Routledge

September 2026 : 410pp

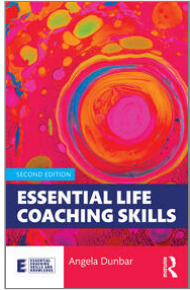
Pb: 978-1-041-22207-1 : \$47.99

Hb: 978-1-041-22480-8 : \$200

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2ND EDITION

## Essential Life Coaching Skills



**Angela Dunbar** Managing Director, Dunbar Training and Development Consultancy, UK

*Series: Essential Coaching Skills and Knowledge*

Essential Life Coaching Skills provides a comprehensive guide to the complete range and depth of skills required to succeed as a life coach. This revised edition has been updated to reflect changes in the coaching profession in recent years, and includes fresh new material that highlights the impact of technological advancements that now support coaching, such as web conferencing, digital marketing and artificial intelligence. This book focuses on seven essential skill sets that are necessary for effective life coaching, with each chapter giving specific examples of how these skills are used in life coaching, and how they can be developed and improved.

Routledge

July 2026 : 218pp

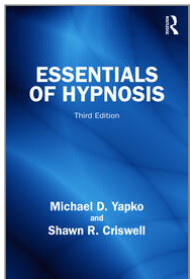
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3RD EDITION

## Essentials of Hypnosis



**Michael D. Yapko** Independent Scholar, USA, **Shawn R. Criswell** Independent Scholar, USA

This new third edition of Essentials of Hypnosis provides a state-of-the-art, in-depth introduction to both the art and science of clinical hypnosis, guiding the reader from understanding current perspectives to developing effective clinical hypnotic interventions. For this edition, new material is included in areas such as process-oriented hypnosis, conducting virtual hypnosis sessions, AI, digital therapeutics and ways to integrate hypnosis into strategic psychotherapies. With its clear, accessible style and wealth of practical knowledge, this book equips professionals with the essential tools to transform clients' lives.

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The Actual of Ethics in Psychoanalysis and in Life



**Viviane Chetrit-Vatine**

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In a profound new interweaving of the ideas of Levinas and Laplanche, this book rethinks the origin of ethical capacity in human life. It elaborates on the implications of ethics at the beginning of life in the care of infants; in psychoanalytic practice; and in the socio-political sphere. Written in the long shadow of the Shoah and amid contemporary violence, this book is original and meaningful reading for all psychoanalysts.

Routledge

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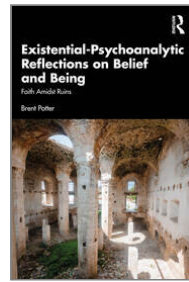
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## Existential-Psychoanalytic Reflections on Belief and Being

Faith Amidst Ruins



**Brent Potter**

Existential-Psychoanalytic Reflections on Belief offers an exploration of faith not as dogma but as a psychoanalytic and existential phenomenon. Existential-Psychoanalytic Reflections on Belief will be of great interest to psychoanalysts, psychotherapists and pastoral counsellors, as well as academics and scholars of theology, philosophy, existential psychology and spirituality. It will also be relevant to anyone seeking to understand the complex interplay between psychological depth and spiritual meaning in the contemporary world.

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Pb: 978-1-041-21915-6 : \$42.99

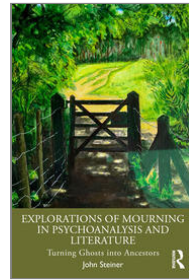
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## Explorations of Mourning in Psychoanalysis and Literature

Turning Ghosts into Ancestors



**John Steiner**

This book explores the conflict between holding on to and letting go of loss, paying homage to Freud's classic Mourning and Melancholia and building on its foundation with contemporary ideas. With insights from across the author's distinguished psychoanalytic career and deep understanding of literature, this is key reading for all psychoanalysts, and anyone who wants to understand loss.

Routledge

July 2026 : 230pp

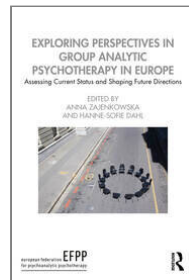
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## Exploring Perspectives in Group Analytic Psychotherapy in Europe

Assessing Current Status and Shaping Future Directions



*Edited by Anna Zajenowska, Hanne-Sofie Dahl*

*Series: The EFPP Monograph Series*

Exploring Perspectives Group Analytic Psychotherapy in Europe examines the theory, practice, research, and prospective developments of group analytic psychotherapy across European contexts. The volume brings together contributions from authors working in a range of European countries, offering an overview of current approaches within the field. This book is intended for practitioners of group analytic psychotherapy, but also group psychotherapists and for those in training.

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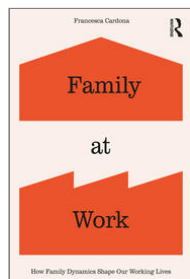
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## Family at Work

How Family Dynamics Shape Our Working Lives



**Francesca Cardona**

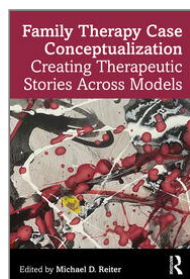
Family at Work explores how our family experience – its joys, challenges, and difficulties – affect how we take up our roles and how family dynamics can be re-enacted in the workplace. This is key reading for leaders, family business members, psychoanalysts, organizational consultants, psychologists, HR and business managers, and anyone who wants to understand how family dynamics affect the workplace.

Routledge  
October 2026 : 152pp  
Pb: 978-1-041-00496-7 : **\$32.99**  
Hb: 978-1-041-01267-2 : **\$190**

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## Family Therapy Case Conceptualization

Creating Therapeutic Stories Across Models



Edited by **Michael D. Reiter** Nova Southeastern University, Florida, USA

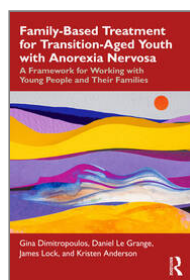
This textbook provides a comprehensive and in-depth exploration of the primary models of family therapy and helps readers conceptualize various theories around a single case. Designed as a core text for marriage and family therapy courses, this edited volume presents the conceptualization of problem formation, problem resolution, and diversity considerations from fifteen of the most influential family therapy models. By applying traditional and contemporary models to a single case, the reader is able to compare and contrast the models. This textbook is a core text for graduate and doctoral marriage and family therapy, mental health counseling, and clinical psychology.

Routledge  
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## Family-Based Treatment for Transition-Aged Youth with Anorexia Nervosa

A Framework for Working with Young People and Their Families



**Gina Dimitropoulos, Daniel Le Grange, James Lock, Kristen Anderson**  
Stanford University School of Medicine, USA, **Kristen Anderson**

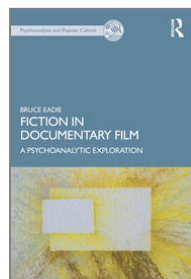
This book provides a comprehensive theoretical, empirical, and clinical account for the use of an adapted form of family therapy for transition age youth (FBT-TAY) aged 16 to 25 with anorexia nervosa. This book provides a foundation to clinicians who seek a tailored approach of FBT to fit the needs of their transition aged patients with anorexia nervosa, in a series of chapters authored by leading experts in FBT-TAY and clinicians in the eating disorder field.

Routledge  
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## Fiction in Documentary Film

A Psychoanalytic Exploration



**Bruce Eadie**

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Fiction in Documentary Film explores the use of fictional elements in contemporary documentaries about personal trauma. Bruce Eadie argues that the documentary-making process can be a dynamic, therapeutic process which bears comparison to the clinical practice of psychoanalysis. Traumas rooted in the past are reactivated in on-screen relationships and fictions bring representational content to otherwise unrepresented aspects of traumatic experience. With reference to Freud, Winnicott, Bion and especially post-Lacanian French psychoanalytic thinkers, Eadie emphasises the theatrical, enacted, bodily and affective aspects of trauma and documentary.

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## Fighting for Connection

Perspectives on Conflict and Intimate Partner Violence



**Jef Sloodmaeckers, Lieven Migerode, Linne De Loof**

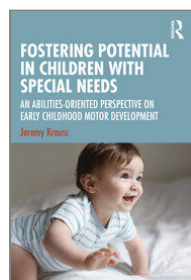
Fighting for Connection offers a fresh, nuanced perspective on conflict and partner violence, blending emotional, relational, and scientific insights through the lens of Emotionally Focused Therapy (EFT). The book speaks to couples experiencing escalating conflict, as well as to professionals supporting them. It reframes partner violence as a relational problem, providing pathways toward healing without oversimplifying the challenges involved. Through real-world examples, therapy principles, and actionable guidance, the book empowers readers to restore safety, connection, and empathy in relationships.

Routledge  
August 2026 : 156pp  
Pb: 978-1-041-16173-8 : **\$32.99**  
Hb: 978-1-041-16255-1 : **\$190**

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## Fostering Potential in Children with Special Needs

An Abilities-Oriented Perspective on Early Childhood Motor Development



**Jeremy Krauss**

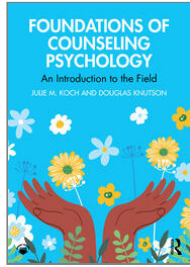
An innovative contribution to therapeutic practice, Fostering Potential in Children with Special Needs provides a comprehensive introduction to the Jeremy Krauss Approach JKA. This book contributes significantly to disability studies by reframing how practitioners perceive and support children with developmental challenges.

Routledge  
July 2026 : 178pp  
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## Foundations of Counseling Psychology

An Introduction to the Field



**Julie M. Koch** University of Iowa, USA, **Douglas Knutson** University of Iowa, USA

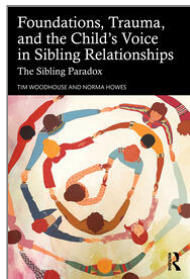
Foundations of Counseling Psychology is the first textbook written and designed for undergraduate students, offering a comprehensive introduction to the field of counseling psychology in a reader-friendly, practical, and dynamic tone. This textbook is essential to undergraduate students aspiring to be counseling psychologists. It will be useful to educators, students, and scholars specializing in counseling psychology worldwide.

Routledge  
May 2026 : 260pp  
Pb: 978-1-032-56803-4 : **\$84.99**  
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## Foundations, Trauma, and the Child's Voice in Sibling Relationships

The Sibling Paradox



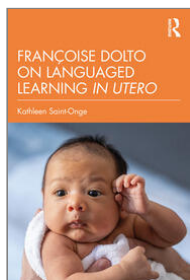
**Tim Woodhouse** , **Norma Howes**

This book provides professionals with the theoretical, legal and emotional tools to challenge their assumptions and understand the child's context. The authors' other publication A Trauma Model for Assessing Siblings develops from this text to deliver a rigorous, trauma-informed framework for assessing and supporting sibling relationships in a range of care-giving settings. An invaluable guide for therapists, counsellors, social workers, child welfare professionals and indeed anyone involved in making decisions regarding the placement of children.

Routledge  
May 2026 : 226pp  
Pb: 978-1-041-20898-3 : **\$47.99**  
Hb: 978-1-041-20908-9 : **\$200**  
eBook: 978-1-003-72479-7

\* For full contents and more information, visit: [www.routledge.com/9781041208983](http://www.routledge.com/9781041208983)

## Françoise Dolto on Language Learning in Utero



**Kathleen Saint-Onge**

This comprehensive study explores Françoise Dolto's revolutionary theory that language acquisition begins in utero through precocious audition, revealing how unconscious affect & invested sound patterns shape early mental-emotional development & lifelong associative thinking. An illuminating read for psychoanalysts, researchers & theorists seeking to expand their understanding of early infant development & unconscious processes alike, the book will particularly appeal to Freudians interested in new applications of classical psychoanalytic theory, specialists in French psychoanalysis & clinicians working with those experiencing language-related trauma & identity issues.

Routledge  
July 2026 : 316pp  
Pb: 978-1-041-27060-7 : **\$61.99**  
Hb: 978-1-041-27051-5 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041270607](http://www.routledge.com/9781041270607)

## Free Association

A Contemporary Introduction



**Barnaby B Barratt**

*Series: Routledge Introductions to Contemporary Psychoanalysis*

In Free Association: A Contemporary Introduction, Barnaby Barratt presents a compelling and much-needed exploration of the method of free association within psychoanalytic treatment. This book is a vital resource for psychoanalysts in training and practice, and anyone deeply curious about the human psyche. It is also a valuable tool for instructors and researchers in psychoanalysis, psychotherapy and related fields.

Routledge  
May 2026 : 132pp  
Pb: 978-1-032-90481-8 : **\$47.99**  
Hb: 978-1-032-90483-2 : **\$200**  
eBook: 978-1-003-55826-2

\* For full contents and more information, visit: [www.routledge.com/9781032904818](http://www.routledge.com/9781032904818)

## Gestalt Therapy in Times of War

New Clinical Tools and Political Consciousness



*Edited by Margherita Spagnuolo Lobb , Pietro Andrea Cavaleri , Mattia Romano , Giacomo Bisonti*

*Series: Gestalt Therapy Book Series*

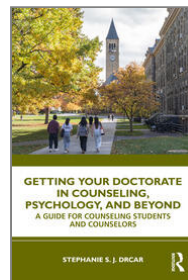
This volume does not deny the terrible emotions of war, but seeks to move through them, finding new clinical tools that psychotherapists can use to help patients in their turmoil, and support therapists in their caregiving role. This book will be invaluable to gestalt psychotherapists, psychotherapy trainers, and all therapists who are looking for new tools for working with patients from multicultural and critical contexts, especially in relation to polarized social stances, wars and other traumatizing conflicts.

Routledge  
May 2026 : 128pp  
Pb: 978-1-041-19837-6 : **\$47.99**  
Hb: 978-1-041-19840-6 : **\$200**  
eBook: 978-1-003-71368-5

\* For full contents and more information, visit: [www.routledge.com/9781041198376](http://www.routledge.com/9781041198376)

## Getting Your Doctorate in Counseling, Psychology, and Beyond

A Guide for Counseling Students and Counselors



**Stephanie S. J. Drcar** Cleveland State University, Ohio, USA

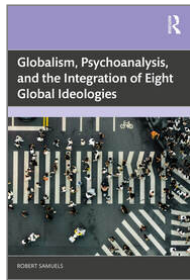
Getting Your Doctorate in Counseling, Psychology, and Beyond provides a roadmap for anyone who want to explore, and potentially pursue, doctoral study in counseling. Readers are guided through a process of considering their motivations and introduced to the three most common doctoral study options in a way that emphasizes finding alignment with personal values and professional goals. With its focus on intentional decision-making, it allows readers to move forward with clarity, confidence, and fewer regrets, regardless of the path they choose.

Routledge  
November 2026 : 188pp  
Pb: 978-1-032-71042-6 : **\$59.99**  
Hb: 978-1-032-71044-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032710426](http://www.routledge.com/9781032710426)



## Globalism, Psychoanalysis, and the Integration of Eight Global Ideologies



**Robert Samuels** UC Santa Barbara, USA

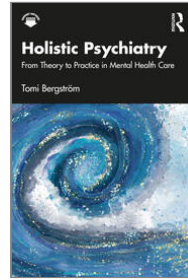
Globalism, Psychoanalysis, and the Integration of Eight Global Ideologies argues that psychoanalysis helps us comprehend the different ideologies shaping our world today by examining eight distinct belief systems through their psychological and rhetorical roots, moving beyond simple Left-Right political polarization. This book will be a fascinating resource for psychoanalysts, as well as faculty and graduate students interested in psychoanalysis, political theory, and cultural rhetoric.

Routledge  
July 2026 : 174pp  
Pb: 978-1-041-30321-3 : **\$57.99**  
Hb: 978-1-041-30323-7 : **\$180**  
eBook: 978-1-003-77394-8

\* For full contents and more information, visit: [www.routledge.com/9781041303213](http://www.routledge.com/9781041303213)

## Holistic Psychiatry

From Theory to Practice in Mental Health Care



**Tomi Bergström** University of Jyväskylä, Finland

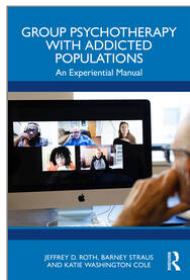
Holistic Psychiatry offers a timely rethinking of psychiatry by showing why today's symptom-based, reductionist models are no longer enough—and what can replace them. This is an essential read for clinicians, researchers, policymakers, students of psychiatry, psychology, and mental health, and anyone concerned with the future of mental health care.

Routledge  
August 2026 : 216pp  
Pb: 978-1-041-30097-7 : **\$47.99**  
Hb: 978-1-041-31186-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041300977](http://www.routledge.com/9781041300977)

## Group Psychotherapy with Addicted Populations

An Experiential Manual



**Jeffrey D Roth** Medical Director at Working Sobriety Chicago, USA, **Barney Straus**, **Katie Washington Cole**

Group Psychotherapy with Addicted Populations: An Experiential Manual is an innovative approach to training clinicians in the practice of group psychotherapy for addicted individuals and their family members, ideally to be used in conjunction with Group Psychotherapy with Addicted Populations: An Integration of Theory and Practice. Complete with over 70 hours of clinical data, this manual and its online components offer an entirely new approach to working with addicted populations and their families as well as psychotherapy groups.

Routledge  
June 2026 : 266pp  
Pb: 978-1-032-73024-0 : **\$44.99**  
Hb: 978-1-032-73260-2 : **\$180**  
eBook: 978-1-003-46334-4

\* For full contents and more information, visit: [www.routledge.com/9781032730240](http://www.routledge.com/9781032730240)

## How Psychotherapy Works

Navigating the Therapeutic Space with Confidence



**Jeffery Smith** New York Medical College, USA

How Psychotherapy Works synthesizes recent science to provide an accessible, practical, and clinically relevant understanding of the infrastructure underlying the hundreds of therapies in current use. In joining the best of modern neuroscience with a warm-hearted understanding of human troubles, the book guides beginning and experienced therapists to better therapy through clarity about what is happening now and what to do next.

Routledge  
August 2026 : NApp  
Pb: 978-1-041-02516-0 : **\$47.99**  
Hb: 978-1-041-02517-7 : **\$200**

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## Helping Children

Principles of Good Practice in Child Mental Health



**Peter Fuggle**, **Peter Fonagy**

Series: *Anna Freud*

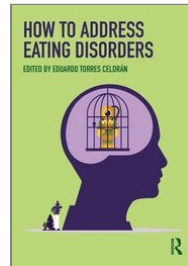
Young people's mental health is recognized as one of society's most pressing challenges. Distress & disorders have risen sharply while services struggle to keep pace. Long waiting lists & public concern highlight the gap between the need and the professional systems with the expectation that therapy alone should provide the answer. By leading figures in child mental health, the book offers a powerful framework for rethinking how society responds to young people's distress. For professionals, educators, parents & policymakers alike & to show how families, schools & communities can work together to nurture resilience & belonging, to reduce dependence on overstretched services.

Routledge  
July 2026 : 238pp  
Pb: 978-0-367-70291-5 : **\$47.99**  
Hb: 978-0-367-70293-9 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9780367702915](http://www.routledge.com/9780367702915)

## How to Address Eating Disorders

The Person Behind the Diving Suit



Edited by **Eduardo Torres Celdrán**

Written by experts and professionals in the field, and based on a contemporary and rigorous review of the nature of this problem, the book will allow you to see beyond eating behaviour.

Routledge  
October 2026 : 360pp  
Pb: 978-1-041-28047-7 : **\$47.99**  
Hb: 978-1-041-32872-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041280477](http://www.routledge.com/9781041280477)

2ND EDITION

## How to Run Reflective Practice Groups

The Heads and Hearts Model for Healthcare Professionals


**Arabella Kurtz**

In this second edition of *How to Run Reflective Practice Groups: The Heads and Hearts Model for Healthcare Professionals* Arabella Kurtz provides a comprehensive guide to the facilitation of reflective practice groups with the aim of demystifying reflective practice, and providing structure and purpose. Clearly and accessibly written, using full situational examples for each stage of the presented model, *How to Run Reflective Practice Groups* offers a comprehensive guide to facilitating reflective practice for any healthcare professional.

Routledge

June 2026 : 260pp

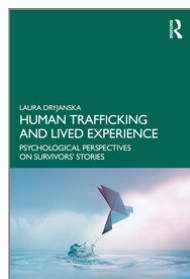
Pb: 978-1-032-84046-8 : \$32.99

Hb: 978-1-032-85137-2 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781032840468](http://www.routledge.com/9781032840468)

## Human Trafficking and Lived Experience

Psychological Perspectives on Survivors' Stories


**Laura Dryjanska** Biola University, Kentucky, USA

*Human Trafficking and Lived Experience* draws from extensive interviews with survivors of human trafficking, offering best practices for meaning making through storytelling. This is a vital guide for students and practitioners in cultural psychology, counseling, social work, and gender studies, as well as leaders in non-profit organizations and anti-trafficking task forces.

Routledge

July 2026 : 224pp

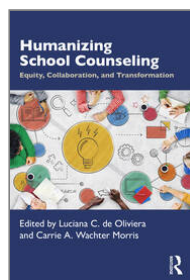
Pb: 978-1-032-86731-1 : \$47.99

Hb: 978-1-032-86734-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032867311](http://www.routledge.com/9781032867311)

## Humanizing School Counseling

Equity, Collaboration, and Transformation



**Edited by Luciana C. de Oliveira, Carrie A. Wachter**  
**Morris** University of North Carolina at Greensboro, USA

This book highlights the necessary support and collaboration needed to help multilingual learners succeed and how to address opportunity gaps in schools and beyond. Focused on humanizing approaches in school counseling for multilingual learners, this book is an essential read for pre-service school counselors and current practitioners in their work to picture the integration of the concepts discussed into their current or future practice.

Routledge

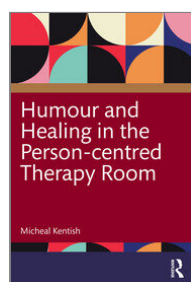
September 2026 : 244pp

Pb: 978-1-041-19309-8 : \$47.99

Hb: 978-1-041-19310-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041193098](http://www.routledge.com/9781041193098)

## Humour and Healing in the Person-centred Therapy Room


**Micheal Kentish**

This book dispels the myth that humour has no place in today's therapy room, offering concrete advice to trainee and practising counsellors, their educators and supervisors on how to work with humour confidently, empathically and congruently. This book offers insights from psychological, sociological and neuroscientific research into what humour reveals about a person's character and emotional state, and how that enables the counsellor to connect and empathise with the client. Providing practical advice on how to work with humour as and when it arises, this is an essential tool for students, novice, and experienced practitioners alike.

Routledge

August 2026 : 196pp

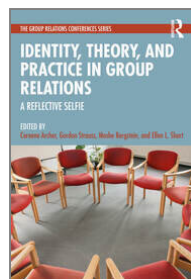
Pb: 978-1-041-07089-4 : \$47.99

Hb: 978-1-041-07093-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041070894](http://www.routledge.com/9781041070894)

## Identity, Theory, and Practice in Group Relations

A Reflective Selfie



**Edited by Coreene Archer, Gordon Strauss, Moshe Bergstein, Ellen L. Short**

*Series: The Group Relations Conferences Series*

*Identity, Theory, and Practice in Group Relations* presents a range of perspectives on group relations, capturing both a social scientific and psychoanalytic perspective. This book will be an invaluable resource for practitioners, academics and scholars of Group Relations, as well as managers and organisational members wanting to learn more about how Groups Relations methods can contribute to their organisational success.

Routledge

May 2026 : 128pp

Pb: 978-1-032-81261-8 : \$47.99

Hb: 978-1-032-81919-8 : \$200

eBook: 978-1-003-50205-0

\* For full contents and more information, visit: [www.routledge.com/9781032812618](http://www.routledge.com/9781032812618)

## In the Shadow of Fame

A Memoir by the Daughter of Erik H. Erikson


**Sue Erikson Bloland**

*Series: Routledge Mental Health Classic Editions*

This book explores the author's upbringing with her famous father, Erik H. Erikson, and how her parents' attempts to heal their childhood trauma through his celebrity led to pain for them and for her. With fascinating insights into the Erikson family life, and wider lessons on trauma, this is essential reading for all psychoanalysts, psychotherapists, and anyone interested in learning more about Erikson and family trauma.

Routledge

November 2026 : 184pp

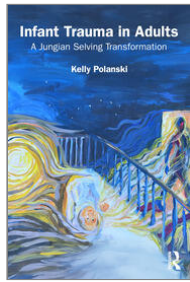
Pb: 978-1-041-08416-7 : \$47.99

Hb: 978-1-041-08516-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041084167](http://www.routledge.com/9781041084167)

## Infant Trauma in Adults

A Jungian Solving Transformation



**Kelly Polanski**

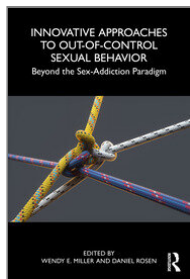
This book delves into the infant's natural multiplicity as the foundation of the adult, to rediscover the impact of first year, unremembered trauma. This unique contribution offers adult survivors of infant trauma rediscovery and renewal to live again their precious instinctual spirit of aliveness, and will be of interest to Jungian analysts, as well as psychoanalysts, psychotherapists, body-oriented somatic therapists, social workers, and individuals suffering from trauma.

Routledge  
May 2026 : 258pp  
Pb: 978-1-041-10725-5 : **\$47.99**  
Hb: 978-1-041-10727-9 : **\$200**  
eBook: 978-1-003-65652-4

\* For full contents and more information, visit: [www.routledge.com/9781041107255](http://www.routledge.com/9781041107255)

## Innovative Approaches to Out-of-Control Sexual Behavior

Beyond the Sex-Addiction Paradigm



*Edited by* **Wendy E. Miller, Daniel Rosen**

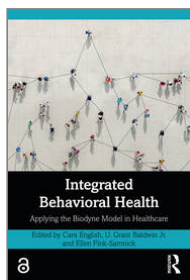
This expertly curated volume offers groundbreaking explorations for treating people who struggle with these issues, reframing problematic sexual conduct — often labelled "sex addiction" — as complex and often harmful human behaviors rather than as a disease. With contributions from twenty seasoned clinicians, this book provides nonpathologizing approaches to support diverse sexual health needs and client healing. This book is an essential guidebook for both new and experienced clinicians looking to refine their perspectives, enhance their clinical skills, and foster unbiased, effective treatment for a diverse clientele.

Routledge  
November 2026 : 300pp  
Pb: 978-1-032-58660-1 : **\$47.99**  
Hb: 978-1-032-58661-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032586601](http://www.routledge.com/9781032586601)

## Integrated Behavioral Health

Applying the Biodynamic Model in Healthcare



*Edited by* **Cara English** Cummings Graduate Institute for Behavioral Health Studies, USA, **U. Grant Baldwin Jr.** Cummings Graduate Institute for Behavioral Health Studies, USA, **Ellen Fink-Samnick** Cummings Graduate Institute for Behavioral Health Studies, USA

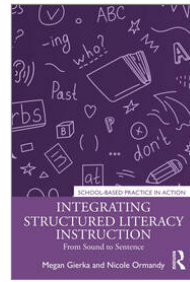
Integrated Behavioral Health: Applying the Biodynamic Model in Healthcare offers a fully modernized, post-pandemic reframing of integrated care. Tackling today's most pressing realities, this authoritative text blends evidence, strategy, and innovation. Following in the footsteps of the seminal Refocused Psychotherapy as the First Line Intervention in Behavioral Health which advanced the integrated behavioral health model, this book is a must-read for healthcare entrepreneurs, executives, clinical leaders, and advanced students and educators seeking scalable, whole-person solutions.

Routledge  
July 2026 : 346pp  
Pb: 978-1-032-86478-5 : **\$49.99**  
Hb: 978-1-032-86949-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032864785](http://www.routledge.com/9781032864785)

## Integrating Structured Literacy Instruction

From Sound to Sentence



**Megan Gierka, Nicole Ormandy**

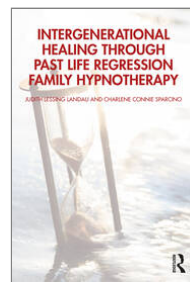
*Series: School-Based Practice in Action*

This book provides a clear, actionable blueprint for turning compelling literacy research into meaningful classroom practice by reuniting reading and writing instruction in the service of all students, including those from culturally and linguistically diverse backgrounds. From foundational letter-sound correspondences to advanced comprehension and written expression, this book connects theory to practice, empowering educators to close the research-to-practice gap and build integrated literacy instruction for all students.

Routledge  
August 2026 : 196pp  
Pb: 978-1-041-17114-0 : **\$47.99**  
Hb: 978-1-041-17115-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041171140](http://www.routledge.com/9781041171140)

## Intergenerational Healing Through Past Life Regression Family Hypnotherapy



**Judith Lessing Landau** Independent Scholar, USA, **Charlene Connie Sparcino** Independent Scholar, USA

This book provides a compelling introduction to past life regression hypnotherapy. Focusing on hypnotherapy with the family, the authors describe an intergenerational approach that focuses on moving the entire family from their past trauma towards resilience for the present and future. Intergenerational Healing Through Past Life Regression Family Hypnotherapy is an ideal resource for both individual and family therapists, counselors, and general clinicians looking to integrate past life regression hypnotherapy into their practice. It will also appeal to anyone interested in past lives.

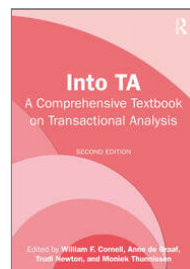
Routledge  
August 2026 : 148pp  
Pb: 978-1-041-06590-6 : **\$47.99**  
Hb: 978-1-041-06591-3 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041065906](http://www.routledge.com/9781041065906)

2ND EDITION

## Into TA

A Comprehensive Textbook on Transactional Analysis



*Edited by* **William F. Cornell, Anne de Graaf, Trudi Newton, Moniek Thunnissen**

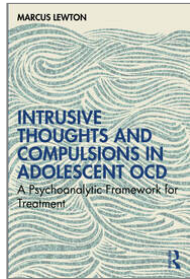
Into TA brings both beginners and more experienced readers towards a deeper understanding of transactional analysis in theory and practice. Into TA is a book for all professionals who are convinced that the quality of the relationship between the professional and his or her client is the main ingredient in their necessary or desired growth and development.

Routledge  
May 2026 : 354pp  
Pb: 978-1-032-63889-8 : **\$58.99**  
Hb: 978-1-032-73577-1 : **\$180**  
eBook: 978-1-003-46487-7

\* For full contents and more information, visit: [www.routledge.com/9781032638898](http://www.routledge.com/9781032638898)

## Intrusive Thoughts and Compulsions in Adolescent OCD

A Psychoanalytic Framework for Treatment



**Marcus Lewton**

This comprehensive and clinically-focused volume offers a therapeutic framework for understanding and treating intrusive thoughts and compulsions in adolescents with OCD. By bridging theory and practice, it provides clinicians with the tools to explore the emotional and symbolic dimensions of OCD, fostering deeper therapeutic engagement. Grounded in post-Kleinian and Bionian theory, the book offers a structural reading of obsessive-compulsive symptoms, shifting focus from surface content to the psychic architecture beneath.

Routledge  
June 2026 : 192pp  
Pb: 978-1-041-21919-4 : \$47.99  
Hb: 978-1-041-21920-0 : \$200  
eBook: 978-1-003-72971-6

\* For full contents and more information, visit: [www.routledge.com/9781041219194](http://www.routledge.com/9781041219194)

## It Takes Two to Know One

The Therapy Relationship and Unconscious Dialogues



**Anthony Bass**

*Series: Relational Perspectives*

This book explores the nature of relational psychoanalysis in clinical practice, based on the author's foundational papers written over the past twenty-five years. With illuminating case studies and accessible language, this book is a must read for psychotherapists practicing a wide range of dynamically informed approaches and for anyone interested in learning new developments in therapy as it is practiced today.

Routledge  
September 2026 : 350pp  
Pb: 978-1-032-21069-8 : \$47.99  
Hb: 978-1-032-21068-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032210698](http://www.routledge.com/9781032210698)

## Lacan's Marx

From the Materialism of the Signifier to Libidinal Political Economy



**David Pavón-Cuellar**

*Series: The Lines of the Symbolic in Psychoanalysis Series*

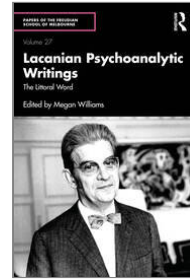
Lacan's Marx presents the most comprehensive study to date of Jacques Lacan's original engagement with Karl Marx. Lacan's Marx will be indispensable for anyone interested in the relationship between Marx and Lacan. It will be of great interest to academics and students of Marxism, French structuralism and post-structuralism. It will also be a valuable resource for students, researchers, teachers and scholars in psychoanalysis, psychology, political theory, and psychosocial studies.

Routledge  
October 2026 : 340pp  
Pb: 978-1-032-99622-6 : \$47.99  
Hb: 978-1-032-99623-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032996226](http://www.routledge.com/9781032996226)

## Lacanian Psychoanalytic Writings

The Littoral Word



*Edited by Megan Williams*

*Series: Papers of the Freudian School of Melbourne*

Lacanian Psychoanalytic Writings: The Littoral Word presents cutting-edge Lacanian psychoanalytic thought by leaders in the field. This essential collection will appeal to psychoanalysts, psychotherapists and psychiatrists. It will also be of interest to academics and scholars of philosophy, cultural studies, literature, and linguistics who engage with psychoanalytic theory.

Routledge  
May 2026 : 236pp  
Pb: 978-1-041-19606-8 : \$47.99  
Hb: 978-1-041-19607-5 : \$200  
eBook: 978-1-003-71248-0

\* For full contents and more information, visit: [www.routledge.com/9781041196068](http://www.routledge.com/9781041196068)

## Leaders Who Thrive

A Mindful Antidote to Disconnected Teams



**Jessica Jasch**

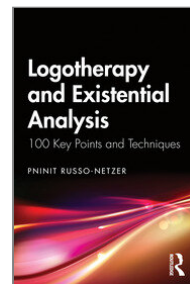
This book integrates theoretical and practical perspectives to equip leaders with tools to thrive in today's complex workplace environments. Combining mindfulness and emotional intelligence, this book provides actionable tools to enhance self-awareness, foster meaningful relationships, and build resilience under pressure. This is a vital practical resource for any leader, from emerging leaders through to HR professionals and seasoned executives alike. Students, particularly those on leadership or business courses, will also benefit from the combination of theory and practice.

Routledge  
September 2026 : 178pp  
Pb: 978-1-041-05895-3 : \$47.99  
Hb: 978-1-041-05897-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041058953](http://www.routledge.com/9781041058953)

## Logotherapy and Existential Analysis

100 Key Points and Techniques



**Pninit Russo-Netzer**

*Series: 100 Key Points*

Logotherapy and Existential Analysis: 100 Key Points and Techniques is a practical, inspiring guide to Viktor Frankl's meaning-centered approach. This book serves as an indispensable resource for psychotherapists, counsellors, and anyone seeking to integrate meaning-centred perspectives into their personal or professional lives.

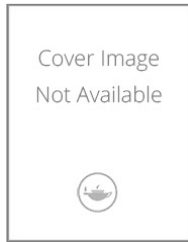
Routledge  
September 2026 : 338pp  
Pb: 978-1-041-03595-4 : \$47.99  
Hb: 978-1-041-03599-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041035954](http://www.routledge.com/9781041035954)



## Long Term Care for Older Adults

Challenges, Innovations and Reforms



Edited by **Irene Blackberry** La Trobe University, **Nicholas Morris** University of Oxford, UK, **Virginija Poškutė**

As the global population ages, the demand for long-term care (LTC) for older adults is increasing rapidly, presenting significant challenges for health and social care systems worldwide. With contributions from leading experts, this handbook is an invaluable guide for policymakers, practitioners, and researchers navigating the complexities of long-term care in an ageing world. This is an unmissable resource for those who are interested in addressing the multifaceted crises facing care for older people worldwide.

Routledge  
November 2026 : 264pp  
Pb: 978-1-041-05999-8 : **\$47.99**  
Hb: 978-1-041-06001-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041059998](http://www.routledge.com/9781041059998)

## Love, its Meaning and Exploration in Couple Therapy



Edited by **Mary Morgan**, **Julie Friend**

Series: *The Library of Couple and Family Psychoanalysis*

Love, its Meaning and Exploration in Couple Therapy explores essential questions about love in couple relationships and couple therapy. Love, its Meaning and Exploration in Couple Therapy will be essential reading for all clinicians who want to understand, and find new ways of working with, love in intimate adult relationships.

Routledge  
July 2026 : 272pp  
Pb: 978-1-032-85423-6 : **\$47.99**  
Hb: 978-1-032-85425-0 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781032854236](http://www.routledge.com/9781032854236)

## Mentalizing and Group Analysis



**Sigmund Karterud**

Series: *The New International Library of Group Analysis*

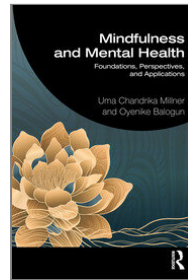
Mentalizing and Group Analysis presents a synthesis of group analysis and Mentalization-Based Group Therapy (MBT-G). Mentalizing and Group Analysis will be of great interest to group psychotherapists and group analysts in practice and in training.

Routledge  
May 2026 : 200pp  
Pb: 978-1-041-03877-1 : **\$47.99**  
Hb: 978-1-041-03878-8 : **\$200**  
eBook: 978-1-003-62581-0

\* For full contents and more information, visit: [www.routledge.com/9781041038771](http://www.routledge.com/9781041038771)

## Mindfulness and Mental Health

Foundations, Perspectives, and Applications



Uma Chandrika Millner Bentley University, Massachusetts, USA, **Oyenike Balogun** Bentley University, Massachusetts, USA

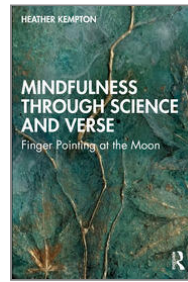
This comprehensive text provides an overview of mindfulness and its relationship to mental health. Chapters trace the roots of mindfulness in Eastern traditions, contextualize it within various cultural traditions, and highlight its application to mental health and a variety of mental health conditions. Drawing on innovative and burgeoning research in the area, the text offers an introductory framework that is accessible by readers at all levels of knowledge and experience.

Routledge  
October 2026 : 266pp  
Pb: 978-0-367-53168-3 : **\$47.99**  
Hb: 978-0-367-53174-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9780367531683](http://www.routledge.com/9780367531683)

## Mindfulness Through Science and Verse

Finger Pointing at the Moon



**Heather Kempton**

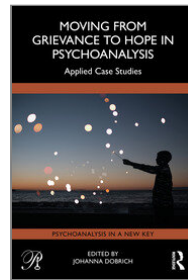
Mindfulness Through Science and Verse bridges contemplative wisdom, psychological science, and poetic expression to offer a novel framework for understanding and practicing mindfulness. Whether the reader is a mindfulness practitioner, therapist, educator, spiritual seeker, or someone drawn to the contemplative power of language, Mindfulness Through Science and Verse offers practical tools and reflective insights to support their journey.

Routledge  
May 2026 : 170pp  
Pb: 978-1-041-24433-2 : **\$34.99**  
Hb: 978-1-041-24436-3 : **\$180**  
eBook: 978-1-003-74188-6

\* For full contents and more information, visit: [www.routledge.com/9781041244332](http://www.routledge.com/9781041244332)

## Moving from Grievance to Hope in Psychoanalysis

Applied Case Studies



Edited by **Johanna Dobrich**

Series: *Psychoanalysis in a New Key*

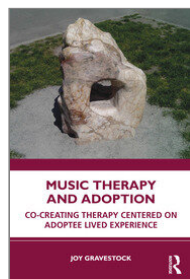
This volume brings psychoanalytic thinking and practice directly into the social forces that shape our lives, covering intergenerational trauma, cultural difference, divisive ideologies, environmental degradation, and entrenched social hierarchies. Essential reading for psychoanalysts, psychotherapists, and mental health professionals, this volume also guides students and scholars in applying psychoanalytic presence to urgent contemporary challenges, including social fragmentation, political polarization, and ecological crisis.

Routledge  
August 2026 : 240pp  
Pb: 978-1-041-11040-8 : **\$47.99**  
Hb: 978-1-041-11123-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041110408](http://www.routledge.com/9781041110408)

## Music Therapy and Adoption

Co-creating Therapy Centered on Adoptee Lived Experience



**Joy Gravestock**

Operating at the leading edge of music therapy, *Music Therapy and Adoption* provides an in-depth examination of one single case study, then compares this to a wider range of examples of the author's practice to identify four repeated 'adoption themes' that arise in therapeutic work. As a non-verbal modality, music therapy is particularly well-placed as a creative intervention for work with adoptees and their families. Accessibly written and informed by lived experience, this is an essential read for music therapists, other mental health professionals, and, most importantly, adoptees themselves.

Routledge

August 2026 : 306pp

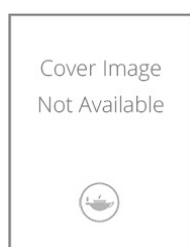
Pb: 978-1-041-22662-8 : \$47.99

Hb: 978-1-041-22663-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041226628](http://www.routledge.com/9781041226628)

## Myth Psychoanalysis

Freud, Lacan and Lévi-Strauss



**Yehuda Israely**

*Myth Psychoanalysis: Freud, Lacan and Lévi-Strauss* examines the human psyche through the theoretical lenses of three groundbreaking thinkers, exploring how humans craft their symbolic reality. This book is fascinating reading for psychoanalysts, mental health professionals, and those familiar with Freud, Lacan, or Lévi-Strauss who seek to enrich their knowledge and clinical application.

Routledge

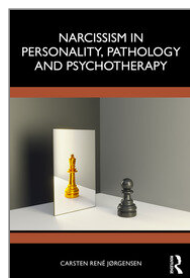
August 2026 : 178pp

Pb: 978-1-041-30288-9 : \$47.99

Hb: 978-1-041-30289-6 : \$200

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## Narcissism in Personality, Pathology and Psychotherapy



**Carsten René Jørgensen**

Modern Western culture and modern human beings are often described as narcissistic (Lasch, 1979). Among other manifestations, this toxic narcissism is expressed in a lack of recognition of our own basic vulnerability, aggressive and grandiose defences against (recognizing) this vulnerability, greed, lack of mutual empathy, tendency to take offence and to react with narcissistic rage to perceived narcissistic injuries rather than engage in curious exploration of what is happening inside us and between us when crises and social conflicts escalate.

Routledge

June 2026 : 316pp

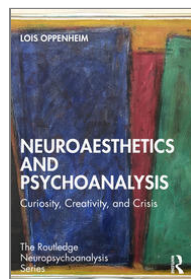
Pb: 978-1-041-24109-6 : \$51.99

Hb: 978-1-041-25070-8 : \$225

\* For full contents and more information, visit: [www.routledge.com/9781041241096](http://www.routledge.com/9781041241096)

## Neuroaesthetics and Psychoanalysis

Curiosity, Creativity, and Crisis



**Lois Oppenheim** Montclair State University, New Jersey, USA

Series: *The Routledge Neuropsychanalysis Series*

This book looks at the fundamental question of why we take pleasure in art through a relatively new perspective of neuroaesthetics and explores the close links between cognitive and affective processes used in understanding art and science. With insights drawn from the latest neuroscientific findings and a deep understanding of both artistic and scientific thinking, this is key reading for psychoanalysts, psychotherapists and anyone wanting to understand the human mind better.

Routledge

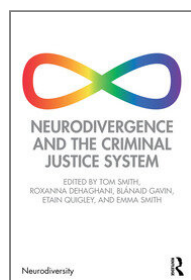
June 2026 : 194pp

Pb: 978-1-032-93358-0 : \$42.99

Hb: 978-1-032-93622-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032933580](http://www.routledge.com/9781032933580)

## Neurodivergence and the Criminal Justice System



Edited by **Tom Smith**, **Roxanna Dehaghani**, **Blánaid Gavin** University College Dublin, Ireland, **Emma Smith**

Series: *Neurodiversity*

This book explores key topics in the area of neurodivergence and the criminal justice system of England and Wales, encompassing a synopsis of up-to-date academic literature, key challenges in the area and the practical implications for fair and effective justice processes. This book will appeal to anyone working in the fields of neurodiversity or criminal justice as well as those working therapeutically with offenders. It will also appeal to researchers, policy makers, and academic faculty.

Routledge

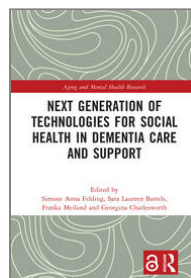
July 2026 : 260pp

Pb: 978-1-041-07085-6 : \$47.99

Hb: 978-1-041-07086-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041070856](http://www.routledge.com/9781041070856)

## Next Generation of Technologies for Social Health in Dementia Care and Support



Edited by **Simone Anna Felding** University of Witten/Herdecke, Germany, **Sara Lauren Bartels** Karolinska Institutet, Sweden, **Franka Meiland** Amsterdam Public Health, The Netherlands, **Georgina Charlesworth** UCL, UK

Series: *Aging and Mental Health Research*

Analysing a broad range of digital health innovations and research studies that demonstrate working collaboratively with people with dementia and their caregivers, this timely volume offers new insights, latest evidence, and research-based solutions for managing the role of technology in dementia care and support. Serving as a vital resource and inspiration for future research and clinical practice, this volume will be of interest to scholars, researchers, and practitioners in the fields of gerontology and ageing, dementia, and medical technology and engineering. Policy makers may also find this volume of use.

Routledge

May 2026 : 206pp

Hb: 978-1-032-94940-6 : \$180

eBook: 978-1-003-58684-5

\* For full contents and more information, visit: [www.routledge.com/9781032949406](http://www.routledge.com/9781032949406)

2ND EDITION

## Nonlinear Contingency Analysis

Going Beyond Cognition and Behavior in Clinical Practice



**T. V. Joe Layng** Endicott College, Massachusetts, USA,  
**Paul Thomas Andronis** Northern Michigan University,  
USA, **R. Trent Codd, III** Private practice, North Carolina,  
USA, **Awab Abdel-Jalil** Endicott College, Massachusetts,  
USA

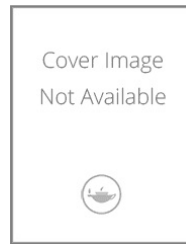
The groundbreaking second edition of *Nonlinear Contingency Analysis* gives practitioners a powerful framework for understanding and shaping behavior without coercion. With updated models, real-world case studies, and expanded applications, this edition is more than theory: it's a practical guide to ethical, socially meaningful, and freedom-enhancing practice.

Routledge  
November 2026 : 230pp  
Pb: 978-1-041-27495-7 : \$39.99  
Hb: 978-1-041-27496-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041274957](http://www.routledge.com/9781041274957)

## Ordinary and Presumptive Trauma

Exploring the Psychological Impacts of Oppression



**Samuel Z. Shelton** Iowa State University, USA

*Ordinary and Presumptive Trauma* offers a sociopolitical account of trauma grounded in the lived experiences of oppressed and socially disadvantaged peoples. In doing so, this book seeks to articulate a theory of trauma that generates space for the recognition of historical and ongoing political violence, the collective healing of harmed people, and the bridging of psychological theories with social justice scholarship and activist traditions. Accordingly, this book provides a multi-faceted approach that appeals to a wide readership in multiple disciplines, such as psychology, women's and gender studies, ethnic studies, queer studies, and more.

Routledge  
July 2026 : 284pp  
Pb: 978-1-041-20301-8 : \$47.99  
Hb: 978-1-041-20384-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041203018](http://www.routledge.com/9781041203018)

## On Not Fitting In: Psychoanalytic Rem(a)inders



**Jason Childs**

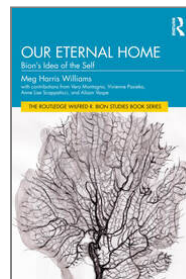
*On Not Fitting In: Psychoanalytic Rem(a)inders* offers a distinctive meditation on contemporary psychoanalytic theory and practice through a series of brief, thought-provoking essays. *On Not Fitting In: Psychoanalytic Rem(a)inders* will be of interest to psychoanalysts in practice and in training, academics and scholars of psychoanalysis, and readers interested in the intersection of psychoanalysis with contemporary life.

Routledge  
November 2026 : 106pp  
Pb: 978-1-041-14421-2 : \$47.99  
Hb: 978-1-041-14422-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041144212](http://www.routledge.com/9781041144212)

## Our Eternal Home

Bion's Idea of the Self



**Meg Harris Williams**

Series: *The Routledge Wilfred R. Bion Studies Book Series*

In this fascinating volume, Meg Harris Williams explores Wilfred Bion's autobiographical works, analysing their theoretical importance and continued relevance to the personal experience of others. This book is a fundamentally enriching tool for the practising psychoanalyst, and an invaluable resource for students of psychoanalysis and psychology, as well as those interested in autobiographical literature.

Routledge  
September 2026 : 168pp  
Pb: 978-1-041-13606-4 : \$47.99  
Hb: 978-1-041-13605-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041136064](http://www.routledge.com/9781041136064)

## Online Group Trauma Therapy

An Accessible, Skills-Based Approach



**Sara Lynn Rependa** York University, Ontario, Canada,  
**Robert T. Muller** York University, Ontario, Canada, **Anna Baranowsky** Traumatology Institute, Ontario, Canada

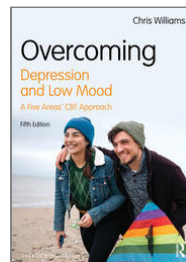
*Online Group Trauma Therapy* shows clinicians how to provide trauma therapy in group format that can be either online or in-person. This book offers clinicians an opportunity to reach more clients who are isolated, remote, and otherwise unable to travel to a clinic. It also allows clinicians to treat greater numbers of people at a time, so they can attend to more clients in need of treatment.

Routledge  
October 2026 : 222pp  
Pb: 978-1-032-90402-3 : \$47.99  
Hb: 978-1-032-90403-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032904023](http://www.routledge.com/9781032904023)

## Overcoming Depression and Low Mood

A Five Areas CBT Approach



**Chris Williams**

Series: *Overcoming*

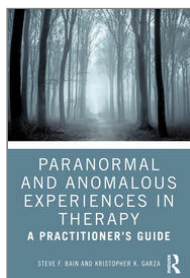
Now in its 5th edition, the highly commended *Overcoming depression and low mood* uses the tried and tested five areas® educational life skills model of Cognitive Behaviour Therapy (CBT) to help people work out why they feel as they do, and then plan changes in their life using cleverly designed workbooks and worksheets. Available on Prescription: *Overcoming depression and low mood* is one of three books written by Professor Williams that is part of the National Book Prescription scheme for depression, anxiety and wellbeing.

Routledge  
July 2026 : 302pp  
Pb: 978-1-041-10786-6 : \$34.99  
Hb: 978-1-041-10791-0 : \$170

\* For full contents and more information, visit: [www.routledge.com/9781041107866](http://www.routledge.com/9781041107866)

## Paranormal and Anomalous Experiences in Therapy

A Practitioner's Guide



**Steve F. Bain** Texas A&M University–Kingsville, USA,  
**Kristopher K. Garza** Texas A&M University–Kingsville, USA

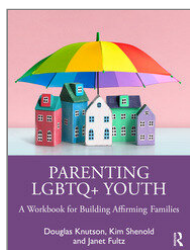
This groundbreaking book gives counselors, psychologists, social workers, clergy, and other helping professionals the tools they need to ethically and compassionately support clients who report paranormal or anomalous experiences. For the first time, mental health professionals are provided with a concise, accessible resource that bridges the gap between clinical training and the lived realities of those who face the mysterious. This readable, practical book is the definitive resource for introducing compassionate skills that you as a professional can implement in your sessions.

Routledge  
September 2026 : 214pp  
Pb: 978-1-032-86834-9 : **\$47.99**  
Hb: 978-1-032-86835-6 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032868349](http://www.routledge.com/9781032868349)

## Parenting LGBTQ+ Youth

A Workbook for Building Affirming Families



**Douglas Knutson , Kim Shenold , Janet Fultz**

This compassionate guide helps parents examine and transform their approach to raising LGBTQ+ youth through thoughtful exploration of personal values, societal expectations, and the power of loving support. Drawing on the authors' extensive clinical work, research, and personal experiences, the book offers insights and strategies for affirming and supporting the parents of LGBTQ+ youth as they navigate the challenges and joys of raising children to be their authentic selves. This book is an essential guide for parents, caregivers, and family members committed to active allyship and support of the LGBTQ+ youth in their lives.

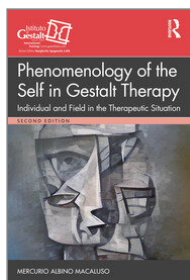
Routledge  
September 2026 : 144pp  
Pb: 978-1-041-14590-5 : **\$32.99**  
Hb: 978-1-041-15182-1 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041145905](http://www.routledge.com/9781041145905)

2ND EDITION

## Phenomenology of the Self in Gestalt Therapy

Individual and Field in the Therapeutic Situation



**Mercurio Albino Macaluso**

*Series: Gestalt Therapy Book Series*

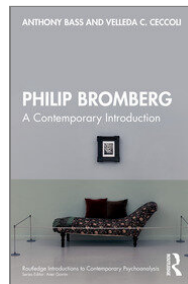
Phenomenology of the Self in Gestalt Therapy is a compelling and insightful work that offers an original and in-depth perspective on Gestalt theory and practice. With theoretical rigor and clear exposition, the author guides the reader through the core concepts of the model, such as the self, spontaneity, and contact, skillfully weaving together phenomenological reflection and clinical sensitivity. This is an essential text for psychotherapists, students, and scholars seeking to engage with the living heart of Gestalt and to deepen their understanding of how its theory can inform and enrich clinical work.

Routledge  
July 2026 : 152pp  
Pb: 978-1-041-21338-3 : **\$47.99**  
Hb: 978-1-041-21341-3 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041213383](http://www.routledge.com/9781041213383)

## Philip Bromberg

A Contemporary Introduction



**Anthony Bass , Velleda C. Ceccoli**

*Series: Routledge Introductions to Contemporary Psychoanalysis*

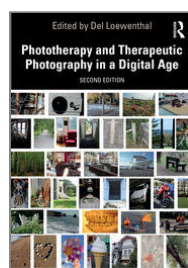
This important volume offers the first introduction to Philip Bromberg and his work, introducing the reader to his ground-breaking contributions to clinical psychoanalysis. This book will be of great interest to both psychoanalysts and psychotherapists, as well as students in mental health professions and analytic candidates.

Routledge  
May 2026 : 158pp  
Pb: 978-1-032-43847-4 : **\$47.99**  
Hb: 978-1-032-46474-9 : **\$200**  
eBook: 978-1-003-38185-3

\* For full contents and more information, visit: [www.routledge.com/9781032438474](http://www.routledge.com/9781032438474)

2ND EDITION

## Phototherapy and Therapeutic Photography in a Digital Age



*Edited by Del Loewenthal* University of Roehampton, UK

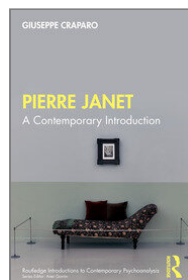
This fully updated second edition of "Phototherapy and Therapeutic Photography in a Digital Age" invites readers to consider how cutting-edge approaches in phototherapy and therapeutic photography could be integrated into their own practice. This book will be of vital importance to counsellors, psychotherapists, psychologists and photographers looking to learn more about the intersection of photography and therapeutic practice. It will also be essential reading for art therapists using photography within their work with clients.

Routledge  
May 2026 : 260pp  
Pb: 978-1-041-06307-0 : **\$47.99**  
Hb: 978-1-041-06308-7 : **\$200**  
eBook: 978-1-003-63480-5

\* For full contents and more information, visit: [www.routledge.com/9781041063070](http://www.routledge.com/9781041063070)

## Pierre Janet

A Contemporary Introduction



**Giuseppe Craparo**

*Series: Routledge Introductions to Contemporary Psychoanalysis*

In this concise yet illuminating volume, Giuseppe Craparo explores the work of Pierre Janet, deftly outlining his theory of mind and pioneering studies on dynamic psychology, trauma and dissociation. Pierre Janet: A Contemporary Introduction is essential reading for practicing psychologists, psychotherapists and psychoanalysts, as well as students and scholars interested in Janet and his legacy in the fields of psychotraumatology and psychoanalysis.

Routledge  
August 2026 : 160pp  
Pb: 978-1-032-94788-4 : **\$26.99**  
Hb: 978-1-032-94790-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032947884](http://www.routledge.com/9781032947884)



2ND EDITION

## Practical Approaches to Applied Research and Program Evaluation for Counselors



**Casey A. Barrio Minton** University of Tennessee–Knoxville, USA, **A. Stephen Lenz** Texas A&M University – San Antonio, USA

This is a comprehensive textbook that presents master's-level counselors with the skills and knowledge they need to consume literature to inform practice, apply research methods to practice settings, and evaluate the effectiveness of counseling services. Readers can also turn to the book's support material to access sample course outlines for implementation by instructors of 15-, 10- and 5- week courses, worksheets for practitioner and student planning exercises, spreadsheets with formulas for basic data analysis, a sample database, PowerPoint outlines, and discussion questions and activities aligned to each chapter.

Routledge  
May 2026 : 300pp  
Pb: 978-1-032-95721-0 : **\$84.99**  
Hb: 978-1-032-95725-8 : **\$245**  
eBook: 978-1-003-58621-0

\* For **full contents** and more information, visit: [www.routledge.com/9781032957210](http://www.routledge.com/9781032957210)

## Practical Wisdom Coaching

A Guide to Theory and Practice



**Shane McLoughlin**

*Series: Coaching Psychology*

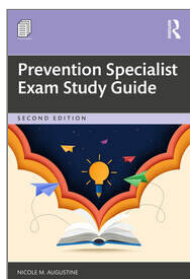
This book brings a character-based, virtue ethics approach into education and coaching to help practitioners, clients and students pursue contextually flourishing lives. By bridging the gap between theoretical virtues and their practical application, it unpacks the theory and provide empirical evidence and practical methods for addressing such tensions in everyday life and professional practice. Presenting a structured and philosophically-grounded framework for flourishing, this book will appeal to coaches, coaching psychologists, counsellors, educators, therapists, mentors, and leaders seeking to integrate timeless wisdom into their work.

Routledge  
May 2026 : 208pp  
Pb: 978-1-032-96697-7 : **\$47.99**  
Hb: 978-1-032-96699-1 : **\$200**  
eBook: 978-1-003-59048-4

\* For **full contents** and more information, visit: [www.routledge.com/9781032966977](http://www.routledge.com/9781032966977)

2ND EDITION

## Prevention Specialist Exam Study Guide



**Nicole M. Augustine**

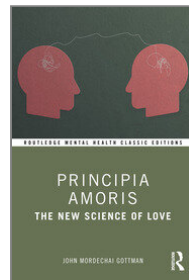
The second edition of The Prevention Specialist Exam Study Guide is a completely re-envisioned resource for today's prevention professional, reflecting the field's rapid evolution, the latest 2024 IC&RC Prevention Specialist Certification blueprint, and the expanding role of prevention in public health, equity, and community well-being. Whether you are preparing for certification or seeking to strengthen your practice, this second edition affirms prevention as both a science and a calling – supporting learners in building competence, confidence, and lasting impact in their communities.

Routledge  
July 2026 : 260pp  
Pb: 978-1-041-22437-2 : **\$39.99**  
Hb: 978-1-041-22440-2 : **\$190**

\* For **full contents** and more information, visit: [www.routledge.com/9781041224372](http://www.routledge.com/9781041224372)

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The New Science of Love



**John Mordechai Gottman**

*Series: Routledge Mental Health Classic Editions*

Written by world-renowned relationship expert Dr. John Gottman, this book unveils the hidden science behind love and relationships and provides readers with tools for predicting relationship durability. An invaluable resource for mental health professionals and curious readers alike, Principia Amoris provides enlightening perspectives on love through a blend of science and heart. Whether for couples looking to strengthen their own relationships or for clinicians seeking insight into the complex dynamics of human connection, this timeless work offers tools and wisdom that endure.

Routledge  
July 2026 : 464pp  
Pb: 978-1-041-01008-1 : **\$47.99**  
Hb: 978-1-041-01006-7 : **\$200**

\* For **full contents** and more information, visit: [www.routledge.com/9781041010081](http://www.routledge.com/9781041010081)

## Professional Development for Coaching Practitioners

An Interdisciplinary Approach



*Edited by Manfusa Shams*

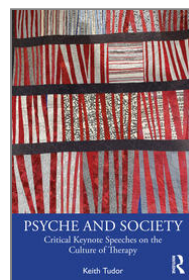
This book, featuring a cast of leading coaching practitioners, presents a guide for supporting the development of coaches and coaching psychologists. This book will be of value to coaching practitioners interested in developing their knowledge and understanding of the field, as well as both academic and continuing professional development units within education, business development, HR, and private coaching practice sectors.

Routledge  
May 2026 : 186pp  
Pb: 978-1-041-02267-1 : **\$34.99**  
Hb: 978-1-041-02569-6 : **\$180**  
eBook: 978-1-003-61998-7

\* For **full contents** and more information, visit: [www.routledge.com/9781041022671](http://www.routledge.com/9781041022671)

## Psyche and Society

Critical Keynote Speeches on Mental Health and Psychotherapy



**Keith Tudor**

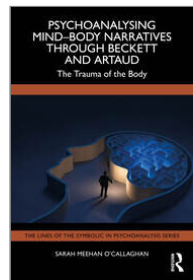
Covering a twenty-five-year period, this book of unpublished keynote speeches calls for a move away from individualistic approaches to therapy and towards socially-oriented and socially-engaged practices. This wide-ranging and engaging book will be of interest to psychotherapists, mental health practitioners, researchers and students of psychotherapy.

Routledge  
November 2026 : 224pp  
Pb: 978-1-032-71363-2 : **\$39.99**  
Hb: 978-1-032-71362-5 : **\$200**

\* For **full contents** and more information, visit: [www.routledge.com/9781032713632](http://www.routledge.com/9781032713632)

## Psychoanalysing Mind-Body Narratives through Beckett and Artaud

The Trauma of the Body



**Sarah Meehan O'Callaghan**

*Series: The Lines of the Symbolic in Psychoanalysis Series*

This book provides an epistemology of the body as it relates to subjectivity through an analysis of selected works of Antonin Artaud and Samuel Beckett. Presented in three parts, the book explores a fundamental premise: that there is a traumatic and alienating dimension to embodiment that resists expression within representational systems and is core to the being of any subject. Psychoanalysing Mind-Body Narratives through Beckett and Artaud will be essential reading for psychoanalysts in practice and in training, and for academics and scholars of Lacanian studies, psychoanalytic studies, the body, disability studies, and literary and theatre studies.

Routledge  
August 2026 : 194pp  
Pb: 978-1-032-83496-2 : \$47.99  
Hb: 978-1-032-83497-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032834962](http://www.routledge.com/9781032834962)

2ND EDITION

## Psychoanalysis and Euripides' Suppliant Women

A Tragic Reading of Politics



**Sotiris Manolopoulos**

This book explores how ancient tragedy illuminates contemporary political crises through a psychoanalytic lens. Through a "tragic" reading of Euripides' play, The Suppliant Women, it demonstrates how fractured societies attempt to "heal" themselves through populism, authoritarianism, cruelty, and cultures of deception. This interdisciplinary study will be of interest to psychoanalysts in practice and in training, as well as academics and scholars of psychoanalytic studies, politics, and classical studies, and anyone seeking to understand how ancient wisdom addresses modern democratic challenges and the pathological mental functioning manifest in contemporary politics.

Routledge  
May 2026 : 202pp  
Pb: 978-1-032-95433-2 : \$45.99  
Hb: 978-1-032-95432-5 : \$200  
eBook: 978-1-003-58487-2

\* For full contents and more information, visit: [www.routledge.com/9781032954332](http://www.routledge.com/9781032954332)

## Psychoanalysis and Fascism

A Reader



*Edited by Alasdair Cannon, Tom Fielder*

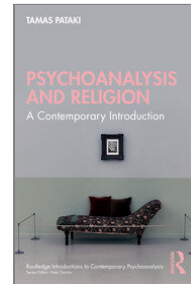
Psychoanalysis and Fascism: A Reader brings together the most significant papers from a century-long history of psychoanalytic writings on fascism. Alasdair Cannon and Tom Fielder situate key work by authors including Wilhelm Reich, Christopher Bollas, Jacqueline Rose, Otto Kernberg, and Theodor Adorno in the context of fascism's return as a locus of renewed political anxiety and scholarly debate.

Routledge  
October 2026 : 274pp  
Pb: 978-1-041-24637-4 : \$42.99  
Hb: 978-1-041-24638-1 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781041246374](http://www.routledge.com/9781041246374)

## Psychoanalysis and Religion

A Contemporary Introduction



**Tamas Pataki**

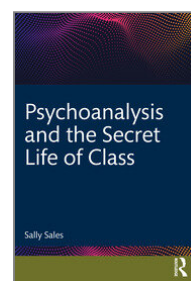
*Series: Routledge Introductions to Contemporary Psychoanalysis*

In this illuminating volume, Tamas Pataki critically examines Freud's psychoanalytic approach to religion, tracing its intellectual evolution and impact on contemporary theories and practice. Ideal for scholars, students and professionals in psychoanalysis, philosophy, theology and psychology, this book is a valuable resource for anyone seeking to understand the complex relationship between religion and the human psyche.

Routledge  
September 2026 : 142pp  
Pb: 978-1-032-82750-6 : \$23.99  
Hb: 978-1-032-83300-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032827506](http://www.routledge.com/9781032827506)

## Psychoanalysis and the Secret Life of Class



**Sally Sales**

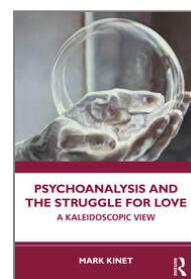
Sally Sales examines the troubled relationship between psychoanalysis and working-class experience, critiquing its class-blind theories and practices while exploring ways to address these exclusions. This book is essential for clinicians, psychotherapists, and students of psychoanalysis, offering insights into class dynamics and their impact on therapeutic practices, challenging readers to rethink psychoanalytic theories and practices to better address the lived realities of working-class individuals.

Routledge  
September 2026 : 172pp  
Pb: 978-0-367-28006-2 : \$47.99  
Hb: 978-0-367-28005-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9780367280062](http://www.routledge.com/9780367280062)

## Psychoanalysis and the Struggle for Love

A Kaleidoscopic View



**Mark Kinet** Psychoanalyst in private practice, Belgium

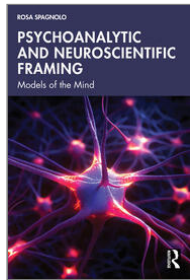
In Psychoanalysis and the Struggle for Love, psychiatrist and psychoanalyst Mark Kinet brings together decades of clinical experience, theoretical insight and cultural curiosity to explore love in all its forms: tender and erotic, destructive and restorative, ancient and digital. Written in Kinet's signature engaging and accessible style, this is a vital book for clinicians, readers of mind and culture, and anyone fascinated by the fragile and untidy beauty of love.

Routledge  
September 2026 : 208pp  
Pb: 978-1-041-21732-9 : \$47.99  
Hb: 978-1-041-21734-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041217329](http://www.routledge.com/9781041217329)

## Psychoanalytic and Neuroscientific Framing

Models of the Mind



**Rosa Spagnolo**

In this innovative and novel text, Rosa Spagnolo draws on her decades of experience to explore the ever-increasing relationship between psychoanalysis and modern neuroscience. This book focuses on the mind-body connection, opening the door to all readers interested in how to treat others and how to better understand their own mind and behaviours. It is an essential read for anyone interested in neuropsychanalysis and updating psychoanalytic concepts in their own theoretical and clinical work.

Routledge  
July 2026 : 276pp  
Pb: 978-1-032-93980-3 : **\$44.99**  
Hb: 978-1-032-93984-1 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781032939803](http://www.routledge.com/9781032939803)

## Psychoanalytic Explorations of Embodied Relational Knowing



**Doris Brothers , Jon Sletvold**

This book offers groundbreaking insights into relational theory, exploring the patient's and the analyst's longings to know, be known, and not known in psychoanalytic relationships, and the embodied nature of the healing process. Recognition of the patient's unknowable uniqueness, which is not fully accessible by means of empathy, is shown to promote more ethical therapeutic practices. With an informed and compassionate perspective, this book is essential reading for psychoanalysts and psychotherapists regardless of their theoretical orientation.

Routledge  
September 2026 : 190pp  
Pb: 978-1-032-78438-0 : **\$47.99**  
Hb: 978-1-032-78440-3 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032784380](http://www.routledge.com/9781032784380)

## Psychodynamic Foundations of Bioenergetic Analysis

Responses from Body-Psychotherapy to the Uncertainty of Our Times



*Edited by* **Jens Tasche , Dorota Wejner , Carsten Holle**

Psychodynamic Foundations of Bioenergetic Analysis: Responses from Body-Psychotherapy to the Uncertainty of Our Times explores how Alexander Lowen's concept of a grounded self can be cultivated despite the increasing uncertainty caused by rapid political and social changes. The book is intended for body-psychotherapists and psychodynamically-oriented students or psychotherapists who want to integrate the body more fully into their work. Readers interested in holistic healing approaches will find a comprehensive overview of the diverse European perspectives on Bioenergetic Analysis, supported by case studies, figures, study cards and multiple-choice questions.

Routledge  
November 2026 : 234pp  
Pb: 978-1-041-25064-7 : **\$47.99**  
Hb: 978-1-041-25065-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041250647](http://www.routledge.com/9781041250647)

## Psychodynamic Foundations of Bioenergetic Analysis

Weaving Insight with Intensity through Body-Psychotherapy



*Edited by* **Jens Tasche , Dorota Wejner , Carsten Holle**

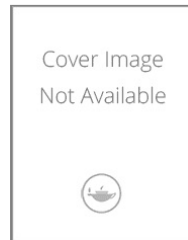
Psychodynamic Foundations of Bioenergetic Analysis: Weaving Insight with Intensity through Body-Psychotherapy examines how the intensity of body-psychotherapeutic processes can be integrated into a coherent therapeutic framework with the help of psychodynamic insights. The book is intended for body-psychotherapists and psychodynamically-oriented students or psychotherapists who want to integrate the body more fully into their work. Readers interested in holistic healing approaches will find a comprehensive overview of the diverse European perspectives on Bioenergetic Analysis, supported by case studies, figures, study cards and multiple-choice questions.

Routledge  
November 2026 : 206pp  
Pb: 978-1-041-25066-1 : **\$47.99**  
Hb: 978-1-041-25067-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041250661](http://www.routledge.com/9781041250661)

## Psychodynamic Foundations of Bioenergetic Analysis (2 Volume Set)

Weaving Insight with Intensity through Body-Psychotherapy, Responses from Body-Psychotherapy to the Uncertainty of Our Times



*Edited by* **Jens Tasche , Dorota Wejner , Carsten Holle**

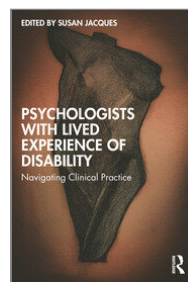
Psychodynamic Foundations of Bioenergetic Analysis, volumes one and two, explores bioenergetic analysis, developed by Alexander Lowen on the foundation of psychoanalytic drive theory, draws on Wilhelm Reich's groundbreaking discovery of the functional unity of physical and mental defense processes. This two-volume set is intended for body-psychotherapists and psychodynamically-oriented students or psychotherapists who want to integrate the body more fully into their work. Readers interested in holistic healing approaches will find a comprehensive overview of the diverse European perspectives on Bioenergetic Analysis, supported by case studies.

Routledge  
November 2026 : 440pp  
Pb: 978-1-041-39895-0 : **\$84.99**

\* For full contents and more information, visit: [www.routledge.com/9781041398950](http://www.routledge.com/9781041398950)

## Psychologists with Lived Experience of Disability

Navigating Clinical Practice



*Edited by* **Susan Jacques**

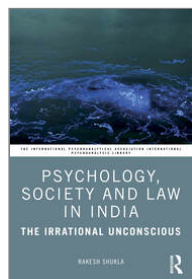
A wealth of guidance is available on supporting clients with lived experience of disability - yet there is little available that focuses on understanding the first-hand experience of psychologists who themselves identify as having a disability. This book responds to this gap in literature by providing narratives of psychologists with disabilities and exploring how their disability interacts with their experience of working in clinical practice. The accounts represented within this book are varied, reflecting the wide range of experiences and challenges that psychologists with disabilities may encounter during their practice.

Routledge  
October 2026 : 240pp  
Pb: 978-1-041-06554-8 : **\$47.99**  
Hb: 978-1-041-06555-5 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041065548](http://www.routledge.com/9781041065548)

## Psychology, Society and Law in India

The Irrational Unconscious



**Rakesh Shukla**

*Series: The International Psychoanalytical Association International Psychoanalysis Library*

With specific reference to India, Rakesh Shukla takes a look at the relationship between love and rage in intimate relationships, the impact of the father-son dynamic in politics and inter-community relations. Shukla considers the dynamics behind parental love and 'honor killings', Hindu sexuality and fanaticism, and how the 'other' comes to be viewed as 'evil'. Grounded in law, clinical practice, and judicial training, this book will be of interest to anyone wishing to learn more about the interface of society, the psyche and law.

Routledge

October 2026 : 180pp

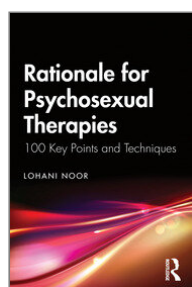
Pb: 978-1-041-04092-7 : \$47.99

Hb: 978-1-041-04094-1 : \$200

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## Psychosexual Therapies

100 Key Points and Techniques



**Lohani Noor**

*Series: 100 Key Points*

Rationale for Psychosexual Therapies: 100 Key Points and Techniques is a practical, accessible guide that distils complex psychosexual theories into actionable insights. Noor offers a structured, multidisciplinary resource covering assessment, diagnosis, and evidence-based treatments while addressing links between sexual dysfunction and mental health, cultural shifts, and digital-age challenges like pornography, dating apps, and virtual infidelity. Bridging theory and practice for both professionals and the public, it is essential for students and practitioners in gender, sex, and sexuality.

Routledge

July 2026 : 434pp

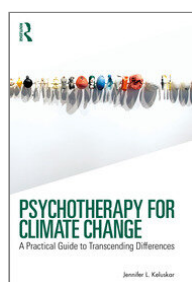
Pb: 978-1-041-13886-0 : \$26.99

Hb: 978-1-041-13888-4 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781041138860](http://www.routledge.com/9781041138860)

## Psychotherapy for Climate Change

A Practical Guide to Transcending Differences



**Jennifer L. Keluskar** Private practice, New York, USA

Psychotherapy for Climate Change explores the complex ways in which climate change is both exacerbating and being fueled by modern society's epidemic of loneliness and social isolation. The book also presents practical tools for strengthening social connections among those who want to contribute to a solution and between environmental advocates and those who deny that the problem exists.

Routledge

August 2026 : 226pp

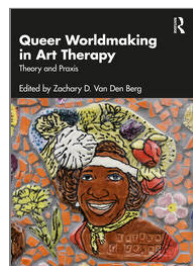
Pb: 978-1-032-77665-1 : \$47.99

Hb: 978-1-032-77666-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032776651](http://www.routledge.com/9781032776651)

## Queer Worldmaking in Art Therapy

Theory and Praxis



*Edited by Zachary D. Van Den Berg*

This book actively challenges the constraints imposed by dominant cis-heteronormative paradigms and advocates for a dynamic and fluid understanding of identity and healing, framing social justice and liberation as indispensable components of therapeutic practice. Through detailed case studies and real-world applications, the book showcases innovative strategies that advocate for an expanded professional practice that honors the vibrant diversity of LGBTQIA+ identities. By equipping art therapists with tools for active allyship and ethical care, Queer Worldmaking in Art Therapy aims to catalyze a shift towards more equitable therapeutic landscapes for all.

Routledge

June 2026 : 440pp

Pb: 978-1-032-93915-5 : \$39.99

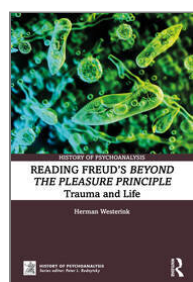
Hb: 978-1-032-93770-0 : \$180

eBook: 978-1-003-56757-8

\* For full contents and more information, visit: [www.routledge.com/9781032939155](http://www.routledge.com/9781032939155)

## Reading Freud's Beyond the Pleasure Principle

Trauma and Life



**Herman Westerink**

*Series: History of Psychoanalysis*

Reading Freud's Beyond the Pleasure Principle presents a new reading of this foundational text, based on the hypothesis that the work was written in two phases. Reading Freud's Beyond the Pleasure Principle will be a significant reference for academics and scholars of Freud, psychoanalytic studies, trauma, critical theory, philosophy and the history of science. It will be of great interest to psychoanalysts in practice and in training.

Routledge

July 2026 : 218pp

Pb: 978-1-041-15622-2 : \$47.99

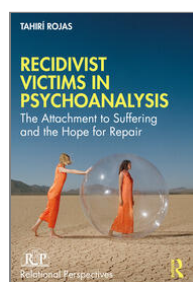
Hb: 978-1-041-15623-9 : \$180

eBook: 978-1-003-68041-3

\* For full contents and more information, visit: [www.routledge.com/9781041156222](http://www.routledge.com/9781041156222)

## Recidivist Victims in Psychoanalysis

The Attachment to Suffering and the Hope for Repair



**Tahiri Rojas**

*Series: Relational Perspectives*

This book explores the understudied phenomenon of victimization recurrence, introducing the clinically robust concept of the recidivist victim and translating it into an innovative diagnostic tool: the Clinical Spectrum of Recidivist Victims, developed from over twenty years of clinical practice. Dr. Rojas presents a relational psychoanalytic framework that maps the range of psychological positions individuals may occupy in relation to repeated harm. It is intended for clinicians, researchers, and practitioners, as well as for anyone who believes they are, or have been caught in recurring patterns of victimization and seeks to understand them without judgment.

Routledge

August 2026 : 188pp

Pb: 978-1-041-27710-1 : \$47.99

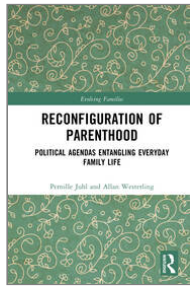
Hb: 978-1-041-28557-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041277101](http://www.routledge.com/9781041277101)



## Reconfiguration of Parenthood

Political Agendas Entangling Everyday Family Life



**Pernille Juhl** Roskilde University, Denmark, **Allan Westerling** Roskilde University, Denmark

*Series: Evolving Families*

With the conditions of parenthood constantly changing, this book examines the reconfiguration of parenting as well as the political, institutional and personal conditions that play a role in its development. Juhl and Westerling take a social psychological approach to the state of Denmark's early childhood education policy, and the influence of government legislature on everyday family life. The book is relevant and insightful for researchers and scholars in family policy, parenthood and early childhood education and care. It can also be used by early childhood educators and care practitioners, as well as policymakers.

Routledge  
September 2026 : 264pp  
Hb: 978-1-032-61750-3 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032617503](http://www.routledge.com/9781032617503)

## Reinventing Psychoanalysis for the Great Unknown

The Never-Ending Challenge



**Ofra Eshel** Tel Aviv University, Israel

*Series: Psychoanalysis in a New Key*

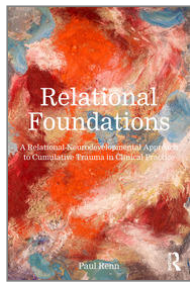
This book explores extreme experiences in psychoanalysis, and looks at how to work with and understand such experiences both practically and theoretically. This is essential reading for psychoanalysts and psychotherapists who wish to extend the reach of psychoanalytic treatment and work with some of the most difficult treatment situations.

Routledge  
July 2026 : 202pp  
Pb: 978-1-041-13731-3 : **\$47.99**  
Hb: 978-1-041-14364-2 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041137313](http://www.routledge.com/9781041137313)

## Relational Foundations

A Relational-Neurodevelopmental Approach to Cumulative Trauma in Clinical Practice



**Paul Renn** in private practice, London, UK

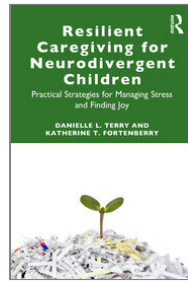
This book develops a relational-neurodevelopmental framework for understanding how early experience becomes procedurally encoded, organised, and transmitted across generations. Drawing on three decades of clinical practice, it brings psychoanalysis, attachment theory, infant observation, and neuroscience into dialogue with the lived moment of therapeutic work. Structured in four parts, the volume addresses key clinical domains, such as enactment, sexuality, power, forensic settings, and psychosis, while staying grounded in practice. Written for psychotherapists, clinicians, and scholars, this book offers an integrative, ethically attuned account of development that honours complexity.

Routledge  
September 2026 : 244pp  
Pb: 978-1-041-33478-1 : **\$47.99**  
Hb: 978-1-041-33816-1 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041334781](http://www.routledge.com/9781041334781)

## Resilient Caregiving for Neurodivergent Children

Practical Strategies for Managing Stress and Finding Joy



**Danielle L. Terry**, **Katherine T. Fortenberry**

Resilient Caregiving for Neurodivergent Children is a supportive, neuroaffirming, and practical guide that helps caregivers protect their own wellbeing while managing the emotional and day-to-day challenges of raising a neurodivergent child. Combining therapeutic tools with a lived understanding of neurodiversity, this book provides compassionate approaches to care and self-care for parents, guardians, and professionals alike.

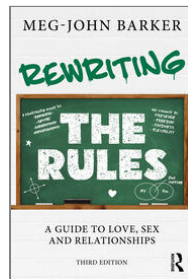
Routledge  
July 2026 : 228pp  
Pb: 978-1-032-95102-7 : **\$32.99**  
Hb: 978-1-032-96330-3 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781032951027](http://www.routledge.com/9781032951027)

3RD EDITION

## Rewriting the Rules

A Guide to Love, Sex and Relationships



**Meg John Barker**

We live in a time of uncertainty about relationships. We search for The One but remain single because nobody measures up. This new edition considers how the rules are being 'rewritten' in various ways: in monogamous, monogamish and polyamorous relationships, through different ways of understanding sex and gender, and via new ideas for managing commitment and breakup when economics, communities, or child-care make complete separation impossible. The book empowers you to find an approach that best fits your situation, concluding with a reflection on how we might collectively rewrite our rules of relating during times of collective crisis.

Routledge  
September 2026 : 588pp  
Pb: 978-1-041-25010-4 : **\$47.99**  
Hb: 978-1-041-25011-1 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041250104](http://www.routledge.com/9781041250104)

## Routledge International Handbook of Psychoanalysis and Gender



**Edited by Patricia Gherovici** Independent Scholar, USA, **Manya Steinkoler** Borough of Manhattan Community College, CUNY, USA

*Series: Routledge International Handbooks*

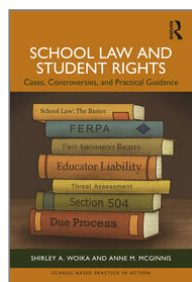
The Routledge International Handbook of Psychoanalysis and Gender comprehensively covers psychoanalytic concepts and perspectives touching on major debates that have led to arguments, discussions, and considerations of gender, uncovering the topical groundwork, and predicting future directions. This essential book will appeal to psychoanalysts, psychologists, psychiatrists, social workers, counselors, and therapists. It will also be an indispensable reference for students in the humanities and researchers of psychoanalysis and psychotherapy, gender, literature, film, philosophy, sociology, queer studies, and women studies, among others.

Routledge  
September 2026 : 508pp  
Hb: 978-1-032-81230-4 : **\$305**

\* For full contents and more information, visit: [www.routledge.com/9781032812304](http://www.routledge.com/9781032812304)

## School Law and Student Rights

Cases, Controversies, and Practical Guidance



**Shirley A. Woika , Anne M. McGinnis**

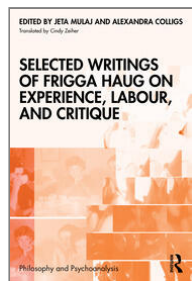
*Series: School-Based Practice in Action*

In this engaging text, prevalent school law topics are presented with interesting cases that help the reader to begin to think about such issues from a legal perspective. Appropriate for educators, administrators, support staff, school psychologists, school counselors, and attorneys and advocates with an interest in school law, this book is an enjoyable and informational read about current and changing school law compared to a typical legal text.

Routledge  
August 2026 : 222pp  
Pb: 978-1-041-21772-5 : \$47.99  
Hb: 978-1-041-21789-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041217725](http://www.routledge.com/9781041217725)

## Selected Writings of Frigga Haug on Experience, Labour, and Critique



*Edited by Jeta Mulaj , Alexandra Colligs*

*Series: Philosophy and Psychoanalysis*

This book offers a compelling introduction to the groundbreaking work of one of Germany's most influential feminist and Marxist thinkers, Frigga Haug. For over five decades, Haug's writings have shaped critical debates on gender, subjectivity, and social transformation, yet much of her work has remained inaccessible to English-speaking audiences - until now. This volume is an essential resource for scholars, students, and critical thinkers in fields such as feminism, Marxism, psychoanalysis, philosophy, and social theory, and provides a rich and transformative perspective on the challenges of our time.

Routledge  
August 2026 : 248pp  
Pb: 978-1-032-76801-4 : \$47.99  
Hb: 978-1-032-76803-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032768014](http://www.routledge.com/9781032768014)

## Self Disclosure and the Analytic Relationship

Facing the Facts



*Edited by Stephanie R. Brody*

This book explores the inevitable intrusions of the analyst's personal life into clinical work and how to manage the challenges of self-disclosure, secrecy and analytic identity within this context. Self-Disclosure and the Analytic Relationship will be a useful resource within all psychoanalytic contexts including academic, clinical training, and post-graduate study.

Routledge  
October 2026 : 190pp  
Pb: 978-1-032-95103-4 : \$47.99  
Hb: 978-1-032-95418-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032951034](http://www.routledge.com/9781032951034)

2ND EDITION

## Single-Session Coaching

Distinctive Features



**Windy Dryden** Goldsmiths, University of London, UK

*Series: Coaching Distinctive Features*

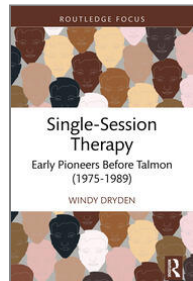
In this revised edition of Single-Session Coaching: Distinctive Features, Windy Dryden presents a clear and accessible overview of the theory and practice of Single-Session Coaching (SSC). Presented in the highly accessible Distinctive Features format, Dryden explores how these approaches allow coaches and clients to tackle problems and find solutions quickly and flexibly. This will be an invaluable tool for coaches in practice and in training, as well as for academics and students of coaching.

Routledge  
May 2026 : 148pp  
Pb: 978-1-041-22613-0 : \$47.99  
Hb: 978-1-041-22615-4 : \$180  
eBook: 978-1-003-73319-5

\* For full contents and more information, visit: [www.routledge.com/9781041226130](http://www.routledge.com/9781041226130)

## Single-Session Therapy

Early Pioneers Before Talmon (1975-1989)



**Windy Dryden** Goldsmiths, University of London, UK

*Series: Routledge Focus on Mental Health*

In this book Dryden considers the works of the Early Pioneers of Single Session Therapy spanning from 1975 to 1992 and outlines the contribution they made to present day SST. Dryden gives a focused, detailed consideration of the works of Freud, Otto Spierl, Kenneth Rockwell & Rolfs, Pinkerton and Bernard Bloom. This book presents a unique perspective on the founders of SST and the implication of their work on modern day practice. This book will be of interest to any single-session practitioners and to any students or clinicians exploring brief therapy models.

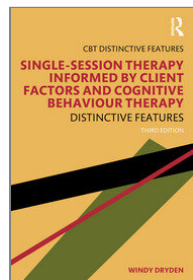
Routledge  
August 2026 : 80pp  
Hb: 978-1-041-28712-4 : \$72.99

\* For full contents and more information, visit: [www.routledge.com/9781041287124](http://www.routledge.com/9781041287124)

3RD EDITION

## Single-Session Therapy Informed by Client Factors and Cognitive Behaviour Therapy

Distinctive Features



**Windy Dryden** Goldsmiths, University of London, UK

*Series: CBT Distinctive Features*

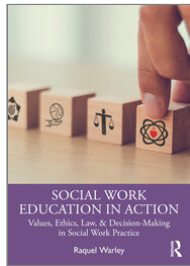
In the third edition of this book, Windy Dryden outlines a way of practising single-session therapy that is primarily informed by client factors, followed by ideas stemming from CBT. Windy Dryden calls this way of working 'Single-Session Therapy: Informed by Client Factors and Cognitive Behaviour Therapy' (SST: ICF & CBT). This book offers essential guidance for students and practitioners who wish to provide help at the point of need and integrate client factors and CBT in doing so.

Routledge  
October 2026 : 322pp  
Pb: 978-1-041-35735-3 : \$47.99  
Hb: 978-1-041-35734-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041357353](http://www.routledge.com/9781041357353)

## Social Work Education in Action

Values, Ethics, Law, & Decision-Making in Social Work Practice



**Raquel Warley**

This workbook-style primer guides students in translating the core principles of social work practice into observable professional action, including ethical decision-making, engagement, assessment, treatment planning, and intervention. Social Work Education in Action is a comprehensive tool for graduate students in social work, aiding both classroom and field education and enhancing student engagement, professional readiness, and lifelong learning.

Routledge

October 2026 : 282pp

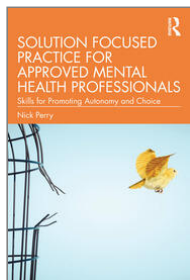
Pb: 978-1-041-21681-0 : \$61.99

Hb: 978-1-041-21682-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041216810](http://www.routledge.com/9781041216810)

## Solution Focused Practice for Approved Mental Health Professionals

Skills for Promoting Autonomy and Choice



**Nick Perry**

Following the critically acclaimed 'Solution Focused Practice and Mental Health Crisis – Inclusive Support Towards Safety and Hope', this unique new book from Nick Perry provides an in-depth application of SFP to the role of the Approved Mental Health Professional in England and Wales. It is a must-read for AMHPs committed to providing useful, least restrictive interventions; and any other professionals working in a mandated setting, keen to promote autonomy and choice for people in mental health crisis.

Routledge

September 2026 : 154pp

Pb: 978-1-041-15000-8 : \$47.99

Hb: 978-1-041-15093-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041150008](http://www.routledge.com/9781041150008)

## Spiritual Direction and the Other

Interdisciplinary Explorations of Accompaniment



**Edited by Aaron B. Daniels, Peter Capretto, Gracie Vogel**

*Series: Psychology and the Other*

Spiritual Direction and the Other offers the first interdisciplinary exploration of how ancient traditions of spiritual accompaniment can restore openness to mystery and cultural sensitivity in our psychotherapeutic helping professions. Bringing together interdisciplinary contributors from clinical psychology, theology, philosophy, chaplaincy and history, this volume provides not only a rich analysis of the identity of spiritual direction in the 21st century, but models of how spiritual direction can inform caregiving, advocacy and education in countless contexts.

Routledge

August 2026 : 214pp

Pb: 978-1-041-24633-6 : \$47.99

Hb: 978-1-041-24634-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041246336](http://www.routledge.com/9781041246336)

## Storytelling from a Psychotherapy Perspective

Bawdy and Beastly Tales



**David England**

Bringing together a fusion of psychology, storytelling, and feminism, Storytelling from a Psychotherapy Perspective presents a humorous yet highly practical anthology of traditional stories with psychological truths hidden within their fabric for mental health practitioners to draw upon in their work with clients. Readers are encouraged to draw from the well of soulful wisdom and keen insight enshrined in traditional tales and will gain a stronger understanding of the unique power of stories to create safe spaces to explore difficult personal experiences.

Routledge

August 2026 : 261pp

Pb: 978-1-041-19568-9 : \$47.99

Hb: 978-1-041-19569-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041195689](http://www.routledge.com/9781041195689)

## Studying Lacan's Seminar IX

A Stranger in My Own Midst



*Edited by Carol Owens, Sarah Meehan O'Callaghan*

*Series: Studying Lacan's Seminars*

Studying Lacan's Seminar IX presents the combined teachings and exegeses of three eminent Lacanian scholars of one of Lacan's notoriously difficult seminars in a set of detailed commentaries on the lessons of the seminar. The volume will be an indispensable resource for those seeking to understand the structural patterns of the psyche through a rigorous topological lens and will appeal to scholars and students alike, as well as psychoanalytic therapist and analysts interested in Lacan's teachings.

Routledge

November 2026 : 270pp

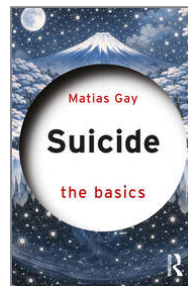
Pb: 978-1-032-87123-3 : \$47.99

Hb: 978-1-032-87124-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032871233](http://www.routledge.com/9781032871233)

## Suicide

The Basics



**Matias Gay** IWK Health Centre, Nova Scotia, Canada

*Series: The Basics*

Suicide: The Basics is a concise, accessible, and evidence-informed introduction to the study, prevention, and lived experience of suicide. Including practical ways to find help, support others, and pursue further study, this book will appeal to students of counseling, nursing, philosophy, psychology, public health, social work, and sociology, as well as readers with a general interest in the topic of mental wellbeing and suicide prevention.

Routledge

October 2026 : 210pp

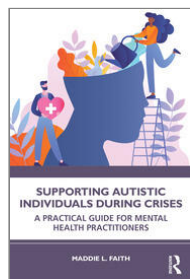
Pb: 978-1-041-27844-3 : \$28.99

Hb: 978-1-041-28311-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041278443](http://www.routledge.com/9781041278443)

## Supporting Autistic Individuals During Crises

A Practical Guide for Mental Health Practitioners



**Maddie L. Faith**

Presenting a first-person exploration of living with autism while experiencing a mental health crisis, this book examines how differences in sensory processing, communication, emotional regulation, and cognition shape the experience of crisis. This book provides essential recognition and reassurance to autistic readers. It is also essential reading for individuals supporting autistic individuals, such as family members, carers, mental health clinicians, educators, support workers and policymakers.

Routledge

July 2026 : 170pp

Pb: 978-1-041-27501-5 : \$32.99

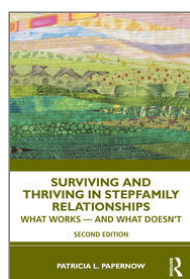
Hb: 978-1-041-27502-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041275015](http://www.routledge.com/9781041275015)

2ND EDITION

## Surviving and Thriving in Stepfamily Relationships

What Works — and What Doesn't



**Patricia L. Papernow** in private practice, Massachusetts, USA

This book is an essential resource for stepfamily members and the professionals who support them, offering a comprehensive roadmap to navigate the unique challenges of stepfamily life. The book's multi-level approach makes it an invaluable guide for both stepfamily members and a wide range of professionals, including therapists, educators, clergy, and legal or medical practitioners. Combining concrete strategies, real-life stories, and current research, this book equips readers with the tools to help stepfamilies not just survive, but thrive.

Routledge

November 2026 : 320pp

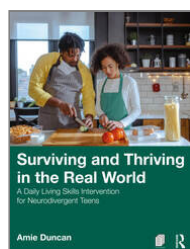
Pb: 978-1-032-46570-8 : \$47.99

Hb: 978-1-032-46571-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032465708](http://www.routledge.com/9781032465708)

## Surviving and Thriving in the Real World

A Daily Living Skills Intervention for Neurodivergent Teens



**Amie Duncan**

This interactive manual provides clinicians (e.g., psychologists, occupational therapists, social workers, educators) with a structured curriculum to target the acquisition and mastery of age-appropriate daily living skills using evidence-based strategies for neurodivergent adolescents (e.g., autism, ADHD). This manual will equip practitioners with the skills to help their neurodivergent adolescent clients learn and practice daily living skills to prepare them for successful adult outcomes work, college, independent living, and social connectedness.

Routledge

June 2026 : 466pp

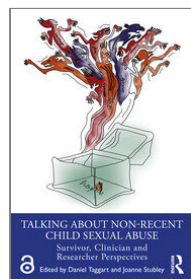
Pb: 978-1-032-59966-3 : \$74.99

eBook: 978-1-003-45883-8

\* For full contents and more information, visit: [www.routledge.com/9781032599663](http://www.routledge.com/9781032599663)

## Talking about non-recent child sexual abuse

Survivor, Clinician and Researcher perspectives



*Edited by* **Daniel Taggart, Joanne Stubbley**

This book addresses the issue of non-recent child sex abuse and its long-term impact on adult survivors from a broadly psychodynamic perspective. With an ethical commitment to the field, this book will appeal to clinicians working in mental health but will also hold interest to those in other fields such as the social sciences, as well as the interested public, and CSA survivors in particular.

Routledge

May 2026 : 312pp

Pb: 978-1-032-67029-4 : \$32.99

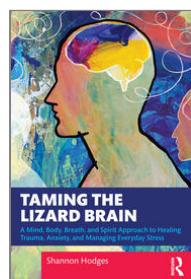
Hb: 978-1-032-67030-0 : \$200

eBook: 978-1-032-67031-7

\* For full contents and more information, visit: [www.routledge.com/9781032670294](http://www.routledge.com/9781032670294)

## Taming the Lizard Brain

A Mind, Body, Breath, and Spirit Approach to Healing Trauma, Anxiety, and Managing Everyday Stress



**Shannon Hodges**

In this practical guide, Shannon Hodges draws on his 40 years of experience as counselor, clinical supervisor, consultant, author, and trainer in sharing information to help clinicians and clients in the healing journey of treating PTSD, anxiety, phobias, and stress. This book serves as a valuable resource for mental health professionals, clients in therapy, and former clients continuing their healing journey. It's also beneficial for students in counseling, psychology, and social work programs. The guided, hands-on approach helps build resilience across various contexts, making it widely applicable for both clinical practice and personal development.

Routledge

July 2026 : 242pp

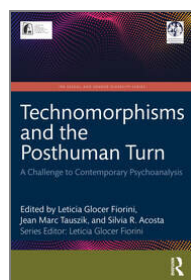
Pb: 978-1-041-17344-1 : \$35.99

Hb: 978-1-041-17345-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041173441](http://www.routledge.com/9781041173441)

## Technomorphisms and the Posthuman Turn

A Challenge to Contemporary Psychoanalysis



*Edited by* **Leticia Glocer Fiorini, Jean Marc Tauszik, Silvia R. Acosta**

*Series: IPA Sexual and Gender Diversity Series*

Technomorphisms and the Posthuman Turn explores the profound intersections between psychoanalysis and posthumanism, shedding light on the evolving complexities of subjectivity in a hyper-technological world. This book is an essential resource for psychoanalysts, scholars, and students interested in the intersections of psychoanalysis, gender studies, posthumanism, and technology. It is also invaluable for anyone seeking to understand the ethical and theoretical implications of living in a world where the boundaries of the human are constantly being redefined.

Routledge

September 2026 : 144pp

Pb: 978-1-041-32660-1 : \$47.99

Hb: 978-1-041-32661-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041326601](http://www.routledge.com/9781041326601)



## Technosubjectivities

Human, Cyborg, Robot and Avatar in Contemporary Psychoanalysis



**Laura Ezquerro**

*Series: The International Psychoanalytical Association Current Challenges in Psychoanalysis*

In *Technosubjectivities*, Ezquerro invites readers to reconsider the core concepts of psychoanalysis—unconscious, body, drive, transitional object, psychosexuality, and the conditions of symbolization—in light of virtual environments and technologically mediated experiences. This ground-breaking book is essential reading for clinicians dealing with technology-mediated lives, psychoanalysts, neuroscientists, and readers interested in philosophy, psychoanalysis, anthropology, art, technology, and the humanities and to anyone wishing to reflect on the transformations of our time.

Routledge  
August 2026 : 162pp  
Pb: 978-1-041-07475-5 : **\$47.99**  
Hb: 978-1-041-07476-2 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041074755](http://www.routledge.com/9781041074755)

## Telepathy in the Clinical Process

A Century of Psychoanalytic Mystery



*Edited by* **Richard Reichbart**

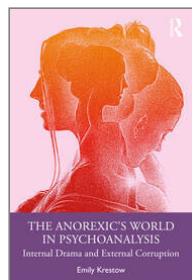
*Telepathy in the Clinical Process* explores telepathy as it appears in the psychoanalytic process, both in contemporary practice and in historical contexts. *Telepathy in the Clinical Process* will be of great interest to psychoanalysts in practice and in training. It will also be relevant to academics and students of psychoanalytic studies and parapsychology.

Routledge  
September 2026 : 206pp  
Pb: 978-1-041-00658-9 : **\$47.99**  
Hb: 978-1-041-00660-2 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041006589](http://www.routledge.com/9781041006589)

## The Anorexic's World in Psychoanalysis

Internal Drama and External Corruption



**Emily Krestow**

This powerful book is a multifaceted examination of anorexia nervosa, which explores the anorexic's internal experience, as well as the key role that specific family dynamics play in the development, experience, and treatment of anorexia. Drawing on clinical material, and the author's own experiences, *The Anorexic's World in Psychoanalysis* will be essential reading for psychoanalysts in practice and in training, to other clinicians working with anorexic patients, anorexics and their families, and the interested general public.

Routledge  
June 2026 : 136pp  
Pb: 978-1-032-86752-6 : **\$44.99**  
Hb: 978-1-032-86753-3 : **\$200**  
eBook: 978-1-003-52900-2

\* For full contents and more information, visit: [www.routledge.com/9781032867526](http://www.routledge.com/9781032867526)

2ND EDITION

## The Art of Coaching

Tools for Transformation



**Jenny Bird, Sarah Gornall**

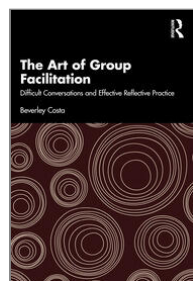
*The Art of Coaching* is a book to shift thinking and open up new possibilities, stimulate fresh insight, and adapt to your needs as a coach, leader or manager and to use creatively in practice. The first edition of this unique and bestselling book quickly became a staple in the coaching world; now the revised edition has been updated to include new models and diagrams that have been developed by the authors in response to changing social and political events. Written by two experienced, highly qualified international coaches and supervisors, it is packed full of ideas, with tens of visual images, many original to the authors.

Routledge  
October 2026 : 260pp  
Pb: 978-1-041-27575-6 : **\$34.99**  
Hb: 978-1-041-27582-4 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781041275756](http://www.routledge.com/9781041275756)

## The Art of Group Facilitation

Difficult Conversations and Effective Reflective Practice



**Beverley Costa**

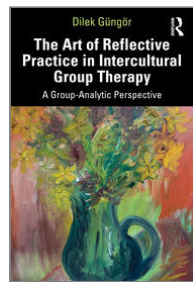
In this insightful book, Beverley Costa explores the crucial role of the group facilitator in shaping reflective groups that can move beyond disorganised and stagnant group dynamics, contain anxiety and foster meaningful change. Drawing on decades of real-world experience, the book offers clear frameworks, case examples, and practical tools for professionals in education, healthcare, social care, law, journalism, community and humanitarian work, and other relational fields—anyone who recognises the power of people thinking together.

Routledge  
October 2026 : 194pp  
Pb: 978-1-041-11231-0 : **\$47.99**  
Hb: 978-1-041-11233-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041112310](http://www.routledge.com/9781041112310)

## The Art of Reflective Practice in Intercultural Group Therapy

A Group-Analytic Perspective



**Dilek Güngör**

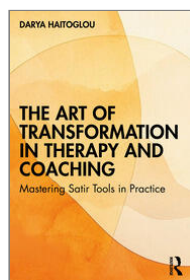
*The Art of Reflective Practice in Intercultural Group Therapy* proposes a relational, practice-based, and ethically reflective model for working with culturally diverse groups in therapeutic settings. This book is designed for therapists, counsellors, nurses, students, and practitioners working with groups or individuals—especially those from diverse cultural backgrounds. It offers practical, accessible guidance for addressing the complex dynamics of cultural diversity in therapeutic settings.

Routledge  
May 2026 : 230pp  
Pb: 978-1-041-21189-1 : **\$47.99**  
Hb: 978-1-041-21191-4 : **\$200**  
eBook: 978-1-003-72601-2

\* For full contents and more information, visit: [www.routledge.com/9781041211891](http://www.routledge.com/9781041211891)

## The Art of Transformation in Therapy and Coaching

Mastering Satir Tools in Practice



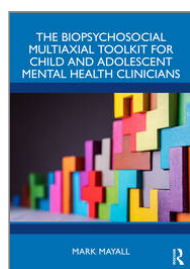
**Darya Haitoglou**

The Art of Transformation in Therapy and Coaching brings Virginia Satir's pioneering work and timeless principles to life for today's therapists, coaches, and leaders seeking to foster authenticity, emotional resilience, and connection in individuals, families, and organizations. Accessible yet rigorous and experiential, this book stands as both a reference and an inspiration for professionals dedicated to cultivating authentic, compassionate, and lasting change with their clients.

Routledge  
July 2026 : 368pp  
Pb: 978-1-041-20040-6 : \$39.99  
Hb: 978-1-041-20411-4 : \$190

\* For full contents and more information, visit: [www.routledge.com/9781041200406](http://www.routledge.com/9781041200406)

## The Biopsychosocial Multiaxial Toolkit for Child and Adolescent Mental Health Clinicians



**Mark Mayall** James Cook University, Australia

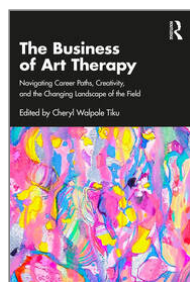
This is a practical guide for clinicians to enhance their understanding of using a biopsychosocial approach to assessment, diagnosis, and treatment in child and adolescent mental health. Packed with background, theory, and illustrative cases, The Biopsychosocial Multiaxial Toolkit for Child and Adolescent Mental Health Clinicians is a must for clinicians striving for evidence-based, patient-centred interventions, from those clinicians starting out in this field to the experienced clinician, who will find the BPS-MXL system helpful in practice and in teaching, training, and supervision.

Routledge  
May 2026 : 306pp  
Pb: 978-1-041-01712-7 : \$39.99  
Hb: 978-1-041-01239-9 : \$180  
eBook: 978-1-003-61384-8

\* For full contents and more information, visit: [www.routledge.com/9781041017127](http://www.routledge.com/9781041017127)

## The Business of Art Therapy

Navigating Career Paths, Creativity, and the Changing Landscape of the Field



**Edited by Cheryl Walpole Tikou**

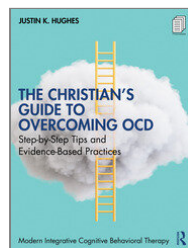
The Business of Art Therapy provides art therapists with the necessary knowledge, skills, and confidence to successfully establish and expand their career development. With its practical advice, tools, and resources, this book serves as a comprehensive guide for both aspiring and experienced art therapists seeking to succeed in their chosen field.

Routledge  
June 2026 : 166pp  
Pb: 978-1-032-76230-2 : \$47.99  
Hb: 978-1-032-76322-4 : \$170

\* For full contents and more information, visit: [www.routledge.com/9781032762302](http://www.routledge.com/9781032762302)

## The Christian's Guide to Overcoming OCD

Step-by-Step Tips and Evidence-Based Practices



**Justin K. Hughes** Dallas Counseling, PLLC, Texas, USA

*Series: Modern Integrative Cognitive Behavioral Therapy*

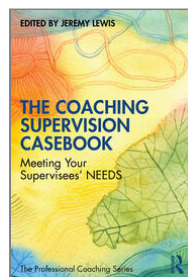
Struggling with unwanted intrusive thoughts or repetitive compulsions? This definitive guide offers a compassionate and practical roadmap for Christians seeking healing from obsessive compulsive disorder (OCD). The Christian's Guide to Overcoming OCD gives you the tools you need to stop the cycle of shame and isolation and find hope and lasting recovery through a whole-person approach that addresses the mind, body, and spirit. This is an essential resource that invites anyone with OCD—or those who love them—to embrace a life of freedom, purpose, and a deeper connection with God.

Routledge  
June 2026 : 318pp  
Pb: 978-1-041-09647-4 : \$27.99  
Hb: 978-1-041-09648-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041096474](http://www.routledge.com/9781041096474)

## The Coaching Supervision Casebook

Meeting Your Supervisees' NEEDS



**Edited by Jeremy Lewis**

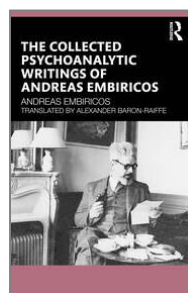
*Series: The Professional Coaching Series*

This book provides a comprehensive collection of real-world case studies that illuminate the interplay between supervisor and supervisee. Drawing on published research and the insights of contributing practitioners, it delves into the nuanced complexities of coaching supervision, emphasising the importance of understanding and meeting the diverse needs of supervisees. It also introduces Lewis's NEEDS framework, described in accessible, practical terms and brought to life through case study insights to aid understanding and application. This book is an essential resource for coaches, coaching supervisors, learners at every stage, and the organisations that train them.

Routledge  
August 2026 : 208pp  
Pb: 978-1-041-11972-2 : \$47.99  
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## The Collected Psychoanalytic Writings of Andreas Embiricos



**Andreas Embiricos**

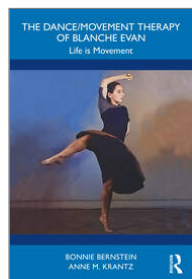
This book presents the psychoanalytic writings of the Greek surrealist Andreas Embiricos in English for the first time. A pioneer of psychoanalysis in Greece, Embiricos produced two remarkable case studies that explore sexuality, masculinity, dream analysis, and neurosis. Bringing together clinical material, historical documents, and contemporary scholarship, this unique collection will be of interest to psychoanalysts as well as to scholars of the history of psychoanalysis, surrealism, Greek literature and European intellectual and cultural history.

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Life is Movement



**Bonnie Bernstein , Anne M. Krantz**

Blanche Evan's holistic philosophy places dance and movement at the core of the therapy process. Delving into the history and development of Evan's comprehensive therapy model, the authors detail the novel contributions of her theories and methods to mind/body integration and expressive arts therapies. Essential for dance/movement therapists, psychotherapists, creative arts therapists, somatic practitioners, dance educators, and those seeking greater body/mind integration for personal growth, this accessible book offers inspiration and insight into the transformative power of Blanche Evan's dance/movement therapy.

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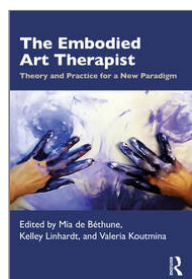
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Theory and Practice for a New Paradigm



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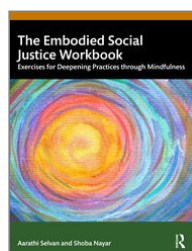
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## The Embodied Social Justice Workbook

Exercises for Deepening Practices through Mindfulness



**Aarathi Selvan , Shoba Nayar**

The Embodied Social Justice Workbook explores mindfulness-based practices within a social justice framework, and offers comprehensive guidance to help individuals in marginalized communities deepen their awareness and integrate social justice into their daily lives safely and supportively. This book is intended for mental health professionals of all kinds who have an interest in social justice, mindfulness, and especially those who work with clients in the Indian diaspora. It is also a valuable resource for individuals who are interested in engaging in mindful practices and enhancing their awareness of social justice.

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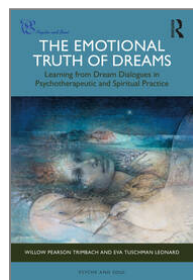
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Learning from Dream Dialogues in Psychotherapeutic and Spiritual Practice



**Willow Pearson Trimbach , Eva Tuschman Leonard**

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This book explores what we can learn from dreams, both nocturnal and waking, through their revelations of emotional truths, and how these truths can inform psychotherapeutic practice, spiritual practice, and everyday life. With rich dream dialogues and a focus on learning from dreams together, this book is essential reading for psychoanalysts, psychotherapists, and anyone wanting to explore how dreams can help us better understand ourselves in relationship to the mystery of the soul, to each other, and to the world.

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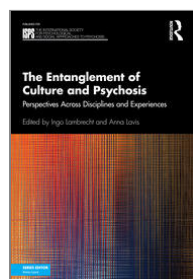
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Perspectives Across Disciplines and Experiences



**Edited by Ingo Lambrecht , Anna Lavis**

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Anyone wishing to explore severely distressing mental states – those called psychosis in psychiatric nosology – may be struck by the many socially and culturally-shaped ways in which these are experienced, understood and treated. At this stage we can also pose the question: how can psychiatry maintain its therapeutic aim and free itself from the spectrum of social domination if it persists to cling to so-called universal norms of thinking and behaving while ignoring the asymmetry of the doctor-patient relationship?

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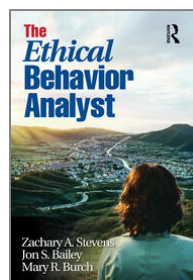
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## The Ethical Behavior Analyst



**Zachary A. Stevens , Jon S. Bailey** Florida State University, USA, **Mary R. Burch** Behavior Management Consultants, Florida, USA

This book provides students and newly minted behavior analysts with general philosophical principles and core ethical standards that can be used to inform their approach to real-life scenarios and challenges as an ethical behavior analyst. Graduate students studying ethics, professional issues, and behavior analysis on psychology courses will find this resource invaluable, as well as newly certified clinicians, supervisors who oversee registered behavior technicians, and employers looking to integrate an ethical core to their business practice.

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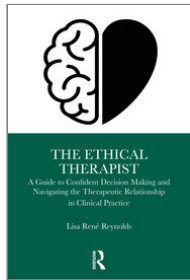
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## The Ethical Therapist

A Guide to Confident Decision-Making in Clinical Practice



**Lisa René Reynolds**

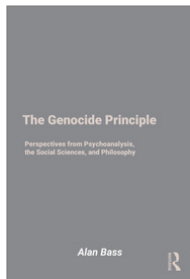
This practical guide transforms complex therapeutic codes of ethics from organizations like AAMFT and APA into accessible, everyday guidance for navigating ethically challenging cases in clinical practice. Rather than presenting ethics as abstract concepts, Dr. Lisa René Reynolds illustrates key ethical themes through relatable, real-world scenarios that therapists encounter in their daily work. This book offers rich, detailed discussions stemming from each ethical principle, complemented by illuminating clinical case examples of best (and worst) practices in therapeutic settings.

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## The Genocide Principle

Perspectives from Psychoanalysis, the Social Sciences, and Philosophy



**Alan Bass**

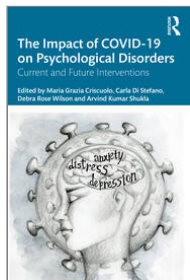
This book explores how and why genocide is a trans-cultural and trans-historical phenomenon, reflects the unconscious processes that drive human nature, and draws broadly on psychoanalytic theory, and on social science and philosophical perspectives. Using Bass's own research on genocide and his considerable clinical psychoanalytic experience, it examines what it is within us that leads us to see some people or groups as 'other', what we project on to these groups, how we can come to dehumanise them, and how mass murder can become a purportedly ethical imperative. It is key reading for all psychoanalysts and psychotherapists, and for philosophers, social scientists, and psychologists.

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## The Impact of COVID-19 on Psychological Disorders

Current and Future Interventions



**Edited by Maria Grazia Criscuolo, Carla Di Stefano, Debra Rose Wilson, Arvind Kumar Shukla**

This book offers an interdisciplinary view of the relationship between COVID-19 and psychological disorders in varying populations. The global editors and contributors provide insights into lessons learned and interventions moving forward. This is an ideal resource for clinicians, researchers, and students looking to evaluate mental health assessment and treatment guided by real-life experiences.

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## The Negative

A Contemporary Introduction



**Rakefet Efrat Holzer**

*Series: Routledge Introductions to Contemporary Psychoanalysis*

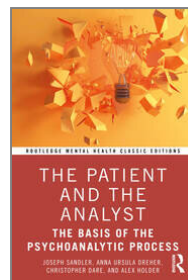
In this comprehensive book, Rakefet Efrat Holzer explores the concept of the negative from psychoanalytic, linguistic and philosophical perspectives. This book is essential reading for psychoanalysts, practitioners and trainees in psychiatry, psychotherapy and social work as well as students and researchers interested in psychoanalytic theory.

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The Basis of the Psychoanalytic Process



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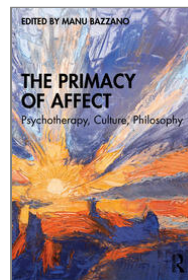
The Patient and the Analyst is an essential work of psychoanalytic literature. The Patient and the Analyst is a classic work that will be essential reading for psychoanalysts in practice and in training.

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Psychotherapy, Culture, Philosophy



**Edited by Manu Bazzano** University of Cambridge, UK

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Routledge  
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Pb: 978-1-041-13459-6 : \$47.99  
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## The Primordial Mind in the Work of Wilfred Bion

Between Light and Shadow



**Gisèle de Mattos Brito**

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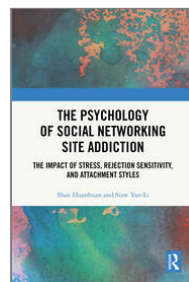
The *Primordial Mind in the Work of Wilfred Bion: Between Light and Shadow* explores Bion's concept of the primordial mind and its profound impact on psychoanalytic clinical practice. Written for trained psychoanalysts and advanced Bionian scholars engaged in clinical practice and theoretical research, this work serves those seeking to expand their understanding of primitive mental states and the origins of psychological development in analytical settings.

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## The Psychology of Social Networking Site Addiction

The Impact of Stress, Rejection Sensitivity, and Attachment Styles



**Shan Huanhuan** Guangdong University of Petrochemical Technology, Faculty of Liberal Arts and Law, **Siaw Yan-Li**

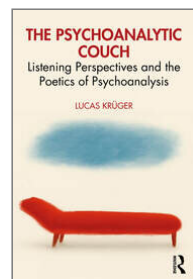
This monograph draws on empirical research results to explore how personal psychological factors like perceived stress, rejection sensitivity, and attachment styles contribute to social network service (SNS) addiction. The book caters to an academic audience including researchers, graduate students, and scholars in psychology, sociology, and digital media studies. Mental health practitioners and educators will also benefit from its evidence-based strategies. It is an indispensable resource for anyone seeking to understand or mitigate the psychological impact of SNS addiction on contemporary youth.

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## The Psychoanalytic Couch

Listening Perspectives and the Poetics of Psychoanalysis



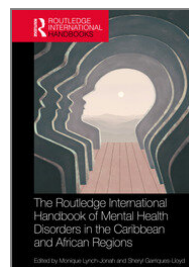
**Lucas Krüger**

The *Psychoanalytic Couch* offers a comprehensive overview and a poetic rethinking of the psychoanalytic couch. The *Psychoanalytic Couch* will be essential reading for psychoanalysts in practice and in training, and for readers interested in the intersections between psychoanalysis, art, and literature.

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## The Routledge International Handbook of Mental Health Disorders in the Caribbean and African Regions



*Edited by* **Monique Lynch-Jonah** UWISON, Jamaica, **Sheryl Garriques-Lloyd** UWISON, Jamaica

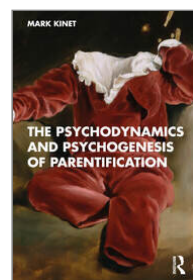
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The *Routledge International Handbook of Mental Health Disorders in the Caribbean and African Regions* addresses mental health in these locations as a critical public health priority. Tailored for students, practitioners, policymakers, and advocates, this handbook offers evidence-based insights and strategic interventions aimed at building resilient communities in the Caribbean and African Regions.

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## The Psychodynamics and Psychogenesis of Parentification



**Mark Kinet** Psychoanalyst in private practice, Belgium

Why do some of us grow up too soon and spend a lifetime caring for others at the cost of ourselves? In this deeply humane study, psychiatrist and psychoanalyst Mark Kinet explores parentification: the invisible role reversal in which children become their parents' caretakers, confidants, or even partners. Written with clarity and compassion, *The Psychodynamics and Psychogenesis of Parentification* is both a clinical study and a meditation on the human need to give and be given to. It speaks to therapists, scholars, and all readers seeking to understand the paradox of 'loving' too much and too early.

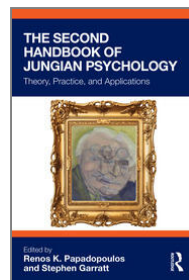
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2ND EDITION

## The Second Handbook of Jungian Psychology

Theory, Practice, and Applications



*Edited by* **Renos K. Papadopoulos** University of Essex, UK, Consultant Clinical Psychologist, Tavistock Clinic, UK, **Stephen Garratt**

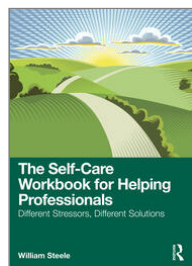
This definitive guide demonstrates how Jung's ideas continue to resonate not only with mental health professionals seeking a more compassionate and creative approach to working with clients, but also with academics across a diverse range of disciplines. With its comprehensive approach, this second volume serves as both a guide to the established principles of Jungian psychology and a roadmap for navigating its new frontiers. It is an essential resource for mental health professionals, researchers, and academics, as well as anyone interested in the transformative power and enduring relevance of Jungian thought.

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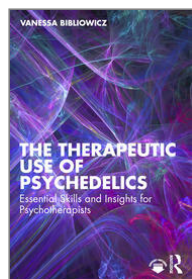
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Essential Skills and Insights for Psychotherapists



**Vanessa Bibliowicz** Mindful Psychedelics, Florida, USA

The Therapeutic Use of Psychedelics is a comprehensive manual for mental health professionals that details the vital aspects of psychedelic integration therapy. Throughout the manual, clinicians will find engaging stories and case studies, academic research, and practical guidelines to help them bridge the gap between traditional mental health practices and the emerging field of psychedelic therapy.

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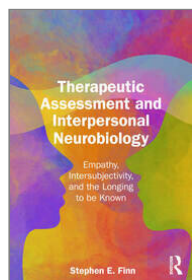
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Therapeutic Assessment and Interpersonal Neurobiology shows how collaborative assessment can function as a potent therapeutic intervention—reducing shame, strengthening epistemic trust, and catalyzing meaningful change. As a sequel to his influential book, *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment*, the author offers a renewed and transformative vision of psychological assessment grounded in contemporary neuroscience, attachment theory, and decades of clinical practice. This is an invaluable resource for psychologists, particularly those who use the MMPI-2, MMPI-3, Rorschach, AAP, and EMP.

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## Translating Affective Neuroscience into Clinical and Educational Practice

Body, Brain, and Emotions



**Elaine Fletcher-Janzen** Independent Scholar, USA

This book is accessible guide to understanding emotion through the lens of neuroscience. It provides a practical, developmentally informed framework with tools to translate affective neuroscience into everyday practice. *Translating Affective Neuroscience into Clinical and Educational Practice: Body, Brain, and Emotions* will appeal to clinical psychologists, neuropsychologists, school psychologists, therapists, and counselors, as well as graduate students of neuroscience and neuropsychology, and education professionals.

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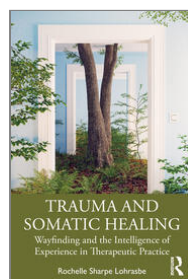
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Wayfinding and the Intelligence of Experience in Therapeutic Practice



**Rochelle Sharpe Lohrasbe** Private practice, British Columbia, Canada

Trauma and Somatic Healing offers an integrative, non-pathologizing framework for understanding human experience. Drawing from neuroscience, trauma-informed care, somatics, metaphysics, and poetic narrative, the book invites readers to consider the self as an ecosystem—dynamic, adaptive, and relational. It speaks to clinicians, therapists, educators, and reflective seekers who long for deeper, more compassionate maps of human development and healing. With nature-based metaphors, dimensional awareness, and emergent theory, this book guides readers into richer relationship with themselves and the world around them.

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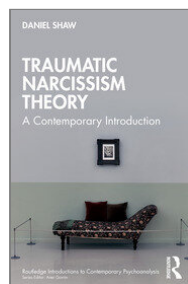
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A Contemporary Introduction



**Daniel Shaw**

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In this illuminating and informative book, Daniel Shaw provides a succinct and highly accessible introduction to his concept of Traumatic Narcissism, describing the psychology of the traumatizing narcissist and the impact of their behaviour on victims. This book is a vital resource for clinicians working with victims of narcissistic abuse, for those conducting psychoanalytic and trauma training programmes and for the wider public interested in the impact of narcissistic abuse and exploitation.

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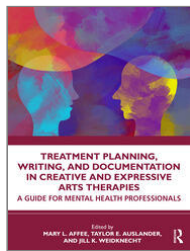
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## Treatment Planning, Writing, and Documentation in Creative and Expressive Arts Therapies

A Guide for Mental Health Professionals



Edited by **Mary L. Affee** Horizon Integrated Wellness Group, PLLC, NC, USA, **Taylor E. Auslander** Horizon Integrated Wellness Group, PLLC, NC, USA, **Jill K. Weidknecht** Appalachian State University, NC, USA

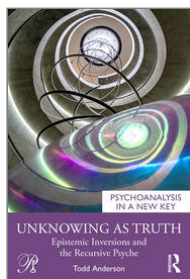
Treatment Planning, Writing, and Documentation in Creative and Expressive Arts Therapies offers strategies for creating customized treatment plans using a variety of creative and expressive arts modalities. It also delves into different methods of case conceptualization, problem identification, goal development, and diagnosis determination. Readers will come away from the book with templates, samples, and ultimately a portfolio of techniques for creative and expressive arts writing and documentation that they can use across different settings and with clients of different ages.

Routledge  
May 2026 : 280pp  
Pb: 978-1-032-80144-5 : \$42.99  
Hb: 978-1-032-80145-2 : \$200  
eBook: 978-1-003-49974-9

\* For full contents and more information, visit: [www.routledge.com/9781032801445](http://www.routledge.com/9781032801445)

## Unknowning as Truth

Epistemic Inversions and the Recursive Psyche



**Todd Anderson**

*Series: Psychoanalysis in a New Key*

Unknowning as Truth reframes psychoanalysis as a discipline of recursive hospitality through the lens of epistemic inversion—treating unknowning not as deficit but as the living medium of analytic truth. With a rich blend of clinical vignettes, teaching pathways, study prompts, and a lexicon for supervision, this book offers a teachable, clinically resonant architecture for psychoanalysts.

Routledge  
May 2026 : 346pp  
Pb: 978-1-041-25084-5 : \$47.99  
Hb: 978-1-041-25520-8 : \$225  
eBook: 978-1-003-74710-9

\* For full contents and more information, visit: [www.routledge.com/9781041250845](http://www.routledge.com/9781041250845)

## Using Magic Tricks in Occupational Therapy

Performance, Play, and Purpose



**Kevin Spencer**

Using Magic Tricks in Occupational Therapy equips occupational therapists and educators with a creative, evidence-informed framework for incorporating simple magic tricks as therapeutic tools that enhance client engagement, support functional goals, and promote meaningful participation. Whether working with children or adults, this innovative resource empowers therapists to provide effective, motivating, and deeply impactful interventions that transform traditional therapy sessions into engaging, purposeful experiences.

Routledge  
September 2026 : 264pp  
Pb: 978-1-041-26193-3 : \$47.99  
Hb: 978-1-041-26194-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041261933](http://www.routledge.com/9781041261933)

## When Treatment Isn't Enough

Why Traditional Approaches Fail Chronic Eating Disorders and What We Can Do Better



**Kaitlyn Cornell**

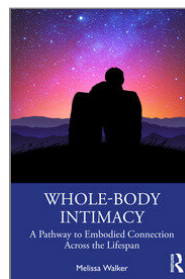
Breaking from the traditional narrow treatment focus on food, weight, and short-term behavior change, this book is the first to directly address chronic and relapsing eating disorders, and offers clinicians and families a realistic, research-based framework to navigate systemic barriers such as insurance, weight bias, and the 'treatment resistant' label. This book equips clinicians, families, and students with concrete tools to navigate systemic barriers, address underlying complexities, and foster meaningful recovery.

Routledge  
October 2026 : 184pp  
Pb: 978-1-041-27759-0 : \$47.99  
Hb: 978-1-041-27758-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041277590](http://www.routledge.com/9781041277590)

## Whole-Body Intimacy

A Pathway to Embodied Connection Across the Lifespan



**Melissa Walker** Somatic Sex & Relationship Therapist

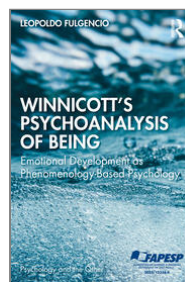
Whole-Body Intimacy allows couples and their therapists to deepen their understanding of the essential components of intimate relationships and create meaningful sexual connection. Chapters provide full coverage on assumptions about intimacy, desire difference, the sexual response cycle, attachment, bodyful practices, as well as a guide to embodied consent. This book is an essential resource for therapists, clients of sex therapy, relational therapy, couples counseling, and premarital counseling, as well as those looking to deepen their understanding of intimate relationships.

Routledge  
September 2026 : 204pp  
Pb: 978-1-032-83251-7 : \$47.99  
Hb: 978-1-032-83364-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032832517](http://www.routledge.com/9781032832517)

## Winnicott's Psychoanalysis of Being

Emotional Development as Phenomenology-Based Psychology



**Leopoldo Fulgencio**

*Series: Psychology and the Other*

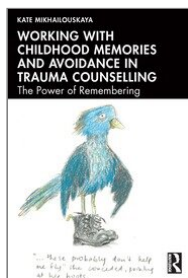
Winnicott's Psychoanalysis of Being offers a profound exploration of Donald Winnicott's revolutionary contributions to psychoanalysis, focusing on his unique theory of emotional development as a psychology in conceptual agreement with certain conceptions of phenomenology and modern existentialism. This book is ideal for psychoanalysts, psychologists, philosophers and graduate students interested in Winnicott's work, emotional development and the intersection of psychoanalysis and existential thought.

Routledge  
November 2026 : 310pp  
Pb: 978-1-041-31661-9 : \$47.99  
Hb: 978-1-041-31693-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041316619](http://www.routledge.com/9781041316619)

## Working with Childhood Memories and Avoidance in Trauma Counselling

The Power of Remembering



**Kate Mikhailouskaya**

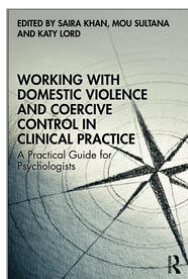
Advocating for the active exploration of childhood memories and the natural avoidance that accompanies them, this book provides a clear entryway into complex and childhood trauma work, particularly in cases where tangled histories and overwhelming symptoms make it challenging for both counsellor and client to prioritize focus areas. Designed to transcend any single therapeutic approach, this book is an engaging read for psychotherapists, counsellors, and mental health practitioners seeking to enhance their practice with a deeper understanding of the role memories and avoidance play in trauma recovery.

Routledge  
July 2026 : 191pp  
Pb: 978-1-041-08989-6 : \$39.99  
Hb: 978-1-041-08990-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041089896](http://www.routledge.com/9781041089896)

## Working with Domestic Violence and Coercive Control in Clinical Practice

A Practical Guide for Psychologists



**Edited by Saira Khan, Mou Sultana** Irish College of Humanities and Applied Sciences, Ireland, **Katy Lord**

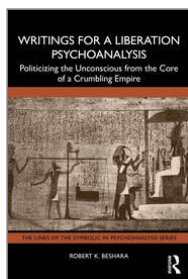
Presently there is difficulty in finding information on how to work in the context of domestic violence and abuse in clinical practice within psychology, despite domestic violence being a significant public health concern. Working with Domestic Violence and Coercive Control in Clinical Practice argue that awareness and competence in this area is essential to good therapeutic work. The chapters offer conclusions and recommendations from research, experience in clinical practice, and survivor testimonies and consulting professionals in trauma services and the domestic violence sector.

Routledge  
August 2026 : 176pp  
Pb: 978-1-032-78817-3 : \$51.99  
Hb: 978-1-032-79487-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032788173](http://www.routledge.com/9781032788173)

## Writings for a Liberation Psychoanalysis

Politicizing the Unconscious from the Core of a Crumbling Empire



**Robert K. Beshara**

*Series: The Lines of the Symbolic in Psychoanalysis Series*

In Writings for a Liberation Psychoanalysis, Robert K. Beshara establishes a groundbreaking framework that links the Freudo-Lacanian tradition directly to transmodernity and decoloniality. Traditional psychoanalytic institutions have long been tethered to colonial logic, often pathologizing the marginalized rather than challenging the structures that oppress them, but Beshara shows how psychoanalysis can be a tool for liberation. This book is designed for undergraduate and postgraduate students, scholars, and professionals interested in psychoanalysis, liberation, and decoloniality.

Routledge  
August 2026 : 352pp  
Pb: 978-1-041-29113-8 : \$47.99  
Hb: 978-1-041-29116-9 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781041291138](http://www.routledge.com/9781041291138)

## Zoological Lacan

A Lacanian Framework for Animality



**Teddy Duncan Jr.**

*Series: The Lines of the Symbolic in Psychoanalysis Series*

Zoological Lacan examines the importance of Lacanian theory for understanding animals by situating them in Lacan's thought, relying on the occasional and fleeting (but surprisingly consistent) statements on animality throughout his work. Zoological Lacan announces—to the study of animals, psychoanalysis, and philosophy—that a new theory has emerged on the scene, one that warrants substantive and sustained engagement.

Routledge  
October 2026 : 202pp  
Pb: 978-1-041-06430-5 : \$57.99  
Hb: 978-1-041-06431-2 : \$200

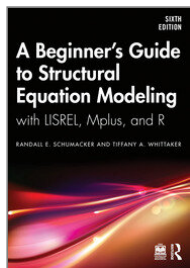
\* For full contents and more information, visit: [www.routledge.com/9781041064305](http://www.routledge.com/9781041064305)



6TH EDITION

## A Beginner's Guide to Structural Equation Modeling

with LISREL, Mplus, and R



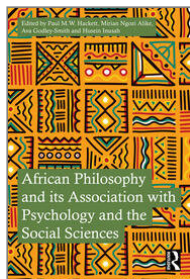
Randall E. Schumacker, Tiffany A. Whittaker

This new update includes thorough insights on theory testing, data analysis, and results interpretation; a focus on using LISREL, Mplus, and R programs; and an increased focus on SEM terminology, output, model types, and analyses. It also includes two new chapters on reproducing results in SEM journal articles and conducting a Monte Carlo analysis. Examples with real data make theory easier to understand and allow SEM beginners to conduct, interpret, and write up analyses for observed variable path models to full structural models. Exercises at the end of each chapter strengthen the utility of the book for beginners.

Routledge  
September 2026 : 430pp  
Pb: 978-1-041-06931-7 : **\$84.99**  
Hb: 978-1-041-07379-6 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041069317](http://www.routledge.com/9781041069317)

## African Philosophy and its Association with Psychology and the Social Sciences



Edited by Paul M.W. Hackett, Mirian Ngozi Alike, Ava Godley-Smith, Husein Inusah

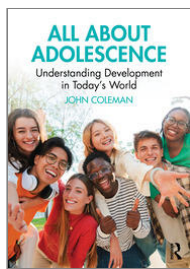
The book is a symposium of leading voices addressing philosophical questions and considerations that psychological and other forms of social science research and practice raise. In doing so, it offers a unique introduction to the philosophical understanding of the methods of social science research from the perspective of a range of African philosophers. There are many features of predominantly qualitative research that will be presented and considered in this book forming a repository of African philosophical writings that consider the nature and processes involved in qualitative, psychological, and social science research.

Routledge  
September 2026 : 254pp  
Pb: 978-1-032-48787-8 : **\$65.99**  
Hb: 978-1-032-48789-2 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032487878](http://www.routledge.com/9781032487878)

## All About Adolescence

Understanding Development in Today's World



John Coleman Oxford University, UK

All About Adolescence provides a comprehensive and current introduction to all key aspects of adolescent development. Building on the success of The Nature of Adolescence, this book addresses the unprecedented changes affecting young people's lives, including the social media explosion, AI emergence, pandemic impacts, and growing climate emergency awareness. It covers critical contemporary topics including advances in neuroscience and brain development research, evolving discourses around racial and gender identity, mental health and well-being concerns, and the lasting effects of Covid-19 on adolescent development.

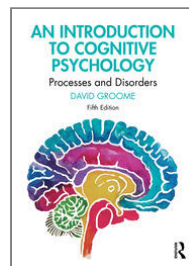
Routledge  
June 2026 : 258pp  
Pb: 978-1-032-62430-3 : **\$54.99**  
Hb: 978-1-032-64042-6 : **\$190**  
eBook: 978-1-032-64043-3

\* For full contents and more information, visit: [www.routledge.com/9781032624303](http://www.routledge.com/9781032624303)

5TH EDITION

## An Introduction to Cognitive Psychology

Processes and Disorders



Edited by David Groome

An Introduction to Cognitive Psychology: Processes and Disorders provides a comprehensive and accessible overview of the field for undergraduate students. The fifth edition has been thoroughly revised throughout to provide a comprehensive introduction to the core topics of cognition, including memory, perception, thinking, and language. Uniquely, the chapters covering normal cognitive function are paired with chapters on their related clinical disorders such as agnosia, amnesia, and aphasia. The book therefore provides a balanced insight into the nature of cognition and its related disorders, which is not found in other cognitive books.

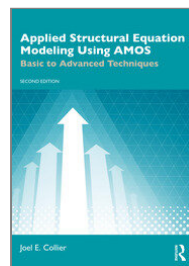
Routledge  
November 2026 : 482pp  
Pb: 978-1-032-87738-9 : **\$66.99**  
Hb: 978-1-032-87739-6 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781032877389](http://www.routledge.com/9781032877389)

2ND EDITION

## Applied Structural Equation Modeling Using AMOS

Basic to Advanced Techniques



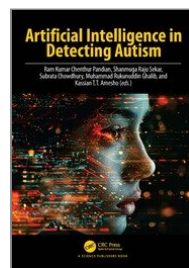
Joel E. Collier

This updated edition provides an essential how-to guide on the application of structural equation modeling techniques with the AMOS software focusing on the practical applications of simple and advanced topics. Written in an easy-to-understand conversational style, it covers everything from data collection and screening to confirmatory factor analysis, structural model analysis, mediation, moderation, and more advanced topics such as mixture modeling, censored data, and non-recursive models. Through step-by-step instructions, screen shots, and suggested guidelines for reporting, Collier cuts through abstract definitional perspectives to give insight on how to actually run analysis.

Routledge  
July 2026 : 376pp  
Pb: 978-1-041-10545-9 : **\$70.99**  
Hb: 978-1-041-10543-5 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041105459](http://www.routledge.com/9781041105459)

## Artificial Intelligence in Detecting Autism



Edited by Ram Kumar Chenthur Pandian, Shanmuga Raju Sekar DrNGP Institute of Technology, India, Subrata Chowdhury, Muhammad Rukunuddin Ghalib De Montfort University Dubai, Kassian T.T. Amesho The International University of Management, Namibia

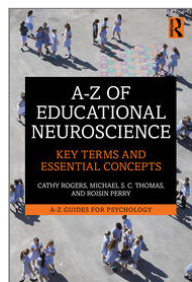
Explores how AI is transforming the way autism is understood and supported. The book shows how AI can spot subtle signs of Autism Spectrum Disorder by analyzing speech, behaviour, and social interactions—things that may be hard to notice with the human eye alone. From early detection and diagnosis to tools that improve daily life, this book highlights how AI works alongside traditional methods to create more accurate, personalized, and supportive care for individuals with autism.

CRC Press  
June 2026 : 300pp  
Hb: 978-1-032-86653-6 : **\$160**  
eBook: 978-1-003-54131-8

\* For full contents and more information, visit: [www.routledge.com/9781032866536](http://www.routledge.com/9781032866536)

## A-Z of Educational Neuroscience

Key Terms and Essential Concepts



**Cathy Rogers, Michael S. C. Thomas, Roisin Perry**

*Series: A-Z Guides for Psychology*

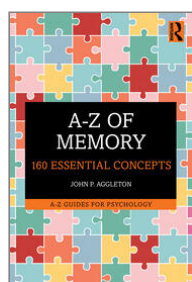
This accessible guide explores the fascinating intersections between neuroscience, psychology, and education, offering an easy-to-navigate A-Z format that unpacks key concepts, debates, and themes essential to understanding how the brain learns. From emotions and motivation to memory and attention, the authors reveal how groundbreaking neuroscience challenges traditional beliefs about learning and provides practical insights for transforming education.

Routledge  
September 2026 : 250pp  
Pb: 978-1-032-99167-2 : **\$32.99**  
Hb: 978-1-032-99169-6 : **\$180**

\* For full contents and more information, visit: [www.routledge.com/9781032991672](http://www.routledge.com/9781032991672)

## A-Z of Memory

160 Essential Concepts



**John P. Aggleton**

*Series: A-Z Guides for Psychology*

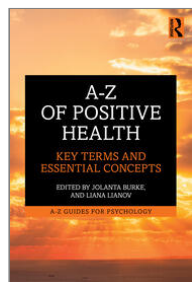
This book compiles and explains the key terms and core concepts related to memory in an easy-to-navigate A-Z format. The quest to understand how memory works and how it fails remains a cornerstone of both Psychology and Neuroscience; however, defining memory is not easy. At a higher level, memory is sometimes seen as a psychological function for the preservation of information, while other definitions focus on remembering. In this innovative book, John P. Aggleton delves into the many definitions and attributes that constitute memory and guides the reader through over 160 entries ranging from Aging to Repression; Dementia to Working Memory.

Routledge  
July 2026 : 372pp  
Pb: 978-1-041-01190-3 : **\$32.99**  
Hb: 978-1-041-00722-7 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041011903](http://www.routledge.com/9781041011903)

## A-Z of Positive Health

Key Terms and Essential Concepts



*Edited by Jolanta Burke, Liana S. Lianov*

*Series: A-Z Guides for Psychology*

A-Z of Positive Health sheds light on a range of positive health topics in an easy bite-sized format. Positive health is a rapidly growing field that combines positive psychology (the science of wellbeing) and lifestyle medicine (the science of lifestyle). Whilst lifestyle medicine aims to reduce the incidence of non-communicable diseases, positive psychology aims to help people flourish emotionally, socially, and psychologically regardless of their health status. Thus, together they serve as a powerful approach to treating and promoting mental, physiological, and physical health.

Routledge  
November 2026 : 210pp  
Pb: 978-1-041-06672-9 : **\$32.99**  
Hb: 978-1-041-06675-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041066729](http://www.routledge.com/9781041066729)

## Beyond Screen Time Guilt

The Role of TV and Video in Early Child Development



**Cary Bazalgette**

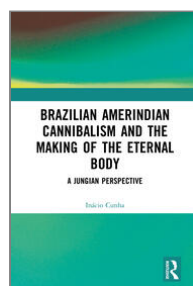
Beyond Screen Time Guilt: The Role of TV and Video in Early Child Development by Cary Bazalgette offers a fresh and insightful perspective on babies' and toddlers' relationship with moving-image media. Forget the guilt-inducing screen time rules and dire warnings about developmental harm—this book reveals what's really happening when your little one is captivated by their favourite show. With its clear style, good humour, and evidence-based reassurance, this book is an essential read for parents and early childhood practitioners.

Routledge  
September 2026 : 166pp  
Pb: 978-1-041-26628-0 : **\$28.99**  
Hb: 978-1-041-26629-7 : **\$26.99**

\* For full contents and more information, visit: [www.routledge.com/9781041266280](http://www.routledge.com/9781041266280)

## Brazilian Amerindian Cannibalism and the Making of the Eternal Body

A Jungian Perspective



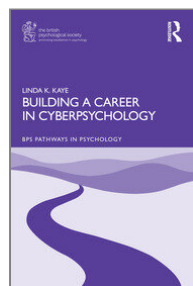
**Inácio Cunha, PhD**

Drawing on extensive research into archaic Amerindian communities, this book presents a revolutionary thesis: Tupinambá cannibalism was not primarily about absorbing the qualities of the consumed enemy, but rather served as a sacred pathway toward constructing an eternal, incorruptible body. The author meticulously examines how warfare and ritualistic enemy consumption formed the cornerstone of a complex religious system deeply committed to transcending mortality. This work challenges conventional anthropological interpretations and offers fresh insights into the universal human quest for eternity.

Routledge  
September 2026 : 266pp  
Hb: 978-1-041-25386-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041253860](http://www.routledge.com/9781041253860)

## Building a Career in Cyberpsychology



**Linda K. Kaye**

*Series: BPS Pathways in Psychology Series*

Building a Career in Cyberpsychology offers an accessible introduction to the various ways that cyberpsychology can be applied to different types of careers. It is designed to support individuals who are interested in applying cyberpsychology subject knowledge within their career journeys. As an evidence-based, practice-oriented guide, Building a Career in Cyberpsychology is essential reading for students and professionals considering starting or furthering their career using cyberpsychology.

Routledge  
October 2026 : 146pp  
Pb: 978-1-032-94774-7 : **\$32.99**  
Hb: 978-1-032-94776-1 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032947747](http://www.routledge.com/9781032947747)

## Colour Your Cortex Advanced

A Visual and Audio Guide to Neuroscience



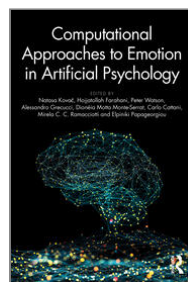
**Emma Randles**

Bring your learning to life through the mindful art of colouring. Offering an alternative style of learning, this insightful book combines easy-to-follow explanations of human neuroscience with detailed, labelled diagrams to colour in. While colouring, you can sit back, relax, and listen to the accompanying online audio podcast, which clearly explains each topic. This unique interactive book covers a comprehensive introduction to neuroscience, including a detailed introduction to neurons and their functions. Using a conversational tone throughout, each chapter engages the reader with succinct descriptions of each topic, allowing them to easily digest and process the information.

Routledge  
December 2026 : 88pp  
Pb: 978-1-041-29117-6 : \$24.99  
Hb: 978-1-041-29138-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041291176](http://www.routledge.com/9781041291176)

## Computational Approaches to Emotion in Artificial Psychology



*Edited by* **Natasa Kovač, Hojjatollah Farahani, Peter Watson, Alessandro Grecucci, Dionéia Motta Monte-Serrat, Carlo Cattani, Mirela C. C. Ramacciotti, Elpiniki Papageorgiou**

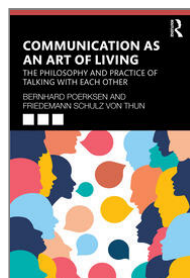
This book provides readers with a comprehensive introduction to how emotions can be processed by AI systems. It offers theoretical and practical guidance on data preprocessing and emotion analysis techniques, explores diverse real-world applications, and bridges the gap between AI and psychology. It also explores the study, understanding, and recognition of emotions in various bodily signals, including facial expressions, voice, heart rate, and neural mechanisms. The book delves into data preprocessing for embodied emotion analysis, encompassing multiple data modalities like text, audio, visual, and gaze data, with a focus on Python basics for emotional AI.

Routledge  
October 2026 : 394pp  
Pb: 978-1-032-79586-7 : \$46.99  
Hb: 978-1-032-80036-3 : \$170

\* For full contents and more information, visit: [www.routledge.com/9781032795867](http://www.routledge.com/9781032795867)

## Communication as an Art of Living

The Philosophy and Practice of Talking with Each Other



**Bernhard Poerksen, Friedemann Schulz von Thun**

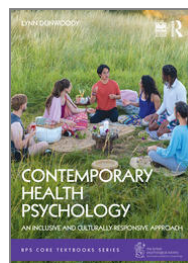
How can we listen better to each other? How can we offer criticism without being hurtful? Why do communication recipes never work? In this book, Friedemann Schulz von Thun and Bernhard Poerksen, two prominent representatives of communication psychology and media studies, provide an introduction to modern communication psychology. Written in dialogic form to be both humorous and serious, the book explores questions round communication and relationships, and communication and the inner self. It presents easy to understand and practical communication models that can be adapted for a variety of settings from coaching, teaching and mediation through to consultancy.

Routledge  
July 2026 : 174pp  
Pb: 978-1-041-19599-3 : \$29.99  
Hb: 978-1-041-19605-1 : \$190

\* For full contents and more information, visit: [www.routledge.com/9781041195993](http://www.routledge.com/9781041195993)

## Contemporary Health Psychology

An Inclusive and Culturally-Responsive Approach



**Lynn Dunwoody**

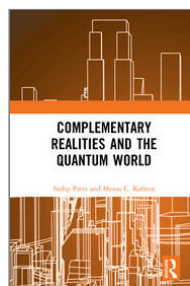
*Series: BPS Core Textbooks Series*

This radical new textbook provides readers with a balanced, research-focused, critical understanding of health psychology through an inclusive lens, addressing issues relating to diversity, inclusion and decolonisation of the curriculum. In so doing, it offers a new understanding on established topics in the field of health psychology to create a more comprehensive and nuanced understanding of health and illness that reflects the diversity of human experience.

Routledge  
July 2026 : 406pp  
Pb: 978-1-032-70743-3 : \$54.99  
Hb: 978-1-032-72944-2 : \$190

\* For full contents and more information, visit: [www.routledge.com/9781032707433](http://www.routledge.com/9781032707433)

## Complementary Realities and the Quantum World



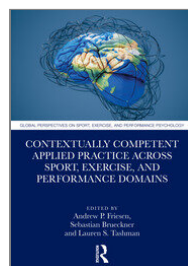
**Sudip Patra, Menas C. Kafatos**

This is a unique text that explores quantum-like modelling frameworks that connect quantum mechanics with cognitive science and consciousness studies to propose a new ontological framework that transcends traditional boundaries between physics, philosophy, and cognitive science. The book develops along two complementary paths. First, it explores quantum-like modelling an exciting emerging field where researchers apply logical and mathematical structures from quantum mechanics and information theory to cognitive modelling and decision science. Second, it investigates the profound links between quantum science and consciousness studies.

Routledge  
July 2026 : 148pp  
Hb: 978-1-041-17143-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041171430](http://www.routledge.com/9781041171430)

## Contextually Competent Applied Practice Across Sport, Exercise, and Performance Domains



*Edited by* **Andrew P. Friesen, Sebastian Brueckner, Lauren S. Tashman**

*Series: Global Perspectives on Sport, Exercise, and Performance Psychology*

This edited collection offers global perspectives on contextually competent applied service delivery within the field of sport, exercise, and performance psychology (SEPP). Professionals from around the globe join together to share their perspectives and experiences in SEPP, with each chapter offering insight across three different areas within a specific sport, exercise or performance domain. The book begins with physical activity domains, sharing perspectives on working with athletes, including those with hidden and physical disabilities, in youth sport, with coaches, and with exercisers, including elderly exercisers.

Routledge  
July 2026 : 152pp  
Pb: 978-1-041-31953-5 : \$76.99  
Hb: 978-1-041-31954-2 : \$200

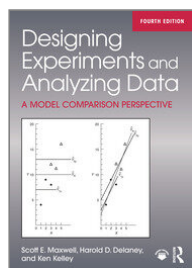
\* For full contents and more information, visit: [www.routledge.com/9781041319535](http://www.routledge.com/9781041319535)



4TH EDITION

## Designing Experiments and Analyzing Data

A Model Comparison Perspective



**Scott E. Maxwell** University of Notre Dame, USA, **Harold D. Delaney** University of New Mexico, USA, **Ken Kelley**

*Designing Experiments and Analyzing Data: A Model Comparison Perspective* (Fourth edition) offers an updated version of the award-winning text that has influenced the social sciences for more than a generation. Maxwell, Delaney, and Kelley first apply fundamental principles to simple experimental designs followed by an application of the same principles to more complicated designs. Their integrative conceptual framework better prepares readers to understand the logic behind a general strategy of data analysis that is appropriate for a wide variety of designs, which allows for the introduction of more complex topics that are generally omitted from other books.

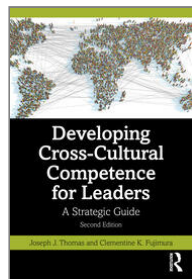
Routledge  
September 2026 : 1050pp  
Pb: 978-1-041-25384-6 : \$130  
Hb: 978-1-032-69142-8 : \$250

\* For full contents and more information, visit: [www.routledge.com/9781041253846](http://www.routledge.com/9781041253846)

2ND EDITION

## Developing Cross-Cultural Competence for Leaders

A Strategic Guide



**Joseph J. Thomas** United States Naval Academy, **Clementine K. Fujimura** United States Naval Academy

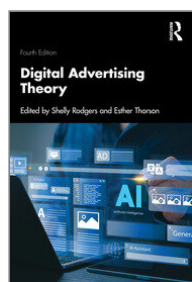
*Developing Cross-Cultural Competence for Leaders* takes readers from ideational understanding to operational practice, challenging them to move beyond comfort zones and learn to navigate cultural complexity as a leadership requirement. The authors invite readers on a journey of self-discovery and professional awareness, examining how leaders engage peers, partners, and populations across the human terrain they inhabit—both consciously and unconsciously—in order to enable effective, empathetic, and mission-relevant communication.

Routledge  
September 2026 : 162pp  
Pb: 978-1-041-10857-3 : \$66.99  
Hb: 978-1-041-11493-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041108573](http://www.routledge.com/9781041108573)

4TH EDITION

## Digital Advertising Theory



*Edited by* **Shelly Rodgers** University of Missouri, USA, **Esther Thorson** Michigan State University, USA

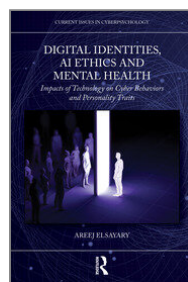
Now in its fourth edition, *Digital Advertising Theory* examines how technological and media transformations are reshaping the foundations of advertising theory and practice. As digital advertising becomes increasingly data-driven, interactive, and complex, this volume revisits core advertising theories and evaluates their relevance within today's evolving media environment. Providing both a rigorous theoretical foundation and a forward-looking research agenda, *Digital Advertising Theory* is an essential resource for scholars, students, and professionals in advertising, marketing, communication, media studies, and psychology.

Routledge  
October 2026 : 394pp  
Pb: 978-1-032-93761-8 : \$72.99  
Hb: 978-1-032-93762-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032937618](http://www.routledge.com/9781032937618)

## Digital Identities, AI Ethics and Mental Health

Impacts of Technology on Cyber Behaviors and Personality Traits



**Areej ElSayary** Zayed University, UAE

*Series: Current Issues in Cyberpsychology*

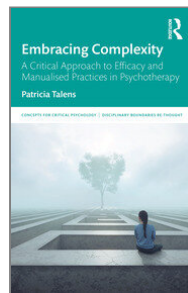
This highly topical book provides an integrated framework for understanding how artificial intelligence, personality traits, gender, and cultural contexts shape youth digital engagement and mental health outcomes. The unique blend of theoretical insights, empirical data, and practical interventions makes this book an essential resource for students and academics in cyberpsychology, social psychology and identity, AI ethics, cyber behavior studies, and mental health. It will also be of interest to mental health professionals, researchers, policymakers, and educators interested in understanding the impact of cyber behaviors on youth well-being.

Routledge  
August 2026 : 326pp  
Pb: 978-1-041-10960-0 : \$66.99  
Hb: 978-1-041-10962-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041109600](http://www.routledge.com/9781041109600)

## Embracing Complexity

A Critical Approach to Efficacy and Manualised Practices in Psychotherapy



**Patricia Talens**

*Series: Concepts for Critical Psychology*

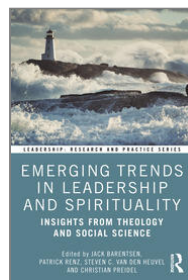
The book discusses how manualised treatments impact the therapist and their practice with clients, challenging the notion that measuring and repeating manualised psychotherapeutic practice always moves toward best practice. Pointing out alternative paths for therapists that come from a fuller and unfiltered understanding of the psychotherapeutic space, this book will be of great interest to students and researchers in the areas of psychotherapy, critical psychology and phenomenological studies, as well as mental health professionals and trainees.

Routledge  
August 2026 : 146pp  
Pb: 978-1-041-09688-7 : \$57.99  
Hb: 978-1-041-09690-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041096887](http://www.routledge.com/9781041096887)

## Emerging Trends in Leadership and Spirituality

Insights from Theology and Social Science



*Edited by* **Jack Barentsen**, **Patrick Renz**, **Steven C. van den Heuvel**, **Christian Preidel**

*Series: Leadership: Research and Practice*

This book explores emerging discourses in leadership and spirit that are rooted in theoretical, epistemological, and empirical scholarship. This book examines the motivations and invisible forces that shape organizations and communities by taking a dual approach to the study of spirituality: the "Spirit" of religion and theological impulses and the human "spirit" in teams and communities. Contributors pursue narratives and theories both grounded in a reflective epistemology and enlightened by fresh theological as well as social scientific insights into lived experience and actual leadership practice.

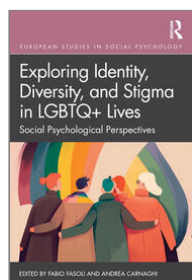
Routledge  
August 2026 : 304pp  
Pb: 978-1-041-31572-8 : \$70.99  
Hb: 978-1-041-31573-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041315728](http://www.routledge.com/9781041315728)



## Exploring Identity, Diversity and Stigma in LGBTQ+ Lives

Social Psychological Perspectives



Edited by **Fabio Fasoli**, **Andrea Carnaghi**

Series: *European Studies in Social Psychology*

This cutting-edge book provides a comprehensive overview of up-to-date research in the field of social psychology of gender identity and sexual orientation. The book is unique in considering perspectives from both dominant and marginalised groups. It illustrates how LGBTQ+ individuals conceptualise gender identity and sexual orientation and their intersections with other social categories. At the same time, the book examines how the dominant group (heterosexual cisgender individuals) form impressions and interact with LGBTQ+ people and how these people navigate social norms, expectations, and stigma.

Routledge

June 2026 : 296pp

Pb: 978-1-032-94076-2 : **\$49.99**

Hb: 978-1-032-94077-9 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032940762](http://www.routledge.com/9781032940762)

## Feeling Big, Feeling Small

The Human Yearning for Significance and Wonder



**Sophia Moskalkenko**, **Arie W. Kruglanski** University of Maryland

Why do we sometimes feel powerful, expansive, and driven—only to feel small, humbled, or overwhelmed moments later? This book proposes that much of human experience is shaped by a fundamental psychological rhythm between two states the authors call Bigness and Smallness. Written for psychologists and social scientists, this book also speaks to a wider audience of intellectually curious readers—students of culture and history, philosophers, clinicians, and thoughtful observers of contemporary life—interested in how inner experience, social forces, and meaning-making intersect.

Routledge

June 2026 : 180pp

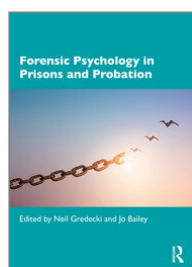
Pb: 978-1-041-08253-8 : **\$47.99**

Hb: 978-1-041-08254-5 : **\$200**

eBook: 978-1-003-64453-8

\* For full contents and more information, visit: [www.routledge.com/9781041082538](http://www.routledge.com/9781041082538)

## Forensic Psychology in Prisons and Probation



Edited by **Neil Gredecki** Alpha Hospitals and Manchester Metropolitan University, UK, **Jo Bailey**

Divided into four parts, the book begins by considering the role of assessment and intervention, before discussing the specific requirements of specialist populations. The book then explores how forensic psychologists can work with the system before concluding by covering professional issues such as ethics. Each chapter draws on core psychological theory and research, including HMPPS generated research outcomes and innovative practice, and focuses on the positive impact that psychological practice can have alongside implications for the future.

Routledge

October 2026 : 290pp

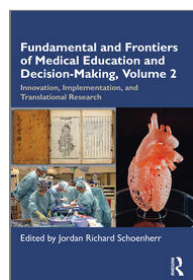
Pb: 978-1-032-76543-3 : **\$59.99**

Hb: 978-1-032-76544-0 : **\$200**

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## Fundamental and Frontiers of Medical Education and Decision-Making, Volume 2

Innovation, Implementation, and Translational Research



Edited by **Jordan Richard Schoenherr** Department of Psychology, Concordia University, Loyola Campus

This volume examines education and decision-making in the health professions across diverse implementation contexts, exploring the negotiation between biomedical Western medicine and local traditions, practices, or constraints. Theoretical approaches such as collective competence, socioecology, and heterarchy provide lenses to understand how systems adapt and evolve. The result is a comparative exploration of how medical education reflects broader social, cultural, and political forces.

Routledge

August 2026 : 548pp

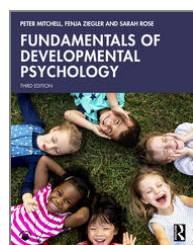
Pb: 978-1-032-80685-3 : **\$69.99**

Hb: 978-1-032-80687-7 : **\$200**

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3RD EDITION

## Fundamentals of Developmental Psychology



**Peter Mitchell** University of Nottingham, **Fenja Ziegler** University of Lincoln, **Sarah Rose**

Fundamentals of Developmental Psychology returns in its third edition, offering a updated and enriched exploration of developmental psychology. This version reflects the latest discoveries and evolving perspectives, while maintaining the clarity, and engaging style that made it a favourite among students and instructors. With its engaging content, full-colour illustrations, and student-friendly organisation, it inspires curiosity and critical thinking while equipping readers with the tools to explore the complexities of developmental psychology and the fascinating journey of human growth and change.

Routledge

September 2026 : 422pp

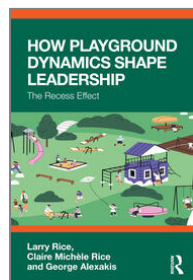
Pb: 978-1-138-21654-9 : **\$59.99**

Hb: 978-1-138-21652-5 : **\$200**

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## How Playground Dynamics Shape Leadership

The Recess Effect



**Larry Rice**, **Claire Michèle Rice**, **George Alexakis**

Examining how social dynamics learned in childhood play reappear in adult teams, leadership cultures, and workplace politics, this book offers a fresh lens on how organizations function and how leaders are formed. Providing clear insights and actionable guidance, the book helps readers recognize these patterns and take deliberate steps to build stronger teams and more thoughtful, human-centered cultures. This is the ideal book for anyone committed to creating environments where people can contribute and thrive, including leaders, educators, human resources and organizational development professionals.

Routledge

October 2026 : 148pp

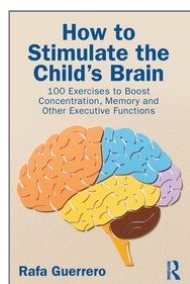
Pb: 978-1-041-26976-2 : **\$39.99**

Hb: 978-1-041-26977-9 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041269762](http://www.routledge.com/9781041269762)

## How to Stimulate the Child's Brain

100 Exercises to Boost Concentration, Memory and Other Executive Functions



**Rafa Guerrero**

This book brings together the concepts necessary to understand the basic functioning of the brain, as well as the relationship between its different parts.

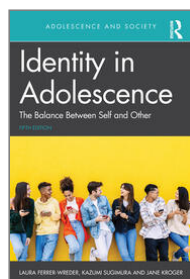
Routledge  
October 2026 : 96pp  
Pb: 978-1-041-28046-0 : **\$47.99**  
Hb: 978-1-041-32871-1 : **\$200**

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5TH EDITION

## Identity in Adolescence

The Balance Between Self and Other



**Laura Ferrer-Wreder** Department of Psychology, Stockholm University, **Kazumi Sugimura**, **Jane Kroger**  
*Series: Adolescence and Society*

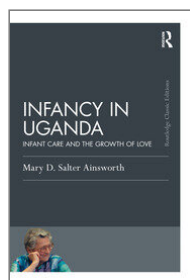
This fully revised fifth edition of *Identity in Adolescence: The Balance Between Self and Other* presents four theoretical perspectives on identity development during adolescence and young adulthood and their practical implications for intervention. Ferrer-Wreder, Sugimura, and Kroger consider adolescent identity development as the unique intersection of social and cultural forces in combination with individual factors that each theoretical model stresses in attempting to understand the identity formation process for contemporary adolescents.

Routledge  
May 2026 : 216pp  
Pb: 978-1-032-77580-7 : **\$54.95**  
Hb: 978-1-032-78138-9 : **\$190**  
eBook: 978-1-003-48633-6

\* For full contents and more information, visit: [www.routledge.com/9781032775807](http://www.routledge.com/9781032775807)

## Infancy in Uganda

Infant Care and the Growth of Love



**Mary D. Salter Ainsworth**

*Series: Psychology Press & Routledge Classic Editions*

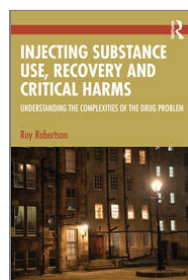
*Infancy in Uganda: Infant Care and the Growth of Love* by Mary D. Salter Ainsworth, a pioneering study on early childhood attachment, returns in this special reprint edition, complete with a new introduction that situates Ainsworth's work amid contemporary debates and critiques. It explores the dynamics of mother-infant attachment within the Ganda community, analysing how cultural caregiving practices shape early emotional bonds. Ainsworth's meticulous observations of Ganda families in the 1950s, initially praised for their insights into maternal-infant bonds, have since become a touchpoint in discussions about the importance of cross-cultural observations.

Routledge  
October 2026 : 490pp  
Pb: 978-1-041-04660-8 : **\$58.99**  
Hb: 978-1-041-04661-5 : **\$180**

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## Injecting Substance Use, Recovery and Critical Harms

Understanding the Complexities of the Drug Problem



**Roy Robertson**

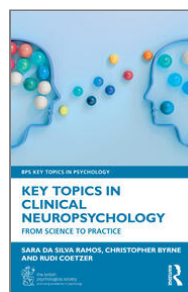
*Injecting Substance Use, Recovery and Critical Harms: Understanding the Complexities of the Drug Problem* provides an important overview into the history, drivers, and consequences of drug injecting, what sustains it and why problems continue to surprise clinicians, policy makers and politicians. It explores the gritty reality of the harms caused by injecting drugs, and puts the medical, psychiatric, and social damage in a contemporary context.

Routledge  
June 2026 : 250pp  
Pb: 978-1-041-00618-3 : **\$47.99**  
Hb: 978-1-041-00659-6 : **\$200**  
eBook: 978-1-003-61109-7

\* For full contents and more information, visit: [www.routledge.com/9781041006183](http://www.routledge.com/9781041006183)

## Key Topics in Clinical Neuropsychology

From Science to Practice



**Sara Da Silva Ramos** Brinkind, UK and University of Surrey, UK, **Christopher Byrne** University of Liverpool, UK and the NHS (North Wales Brain Injury Service), UK, **Rudi Coetzer** Bangor University, UK

*Series: BPS Key Topics in Psychology*

This text provides a concise and engaging introduction to the science and practice of clinical neuropsychology. It takes readers on a journey beginning with the history of discipline, through exploring some of the classic case studies in neuropsychology which have brought valuable insights into understanding how the brain works, even before we could see it in action. Early chapters look at the beginnings of the field and the impact that the emergence of neuroimaging and the use of different research methodologies have had on the development of the discipline.

Routledge  
May 2026 : 190pp  
Pb: 978-1-032-75758-2 : **\$29.99**  
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## Key Topics in Identity Development



**Theo A. Klimstra**

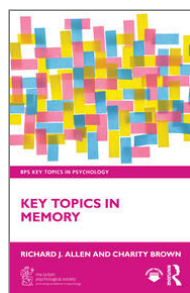
*Series: BPS Key Topics in Psychology*

Who am I, and where am I going in life? This book explores the fascinating study of identity development, addressing how people navigate these fundamental questions throughout their lives. In an increasingly complex and globalised world, where choices and information abound, the book provides a comprehensive introduction to the foundations, theories, and applications of identity development, offering readers valuable insights into how we form our understanding of who we are. This book is ideal for students in psychology, youth studies, pedagogical science, child study and human development, and family studies programs.

Routledge  
September 2026 : 188pp  
Pb: 978-1-032-90215-9 : **\$29.99**  
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## Key Topics in Memory



**Richard J. Allen , Charity Brown**

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Key Topics of Memory explores the essential role of memory in human cognition, and how it connects us to the past, grounds us in the present, and guides our anticipation of the future. The book examines the dynamic and active nature of memory, exploring how it is influenced by both conscious effort and automatic, non-conscious processes, while addressing its remarkable flexibility, detail, and capacity alongside its fragility and vulnerability to distortion and loss. In doing so, it examines how memory enables us to learn, make decisions, pursue our goals, and maintain meaningful connections with others and the world around us.

Routledge

June 2026 : 204pp

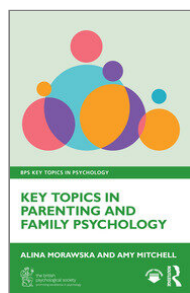
Pb: 978-1-032-70521-7 : **\$29.99**

Hb: 978-1-032-70522-4 : **\$190**

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## Key Topics in Parenting and Family Psychology



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This authoritative resource examines the significant influence parents have on children's developmental outcomes and the challenges of modern-day parenting. This book guides students through the complexities of raising children in the 21st century. Providing essential knowledge to understand and enhance the parenting journey, this textbook is essential reading for students of psychology, social work, nursing, education and child development.

Routledge

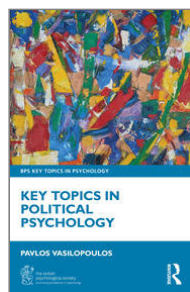
June 2026 : 196pp

Pb: 978-1-032-97706-5 : **\$29.99**

Hb: 978-1-032-97707-2 : **\$190**

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## Key Topics in Political Psychology



**Pavlos Vasilopoulos**

*Series: BPS Key Topics in Psychology*

This highly accessible book provides an overview of the discipline of political psychology. It breaks down political psychology into five key areas that discuss the history, impact and future directions of the subject. The book covers the origins of the discipline, an overview of the most important theories in political psychology, a discussion of methodology, how political psychology is applied in practice in terms of policy, as well as a discussion of the emerging areas in political psychology research.

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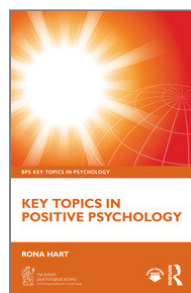
October 2026 : 150pp

Pb: 978-1-032-60667-5 : **\$29.99**

Hb: 978-1-032-60668-2 : **\$200**

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## Key Topics in Positive Psychology



**Rona Hart**

*Series: BPS Key Topics in Psychology*

Exploring the science of the good life through theoretical foundations, empirical evidence, practical application, research methods, impacts and future trends, this book is a compelling call to consider mental health in a new light, where the focus shifts from treating illness to nurturing wellbeing. In a concise yet comprehensive format, the book takes readers on an illuminating journey, beginning with the launch and historical evolution of Positive Psychology, highlighting its mission, vision, remit, the pivotal figures and moments that have shaped the discipline, and its applied side – Positive Psychology Interventions.

Routledge

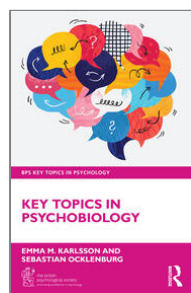
November 2026 : 246pp

Pb: 978-1-032-66309-8 : **\$29.99**

Hb: 978-1-032-66310-4 : **\$160**

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## Key Topics in Psychobiology



**Emma M. Karlsson , Sebastian Ocklenburg**

*Series: BPS Key Topics in Psychology*

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Routledge

September 2026 : 172pp

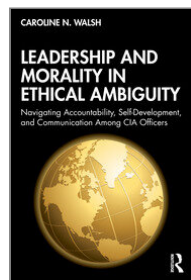
Pb: 978-1-032-93334-4 : **\$29.99**

Hb: 978-1-032-94585-9 : **\$200**

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## Leadership and Morality in Ethical Ambiguity

Navigating Accountability, Self-Development, and Communication Among CIA Officers



**Caroline N. Walsh**

*Series: Leadership: Research and Practice*

Drawing on original interviews and moral development theory, the book examines how leadership is enacted when formal rules are insufficient. Structured around accountability, self-development, and communication, it develops empirically grounded models that explain how leaders discern moral responsibility when organizational enforcement mechanisms fall short. Accountability introduces a decision framework that distinguishes operational, personal, and administrative harms. Self-development challenges organizational approaches that emphasize external competencies while neglecting internal development. Communication highlights its importance in leadership theories.

Routledge

July 2026 : 258pp

Pb: 978-1-041-25662-5 : **\$68.99**

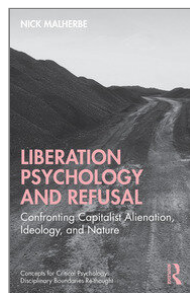
Hb: 978-1-041-25663-2 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041256625](http://www.routledge.com/9781041256625)



## Liberation Psychology and Refusal

Confronting Capitalist Alienation, Ideology, and Nature



**Nick Malherbe**

*Series: Concepts for Critical Psychology*

To refuse is to assume a stance against that which is. We take up refusal when we push back, disinvest, ignore, and move away from. The book grapples with three anti-capitalist refusals that have been advanced in the liberation psychology tradition, namely: de-alienation, de-ideologisation, and de-naturalisation. Each of these refusals is fleshed out with a reflection on a practical example from the author's community-engaged work in South Africa. The book is intended for academics, educators, psychological practitioners, and students interested in drawing from critical, anti-capitalist traditions within psychology and perhaps, also, outside of psychology.

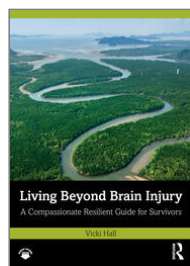
Routledge  
December 2026 : 144pp  
Pb: 978-1-041-04534-2 : **\$54.99**  
Hb: 978-1-041-04536-6 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041045342](http://www.routledge.com/9781041045342)

2ND EDITION

## Living Beyond Brain Injury

A Compassionate Resilient Guide for Survivors



**Vicki Hall**

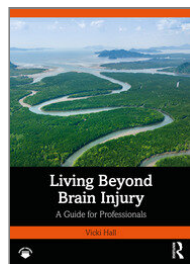
Living Beyond Brain Injury is a practical guidebook for people living with brain injury. Rooted in theory from brain science and drawing on therapeutic methods including cognitive behavioural models and third wave approaches, it introduces a values-based mindset called the Compassionate Resilient Mind (CRM). This balances compassion and resilience to support people's recovery, adaptation, and growth. The book explores common post-injury challenges such as memory, fatigue, controlling emotions, and identity, whilst offering practical strategies for improvement. These include easy-to-use worksheets to fill in, simple comparisons and ways to become more flexible in thinking.

Routledge  
July 2026 : 214pp  
Pb: 978-1-032-73531-3 : **\$47.99**  
Hb: 978-1-032-73532-0 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032735313](http://www.routledge.com/9781032735313)

## Living Beyond Brain Injury

A Guide for Professionals



**Vicki Hall**

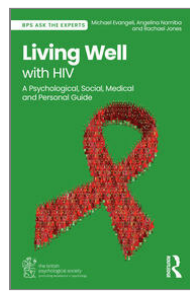
Living Beyond Brain Injury: A Guide for Professionals is a professional supplement to Living Beyond Brain Injury: A Compassionate Resilient Guide for Survivors designed for use when survivors require structured, scaffolded rehabilitation in their everyday environments. Drawing on the Supervisory Attentional System model and the Compassionate Resilient Mindset, it provides a framework for neuropsychological rehabilitation delivered through support workers and multidisciplinary teams. The manual offers psychoeducational resources, structured approaches to goal setting, intervention planning, and progress monitoring, alongside practical tools and worksheets.

Routledge  
June 2026 : 100pp  
Pb: 978-1-032-85023-8 : **\$57.99**  
Hb: 978-1-032-85592-9 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032850238](http://www.routledge.com/9781032850238)

## Living Well with HIV

A Psychological, Social, Medical and Personal Guide



**Michael Evangeli, Angelina Namiba, Rachael Jones**

*Series: BPS Ask The Experts in Psychology Series*

Living Well with HIV: A Psychological Social Medical and Personal Guide aims to empower people living with HIV worldwide to thrive while addressing the critical need to reduce HIV stigma. It integrates the latest global research and experiences of people living with HIV, so that they and their partners, friends and families can face key HIV challenges with resilience and embrace strategies for living well. Designed for people living with HIV, their loved ones, and healthcare professionals, this book serves as an invaluable resource for counsellors, mental health practitioners, and health and social care workers.

Routledge  
May 2026 : 180pp  
Pb: 978-1-032-88624-4 : **\$26.99**  
Hb: 978-1-032-88631-2 : **\$200**  
eBook: 978-1-003-53877-6

\* For full contents and more information, visit: [www.routledge.com/9781032886244](http://www.routledge.com/9781032886244)

## Living Well with Persistent Pain



**Karen Rodham**

*Series: BPS Ask The Experts in Psychology Series*

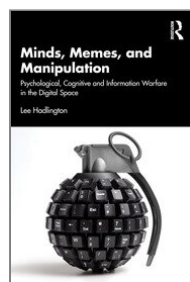
This book offers valuable, easy-to-navigate guidance in a question and answer format for everyone whose life is touched by persistent pain. Questions include 'What is it like to live with persistent pain?' 'Why is it so hard to explain persistent pain to someone else?' 'What has psychology got to do with persistent pain?' and 'Is it true that laughter and swearing can help with pain?' This book shows how hard it is for the individual to self-manage in isolation, shares the evidence base for core psychological interventions and highlights the role we all have to play in supporting those living with persistent pain.

Routledge  
October 2026 : 166pp  
Pb: 978-1-041-09397-8 : **\$26.99**  
Hb: 978-1-041-09398-5 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041093978](http://www.routledge.com/9781041093978)

## Minds, Memes, and Manipulation

Psychological, Cognitive and Information Warfare in the Digital Space



**Lee Hadlington** Nottingham Trent University, UK

In an era where battles are fought not just with code but with culture, this book explores the evolving landscape of cyber conflict through the lens of psychology, cognition, and information warfare. Drawing on research from psychology, the book examines how online spaces have become fertile ground for memetic warfare, disinformation campaigns, and cognitive manipulation. Whether you're a researcher, policymaker, professional, or simply a curious reader, this book offers a compelling and timely analysis of the new terrain of cyber conflict, where minds are the battlefield and memes are the weapons.

Routledge  
June 2026 : 338pp  
Pb: 978-1-041-27036-2 : **\$39.99**  
Hb: 978-1-041-27037-9 : **\$200**  
eBook: 978-1-003-75240-0

\* For full contents and more information, visit: [www.routledge.com/9781041270362](http://www.routledge.com/9781041270362)



## Navigating Consent Through the Lens of Contemporary Sexualities



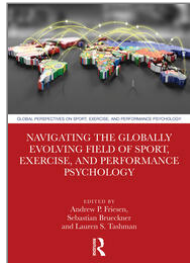
**Nathalie Lugand , Gabriel Schnee , Géraldine Bray**

Is consent simply saying "yes"? This book argues that it is not. Drawing on concrete cases—a BDSM scene that goes wrong, a dark romance reader facing judgment, a dominatrix rebuilding after domestic violence, and the invention of the telephone as a technology that captures us by the ears—it shows that consent is never a sovereign act but an opaque process, shaped by the unconscious, history, and power relations. The book brings together qualitative fieldwork, psychoanalysis, and queer theory to examine the tension between necessary frameworks (safewords, negotiation, communities) and their transgression in practice.

Routledge  
September 2026 : 134pp  
Pb: 978-1-032-98478-0 : \$57.99  
Hb: 978-1-032-98480-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032984780](http://www.routledge.com/9781032984780)

## Navigating the Globally Evolving Field of Sport, Exercise, and Performance Psychology



**Edited by Andrew P. Friesen , Sebastian Brueckner , Lauren S. Tashman**

*Series: Global Perspectives on Sport, Exercise, and Performance Psychology*

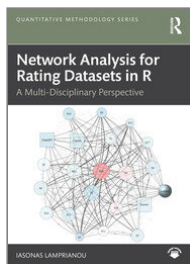
Divided into seven sections, the book provides insight into various identities a SEPP practitioner might have. It begins by assessing what the SEPP profession is by offering definitions of sport psychology and considers terminology, ethics, diversity, equity, & inclusion, and mental wellbeing. Section 2 focuses on career development, helping readers navigate such topics as business skills, and the global job market. Later sections then look at specific roles within the profession, including the SEPP Researcher, the SEPP Practitioner, the SEPP teacher and the SEPP Mentor.

Routledge  
July 2026 : 378pp  
Pb: 978-1-041-31949-8 : \$76.99  
Hb: 978-1-041-31952-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041319498](http://www.routledge.com/9781041319498)

## Network Analysis for Rating Datasets in R

a multi-disciplinary perspective



**Iasonas Lamprianou** University of Cyprus, Cyprus

*Series: Quantitative Methodology Series*

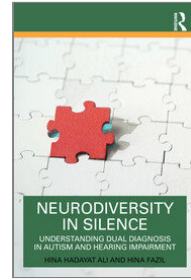
This is the 1st book to illustrate the use of Network Analysis for the analysis of rating datasets. It uses a multi-disciplinary approach to focus on the quantification and visualization of rater effects for exploration, diagnosis, reporting, decision-making, and planning. Combining cutting-edge theories of rater effects with step-by-step practical examples using publicly available data and open-source code, this book provides an introduction to the concept of rating datasets. It uses simple language to discuss data requirements, model assumptions, and other important details, and it follows all theoretical sections with practical applications that analyze empirical data step-by-step.

Routledge  
October 2026 : 266pp  
Pb: 978-1-041-01169-9 : \$66.99  
Hb: 978-1-041-01168-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041011699](http://www.routledge.com/9781041011699)

## Neurodiversity in Silence

Understanding Dual Diagnosis in Autism and Hearing Impairment



**Hina Hidayat Ali , Hina Fazil**

In a world built for words, Neurodiversity in Silence reveals the powerful, often invisible experiences of children and adults living with both Autism Spectrum Disorder (ASD) and hearing impairment. Through the lens of neuroscience, education, and human empathy, Dr. Hina Hidayat Ali and Dr. Hina Fazil invite us to see beyond diagnosis, and into a deeper understanding of minds that communicate differently. Whether you are a teacher, clinician, parent policymaker, or advocate, you will find guidance, and hope, within these pages. This may also be of interest to students and researchers in special education, psychology, neuroscience, and disability studies.

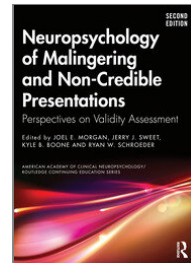
Routledge  
June 2026 : 172pp  
Pb: 978-1-041-26504-7 : \$47.99  
Hb: 978-1-041-26506-1 : \$200  
eBook: 978-1-003-75061-1

\* For full contents and more information, visit: [www.routledge.com/9781041265047](http://www.routledge.com/9781041265047)

2ND EDITION

## Neuropsychology of Malingering and Non-Credible Presentations

Perspectives on Validity Assessment



**Edited by Joel E. Morgan** Independent Practice, Morristown, NJ, USA, **Jerry J. Sweet** Evanston Northwestern Healthcare, Illinois, USA, **Kyle B. Boone , Ryan W. Schroeder**

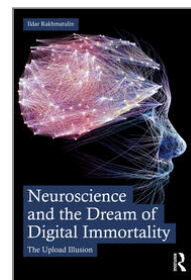
Neuropsychology of Malingering and Non-Credible Presentations: Perspectives on Validity Assessment is a comprehensive guide to understanding and addressing concerns about the accuracy of cognitive performances and symptom reports during neuropsychological evaluations. This updated second edition reflects major advances in the field, offering practical strategies for diagnosing, documenting, and managing validity issues in both clinical and forensic contexts. The book begins with foundational concepts of validity assessment, including the evolution of key terms and statistical principles.

Psychology Press  
October 2026 : 838pp  
Pb: 978-0-367-43691-9 : \$99.99  
Hb: 978-0-367-43690-2 : \$200

\* For full contents and more information, visit: [www.routledge.com/9780367436919](http://www.routledge.com/9780367436919)

## Neuroscience and the Dream of Digital Immortality

The Upload Illusion



**Ildar Rakhmatulin**

This captivating book tackles one of humanity's most profound questions: what is consciousness, and could we ever recreate it digitally? From ancient myths of immortality to cutting-edge neuroscience, this book takes readers on a fascinating journey through our evolving understanding of the mind. Written in clear, accessible language for curious minds everywhere, it reveals how we've progressed from discovering the first neurons to mapping entire brain networks with revolutionary technologies like fMRI and brain-computer interfaces. At its heart however, this is a book about consciousness itself: the mysterious experience of being aware, feeling, and thinking that makes us human.

Routledge  
October 2026 : 142pp  
Pb: 978-1-041-34815-3 : \$47.99  
Hb: 978-1-041-34821-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041348153](http://www.routledge.com/9781041348153)

## Out with Cancer

LGBTQI Cancer Survivorship and Care



Edited by **Jane M. Ussher** University of Western Sydney, Australia, **Janette Perz**, **Rosalie Power**, **Kimberley Allison**

Series: *Gender and Sexualities in Psychology*

This book explores the cancer experiences of LGBTQI+ people, drawing on two of the largest mixed-methods studies conducted in this area. It addresses the invisibility of sexual and gender minorities in cancer research and care, highlighting the urgent need for inclusive, culturally safe practice that recognises diverse identities, bodies, and relationships. This book is intended for healthcare professionals, researchers, educators, policy makers, and community advocates seeking to improve cancer care for LGBTQI+ people. It will also be of interest to those working in health equity, public health, and social justice.

Routledge

June 2026 : 340pp

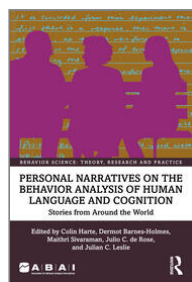
Pb: 978-1-032-48305-4 : \$57.99

Hb: 978-1-032-48315-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032483054](http://www.routledge.com/9781032483054)

## Personal Narratives on the Behavior Analysis of Human Language and Cognition

Stories from Around the World



Edited by **Colin Harte**, **Dermot Barnes-Holmes**, **Maithri Sivaraman**, **Julio de Rose**, **Julian Leslie**

Series: *Behavior Science*

This volume unveils the untold personal narratives behind the scientific study of human language and cognition from a behavioral perspective. Moving beyond the formal record of published research, it captures the passion, debates, failures, and moments of discovery that have shaped this transformative field over the past seventy years and beyond. Through these stories, readers gain a deeper understanding of the human experiences that drive the quest to build a natural science of human behavior.

Routledge

June 2026 : 724pp

Pb: 978-1-041-19483-5 : \$74.99

Hb: 978-1-041-32814-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041194835](http://www.routledge.com/9781041194835)

## Personalised Medicine

A Critical Approach to Data-Driven Medicine



Edited by **Michael Morrison**, **Saheli Datta Burton**

Series: *Critical Approaches to Health*

This book sets out a critical sociological approach to 'personalised medicine' (PM), highlighting its limitations and flaws, but also emphasising its hopeful potentialities for a better medicine in the future. Bringing together perspectives from science and technology studies, medical sociology, law and bioethics, the book traces personalised medicine from its historical roots in disease classification and genomics to its data-driven present of digital infrastructures, algorithmic prediction, and precision therapeutics.

Routledge

May 2026 : 188pp

Pb: 978-1-032-24630-7 : \$57.99

Hb: 978-1-032-24631-4 : \$200

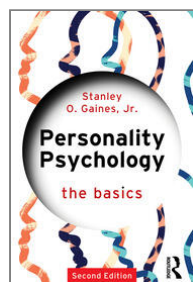
eBook: 978-1-003-27955-6

\* For full contents and more information, visit: [www.routledge.com/9781032246307](http://www.routledge.com/9781032246307)

2ND EDITION

## Personality Psychology

The Basics



**Stanley O. Gaines, Jr.**

Series: *The Basics*

Personality Psychology: The Basics, 2nd Edition, offers a comprehensive yet accessible exploration of the field of personality psychology. This updated edition, authored by Stanley O. Gaines, Jr., with contributions from Manuel Ramirez, III, and Norma Rodriguez, delves into the major schools of thought—Psychodynamic, Behaviourist, Humanistic/Existential, Trait, and the newly combined Cognitive/Biological perspectives. Building on the strengths of the first edition, this second edition retains its engaging, jargon-free style and informative breakout boxes, making complex theories easy to understand.

Routledge

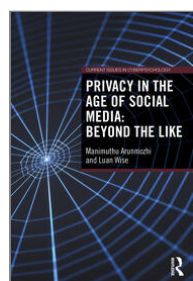
October 2026 : 246pp

Pb: 978-1-032-98980-8 : \$26.99

Hb: 978-1-032-98990-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032989808](http://www.routledge.com/9781032989808)

## Privacy in the Age of Social Media: Beyond the Like



**Manimuthu Arunmozhi**, **Luan Wise**

Series: *Current Issues in Cyberpsychology*

The book explores ethical considerations, regulations, and practical strategies for protecting personal and organizational data, while identifying emerging trends in social norms and technology that may shape the future of privacy and social media. Through case studies, expert insights, real-world examples, and accessible explanations, readers are equipped to understand the hidden mechanics of social media, engage online with awareness, and safeguard their digital footprint. The authors also illustrate how the simple 'Like' button transformed the digital landscape—what began as a quick tap of approval has become one of the most powerful tools in the online ecosystem.

Routledge

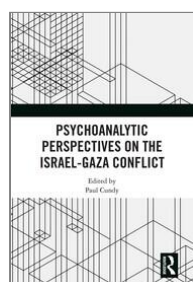
October 2026 : 206pp

Pb: 978-1-041-10281-6 : \$47.99

Hb: 978-1-041-10282-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041102816](http://www.routledge.com/9781041102816)

## Psychoanalytic Perspectives on the Israel-Gaza Conflict



Edited by **Paul Cundy**

This book creates a vital space for psychoanalytic thought on the Israel-Palestine conflict, one of the most polarizing and emotionally charged geopolitical struggles of our time. In the wake of the horrific events of October 7, 2023, and the subsequent war in Gaza, marked by death, famine, and destruction, the global community has been deeply divided. Refusing the collusion of silence in the face of alleged war crimes and genocide, this book offers a thoughtful exploration of the psychological mechanisms underlying the conflict and our responses to it.

Routledge

May 2026 : 138pp

Hb: 978-1-041-23517-0 : \$190

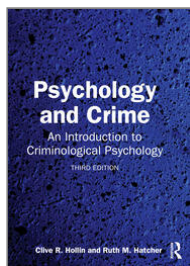
eBook: 978-1-003-73756-8

\* For full contents and more information, visit: [www.routledge.com/9781041235170](http://www.routledge.com/9781041235170)

3RD EDITION

## Psychology and Crime

An Introduction to Criminological Psychology

**Clive R. Hollin , Ruth M. Hatcher**

Psychology and Crime explores the role of psychological theories and methods in understanding and managing criminal behaviour. This essential text provides an in-depth analysis of how psychological findings apply to serious crimes including arson, violent crime, and sexual offences. The book examines the practical application of psychology within the criminal justice system, covering its application to the work of the police, courts, probation and prison services. It considers evidence-based crime reduction strategies and demonstrates how psychological insights inform contemporary approaches to criminal behaviour management.

Routledge

May 2026 : 462pp

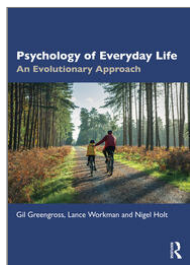
Pb: 978-0-367-43426-7 : **\$63.99**Hb: 978-0-367-43428-1 : **\$155**

eBook: 978-1-003-00310-6

\* For full contents and more information, visit: [www.routledge.com/9780367434267](http://www.routledge.com/9780367434267)

## Psychology of Everyday Life

An Evolutionary Approach

**Gil Greengross , Lance Workman , Nigel Holt**

Exploring the psychology of everyday behaviour, this book uses an evolutionary perspective to explain experiences that many people share and can easily relate to. This book focuses on topics that are applicable to what people do and experience in their daily lives. Why do we choose the partners we do? Why do we laugh? Why is play so essential for children? Why are we drawn to stories, music, and sweet food? The book examines such topics as sex and relationships, humour, family dynamics, religion, and media and technology through an evolutionary psychology perspective, looking deep into the ancestral past to uncover the adaptive roots of modern life.

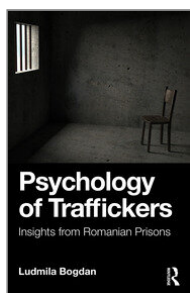
Routledge

September 2026 : 234pp

Pb: 978-1-032-23318-5 : **\$57.99**Hb: 978-1-032-23317-8 : **\$200**\* For full contents and more information, visit: [www.routledge.com/9781032233185](http://www.routledge.com/9781032233185)

## Psychology of Traffickers

Insights from Romanian Prisons

**Ludmila Bogdan**

This book offers a rare and methodologically rigorous examination of the moral and psychological worlds of individuals convicted of human trafficking. Based on in-depth qualitative interviews with twenty incarcerated traffickers in Romania, the book analyzes how exploitation is rationalized, normalized, and sustained over time within conditions of inequality, migration, and institutional constraint. Designed for forensic psychologists, criminologists, and scholars of violence and inequality, the book provides a critical framework for analyzing accountability, risk, and intervention by foregrounding the moral reasoning through which exploitation persists.

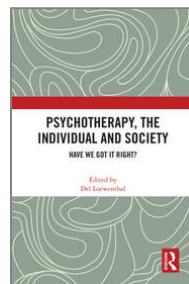
Routledge

August 2026 : 168pp

Pb: 978-1-032-93175-3 : **\$57.99**Hb: 978-1-032-93168-5 : **\$200**\* For full contents and more information, visit: [www.routledge.com/9781032931753](http://www.routledge.com/9781032931753)

## Psychotherapy, the Individual and Society

Have We Got It Right?

Edited by **Del Loewenthal** University of Roehampton, UK

This book explores critical and thought-provoking questions about the role and impact of psychotherapy in addressing societal, environmental, and economic challenges. It examines whether the therapeutic practices we offer benefit our clients at the expense of others or even their own broader well-being. It challenges psychotherapists to consider their responsibility for their clients' accountability to others and explores how insights from non-Western cultures, which emphasise collective social identity, can enrich therapeutic practices.

Routledge

May 2026 : 178pp

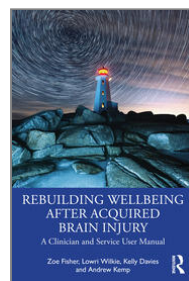
Hb: 978-1-041-27246-5 : **\$190**

eBook: 978-1-003-75342-1

\* For full contents and more information, visit: [www.routledge.com/9781041272465](http://www.routledge.com/9781041272465)

## Rebuilding Wellbeing After Acquired Brain Injury

A Systems-Informed Positive Psychotherapy Approach to Neurorehabilitation

**Zoe Fisher , Lowri Wilkie , Kelly Davies , Andrew Kemp**

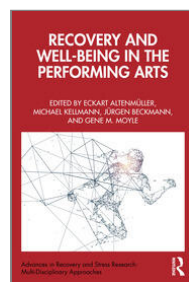
Through insightful narratives and actionable guidance, the book equips health professionals with tools to support people living with ABI in improving their wellbeing and reconnecting with their communities and the natural environment. The book defines true wellbeing as not merely the reduction of suffering, but about building strengths, enhancing social bonds, and encouraging sustainable engagement with the environment. Offering a fresh perspective on recovery and resilience, it is a compelling resource for clinicians, psychologists, other health professionals and trainees focused on neurorehabilitation.

Routledge

November 2026 : 292pp

Pb: 978-1-032-94789-1 : **\$54.99**Hb: 978-1-032-94907-9 : **\$200**\* For full contents and more information, visit: [www.routledge.com/9781032947891](http://www.routledge.com/9781032947891)

## Recovery and Well-being in the Performing Arts



Edited by **Eckart Altenmüller , Michael Kellmann** Ruhr-Universität Bochum, Germany, **Jürgen Beckmann** Technical University of Munich, Germany, **Gene M. Moyle**

*Series: Advances in Recovery and Stress Research*

Investigating the critical relationship between recovery, fatigue, working conditions, and societal pressures in the performing arts, this comprehensive text brings together international experts from psychology, medicine, and sport science. It highlights important research on recovery and its physiological and psychological implications for performing artists across music, dance, acting, and circus performance. Divided into four parts, the book contextualizes recovery challenges in performing arts while maintaining positive health and well-being levels essential for performance.

Routledge

May 2026 : 334pp

Pb: 978-1-032-93636-9 : **\$59.99**Hb: 978-1-032-93644-4 : **\$190**

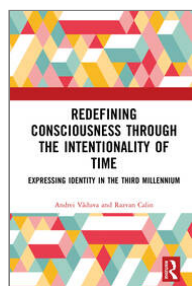
eBook: 978-1-003-56688-5

\* For full contents and more information, visit: [www.routledge.com/9781032936369](http://www.routledge.com/9781032936369)



## Redefining Consciousness through the Intentionality of Time

Expressing Identity in the Third Millennium



**Andrei Văduva, Razvan Calin**

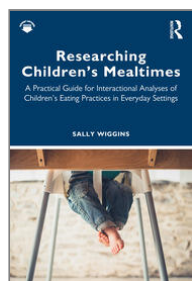
This book presents a revolutionary metaphysical framework that redefines consciousness through the intentionality of time, proposing that the subconscious operates via two distinct hemispheric systems that generate reason, meaning, and our fundamental relationship with reality. Building upon Husserl's foundational concepts, this work introduces the "intentionality of time" as a central principle for understanding consciousness beyond traditional biological limitations. The book proposes a novel dual-hemispheric model of the subconscious, where one system serves immediate survival through logic and fear, while the other addresses long-term ontological purpose through love and memory.

Routledge  
August 2026 : 288pp  
Hb: 978-1-041-28838-1 : \$190

\* For full contents and more information, visit: [www.routledge.com/9781041288381](http://www.routledge.com/9781041288381)

## Researching Children's Mealtimes

A Practical Guide for Interactional Analyses of Children's Eating Practices in Everyday Settings



**Sally Wiggins**

Offering a groundbreaking interdisciplinary guide, this book explores children's eating practices through the lens of social interaction. It moves beyond individualistic perspectives to uncover the rich, everyday dynamics of mealtimes, where children's eating is shaped by family, peers, and caregivers. Drawing on 25 years of research, the book provides a comprehensive framework for conducting interactional analyses of children's eating practices in real-life settings.

Routledge  
October 2026 : 180pp  
Pb: 978-1-032-86850-9 : \$48.99  
Hb: 978-1-032-86873-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032868509](http://www.routledge.com/9781032868509)

## Rethinking Health

Radical Implications from Contemporary Interdisciplinary Research



**Christie Napa Scollon** Western Washington University  
Department of Psychology

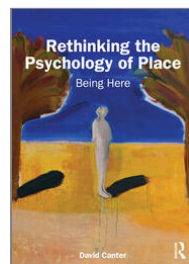
Rethinking Health articulates a new framework for conceptualizing and understanding health that unifies previously disparate areas of scientific research such as health psychology, positive psychology, neurogastroenterology, public health, environmental sciences, and social justice. Suitable for upper-level students in health psychology, abnormal psychology and public health, it will also inspire new hypotheses for health research as well as guide public health priorities and public policy.

Routledge  
June 2026 : 170pp  
Pb: 978-0-367-90237-7 : \$57.99  
Hb: 978-0-367-90236-0 : \$200  
eBook: 978-1-003-02327-2

\* For full contents and more information, visit: [www.routledge.com/9780367902377](http://www.routledge.com/9780367902377)

## Rethinking the Psychology of Place

Being Here



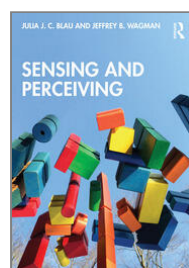
**David Canter**

Rethinking the Psychology of Place presents a new approach to Professor David Canter's 1977 Psychology of Place. Providing a unified Theory of Place relevant to human transactions with buildings, cities and nature, the book weaves together psychological, architectural and social perspectives to demonstrate that place is a dynamic phenomenon emerging from embodied experience, memory and social interactions. Central to this are 'place rules' and 'environmental roles' that mediate how individuals relate to and behave within locations, challenging deterministic notions that design directly causes place experiences.

Routledge  
May 2026 : 484pp  
Pb: 978-0-367-40711-7 : \$68.99  
Hb: 978-0-367-40712-4 : \$200  
eBook: 978-0-367-80865-5

\* For full contents and more information, visit: [www.routledge.com/9780367407117](http://www.routledge.com/9780367407117)

## Sensing and Perceiving



**Julia J. C. Blau, Jeffrey B. Wagman**

Sensing and Perceiving offers a comprehensive and highly accessible overview addressing two centuries-old questions: how are animals aware of their surrounding world, and how does this awareness enable everyday behaviors? Authors Julia J. C. Blau and Jeffrey B. Wagman provide a thorough description of the biological systems involved in these processes and examine both traditional and ecological approaches to understanding how these processes occur. The book features a conversational and humorous writing style with everyday examples that introduce novice readers to sensing and perceiving processes.

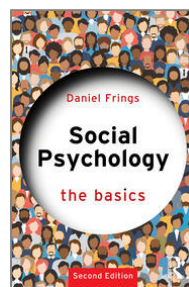
Routledge  
June 2026 : 498pp  
Pb: 978-1-032-69091-9 : \$99.99  
Hb: 978-1-032-69094-0 : \$200  
eBook: 978-1-032-69096-4

\* For full contents and more information, visit: [www.routledge.com/9781032690919](http://www.routledge.com/9781032690919)

2ND EDITION

## Social Psychology

The Basics



**Daniel Frings** London South Bank University, UK

Series: *The Basics*

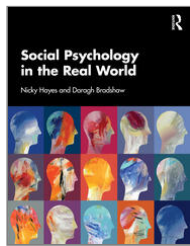
This accessible book introduces the fundamental principles of social psychology, providing an overview of this fascinating area in a jargon-free guide. The second edition of Social Psychology: The Basics explores some of the most important questions we face to understanding ourselves as individuals and part of a society.

Routledge  
October 2026 : 272pp  
Pb: 978-1-041-04268-6 : \$26.99  
Hb: 978-1-041-04269-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041042686](http://www.routledge.com/9781041042686)



## 2ND EDITION

**Social Psychology in the Real World****Nicky Hayes, Daragh Bradshaw**

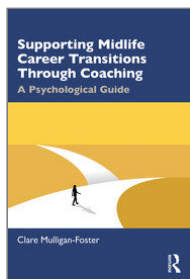
This textbook offers a dynamic introduction to social psychology. It draws on material from Fundamentals of Social Psychology (Hayes), but is thoroughly revised and updated, placing applied research at the heart of the narrative and demonstrating its relevance to the challenges of contemporary society. It shows how social psychology moves beyond theory to explain and influence real-world behaviour, addressing issues that shape our everyday lives. The book introduces a brand-new chapter on social development and integrates applications of social psychology throughout every chapter, ensuring students see the direct link between research and practice.

Routledge

July 2026 : 530pp

Pb: 978-1-032-87143-1 : **\$59.99**Hb: 978-1-032-87144-8 : **\$190**\* For full contents and more information, visit: [www.routledge.com/9781032871431](http://www.routledge.com/9781032871431)**Supporting Midlife Career Transitions Through Coaching**

A Psychological Guide

**Clare Mulligan-Foster**

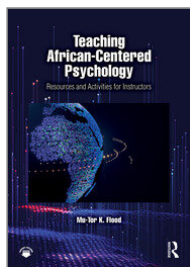
This book provides practical advice for career coaches, executive coaches, and HR professionals who support midlife professionals navigating career transitions. Midlife career transitions are becoming the norm, not the exception. As the workforce lives longer, works longer and redefines success, career coaches must adapt to new models that address the unique psychological, financial, and identity challenges of midlife career change. This book bridges this gap, proposing a research-backed framework for coaching midlife clients.

Routledge

August 2026 : 230pp

Pb: 978-1-041-12660-7 : **\$44.99**Hb: 978-1-041-12998-1 : **\$190**\* For full contents and more information, visit: [www.routledge.com/9781041126607](http://www.routledge.com/9781041126607)**Teaching African-Centered Psychology**

Resources and Activities for Instructors

**Mu-Tor K. Flood**

This useful book brings together popular teaching activities from African-centered/Black psychology in a single volume which instructors will return to again and again. Showcasing a wide variety of teaching techniques, each lesson plan encourages active learning and involves the whole class. Offering an entertaining, effective, and easy-to-plan suite of activities which sheds light on a neglected field in standard psychology, this is an essential resource for teachers and lecturers teaching African-centered/Black psychology across the psychological discipline.

Routledge

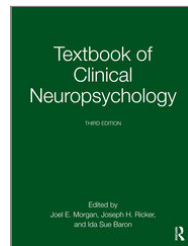
May 2026 : 182pp

Pb: 978-1-032-68784-1 : **\$52.99**Hb: 978-1-032-68785-8 : **\$200**

eBook: 978-1-032-68786-5

\* For full contents and more information, visit: [www.routledge.com/9781032687841](http://www.routledge.com/9781032687841)

## 3RD EDITION

**Textbook of Clinical Neuropsychology**

*Edited by Joel E. Morgan* Independent Practice, Morristown, NJ, USA, *Joseph H. Ricker* New York University, USA, *Ida Sue Baron*

This third edition continues its established tradition of publishing state-of-the-art commentary on fundamental brain-behavior relationships and neuropathological disorders. This landmark text sets the standard in the field in its scope, breadth, and scholarship, with contributions by renowned clinicians and researchers from across the globe. It is intended for a wide readership, including clinical and research neuropsychologists and allied neuroscientist colleagues, students and postdoctoral residents, and those preparing for board certification, and will both enlighten and challenge readers, whether novice, mid-level, or senior-level professionals.

Routledge

June 2026 : 982pp

Hb: 978-1-032-46658-3 : **\$240**

eBook: 978-1-003-38269-0

\* For full contents and more information, visit: [www.routledge.com/9781032466583](http://www.routledge.com/9781032466583)**The Art and Science of Parenting and Grandparenting**

Raising Emotionally Healthy Children in a Challenging World

**Kenneth Barish**

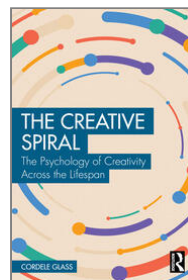
The Art and Science of Parenting and Grandparenting is an indispensable source of guidance and wisdom on the most critical challenges facing contemporary parents and grandparents. This book should be read by parents and grandparents, physicians, child and family therapists, teachers, child development specialists, and anyone committed to the well-being of children and families.

Routledge

June 2026 : 164pp

Pb: 978-1-032-75928-9 : **\$25.99**Hb: 978-1-032-75931-9 : **\$200**\* For full contents and more information, visit: [www.routledge.com/9781032759289](http://www.routledge.com/9781032759289)**The Creative Spiral**

The Psychology of Creativity Across the Lifespan

**Cordele Glass**

The Creative Spiral provides a comprehensive roadmap for understanding how creativity and identity develop together across the lifespan. Drawing from personal and professional creative experiences as well as contemporary research in creativity psychology, positive psychology, and developmental science, the book presents a unique model that helps readers explore where they are in their own creative journey and how to move forward with greater clarity, purpose, and confidence. This book is written for artists, educators, therapists, coaches, students, entrepreneurs, arts-practitioners, and anyone seeking to understand their creative lives more fully.

Routledge

June 2026 : 232pp

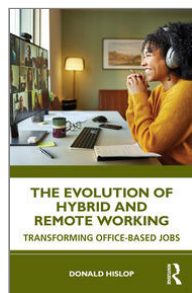
Pb: 978-1-041-23562-0 : **\$47.99**Hb: 978-1-041-23781-5 : **\$200**

eBook: 978-1-003-73814-5

\* For full contents and more information, visit: [www.routledge.com/9781041235620](http://www.routledge.com/9781041235620)

## The Evolution of Hybrid and Remote Working

Transforming Office-based Jobs



**Donald Hislop**

This book examines the issues related to hybrid and remote working following the pandemic and the subsequent increase in returning to the office. While hybrid work is undoubtedly the 'new norm', for office-based jobs, the organisation of hybrid work arrangements continues to evolve, with many organisations attempting to adjust the balance to require workers to spend more time in the office. The book examines both traditional workplace issues (productivity, work/life relations, isolation and wellbeing, meetings, management) alongside workspace issues (virtual, office, mobile, and co-working), concluding with wider implications and potential future directions.

Routledge

July 2026 : 174pp

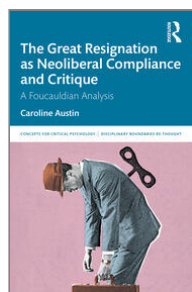
Pb: 978-1-041-06299-8 : \$32.99

Hb: 978-1-041-06612-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041062998](http://www.routledge.com/9781041062998)

## The Great Resignation as Neoliberal Compliance and Critique

A Foucauldian Analysis



**Caroline Austin**

*Series: Concepts for Critical Psychology*

This book examines how neoliberal power shapes individual subjectivity in contemporary American workplaces through the lens of the Great Resignation—the 2021 mass voluntary job departure phenomenon. Drawing on in-depth interviews and a Foucauldian framework, the book traces how neoliberal rationalities of choice, flexibility, and self-optimization shape the ways individuals explain their labor decisions and evaluate their lives. Rather than treating the Great Resignation as a singular rupture, the analysis situates it within longer historical transformations in governance, capitalism, and employment relations.

Routledge

June 2026 : 146pp

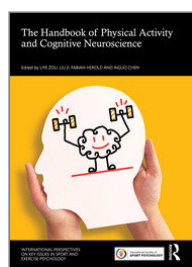
Pb: 978-1-041-21135-8 : \$57.99

Hb: 978-1-041-21132-7 : \$200

eBook: 978-1-003-72569-5

\* For full contents and more information, visit: [www.routledge.com/9781041211358](http://www.routledge.com/9781041211358)

## The Handbook of Physical Activity and Cognitive Neuroscience



*Edited by Liye Zou, Liu Ji, Fabian Herold* Faculty of Health Sciences Brandenburg University of Potsdam Am Mühlenberg 9, 14476 Potsdam, Aiguo Chen

*Series: International Perspectives on Key Issues in Sport and Exercise Psychology*

This comprehensive handbook provides an authoritative collection of exercise-cognition research, exploring the historical development, current state, and future implications of the field. Written by international experts, the work unravels the intricate relationship between physical activity and brain function while establishing essential terminologies, definitions, and potential mediators of exercise-induced cognitive changes. The accessible yet comprehensive approach makes it invaluable for researchers, practitioners, and anyone seeking to understand the scientific foundations of physical activity's cognitive benefits.

Routledge

June 2026 : 656pp

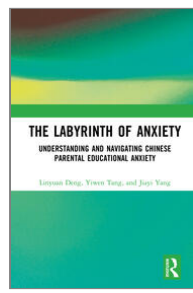
Hb: 978-1-041-03116-1 : \$300

eBook: 978-1-003-62517-9

\* For full contents and more information, visit: [www.routledge.com/9781041031161](http://www.routledge.com/9781041031161)

## The Labyrinth of Anxiety

Understanding and Navigating Chinese Parental Educational Anxiety



**Linyuan Deng, Yiwen Tang, Jiayi Yang**

This book examines parental educational anxiety in contemporary mainland China, offering a systematic analysis of its cultural roots, conceptual structure, formation mechanisms, and consequences. Blending empirical evidence with an innovative analytical perspective, this volume is a valuable resource for scholars and practitioners in education, mental health, and family studies.

Routledge

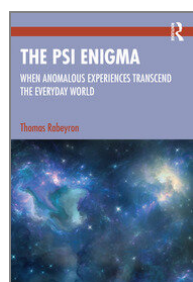
July 2026 : 130pp

Hb: 978-1-041-20865-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041208655](http://www.routledge.com/9781041208655)

## The Psi Enigma

When Anomalous Experiences Transcend the Everyday World



**Thomas Rabeyron**

The Psi Enigma: When Anomalous Experiences Transcend The Everyday World explores one of science's most fascinating frontiers: the study of psi phenomena including telepathy, precognition, and mind-matter interactions. While these phenomena remain controversial, recent research suggests current scientific paradigms may be too narrow to account for them. The author draws on psychology, psychoanalysis, philosophy, and physics to introduce the groundbreaking Orpheus Model—the first comprehensive theoretical framework for understanding psi. The book synthesizes decades of research while opening new perspectives on consciousness, time, and our relationship with the world.

Routledge

May 2026 : 280pp

Pb: 978-1-041-27014-0 : \$42.99

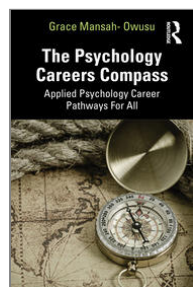
Hb: 978-1-041-27015-7 : \$200

eBook: 978-1-003-75232-5

\* For full contents and more information, visit: [www.routledge.com/9781041270140](http://www.routledge.com/9781041270140)

## The Psychology Careers Compass

Applied Psychology Career Pathways For All



**Grace Mansah-Owusu**

Based on UK applied psychologist career paths, featuring psychologist profiles from across the main disciplines, this book illuminates the possibilities of a career in psychology. It outlines the varied and exciting different areas to consider, including clinical, educational, forensic, counselling, health, occupational, and sports and exercise psychology, and academic and research careers. The book provides career guidance for each area of applied psychology, along with case studies that offer real life examples from practitioners in the field, including those from racially minoritised groups.

Routledge

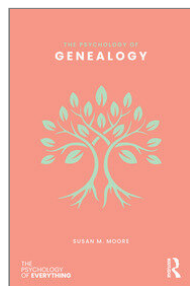
November 2026 : 140pp

Pb: 978-1-041-13160-1 : \$26.99

Hb: 978-1-041-13369-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041131601](http://www.routledge.com/9781041131601)

## The Psychology of Genealogy



**Susan M. Moore** Swinburne University, Australia

*Series: The Psychology of Everything*

This insightful book delves into the captivating world of genealogy to explore the psychological motivations behind this popular hobby. From the joys of uncovering your roots to the challenges of genealogical research, including ethical dilemmas with DNA testing and the risks of unsettling discoveries and family secrets, the book offers practical advice to help readers navigate the emotional and ethical complexities of exploring their ancestry. Whether you're a seasoned family historian or just starting your genealogical journey, *The Psychology of Genealogy* offers an engaging guide to understanding the deeper significance of your quest.

Routledge

June 2026 : 158pp

Pb: 978-1-041-12948-6 : **\$15.99**

Hb: 978-1-041-12950-9 : **\$190**

eBook: 978-1-003-66734-6

\* For full contents and more information, visit: [www.routledge.com/9781041129486](http://www.routledge.com/9781041129486)

## The Psychology of Hallucinations



**Gabriel Andrade**

*Series: The Psychology of Everything*

What triggers a hallucination? Can our lifestyles impact the likelihood of auditory or visual hallucinations? Can hallucinations be a part of normal cognition? This book takes readers on a journey through visual and auditory hallucinations - perceptions experienced in the absence of external stimuli yet felt with compelling realism. It explores the ways hallucinations have been embraced throughout history by some cultures whilst also looking at how they have become a subject of scepticism and fear. The book adopts a compassionate look at the clinical and psychiatric implications of hallucinations alongside lifestyle factors such as sleep deprivation and substance use.

Routledge

July 2026 : 144pp

Pb: 978-1-041-32853-7 : **\$16.99**

Hb: 978-1-041-32857-5 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041328537](http://www.routledge.com/9781041328537)

## The Psychology of Money



**Adrian Furnham**

*Series: The Psychology of Everything*

Does money make you happy? Are you a saver or spender... and why? Is money the most important factor in our work motivation? This lively and informative book addresses these issues and more, delving into questions that get to the heart of how we think about money and how it affects different aspects of our lives. It looks at money in relation to happiness, relationships and our work lives, as well as the psychology behind gambling and addictions.

Routledge

June 2026 : 176pp

Pb: 978-1-041-16547-7 : **\$18.99**

Hb: 978-1-041-16552-1 : **\$200**

eBook: 978-1-003-68518-0

\* For full contents and more information, visit: [www.routledge.com/9781041165477](http://www.routledge.com/9781041165477)

2ND EDITION

## The Psychology of Sex



**Meg-John Barker** The Open University, UK

*Series: The Psychology of Everything*

What can psychology teach us about sex? How do different bodies and brains respond sexually? How can we prevent people being stigmatised for their sexuality? *The Psychology of Sex* takes you on a tour through the different ways that psychology helps us understand sex and sexuality. It explores cultural concerns around sexualisation, pornography, and sex addiction, as well as drawing on research from sexual communities and the applied area of sex therapy. This new edition features material on evolving sexual identities, as well as sexuality and technology and how digital platforms shape sexual behaviours.

Routledge

May 2026 : 188pp

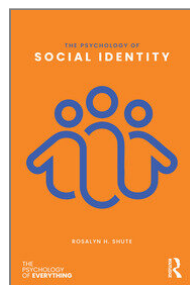
Pb: 978-1-041-21782-4 : **\$18.99**

Hb: 978-1-041-21785-5 : **\$200**

eBook: 978-1-003-72897-9

\* For full contents and more information, visit: [www.routledge.com/9781041217824](http://www.routledge.com/9781041217824)

## The Psychology of Social Identity



**Rosalyn H. Shute** Flinders University, Australia

*Series: The Psychology of Everything*

*The Psychology of Social Identity* unpacks the fascinating, messy, and ever-changing nature of identity. Drawing on cutting-edge psychological research and real-world examples, this engaging book explores how social groups, life changes, and cultural influences shape our identities. It challenges the myth of a singular "true self" and offers fresh perspectives on belonging, rejection, and the power of embracing complexity. With relatable anecdotes, global insights, and practical advice, this book is a guide to understanding yourself and others in a world of constant change.

Routledge

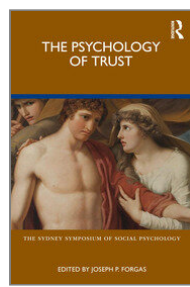
September 2026 : 178pp

Pb: 978-1-041-32037-1 : **\$16.99**

Hb: 978-1-041-32038-8 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781041320371](http://www.routledge.com/9781041320371)

## The Psychology of Trust



*Edited by* **Joseph P. Forgas** University of New South Wales

*Series: Sydney Symposium of Social Psychology*

This cutting-edge volume provides a comprehensive overview of the psychology of trust, featuring leading international researchers who have done ground-breaking work on the origins, nature, characteristics and consequences of trust. Exploring one of the most intriguing psychological issues that shapes human social life, this book will be of interest both to a lay audience, as well as students and researchers interested in all areas relevant to the relationship between human psychology and the social and cultural processes that define our civilization.

Routledge

May 2026 : 318pp

Pb: 978-1-041-10264-9 : **\$67.99**

Hb: 978-1-041-10265-6 : **\$200**

eBook: 978-1-003-65424-7

\* For full contents and more information, visit: [www.routledge.com/9781041102649](http://www.routledge.com/9781041102649)

## The Routledge International Handbook of Stuttering



Edited by **Peter Howell**, **Max Gattie**

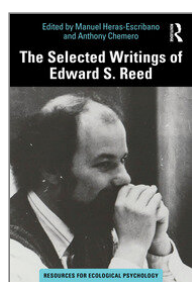
Series: *Routledge International Handbooks*

This comprehensive volume showcases cutting-edge research on stuttering from a wide range of perspectives including neuroscience, genetics, epidemiology, speech-motor control, language effects, machine learning, disability studies, treatment options and assessment. Featuring the work of a diverse range of specialist authors from around the globe, the book discusses psychological, neuroscientific and medical aspects of stuttering. The Routledge International Handbook of Stuttering will be essential reading for researchers and postgraduate students in the fields of fluency disorders, speech and language pathology, communication studies and applied linguistics.

Routledge  
September 2026 : 484pp  
Hb: 978-1-032-53827-3 : \$300

\* For full contents and more information, visit: [www.routledge.com/9781032538273](http://www.routledge.com/9781032538273)

## The Selected Writings of Edward S. Reed



Edited by **Manuel Heras-Escribano**, **Anthony Chemero**

Series: *Resources for Ecological Psychology Series*

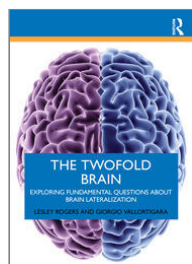
The Selected Writings of Edward S. Reed brings to light the groundbreaking contributions of one of the most original thinkers in ecological psychology and philosophy of mind. This volume offers readers a rare opportunity to engage with the depth and breadth of Reed's theoretical insights. Edward S. Reed (1954–1997) was a thinker whose work forged a path for the integration of ecological psychology with philosophy, evolutionary theory, and political thought. Reed's unique synthesis of James Gibson's ecological approach with Darwinian and pragmatist perspectives yielded a philosophy of perception and action that was both radical and empirically grounded.

Routledge  
July 2026 : 240pp  
Pb: 978-1-041-17157-7 : \$67.99  
Hb: 978-1-041-17162-1 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041171577](http://www.routledge.com/9781041171577)

## The Twofold Brain

Exploring Fundamental Questions about Brain Lateralization



Edited by **Lesley J. Rogers**, **Giorgio Vallortigara** University of Trento, Italy

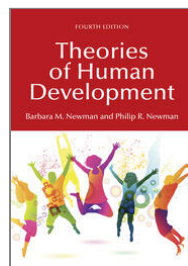
The Twofold Brain: Exploring Fundamental Questions about Brain Lateralization takes a unique approach to the exploration of brain asymmetry by shifting the focus from the human brain to the intriguing realm of non-human species. This comprehensive work delves into the evolution, development, function, and causation of brain lateralization, with a primary focus on lateralization in a variety of non-human species. The authors challenge the traditional view that brain asymmetry is exclusive to human brains and demonstrate that lateralization is a fundamental aspect present in both large and small brains, even those organized differently from mammalian brains.

Routledge  
July 2026 : 136pp  
Pb: 978-1-032-81402-5 : \$57.99  
Hb: 978-1-032-80250-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032814025](http://www.routledge.com/9781032814025)

4TH EDITION

## Theories of Human Development



Barbara M. Newman University of Rhode Island, USA,  
Philip R. Newman University of Rhode Island, USA

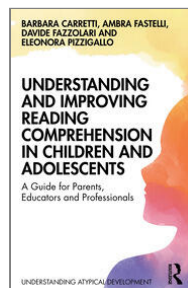
This best-selling textbook provides a comprehensive introduction to 11 major human development theories that continue to guide research, intervention, and practice. Each theory is explored through cultural and historical contexts, key concepts, research applications, and contemporary implications for practice, and is supported by engaging case vignettes, as well as an analysis of how it answers four key questions that should be addressed by a theory of development. This comprehensive book is ideal for advanced undergraduate and graduate students in psychology, human development, family studies, education, social work, and public health.

Routledge  
October 2026 : 610pp  
Pb: 978-1-032-90174-9 : \$150  
Hb: 978-1-032-96542-0 : \$180

\* For full contents and more information, visit: [www.routledge.com/9781032901749](http://www.routledge.com/9781032901749)

## Understanding and Improving Reading Comprehension in Children and Adolescents

A Guide for Parents, Educators and Professionals



Barbara Carretti Prof, Dept of Psychology, Uni of Padova, Italy., **Ambra Fastelli** Postdoctoral Research Fellow, Uni of Padova, Italy., **Davide Fazzolari** Clinical psychologist and doctoral student at UniCZ and Centro TICE, Italy., **Eleonora Pizzigallo** PhD candidate in Psychological Sciences, Uni of Padova, Italy.

Series: *Understanding Atypical Development*

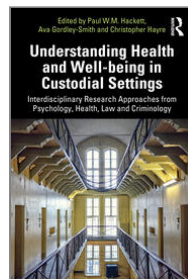
This concise, accessible guide bridges the gap between scientific research and practical application, offering parents and professionals in educational and psychological settings a clear understanding of reading comprehension difficulties in children and adolescents. Whether you're supporting a child or an adolescent who finds reading challenging, or seeking to enhance comprehension, this guide equips you with actionable strategies to identify comprehension problems early and implement effective techniques at home and in school, ultimately fostering understanding, achievement, and a lifelong love of reading.

Routledge  
July 2026 : 160pp  
Pb: 978-1-041-20329-2 : \$32.99  
Hb: 978-1-041-20386-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041203292](http://www.routledge.com/9781041203292)

## Understanding Health and Well-being in Custodial Settings

Interdisciplinary Research Approaches from Psychology, Health, Law and Criminology



Edited by **Paul M.W. Hackett**, **Ava Gordley-Smith**, **Christopher Hayre** University of Canberra, Australia

This timely book offers an overview of how to understand health and wellbeing in custodial settings. It draws on cutting-edge research for a big picture perspective on the issues of prisoners' health and wellbeing in prison settings. Bringing together international experts from forensic psychology, health and criminology, the volume creates a multidisciplinary narrative to highlight contemporary issues within prisons concerning health and wellbeing. It also explores how these issues can be effectively researched and subsequently understood.

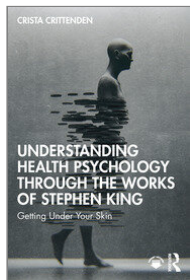
Routledge  
July 2026 : 278pp  
Pb: 978-1-032-36122-2 : \$54.99  
Hb: 978-1-032-36124-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032361222](http://www.routledge.com/9781032361222)



## Understanding Health Psychology Through the Works of Stephen King

Getting Under Your Skin



**Crista Crittenden**

Not just your regular textbook, this unique book uses popular culture as a teaching tool by taking the work of Stephen King, America's top horror writer, to illustrate concepts that are essential to health psychology. The book uses his story telling and character development to illustrate the science of how psychology "gets under the skin" to impact physical health. It examines the history of health psychology and the biopsychosocial perspective, the biology of stress and emotion, the science of behavior change, structural (social) influences on health, personality and sleep science, the role of psychology in disease, and the evidence of the mind-body connection.

Routledge  
June 2026 : 216pp  
Pb: 978-1-032-80207-7 : **\$63.99**  
Hb: 978-1-032-80208-4 : **\$190**

\* For full contents and more information, visit: [www.routledge.com/9781032802077](http://www.routledge.com/9781032802077)

## Understanding Leadership through Natural Sciences

A Fresh Perspective



**Nathan W. Harter** Christopher Newport University, USA

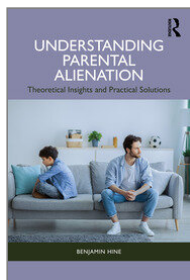
The book begins by exploring the contributions of Michael Polanyi to leadership in the sciences and progresses to innovative metaphors like fluid dynamics and folding/unfolding to describe leadership phenomena. The book also investigates the role of boundaries—spatial, temporal, and conceptual—in leadership systems, drawing on examples from literature, such as The Wizard of Oz, to illustrate these ideas. Further, it ventures into altered states of consciousness, such as dreams and poetry, as sources of leadership insight, and culminates in a discussion of metaphysics and organizing principles grounded in multiplicity.

Routledge  
October 2026 : 202pp  
Hb: 978-1-041-35320-1 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041353201](http://www.routledge.com/9781041353201)

## Understanding Parental Alienation

Theoretical Insights and Practical Strategies



**Benjamin Hine** University Of West London

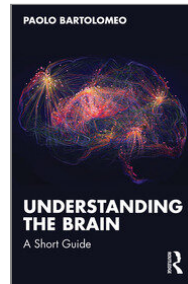
Understanding Parental Alienation offers a clear, accessible starting point for anyone trying to make sense of parental alienation (PA): what it is, how it develops, and why it causes such profound harm. Opening with a grounded, user-friendly explanation of the phenomenon, the book demystifies PA without minimising its seriousness, setting the stage for a deeper exploration of its emotional, psychological, and legal dimensions. Accessible yet academically robust, Understanding Parental Alienation is a multi-purpose guide for mental-health professionals, legal practitioners, family-court personnel, and families navigating post-separation conflict.

Routledge  
May 2026 : 254pp  
Pb: 978-1-041-05004-9 : **\$47.99**  
Hb: 978-1-041-05005-6 : **\$200**  
eBook: 978-1-003-63094-4

\* For full contents and more information, visit: [www.routledge.com/9781041050049](http://www.routledge.com/9781041050049)

## Understanding the Brain

A Short Guide



**Paolo Bartolomeo**

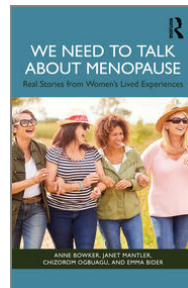
Understanding the Brain: A Short Guide tackles some of the most profound questions about what it means to be human, exploring the origins of consciousness, the development of language, and the future of brain research. This book examines the brain's mysteries through the lens of cognitive neuroscience, offering readers a compelling journey from historical discoveries to cutting-edge advancements. It also poses intriguing questions about the possibilities of decoding dreams and thoughts by analyzing neural activity, pushing the boundaries of what we know about the brain.

Routledge  
May 2026 : 108pp  
Pb: 978-1-041-24487-5 : **\$27.99**  
Hb: 978-1-041-24492-9 : **\$200**  
eBook: 978-1-003-74216-6

\* For full contents and more information, visit: [www.routledge.com/9781041244875](http://www.routledge.com/9781041244875)

## We Need to Talk About Menopause

Real Stories from Women's Lived Experiences



**Anne Bowker , Janet Mantler , Chizorom Ogbuagu , Emma Bider**

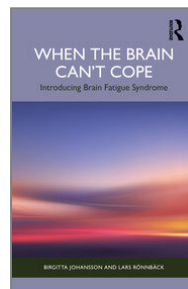
We Need to Talk about Menopause uses engaging storytelling and sharp analysis to explore the lived experiences of women going through menopause, breaking the silence around a topic that is often considered taboo. Written by a team of psychologists and anthropologists, it aims to provide support, understanding, and visibility for women navigating this major life transition and to reframe menopause as a time of transformation rather than deficiency.

Routledge  
May 2026 : 146pp  
Pb: 978-1-041-10271-7 : **\$26.99**  
Hb: 978-1-041-10356-1 : **\$190**  
eBook: 978-1-003-65460-5

\* For full contents and more information, visit: [www.routledge.com/9781041102717](http://www.routledge.com/9781041102717)

## When the Brain Can't Cope

Introducing Brain Fatigue Syndrome



**Birgitta Johansson , Lars Rönnbäck**

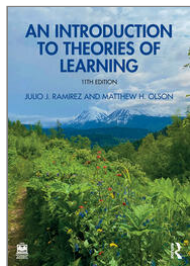
This ground-breaking book pioneers the clinical condition of Brain Fatigue Syndrome, characterized by cognitive, emotional, and sensory impairment and profound exhaustion after mental activity that is not relieved by rest or sleep. It offers a thorough description, including its relationship to other pathologies and symptoms, method of study and recognition, and comprehensive management. It is valuable reading for students of neuropsychology, medicine, nursing and occupational therapy, as well various healthcare professionals who work in the field of neurorehabilitation for acquired brain damage, and those in primary care settings.

Routledge  
June 2026 : 114pp  
Pb: 978-1-041-22400-6 : **\$54.99**  
Hb: 978-1-041-22401-3 : **\$200**  
eBook: 978-1-003-73210-5

\* For full contents and more information, visit: [www.routledge.com/9781041224006](http://www.routledge.com/9781041224006)

11TH EDITION

## An Introduction to Theories of Learning



**Julio J. Ramirez , Matthew H. Olson** Hamline University, USA

Now celebrating its 50th anniversary, *An Introduction to Theories of Learning* has provided a uniquely sweeping review of the major learning theories from the 20th century that profoundly influenced the field of psychology. The four main goals of this text are to define learning, to show how the learning process is studied, to place learning theory in a historical perspective, and to present essential features of the major theories of learning with implications for educational practices. In this new edition, the authors have retained the best features of earlier additions while expanding and enhancing its application to modern scholarship.

Routledge

May 2026 : 600pp

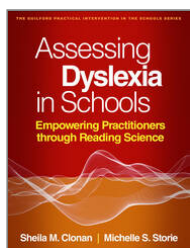
Pb: 978-1-032-77896-9 : **\$99.99**

Hb: 978-1-032-79591-1 : **\$255**

\* For full contents and more information, visit: [www.routledge.com/9781032778969](http://www.routledge.com/9781032778969)

## Assessing Dyslexia in Schools

Empowering Practitioners through Reading Science



**Sheila M. Clonan**, **Michelle S. Storie** State University of New York, United States

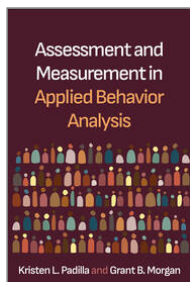
*Series: The Guilford Practical Intervention in the Schools Series*

This book bridges a critical gap between reading research and school-based practice, providing practitioners and students with up-to-date tools to understand, identify and intervene for students with dyslexia. Grounded in the science of reading, the book addresses common misconceptions and outdated practices that prevent struggling readers with dyslexia from getting effective support. Evidence-based assessment protocols are described, as are interpretation frameworks—including the Simple View of Reading—and intervention planning strategies. User-friendly features include “What Would You Do?” case vignettes, extended assessment examples, and reproducible/downloadable worksheets.

Guilford Press  
August 2026 : 211pp  
Pb: 978-1-462-56296-1 : \$39  
Hb: 978-1-462-56297-8 : \$59

\* For full contents and more information, visit: [www.routledge.com/9781462562961](http://www.routledge.com/9781462562961)

## Assessment and Measurement in Applied Behavior Analysis



**Kristen L. Padilla** Baylor University, United States, **Grant B. Morgan** Baylor University, United States

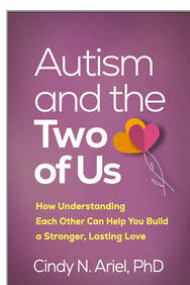
Bridging the science of measurement and the practice of applied behavior analysis (ABA), this is the first comprehensive guide to reliability, validity, and evidence-centered design within a behavior-analytic framework.

Guilford Press  
August 2026 : 266pp  
Pb: 978-1-462-56320-3 : \$55  
Hb: 978-1-462-56321-0 : \$83

\* For full contents and more information, visit: [www.routledge.com/9781462563203](http://www.routledge.com/9781462563203)

## Autism and the Two of Us

How Understanding Each Other Can Help You Build a Stronger, Lasting Love



**Cindy N. Ariel** private practice, United States

Accepting each other's differences is important for all couples—especially when one partner is autistic and the other is not. Psychologist Cindy N. Ariel has spent decades counseling neurodiverse couples to help their relationships thrive. This compassionate book is packed with tools to help both partners understand how their brains work differently and find solutions to common struggles, emphasizing that nothing is “wrong” with either of them. Every chapter includes vivid stories, self-reflection questions, conversation starters, and action plans to build connection.

Guilford Press  
September 2026 : 246pp  
Pb: 978-1-462-56018-9 : \$23  
Hb: 978-1-462-56337-1 : \$35

\* For full contents and more information, visit: [www.routledge.com/9781462560189](http://www.routledge.com/9781462560189)

3RD EDITION

## Best Practices of Literacy Leaders, Third Edition

Keys to School Improvement



*Edited by* **Allison Swan Dagen** West Virginia University, United States, **Jacy Ippolito** Salem State University, United States, **Rita M. Bean** University of Pittsburgh (Emerita), United States

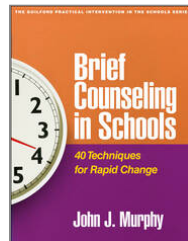
Addressing key challenges facing today's school leaders, the third edition of this authoritative text and practitioner resource has been thoroughly revised with 50% new material. Prominent experts present research-based, culturally responsive methods for improving instruction, assessment, and professional learning. Chapters address instructional components of a schoolwide literacy program aligned with the science of reading and explore the distinct roles of school leaders at all levels. Pedagogical features include chapter-opening guiding questions; vignettes illustrating key concepts; extended case examples; engagement activities; and annotated resources for further learning.

Guilford Press  
November 2026 : 415pp  
Pb: 978-1-462-56377-7 : \$59  
Hb: 978-1-462-56378-4 : \$89

\* For full contents and more information, visit: [www.routledge.com/9781462563777](http://www.routledge.com/9781462563777)

## Brief Counseling in Schools

40 Techniques for Rapid Change



**John J. Murphy** University of Central Arkansas, United States

*Series: The Guilford Practical Intervention in the Schools Series*

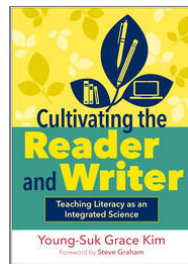
With child and adolescent mental health problems on the rise, this timely book offers school practitioners a practical blueprint and 40 effective techniques for supporting meaningful change as quickly as possible. Brief counseling expert John J. Murphy provides evidence-based, culturally responsive tools for helping students resolve frequently encountered psychological and behavioral challenges. In a convenient large-size format, the book includes vivid case examples and dialogues, sample scripts, reflection questions, learning activities, and reproducible/downloadable forms for use with students, parents, and teachers.

Guilford Press  
May 2026 : 191pp  
Pb: 978-1-462-56232-9 : \$40  
Hb: 978-1-462-56233-6 : \$60

\* For full contents and more information, visit: [www.routledge.com/9781462562329](http://www.routledge.com/9781462562329)

## Cultivating the Reader and Writer

Teaching Literacy as an Integrated Science



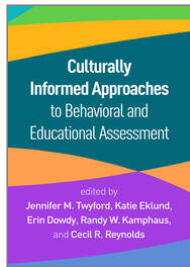
**Young-Suk Grace Kim** University of California, United States

From a preeminent literacy scholar, this book provides a research-based framework to guide teachers on how the sciences of reading and writing can be merged to strengthen instruction in both areas. Young-Suk Grace Kim explains the essential skills and mechanisms that underpin reading and writing and describes ways to leverage their interconnections to accelerate student learning. Differentiated instruction is emphasized throughout, as are applications for diverse learners, including bilingual students and those with learning difficulties. Chapter-opening Guiding Questions and Classroom Connections boxes throughout enhance utility as a course text and professional development resource.

Guilford Press  
June 2026 : 334pp  
Pb: 978-1-462-56266-4 : \$55  
Hb: 978-1-462-56288-6 : \$83

\* For full contents and more information, visit: [www.routledge.com/9781462562664](http://www.routledge.com/9781462562664)

## Culturally Informed Approaches to Behavioral and Educational Assessment



Edited by **Jennifer M. Twyford** Lewis and Clark College, United States, **Katie Eklund** University of Wisconsin–Madison, United States, **Erin Dowdy** University of California, United States, **Randy W. Kamphaus** Georgia State University, United States, **Cecil R. Reynolds** College Station, United States

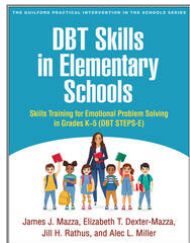
Grounded in state-of-the-art research, this book provides comprehensive guidance for equitable behavioral and educational assessment of children and adolescents across school and clinical settings. Noted scholars weave an emphasis on ecological context, diversity, equity, inclusion, and social justice into each chapter. Key assessment strategies, methods, and measures are discussed and best practices reviewed for culturally responsive evaluation of high-incidence mental health, behavioral, and developmental disorders. Practical pointers and examples throughout the volume illustrate effective ways to improve the fairness of assessment procedures and interpretations.

Guilford Press  
May 2026 : 444pp  
Hb: 978-1-462-56128-5 : \$65

\* For full contents and more information, visit: [www.routledge.com/9781462561285](http://www.routledge.com/9781462561285)

## DBT Skills in Elementary Schools

Skills Training for Emotional Problem Solving in Grades K-5 (DBT STEPS-E)



**James J. Mazza** University of Washington, United States, **Elizabeth T. Dexter-Mazza**, **Jill H. Rathus** Long Island University Post, United States, **Alec L. Miller** Long Island University Post, United States

Series: *The Guilford Practical Intervention in the Schools Series*

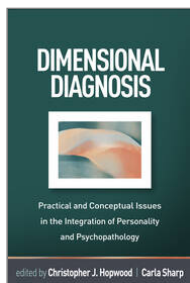
Packed with practical tools, this manual presents DBT STEPS-E, a comprehensive social-emotional learning program grounded in the proven skills of dialectical behavior therapy (DBT). Two complete classroom curricula (for ages 5–7 and 8–10) are designed to integrate seamlessly into multi-tiered systems of support. DBT STEPS-E offers a nonclinical, prevention-oriented application for building core emotion regulation, coping, interpersonal, and decision-making skills. Detailed lesson plans are accompanied by teaching scripts, examples, and vignettes. In a large-size format, the volume includes a daily diary card and 78 reproducible student handouts that also can be downloaded and printed.

Guilford Press  
June 2026 : 427pp  
Pb: 978-1-462-56020-2 : \$62  
Hb: 978-1-462-56192-6 : \$93

\* For full contents and more information, visit: [www.routledge.com/9781462560202](http://www.routledge.com/9781462560202)

## Dimensional Diagnosis

Practical and Conceptual Issues in the Integration of Personality and Psychopathology



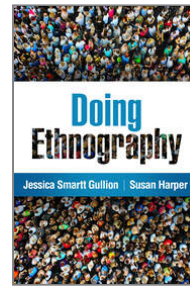
Edited by **Christopher J. Hopwood** University of California, United States, **Carla Sharp** University of Houston, United States

Despite a general consensus that the mental health field is shifting toward dimensional diagnosis, key questions remain about exactly how this transition should occur. This book brings together leading scholars to discuss how personality is related to psychopathology, how this changes our understanding of mental disorders, how dimensional models can be applied clinically, and implications for training and research. The volume is uniquely structured around 15 core challenges identified by the editors. Within each chapter, two author teams weigh in with different perspectives on the questions posed, offering a window into critical debates at the cutting edge of clinical science and practice.

Guilford Press  
June 2026 : 350pp  
Hb: 978-1-462-56238-1 : \$65

\* For full contents and more information, visit: [www.routledge.com/9781462562381](http://www.routledge.com/9781462562381)

## Doing Ethnography



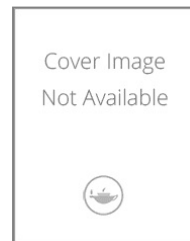
**Jessica Smartt Gullion** Texas Woman's University, United States, **Susan Harper** Iowa State University, United States

Written by a sociologist and an anthropologist, this primer is packed with clear methodological guidance and engaging stories illustrating what ethnography looks like in practice. The text follows the arc of a typical study, highlighting ethics and social justice concerns throughout. It addresses practical considerations in developing a research question, conducting fieldwork, dealing with common pitfalls, and organizing and analyzing data, using techniques from grounded analysis to poetic inquiry. The book addresses the politics of fieldwork and offers advice on publishing ethnographic work for different audiences. Chapters include discussion questions, exercises, and reflection prompts.

Guilford Press  
February 2026 : 182pp  
Pb: 978-1-462-54692-3 : \$45  
Hb: 978-1-462-55921-3 : \$68

\* For full contents and more information, visit: [www.routledge.com/9781462546923](http://www.routledge.com/9781462546923)

## Educators' Guide to School Mental Health



**Jessica B. Koslowski** University of Connecticut, United States, **Kristabel Stark** University of Vermont, United States, **Sandra M. Chafouleas** University of Connecticut, United States

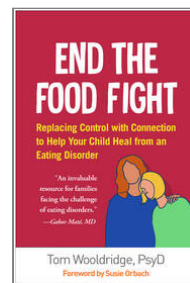
Designed for busy K–12 educators, this book offers practical strategies to support students' mental health while promoting self-care for school staff. It combines research with actionable tips, featuring vignettes, reflection questions, and planning tools to help educators confidently foster mental health in schools.

Guilford Press  
December 2026 : 260pp  
Pb: 978-1-462-56419-4 : \$38  
Hb: 978-1-462-56420-0 : \$57

\* For full contents and more information, visit: [www.routledge.com/9781462564194](http://www.routledge.com/9781462564194)

## End the Food Fight

Replacing Control with Connection to Help Your Child Heal from an Eating Disorder



**Tom Wooldridge** Golden Gate University; Psychoanalytic Institute of Northern California, United States

Psychologist Tom Wooldridge's compassionate book helps parents address eating disorders by understanding how out-of-control emotions fuel symptoms. It offers strategies, guided practices, and reflection prompts to help parents stay calm, present, and attuned, even in challenging moments.

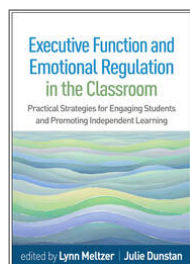
Guilford Press  
September 2026 : 140pp  
Pb: 978-1-462-56324-1 : \$20  
Hb: 978-1-462-56332-6 : \$30

\* For full contents and more information, visit: [www.routledge.com/9781462563241](http://www.routledge.com/9781462563241)



## Executive Function and Emotional Regulation in the Classroom

Practical Strategies for Engaging Students and Promoting Independent Learning



Edited by **Lynn Meltzer**, **Julie Dunstan**

This book presents research-based strategies for helping students thrive academically, socially, and emotionally by harnessing the dynamic interplay of executive function (EF) and emotional regulation. The expert editors and contributors—including EF pioneer Lynn Meltzer—explain how teachers can support EF and emotional regulation with all learners, including neurodiverse students. Chapters describe ways to build students' ability to set goals, think flexibly, stay on task, manage their behavior, and reduce anxiety and stress. Case vignettes illustrate how the interventions discussed help to enhance student engagement while fostering resilience and independent learning.

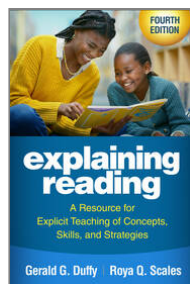
Guilford Press  
March 2026 : 240pp  
Pb: 978-1-462-55983-1 : \$45  
Hb: 978-1-462-55984-8 : \$68

\* For full contents and more information, visit: [www.routledge.com/9781462559831](http://www.routledge.com/9781462559831)

4TH EDITION

## Explaining Reading, Fourth Edition

A Resource for Explicit Teaching of Concepts, Skills, and Strategies



**Gerald G. Duffy** Michigan State University (Emeritus), United States, **Roya Q. Scales** Western Carolina University, United States

Now in a revised and updated fourth edition with 50% new material, this highly practical book guides teachers to demystify the reading process for students who are struggling. Thirty detailed lesson examples illustrate ways to explain and scaffold skills and strategies as an integral part of purposeful, motivating reading tasks. Teachers can use these examples as starting points for explicit instruction that meets their own students' particular needs. The book shows how to give students the "secrets" of understanding—and appreciating—both literature and informational texts. Numerous text boxes clarify conceptual understandings and share adaptations for different grade levels.

Guilford Press  
June 2026 : 256pp  
Pb: 978-1-462-56260-2 : \$40  
Hb: 978-1-462-56261-9 : \$60

\* For full contents and more information, visit: [www.routledge.com/9781462562602](http://www.routledge.com/9781462562602)

## Get Ready for Data Science

A Primer for Social and Behavioral Scientists



**Rex B. Kline** Concordia University, Canada

Filling a key need, this book provides a gateway to modern data analytics written expressly for social researchers and students. Chapters on programming, data visualization, big data, and supervised and unsupervised machine learning build on readers' statistical strengths, emphasize concepts over equations, and feature rich graphics, including 11 color plates. Throughout, worked-through examples with real and simulated data prepare readers to apply the techniques. Pedagogical features include exercises with answers and a robust companion website including data sets; R-generated syntax, output, and graphics files; and three statistical primers.

Guilford Press  
October 2026 : 606pp  
Hb: 978-1-462-56349-4 : \$80

\* For full contents and more information, visit: [www.routledge.com/9781462563494](http://www.routledge.com/9781462563494)

## Handbook of Body Image



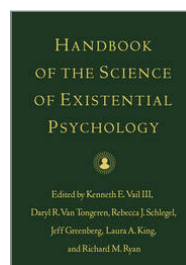
Edited by **Tracy L. Tylka** The Ohio State University, United States, **Jennifer B. Webb** University of North Carolina at Charlotte, United States, **Matthew Fuller-Tyszkiewicz** Deakin University, Australia, **Rachel F. Rodgers** Northeastern University, United States

Bringing together leading international experts, this volume synthesizes current knowledge on body image—its dimensions (both positive and negative); biological, psychological, and sociocultural influences; varied expressions and outcomes; and exemplary prevention and intervention programs. Fifty-eight concise chapters, concluding with informative reading lists in place of extended references, capture the richness and complexity of the field. The Handbook emphasizes a global, intersectional approach and showcases innovative measurement tools and research designs. This completely new volume is the successor to *Body Image, Second Edition* (2011), edited by Thomas F. Cash and Linda Smolak.

Guilford Press  
November 2026 : 658pp  
Hb: 978-1-462-56389-0 : \$80

\* For full contents and more information, visit: [www.routledge.com/9781462563890](http://www.routledge.com/9781462563890)

## Handbook of the Science of Existential Psychology



Edited by **Kenneth E. Vail III** Cleveland State University, United States, **Daryl R. Van Tongeren** Hope College, United States, **Rebecca J. Schlegel** College Station, United States, **Jeff Greenberg** University of Arizona, United States, **Laura A. King** University of Missouri—Columbia, United States

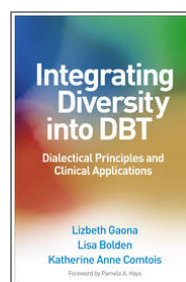
Showcasing cutting-edge research in a dynamic area, this authoritative volume explores how people navigate psychological experiences that are fundamentally about the nature of existence. In 65 compelling chapters, preeminent editors and contributors describe the field's conceptual foundations, methods, and contemporary findings. The Handbook is focused on issues of "being and becoming" in mental and social life, including: time, aging, and death; freedom, authenticity, and moral responsibility; isolation, uncertainty, and shared reality; culture, self, and identity; the quest for meaning and purpose; religion and spirituality; and awe, personal growth, and what comprises the "good life."

Guilford Press  
June 2026 : 1068pp  
Hb: 978-1-462-56022-6 : \$185

\* For full contents and more information, visit: [www.routledge.com/9781462560226](http://www.routledge.com/9781462560226)

## Integrating Diversity into DBT

Dialectical Principles and Clinical Applications



**Lizbeth Gaona** California Baptist University, United States, **Lisa Bolden** Emmada Psychology Center, United States, **Katherine Anne Comtois** University of Washington, United States

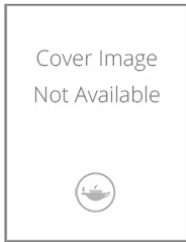
Crafted by skillful DBT experts, this unique guide provides concepts and strategies for more inclusive, effective practice with socioculturally diverse clients. The authors show how recognition and validation of clients' intersecting identities and experiences of marginalization mesh perfectly with DBT principles such as dialectics, humility, beginner's mind, and a therapeutic relationship between equals. Guidance is provided for tailoring interventions to overcome sociocultural gaps, applying diversity concepts in both individual sessions and DBT team, and self-reflecting on often unexplored cultural assumptions. The book includes case illustrations and reproducible/downloadable forms.

Guilford Press  
July 2026 : 192pp  
Pb: 978-1-462-55597-0 : \$35  
Hb: 978-1-462-56304-3 : \$53

\* For full contents and more information, visit: [www.routledge.com/9781462555970](http://www.routledge.com/9781462555970)

6TH EDITION

## Introduction to Addictive Behaviors, Sixth Edition



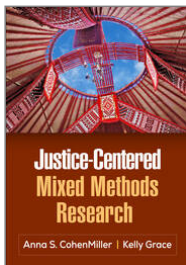
**Dennis L. Thombs** University of North Texas Health Science Center, United States, **Cynthia J. Osborn** Kent State University, United States, **William V. Lechner** Kent State University, United States

The authoritative text that has helped generations of students and practitioners build foundational knowledge about substance use disorders and other addictive behaviors is now in a revised and updated sixth edition. In one accessible volume, the text reviews major theories of addiction and their implications for evidence-based prevention and treatment. Chapters address disease models of addiction; public health and prevention approaches; dual diagnosis; psychoanalytic, behavioral, cognitive, and family systems models; sociocultural approaches; behavioral addictions; and motivational models. Student-friendly features include clinical vignettes, end-of-chapter summaries, and review questions.

Guilford Press  
November 2026 : 471pp  
Hb: 978-1-462-56424-8 : \$70

\* For full contents and more information, visit: [www.routledge.com/9781462564248](http://www.routledge.com/9781462564248)

## Justice-Centered Mixed Methods Research



**Anna S. CohenMiller** Nord University, Spain, **Kelly Grace** University of Texas at Galveston, United States

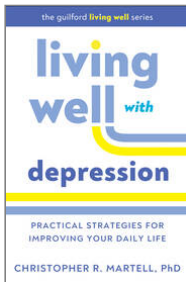
This book provides a comprehensive guide to conducting mixed methods research (MMR) from a social, environmental, and economic justice perspective. Unique to the text is its emphasis on embedding critical self-reflection and justice-centered decision-making into every stage of the research process, including in quantitative research, a direction frequently overlooked. The authors guide readers from conceptualizing and designing studies to implementing, interpreting, sharing, and discussing findings. Every chapter includes firsthand "Insights from Practice" from diverse scholars, as well as critical self-reflection question and other pedagogical features.

Guilford Press  
May 2026 : 300pp  
Pb: 978-1-462-56021-9 : \$55  
Hb: 978-1-462-56226-8 : \$83

\* For full contents and more information, visit: [www.routledge.com/9781462560219](http://www.routledge.com/9781462560219)

## Living Well with Depression

Practical Strategies for Improving Your Daily Life



**Christopher R. Martell** University of Massachusetts, United States

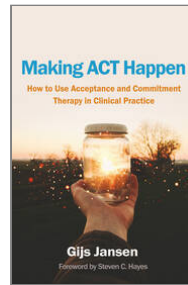
Depression can dampen joy and make life more difficult—even when it isn't at crisis level. Psychologist and depression expert Christopher R. Martell shares a wealth of tips and go-to strategies for getting through hard days and reengaging with the world in this user-friendly book.

Guilford Press  
October 2026 : 182pp  
Pb: 978-1-462-55386-0 : \$19.95  
Hb: 978-1-462-56398-2 : \$30

\* For full contents and more information, visit: [www.routledge.com/9781462553860](http://www.routledge.com/9781462553860)

## Making ACT Happen

How to Use Acceptance and Commitment Therapy in Clinical Practice



**Gijs Jansen**

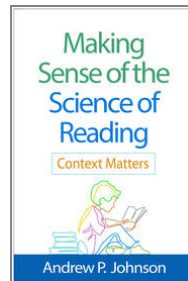
Packed with case examples, clinical tips, new and classic metaphors, reflection prompts, and learning exercises, this concise primer helps readers hone their skills and confidence for practicing acceptance and commitment therapy (ACT). Gijs Jansen is a leading ACT trainer and supervisor who explains complex concepts in a candid, conversational style. He offers a unique window into how ACT sessions unfold, equipping therapists to deepen their engagement with clients and select interventions that address clients' individual needs and struggles. This is the English edition of Het ACT basisboek, published in the Netherlands in 2023 and translated, updated, and revised by the author.

Guilford Press  
June 2026 : 245pp  
Pb: 978-1-462-55900-8 : \$45  
Hb: 978-1-462-56244-2 : \$65

\* For full contents and more information, visit: [www.routledge.com/9781462559008](http://www.routledge.com/9781462559008)

## Making Sense of the Science of Reading

Context Matters



**Andrew P. Johnson** Minnesota State University, United States

This accessible book explores the Science of Reading (SOR), highlighting its value and limitations. In 21 concise chapters, it separates fact from myth on topics like phonics, decoding, assessment, and curricula, guiding educators to critically evaluate research for diverse learners.

Guilford Press  
October 2026 : 218pp  
Pb: 978-1-462-56383-8 : \$38  
Hb: 978-1-462-56384-5 : \$57

\* For full contents and more information, visit: [www.routledge.com/9781462563838](http://www.routledge.com/9781462563838)

## Meta-Analysis Using Structural Equation Modeling

A Practical Guide with LISREL, Mplus, and R



**Randall E. Schumacker** University of Alabama, United States

Filling a gap in the contemporary literature, this practical guide shows how structural equation modeling (SEM) can be used to analyze results from multiple different studies on the same subject. Randall E. Schumacker presents programs using LISREL, Mplus, and R software, complete with worked-through examples, procedural steps, and sample annotated code. He provides an overview of meta-analysis and the basic SEM modeling steps before delving into meta-analysis in path models, confirmatory factor models, and structural equation models (MASEM). Full code and output for the book's examples can be accessed at the companion website.

Guilford Press  
December 2026 : 169pp  
Pb: 978-1-462-56492-7 : \$65  
Hb: 978-1-462-56493-4 : \$98

\* For full contents and more information, visit: [www.routledge.com/9781462564927](http://www.routledge.com/9781462564927)

## Microinterventions

The Science of Nudging People toward Change



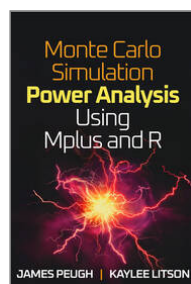
**Craig Winston LeCroy** Arizona State University, United States

Change can be overwhelming. This accessible book showcases quick, low-intensity therapeutic strategies to help clients take small steps toward change—especially when they feel stuck. Craig Winston LeCroy draws on extensive clinical experience and innovative multidisciplinary research. The book describes ways that nudges as simple as a journal entry, a grounding exercise, a new habit, or a reframed thought can prompt subtle but meaningful shifts in emotions and behavior. Vivid case examples illustrate how microinterventions work and how to implement them, regardless of clinical problem or treatment approach.

Guilford Press  
November 2026 : 267pp  
Pb: 978-1-462-56372-2 : \$42  
Hb: 978-1-462-56373-9 : \$63

\* For full contents and more information, visit: [www.routledge.com/9781462563722](http://www.routledge.com/9781462563722)

## Monte Carlo Simulation Power Analysis Using Mplus and R



**James Peugh** Cincinnati Children's Hospital Medical Center, United States, **Kaylee Litson** University of Houston, United States

This book provides clearly explained tools for using Monte Carlo simulations to estimate the needed sample sizes for adequate statistical power for a variety of modern research designs. Featuring step-by-step instructions, chapters move from simpler cross-sectional designs and path tracing rules to advanced longitudinal designs, while incorporating mediation, moderation, and missing data considerations. Worked-through applied examples with annotated Mplus and R syntax scripts, sample write-ups, and end-of-chapter suggested readings are included. The companion website offers Mplus and R code for four additional power analysis models, as well as supplemental computational materials.

Guilford Press  
June 2026 : 350pp  
Pb: 978-1-462-56284-8 : \$75  
Hb: 978-1-462-56285-5 : \$113

\* For full contents and more information, visit: [www.routledge.com/9781462562848](http://www.routledge.com/9781462562848)

## Motivation, Achievement, and Situated Expectancy-Value Theory

Making One's Future



**Jacquelynne S. Eccles**, **Allan Wigfield** College Park, United States, **Sandra D. Simpkins** University of California, United States, **Fani Lauermann** University of Bonn, Germany

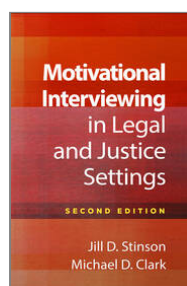
This book introduces Situated Expectancy-Value Theory (SEVT), a multidimensional model that has shaped motivation and achievement research for over 40 years. It explores how young people identify valued activities, career choices, and factors influencing academic engagement. Written in a conversational style, it covers the model's development, insights into individual, family, school, and sociocultural influences on motivation, methodological advancements, and future research directions.

Guilford Press  
November 2026 : 325pp  
Pb: 978-1-462-56403-3 : \$75  
Hb: 978-1-462-56404-0 : \$112

\* For full contents and more information, visit: [www.routledge.com/9781462564033](http://www.routledge.com/9781462564033)

2ND EDITION

## Motivational Interviewing in Legal and Justice Settings, Second Edition



**Jill D. Stinson** East Tennessee State University, United States, **Michael D. Clark** Center for Strength-Based Strategies, United States

Now in a fully revised second edition with 75% new material and applications to a broader range of settings, this book provides evidence-based strategies for helping people with legal involvement to achieve important changes in their lives. Demonstrated are ways to draw on clients' values, goals, and strengths to build connection and facilitate growth—rather than superficial compliance—using motivational interviewing (MI). The book describes the core techniques of MI and illustrates applications in direct care, case management, supervision, forensic counseling, risk assessment, and other real-world legal and justice contexts. First edition title: *Motivational Interviewing with Offenders*.

Guilford Press  
October 2026 : 273pp  
Pb: 978-1-462-56366-1 : \$45  
Hb: 978-1-462-56367-8 : \$68

\* For full contents and more information, visit: [www.routledge.com/9781462563661](http://www.routledge.com/9781462563661)

## MTSS Simplified

Five Principles to Support Implementation



**Jason Harlacher** American Institutes for Research, United States

*Series: The Guilford Practical Intervention in the Schools Series*

Why are some schools able to implement and sustain a multi-tiered system of supports (MTSS), while others struggle to keep momentum going? This concise book cuts through the complexity with five clear principles to keep MTSS on track. Using humor, everyday examples, and pop culture references, MTSS expert Jason Harlacher demystifies technical aspects of implementation while also addressing the human side of change. In a convenient large-size format, the book includes 20 reproducible and downloadable forms and hands-on activities to put each principle into action. Harlacher shows how to make MTSS implementation more successful—by keeping it simple.

Guilford Press  
August 2026 : 171pp  
Pb: 978-1-462-56271-8 : \$35  
Hb: 978-1-462-56272-5 : \$53

\* For full contents and more information, visit: [www.routledge.com/9781462562718](http://www.routledge.com/9781462562718)

## Perfectionism

A Relational Approach to Conceptualization, Assessment, and Treatment



**Paul L. Hewitt** University of British Columbia, Canada, **Gordon L. Flett** York University, Canada, **Samuel F. Mikail** private practice, Canada

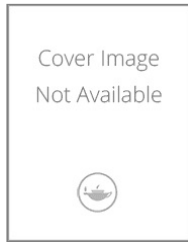
Grounded in decades of influential research, this book thoroughly examines perfectionism how it develops, its underlying mechanisms and psychological costs, and how to target it effectively in psychotherapy. The authors describe how perfectionistic tendencies rooted in early relational and developmental experiences make people vulnerable to a wide range of clinical problems. They present an integrative treatment approach and demonstrate ways to tailor interventions to the needs of individual clients. A group treatment model is also detailed. State-of-the-art assessment tools are discussed (and provided at the companion website).

Guilford Press  
June 2026 : 336pp  
Pb: 978-1-462-56295-4 : \$51

\* For full contents and more information, visit: [www.routledge.com/9781462562954](http://www.routledge.com/9781462562954)

## Person-Centered Practices

From Individual Growth to Collective Change



**Mick Cooper** University of Roehampton, United Kingdom, **William R. Miller** University of New Mexico (Emeritus), United States

Uniquely interdisciplinary, this book explores contemporary applications of person-centered principles not only in counseling and psychotherapy, but also in education, health care, coaching, management, policing, and beyond. The text highlights the ongoing impact of Carl Rogers's foundational work and enumerates the key characteristics of the person-centered approach. Leading scholars and practitioners demonstrate how a shared relational philosophy can help bring about change in remarkably different contexts. Chapters integrate core principles and practices, rich case examples, current research, and emerging developments, with sustained attention to ethics, diversity, and social justice.

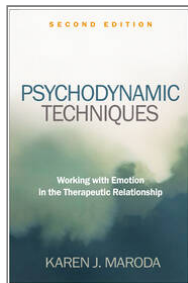
Guilford Press  
December 2026 : 323pp  
Pb: 978-1-462-56421-7 : \$45  
Hb: 978-1-462-56438-5 : \$68

\* For full contents and more information, visit: [www.routledge.com/9781462564217](http://www.routledge.com/9781462564217)

2ND EDITION

## Psychodynamic Techniques, Second Edition

Working with Emotion in the Therapeutic Relationship



**Karen J. Maroda** private practice, United States

Acclaimed for its practical guidance and candid, personal style, this instructive book is now in a revised and updated second edition.

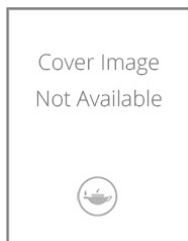
Guilford Press  
June 2026 : 306pp  
Pb: 978-1-462-56309-8 : \$47  
Hb: 978-1-462-56310-4 : \$71

\* For full contents and more information, visit: [www.routledge.com/9781462563098](http://www.routledge.com/9781462563098)

5TH EDITION

## Psychological Evaluations for the Courts, Fifth Edition

A Handbook for Mental Health Professionals and Lawyers

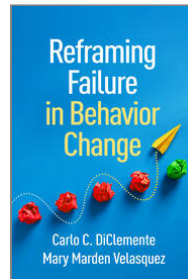


**Christopher Slobogin** Vanderbilt University Law School, United States, **Randy K. Otto** University of South Florida, United States, **John Petrila** Meadows Mental Health Policy Institute, United States, **Lois O. Condie** Harvard Medical School, United States

Guilford Press  
November 2026 : 1020pp  
Hb: 978-1-462-56342-5 : \$140

\* For full contents and more information, visit: [www.routledge.com/9781462563425](http://www.routledge.com/9781462563425)

## Reframing Failure in Behavior Change



**Carlo C. DiClemente** University of Maryland (Emeritus), United States, **Mary Marden Velasquez** The University of Texas at Austin, United States

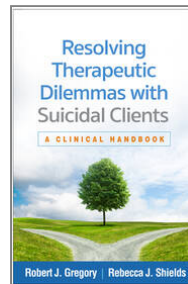
Reoccurrence or relapse happens with almost all types of behavior change—and too often is stigmatized. This compelling work from leading experts provides a fresh perspective on the function of failure in a person's journey through the stages of change. Whether in addiction treatment or other health care contexts, setbacks can help clinicians and clients identify what went wrong and adapt their approaches. The book examines the critical tasks of each of the pre-action and action stages of change and highlights key processes needed to move through them. It provides a vital multidimensional blueprint for using failure to make subsequent change efforts more effective.

Guilford Press  
July 2026 : 226pp  
Pb: 978-1-462-56278-7 : \$40  
Hb: 978-1-462-56279-4 : \$60

\* For full contents and more information, visit: [www.routledge.com/9781462562787](http://www.routledge.com/9781462562787)

## Resolving Therapeutic Dilemmas with Suicidal Clients

A Clinical Handbook



**Robert J. Gregory** State University of New York Upstate, United States, **Rebecca J. Shields** State University of New York Upstate, United States

Engaging suicidal clients in treatment and recovery is intense and challenging. This concise, pragmatic guide shares principles and techniques grounded in research and extensive front-line experience. The book is uniquely structured around specific dilemmas or sticking points that frequently arise in the treatment of suicidal clients. It provides a roadmap for responding skillfully when a client says, for example, "I just want to die," "Nothing is going to help," or "If you discharge me, I'll kill myself." Rich clinical vignettes and transcripts illuminate the underlying dynamics of each dilemma and demonstrate effective ways to move through it, regardless of treatment modality.

Guilford Press  
August 2026 : 210pp  
Pb: 978-1-462-56267-1 : \$45  
Hb: 978-1-462-56268-8 : \$68

\* For full contents and more information, visit: [www.routledge.com/9781462562671](http://www.routledge.com/9781462562671)

## Rethinking Drinking

Making the Right Choice for You



**William R. Miller** University of New Mexico (Emeritus), United States, **Ricardo F. Muñoz** Palo Alto University (Emeritus); University of California, United States

From Dry January to Sober October, more and more people are taking a fresh look at their relationship to alcohol. Some feel inspired to stop drinking altogether. Others seek to make consumption a conscious choice, rather than an automatic habit. From expert psychologists William R. Miller and Ricardo F. Muñoz, this encouraging book is for everyone. Readers are guided to explore what they get out of drinking, identify harmful patterns, and make their own decisions about whether, when, and how much they consume. The book presents science-based strategies for accomplishing desired goals—plus a toolkit of zero-proof ways to kick back, cope with stress, and feel more connected to others.

Guilford Press  
October 2026 : 244pp  
Pb: 978-1-462-55870-4 : \$22.95  
Hb: 978-1-462-56315-9 : \$35

\* For full contents and more information, visit: [www.routledge.com/9781462558704](http://www.routledge.com/9781462558704)



## Self-Compassion for Shame

A Step-by-Step Guide to Inner Freedom



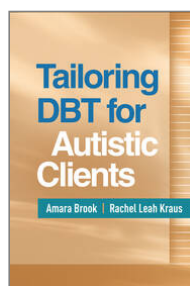
**Christopher Germer** private practice, United States

You're bad. Unlovable. You want to hide. Over decades of experience as a therapist and mindfulness expert, Christopher Germer has learned how devastating shame can be. But Dr. Germer has also developed a powerful approach to healing. This wise, encouraging book guides the reader to understand how shame constricts their life and take concrete steps to break free. Based on Dr. Germer's renowned Self-Compassion for Shame course, the book is full of stories, exercises, and guided practices, including audio tracks at the companion website. Readers can work through the 21 concise chapters at their own pace and use the practices on the spot whenever they feel shame in daily life.

Guilford Press  
December 2026 : 290pp  
Hb: 978-1-462-56429-3 : \$38

\* For full contents and more information, visit: [www.routledge.com/9781462564293](http://www.routledge.com/9781462564293)

## Tailoring DBT for Autistic Clients



**Amara Brook** CA; University of Nevada, United States,  
**Rachel Leah Kraus**

How can dialectical behavior therapy (DBT) help Autistic clients, and how should it be modified to do so most effectively? Grounded in the authors' clinical expertise, research, and lived experience, this much-needed book offers concrete advice for tailoring individual therapy, DBT skills training, coaching, and consultation team to meet the needs and characteristics of Autistic clients. Amara Brook and Rachel Leah Kraus describe ways to develop neurohumility as a clinician; support clients' autonomy and counteract chronic traumatic invalidation; and accommodate sensory, communication, and executive function differences. Illustrative personal and clinical examples are featured throughout.

Guilford Press  
October 2026 : 204pp  
Pb: 978-1-462-56343-2 : \$38  
Hb: 978-1-462-56344-9 : \$57

\* For full contents and more information, visit: [www.routledge.com/9781462563432](http://www.routledge.com/9781462563432)

2ND EDITION

## Teaching Beginning Writers, Second Edition

Applying the Science of Writing in Grades K-2



**David L. Coker Jr.** University of Delaware, United States,  
**Kristen D. Ritchey** University of Delaware, United States

*Series: The Essential Library of PreK-2 Literacy*

Now in a revised and updated second edition, this established teacher guide and course text explains the building blocks of explicit writing instruction for young learners. The authors provide science-based methods for teaching foundational skills in handwriting, spelling, sentence writing, and composition, along with effective strategies to scaffold students' learning. Illustrated with classroom vignettes and examples of student work in multiple genres, the text presents clear-cut techniques for assessment, differentiation, and supporting struggling writers. Teacher-friendly features include chapter-opening Guiding Questions and reproducible/downloadable forms, checklists, and rubrics.

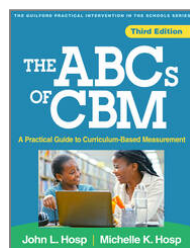
Guilford Press  
December 2026 : 211pp  
Pb: 978-1-462-56358-6 : \$40  
Hb: 978-1-462-56443-9 : \$60

\* For full contents and more information, visit: [www.routledge.com/9781462563586](http://www.routledge.com/9781462563586)

3RD EDITION

## The ABCs of CBM, Third Edition

A Practical Guide to Curriculum-Based Measurement



**John L. Hosp** University of Massachusetts Amherst, United States, **Michelle K. Hosp** University of Massachusetts Amherst, United States

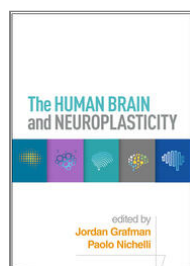
*Series: The Guilford Practical Intervention in the Schools Series*

The revised third edition of this gold-standard guide provides educators with essential protocols and guidance for implementing curriculum-based measurement (CBM) across reading, spelling, writing, and math within multi-tiered systems of support for data-driven instruction and decision making.

Guilford Press  
August 2026 : 240pp  
Pb: 978-1-462-56326-5 : \$49  
Hb: 978-1-462-56327-2 : \$74

\* For full contents and more information, visit: [www.routledge.com/9781462563265](http://www.routledge.com/9781462563265)

## The Human Brain and Neuroplasticity



*Edited by* **Jordan Grafman** Northwestern University, United States, **Paolo Nichelli** University of Modena and Reggio Emilia, Italy

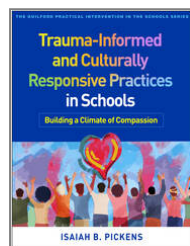
From foundational concepts to emerging technologies, this book reviews current human neuroplasticity research and its clinical applications. Experts in the field cover the biology and mechanisms of neuronal plasticity, its role in learning and development, and cortical reorganization in aging and disease. Chapters explore the challenges of translating research into effective, individualized treatments for neurological and psychiatric conditions across the lifespan. Cutting-edge topics include enhancing brain health in older adults, advances in brain-computer interfaces, and the impact of intensive digital media use on cognition, attention, and brain organization.

Guilford Press  
June 2026 : 255pp  
Hb: 978-1-462-56243-5 : \$65

\* For full contents and more information, visit: [www.routledge.com/9781462562435](http://www.routledge.com/9781462562435)

## Trauma-Informed and Culturally Responsive Practices in Schools

Building a Climate of Compassion



**Isaiah B. Pickens**

*Series: The Guilford Practical Intervention in the Schools Series*

In order to succeed in school, students fundamentally need to feel safe and connected—particularly when chronic stress at home, in the community, or at school make it difficult to learn. This book explains practical ways to infuse schools with trauma-informed and culturally responsive (TICR) practices that can foster compassionate relationships, promote the well-being of students and educators alike, and unlock students' potential. In a convenient large-size format, the volume is packed with case examples, checklists, activity guides, templates for assessment, and best-practice resources. The companion website offers 39 reproducible and downloadable handouts.

Guilford Press  
June 2026 : 331pp  
Pb: 978-1-462-55099-9 : \$42  
Hb: 978-1-462-56116-2 : \$63

\* For full contents and more information, visit: [www.routledge.com/9781462550999](http://www.routledge.com/9781462550999)

## Trauma-Informed Evaluation and Research

A Practical Guide



**Martha A. Brown** MN; Eastern Mennonite University, United States, **Aaron W. Kates** IN; Saint Mary's College, United States

Guilford Press  
October 2026 : 242pp  
Pb: 978-1-462-56352-4 : \$47  
Hb: 978-1-462-56353-1 : \$71

\* For full contents and more information, visit: [www.routledge.com/9781462563524](http://www.routledge.com/9781462563524)

2ND EDITION

## Writing the Literature Review, Second Edition

A Practical Guide



**Sara Efrat Efron** National Louis University, United States, **Ruth Ravid** National Louis University (Emerita), United States

Taking the stress out of a challenging process, the first book to focus on crafting different types of literature reviews (systematic, traditional narrative, and hermeneutic phenomenological) is now in a revised and updated second edition. The authors explain the integral role of the literature review in a thesis, dissertation, term paper, or grant proposal, and guide writers to develop reviews that reflect their research questions, methodological choices (qualitative, quantitative, or mixed methods), and approaches to knowledge. The text features examples of student work, excerpts from peer-reviewed articles, software suggestions, vignettes, group activities, and practical tips.

Guilford Press  
October 2026 : 308pp  
Pb: 978-1-462-56415-6 : \$50  
Hb: 978-1-462-56416-3 : \$75

\* For full contents and more information, visit: [www.routledge.com/9781462564156](http://www.routledge.com/9781462564156)

## Treating Complex Mental Health Conditions with Mindfulness, Acceptance, and Self-Compassion



Edited by **Brandon A. Gaudiano** Butler Hospital and Brown University, United States, **Mårten J. Tyrberg** Västerås; Uppsala University, Sweden, **Jessica L. Kingston** University of London, United Kingdom

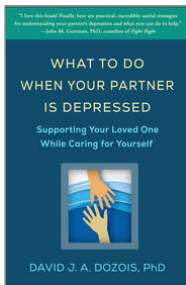
This timely practitioner handbook and text explores how to apply cutting-edge third-wave and process-based therapies to the real-world complexity that clinicians face daily. International experts describe ways they are using mindfulness, acceptance, and self-compassion in recovery-oriented treatment of challenging and co-occurring mental health conditions. Featuring accessible case examples and transdiagnostic therapeutic strategies, the book presents evidence-based tools to target underlying processes of change and help clients live in alignment with their values. Chapters include sidebars on specific techniques and practices, topic boxes, and resource lists for further learning.

Guilford Press  
October 2026 : 353pp  
Pb: 978-1-462-56392-0 : \$60  
Hb: 978-1-462-56393-7 : \$90

\* For full contents and more information, visit: [www.routledge.com/9781462563920](http://www.routledge.com/9781462563920)

## What to Do When Your Partner Is Depressed

Supporting Your Loved One While Caring for Yourself



**David J. A. Dozois** University of Western Ontario, Canada

Depression is a heavy burden not just for sufferers, but for relationships, too. Renowned psychologist David J. A. Dozois walks readers through everything they need to know about depression and how to help a partner recover in this compassionate guide. Vivid stories illustrate practical strategies for communicating sensitively with a depressed partner, helping them find evidence-based treatment, encouraging them to reengage with activities they enjoy, and challenging negative thinking. Readers also get tools and tips for taking good care of themselves. For couples seeking to keep their bond strong and overcome depression together, this book offers a grounded, hopeful path forward.

Guilford Press  
October 2026 : 244pp  
Pb: 978-1-462-55755-4 : \$19.95  
Hb: 978-1-462-56361-6 : \$30

\* For full contents and more information, visit: [www.routledge.com/9781462557554](http://www.routledge.com/9781462557554)

## A Beginner's Guide to Experiments in Consumer Research



Jeanette Carlsson Hauff, Jonas Nilsson

This concise, practical guide demystifies experimental methodology for students embarking on consumer research for the first time. The book follows the natural progression of conducting experimental research—from formulating research questions and building theoretical frameworks to designing experiments, analyzing results, and writing up findings. Each chapter combines scientific background with practical examples and hands-on advice, including helpful checklists for each stage of the research process.

Routledge

July 2026 : 122pp

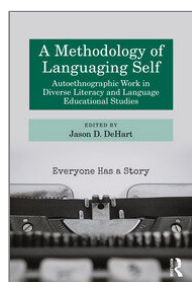
Pb: 978-1-041-16592-7 : \$57.99

Hb: 978-1-041-17185-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041165927](http://www.routledge.com/9781041165927)

## A Methodology of Languageing Self

Autoethnographic Work in Diverse Literacy and Language Educational Studies



Edited by Jason D. DeHart

A Methodology of Languageing Self examines the role of critical methodology in literacy and language practices. Employing globally diverse autoethnographic approaches, it highlights varying perspectives and lived experiences from marginalised authors. Through a decolonial lens, this book offers fresh insights into the complexities of literacy and language practices. Drawing together marginalised voices and experiences through creativity and authentic (re)presentation, this book considers how autoethnography and qualitative methods can work within literacy and language studies.

Routledge

May 2026 : 180pp

Pb: 978-1-041-06463-3 : \$62.99

Hb: 978-1-041-06461-9 : \$200

eBook: 978-1-003-63553-6

\* For full contents and more information, visit: [www.routledge.com/9781041064633](http://www.routledge.com/9781041064633)

## Academic Writing, Visualization, Presentation, and Publishing of Research



Łukasz Sułkowski, Joanna Kurowska-Pysz, Katarzyna Szczepańska-Woszczyna

Academic Writing, Visualization, Presentation, and Publishing of Research is a comprehensive guide to scholarly communication in a digital research environment. Written for PhD candidates and early-career researchers in the social sciences and management, it shows how to write with clarity, visualise data with accuracy, present findings with confidence, and navigate publishing with integrity. Rather than treating these as separate skills, the book links them as one workflow: how arguments travel from a dissertation chapter to a figure, from a slide deck to a manuscript, and into peer review and open access publication.

Routledge

July 2026 : 276pp

Pb: 978-1-041-35000-2 : \$57.99

Hb: 978-1-041-35101-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041350002](http://www.routledge.com/9781041350002)

## AI in Social Sciences Research



Łukasz Sułkowski, Marcin Lis, Zdzisława Dacko-Pikiewicz

This book explains how artificial intelligence is reshaping social inquiry, from data collection and research design through analysis, interpretation, and theory-building. Treating AI as both a toolkit and a methodological shift, the volume offers a clear route into machine learning, natural language processing, simulation, and generative AI for social researchers, while keeping ethics, bias, transparency, and interpretability in view. Designed for postgraduate students, early-career researchers, and instructors teaching digital and computational social science methods, the book supports readers who want to use AI with methodological care, not just technical speed.

Routledge

July 2026 : 166pp

Pb: 978-1-041-33951-9 : \$57.99

Hb: 978-1-041-33952-6 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041339519](http://www.routledge.com/9781041339519)

## Autoethnography in Therapy

Exploring Therapist Emotions in Work with Self Injury



Joanna Naxton

This evocative autoethnography offers an intimate exploration of the emotional life of therapists working with clients who self-injure. Blending personal narrative with theory, it confronts the often-hidden world of therapeutic practice – fear, shame, anger, voyeuristic impulses, and a persistent undercurrent of existential anxiety. Written for counsellors, psychotherapists, trainees, researchers, and those who are experts by experience, and their families, this book does not offer resolution. Instead, it invites readers into a raw, reflective space – one that acknowledges the discomfort, uncertainty, and the pull to look closer.

Routledge

September 2026 : 200pp

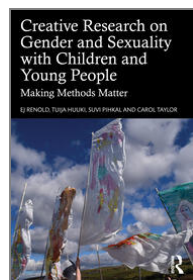
Pb: 978-1-041-12020-9 : \$54.99

Hb: 978-1-041-12022-3 : \$200

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## Creative Research on Gender and Sexuality with Children and Young People

Making Methods Matter



EJ Renold, Tuija Huuki, Suvi Pihkal, Carol A. Taylor  
Sheffield Hallam University, UK

Drawing on original empirical studies from a diverse array of international and transnational projects, contributors illustrate how they draw upon arts-based research and a wide range of creative methods, from body sculptures to zine-making, to engage children and young people at every stage of the research process, from a project's conception to its communication with diverse audiences. Each chapter foregrounds a particular method, and the central thread running through the book focuses on how gender and sexuality research with children and young people is configured, conducted and carries what matters into the world, when creativity is centred in the research process.

Routledge

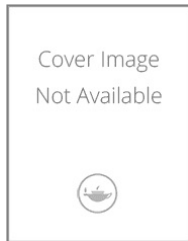
September 2026 : 374pp

Pb: 978-1-032-81737-8 : \$66.99

Hb: 978-1-032-81738-5 : \$200

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## Creative~Relational Inquiries in the Wild



Edited by **Fiona A. Murray , Jonathan Wyatt**

Series: *Qualitative Approaches for Psychotherapy and Allied Disciplines*

*Creative~Relational Inquiries in the Wild* accompanies researchers and writers drawn to the possibilities of what 'creative~relational inquiry' might offer. Departing from the well-trodden paths of traditional, procedural qualitative methodology, each chapter explores how creative~relational inquiry invites an engagement that is intricate, intimate, and emergent. The volume meets the intrepid inquirer/reader by providing lively exemplars from those who are 'doing' creative~relational inquiries in and for their research.

Routledge  
September 2026 : 176pp  
Pb: 978-1-032-91242-4 : \$57.99  
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## Critical Qualitative Methodologies in Gender and Sexuality

Key Concepts



Edited by **Maureen A. Flint , Luis Alvarez-Hernandez , Janie Copple , Joseph D. Sweet , Whitney Toledo**

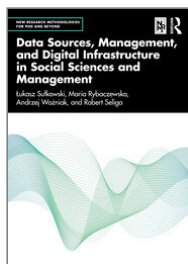
Series: *Key Concepts in Qualitative Methods*

This collection foregrounds the experiences, perspectives, and insights of emerging and established scholars who creatively and expansively approach the study of gender and sexuality through qualitative methodologies. By emphasizing positionality and subjectivity, contributors explore the ethical and responsible dimensions of inquiry, offering fresh perspectives on critical qualitative research. Divided into three sections, the text provides a comprehensive exploration of innovative approaches. The first section, "(Re)conceptualizations of Gender and Sexuality," re-envision the possibilities of critical qualitative research in these fields.

Routledge  
July 2026 : 218pp  
Pb: 978-1-041-13598-2 : \$57.99  
Hb: 978-1-041-13600-2 : \$200

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## Data Management and Digital Infrastructure in Social Sciences



**Łukasz Sułkowski , Andrzej Woźniak , Robert Seliga , Marcin Lis**

*Data Sources, Management, and Digital Infrastructure in Social Sciences and Management* shows how to move from raw digital data to usable evidence, with practical guidance on data literacy, documentation, platforms, and workflows that support transparency and reproducibility. Written for postgraduate students and early-career researchers in the social sciences and management, the volume also supports instructors and research support staff who need a grounded, course-ready guide to modern data practices, including links to evidence-based management and real-world research settings.

Routledge  
July 2026 : 152pp  
Pb: 978-1-041-33948-9 : \$57.99  
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## Doing Qualitative Research Critically

Disruptive Practices and New Materialist Entanglements



**Angelo Benozzo , Vincenza Priola**

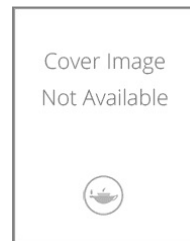
*Doing Qualitative Research Critically: Disruptive Practices and New Materialist Entanglements* interrogates practices of doing qualitative research in the social sciences. It inspires researchers to think differently about doing qualitative research and entering into contact with emergent methodologies of gathering, analysing and writing about social and organisational events. This engaging book is an essential read for research students and researchers across the social sciences and humanities, interested in exploring the landscape of critical qualitative methodologies and experimenting with doing research differently.

Routledge  
August 2026 : 180pp  
Pb: 978-1-032-61966-8 : \$57.99  
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Love as an Agent of Justice



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This book reimagines inquiry as a relational, embodied, and ethical practice. Drawing together theory, lived experience, and guided reflection, it challenges detached models of research and invites more accountable, responsive ways of listening, interpreting, writing, and representing knowledge. Conceptual grounding is paired with reflective prompts that ask readers to examine positionality, responsibility, and representation in knowledge production. Reflexivity, embodiment, and spirituality are taken up not as supplements to inquiry but as integral to how knowledge is formed, interpreted, and carried forward.

Routledge  
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Pb: 978-1-041-03296-0 : \$61.99  
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## Epistemology and Methodology of Research in AI Age



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This book maps how artificial intelligence (AI), digital platforms, and big data reshape the foundations of social science and management research. It connects epistemology and research design to the practical choices researchers now face, from defining questions in data-rich environments to handling algorithmic bias and ethical risk. Written for doctoral students, early-career researchers, and methods instructors, this volume supports dissertation work and methods teaching across sociology, psychology, education, economics, and information science. It also anchors the wider series by setting a shared conceptual and ethical baseline for the volumes that follow.

Routledge  
July 2026 : 128pp  
Hb: 978-1-041-33933-5 : \$73.99

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## Ethical Considerations and Academic Integrity in Research



**Hamed Taherdoost** University Canada West, Canada

*Series: Mastering Academic Excellence*

This comprehensive guide explores the critical role of ethical principles in contemporary academic research, addressing the evolving challenges researchers face in maintaining transparency, honesty, and accountability. As research methodologies advance and digital transformations reshape the academic landscape, this book provides essential guidance for upholding integrity across all disciplines. Essential for researchers, educators, and students committed to ethical scholarship, this resource also serves institutional leaders seeking to develop educational programs and policies that foster academic integrity.

Routledge

May 2026 : 188pp

Pb: 978-1-041-09971-0 : **\$57.99**

Hb: 978-1-041-09973-4 : **\$200**

eBook: 978-1-003-65280-9

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## Ethical Considerations in Promoting Equitable African Post-Colonial Research



**Bunmi Isaiah Omodan , Sindile Amina Ngubane**

The book presents a critical and accessible evaluation of research ethics within African contexts. It reconceptualises ethics as a relational, justice-oriented practice grounded in power dynamics, historical context, and community engagement throughout the research lifecycle. The book examines how dominant, universalised ethical frameworks often fail to adequately address the complexities of post-colonial research environments. It delves into key ethical domains, including power dynamics, informed consent within diverse cultural contexts, community engagement and knowledge co-creation, data collection and management, and publication ethics.

Routledge

September 2026 : 146pp

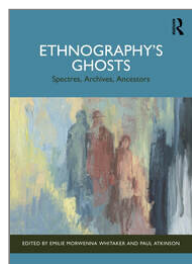
Pb: 978-1-041-36447-4 : **\$57.99**

Hb: 978-1-041-36448-1 : **\$200**

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## Ethnography's Ghosts

Spectres, Archives, Ancestors



*Edited by* **Emilie Morwenna Whitaker , Paul Atkinson**

With contributions from experienced scholars in sociology and anthropology, *Ethnography's Ghosts* illuminates and interrogates the 'ghosts' of past ethnographic fieldwork—whether revisited in practice or in the imagination. This book makes an important intervention in discussions amongst sociologists, anthropologists, and other social scientists engaged in or reflecting on ethnographic research.

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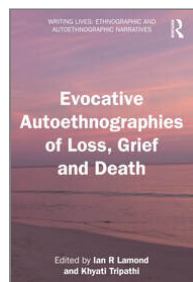
July 2026 : 212pp

Pb: 978-1-032-88824-8 : **\$57.99**

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## Evocative Autoethnographies of Loss, Grief and Death



*Edited by* **Ian R Lamond , Khyati Tripathi**

*Series: Writing Lives: Ethnographic and Autoethnographic Narratives*

The book offers powerful and evocative reflections on how one's encounters with death and dying impact and frame how we approach and accommodate an understanding of loss and grief. The collection draws together critical autoethnographic narratives from several geographical regions and, significantly, communities of practice associated with loss, grief, and the end of life. Key themes include encountering loss, grief, and death through witnessing; the experience of the presence of absence felt as part of loss across diverse spheres (including public, digital, and imaginary spaces); autoethnography as therapy; the inheritance of the 'memory of death', through conversation.

Routledge

September 2026 : 248pp

Pb: 978-1-032-98125-3 : **\$57.99**

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## Experimental Research

Brief Essays on Timeless Concepts



**J. Carlos Santamarina , Andrea Muñoz-Ibáñez**

This book offers a unique exploration of the experimental process that transcends disciplinary boundaries and technological trends. Through a series of concise, thought-provoking essays, the book distills enduring principles of scientific inquiry. Addressing foundational topics from measurement and dimensional analysis to cognitive factors in research and technical communication, it cultivates a deep, reflective understanding of experimentation as both an intellectual craft and a scientific discipline. For educators and established researchers, it offers fresh perspectives on mentoring the next generation of experimentalists in an era of rapid technological change.

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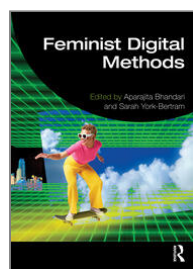
August 2026 : 282pp

Pb: 978-1-041-20311-7 : **\$67.99**

Hb: 978-1-041-21494-6 : **\$200**

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## Feminist Digital Methods



*Edited by* **Aparajita Bhandari , Sarah York-Bertram**

This book redefines the role of methods in research, pedagogy, and activism in an increasingly digitized world. Grounded in intersectional feminist epistemologies, it challenges the neoliberal fetishization of "methodological rigor" over ethical and political accountability. It frames methods as situated, socially embedded enactments shaped by historical, cultural, and material contexts. Contributors—spanning early career scholars, practitioners, and activists—critically reflect on the tools, platforms, and approaches they use, highlighting how feminist digital methods can interrogate power, dismantle systemic exclusions, and create transformative pathways for research and activism.

Routledge

August 2026 : 278pp

Pb: 978-1-041-24471-4 : **\$59.99**

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## Formulating Research Problems

Creative Approaches for Student Research



**Johan Alvehus**

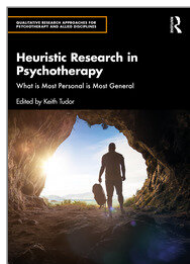
Formulating Research Problems addresses one of the most critical yet often overlooked aspects of research: how to define and frame the problem at the heart of a study. While most research methods texts devote only a few pages to this question, Johan Alvehus offers a dedicated, accessible, and practical guide that helps students move beyond vague topics and into the development of clear, rigorous, and creative research problems. Already widely adopted in its original Swedish edition, it is designed for undergraduate and Master's students writing theses, while also offering valuable guidance for DBA and early PhD students developing their research projects.

Routledge  
May 2026 : 110pp  
Pb: 978-1-041-25885-8 : \$54.99  
Hb: 978-1-041-25887-2 : \$190  
eBook: 978-1-003-74844-1

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## Heuristic Research in Psychotherapy

What is Most Personal is Most General



*Edited by* **Keith Tudor** Auckland University of Technology, New Zealand.

*Series: Qualitative Approaches for Psychotherapy and Allied Disciplines*

Heuristic Research in Psychotherapy showcases the power of heuristic enquiry to deepen through discovery, critique, create, and reimagine psychotherapy research. Building on the interdisciplinary foundation of previous volumes in the Qualitative Research Approaches for Psychotherapy and Allied Disciplines series, this book focuses specifically on heuristic methodology—a form of research grounded in personal experience, reflexivity, and embodied insight. It will be essential reading for postgraduate students, practitioner-researchers, and psychotherapy educators seeking alternatives to conventional methods.

Routledge  
June 2026 : 194pp  
Pb: 978-1-041-16213-1 : \$57.99  
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eBook: 978-1-003-68594-4

\* For full contents and more information, visit: [www.routledge.com/9781041162131](http://www.routledge.com/9781041162131)

## Humanizing Qualitative Research



*Edited by* **Hyeyoung Oh Nelson, Marisa Westbrook**

Humanizing Qualitative Research foregrounds the lived experiences, identities, and positionalities of qualitative researchers and participants, challenging the disembodied, procedural approaches that dominate many methods texts. Rather than offering a technical manual, the book emphasizes the humanity at the heart of qualitative inquiry and examines how emotions, identities, and ethics shape every research stage. It offers vital perspectives for those committed to conducting research that honours the full humanity of both researchers and participants, making it an indispensable resource for anyone engaged in qualitative inquiry across social science disciplines.

Routledge  
October 2026 : 130pp  
Pb: 978-1-041-26315-9 : \$57.99  
Hb: 978-1-041-26383-8 : \$200

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## Interpretative Phenomenological Analysis and Emotion



**Virginia Eatough**

*Series: Interpretative phenomenological analysis in action*

In the rapidly evolving field of emotion research, this book makes a valuable contribution through its focus on emotional experience from a qualitative psychological perspective. The book is about how to understand such experiences using Interpretative Phenomenological Analysis (IPA), a qualitative research approach underpinned by phenomenological and hermeneutic theory. Its principal aim is to demonstrate how IPA can be used to deepen and enrich thinking around emotional experiences. To this end, a detailed worked example from a new piece of research is included.

Routledge  
August 2026 : 150pp  
Pb: 978-1-032-80209-1 : \$57.99  
Hb: 978-1-032-85523-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032802091](http://www.routledge.com/9781032802091)

## Interpretive Research Design

A Practical Guide



**Joachim Walther, Nicola W. Sochacka**

Introduction to Interpretive Research Design offers a pioneering approach to understanding interpretive research by positioning it as a design-centric process. This comprehensive guide helps bridge the gap between complex research methodologies and practical application, making interpretive research accessible and actionable for students, self-directed learners, and experienced researchers alike.

Routledge  
July 2026 : 172pp  
Pb: 978-1-041-01932-9 : \$57.99  
Hb: 978-1-041-01934-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041019329](http://www.routledge.com/9781041019329)

## Liberatory Research Teams, Labs, and Collectives



**Robin Phelps-Ward, Taryn T. C. Brown, Anuoluwapo T. Bankole**

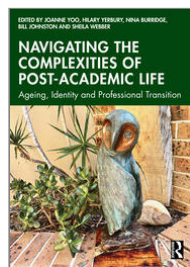
In Liberatory Research Teams, Labs, and Collectives, Phelps-Ward, Brown, and Bankole provide guidance for research team leaders and members aspiring to facilitate research teams from a liberatory, human-centered, equitable perspective. This text is a guide for those who desire a path to research team facilitation counter to how they may have been socialized in their terminal degree training, whether formally or informally, and aligned with values that center social justice and collective thriving. When the people on research teams thrive, so does the research, and ultimately, the broader impact of those in society.

Routledge  
October 2026 : 160pp  
Pb: 978-1-041-25737-0 : \$47.99  
Hb: 978-1-041-25801-8 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041257370](http://www.routledge.com/9781041257370)

## Navigating the Complexities of Post-Academic Life

Ageing, Identity and Professional Transition



*Edited by Joanne Yoo, Hilary Yerbury, Nina Burridge, Bill Johnston, Sheila Webber*

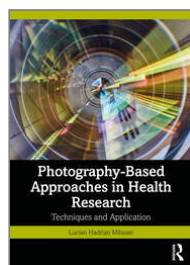
This book examines the complex and multifaceted transition of retirement from academia, addressing fundamental questions of when and how to retire, and what retirement looks like. This will interest academics contemplating retirement, retired academics navigating post-career life, and researchers studying workforce transitions and ageing. It holds particular value for students and professionals in social work, social policy, gerontology, and higher education administration, offering both guidance and inspiration for understanding the complexities of post-retirement academic life.

Routledge  
May 2026 : 212pp  
Pb: 978-1-032-98141-3 : \$54.99  
Hb: 978-1-032-98924-2 : \$190  
eBook: 978-1-003-60142-5

\* For full contents and more information, visit: [www.routledge.com/9781032981413](http://www.routledge.com/9781032981413)

## Photography-Based Approaches in Health Research

Techniques and Application



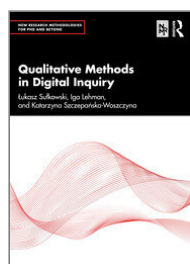
**Lucian Hadrian Milasan**

This groundbreaking guide introduces health researchers and students to innovative photography-based research methods in healthcare, capitalising on photographic techniques' advantages over traditional approaches. The practical guidance for planning, designing, and conducting photography-based research makes it invaluable for qualitative researchers, visual methodologists, and anyone seeking to integrate visual and textual data in healthcare and wellbeing studies, offering clear frameworks for formulating research questions, collecting and analysing data, and reporting findings.

Routledge  
June 2026 : 156pp  
Pb: 978-1-032-87727-3 : \$57.99  
Hb: 978-1-032-88396-0 : \$200  
eBook: 978-1-003-53754-0

\* For full contents and more information, visit: [www.routledge.com/9781032877273](http://www.routledge.com/9781032877273)

## Qualitative Methods in Digital Inquiry



**Łukasz Sułkowski, Iga Lehman, Katarzyna Szczepańska-Woszczyna**

Qualitative Methods in Digital Inquiry shows how to design, conduct, and analyse qualitative research in online and technology-rich settings, from virtual ethnography and netnography to visual and arts-based approaches. Written for PhD students, early-career researchers, and instructors across the social sciences and management, the book also supports applied researchers in UX, market research, and organisational development.

Routledge  
July 2026 : 196pp  
Pb: 978-1-041-33945-8 : \$57.99  
Hb: 978-1-041-33946-5 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041339458](http://www.routledge.com/9781041339458)

## Quantitative Methods of Research in Digital Landscape



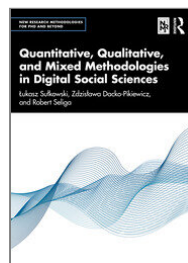
**Łukasz Sułkowski, Katarzyna Szczepańska-Woszczyna**

Quantitative Methods of Research in Digital Landscape equips social science and management researchers to design, run, and interpret statistical analyses for today's data-rich research environment, from core descriptive statistics and hypothesis tests through to regression modelling and factor analysis, with a clear focus on transparency and responsible inference. Written for PhD and Masters students, advanced undergraduates, early-career researchers, and practitioners who work with social data in fields such as sociology, management, communication, education, public policy, and media studies, it supports methods training and applied research projects in the digital age.

Routledge  
July 2026 : 194pp  
Pb: 978-1-041-33942-7 : \$57.99  
Hb: 978-1-041-33943-4 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041339427](http://www.routledge.com/9781041339427)

## Quantitative, Qualitative, and Mixed Methodologies in Digital Social Sciences



**Łukasz Sułkowski, Robert Seliga, Zdzisława Dacko-Pikiewicz**

Digital Quantitative, Qualitative, and Mixed Methodologies in Social Sciences brings together quantitative analysis, qualitative inquiry, and mixed methods for the digital era. This volume shows how to design robust social science research using online surveys, platform data, digital traces, and computational tools, while keeping theory, context, and interpretation in view. Designed for doctoral students, early-career researchers, and applied researchers across sociology, psychology, education, public policy, communication, and management, it supports graduate methods teaching and real research projects in data-rich digital settings.

Routledge  
July 2026 : 184pp  
Pb: 978-1-041-33940-3 : \$57.99  
Hb: 978-1-041-33941-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041339403](http://www.routledge.com/9781041339403)

## Research Ethics, Integrity, and Transparency



**Łukasz Sułkowski, Sabina Ratajczak, Katarzyna Szczepańska-Woszczyna**

*Series: New Methodologies of Research for PhD and Beyond*

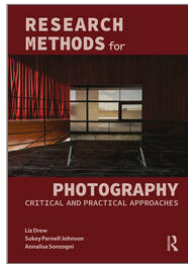
This book guides researchers through ethics, integrity and transparency when using big data, social media and AI, with practical advice on consent, GDPR, bias and open science. This volume helps readers plan, run and publish studies that can stand up to scrutiny. It reframes ethics and transparency as enabling conditions for trustworthy work, not a bureaucratic afterthought, and shows how to translate principles into defensible choices across the full research workflow. The book also supports supervisors, methods instructors, research ethics committees and research offices who need an up-to-date reference for integrity and transparency in the digital age.

Routledge  
July 2026 : 146pp  
Hb: 978-1-041-33937-3 : \$73.99

\* For full contents and more information, visit: [www.routledge.com/9781041339373](http://www.routledge.com/9781041339373)

## Research Methods for Photography

Practical and Critical Approaches



**Liz Drew** Birkbeck, University of London, UK, **Sukey Parnell Johnson**, **Annalisa Sonzogni**

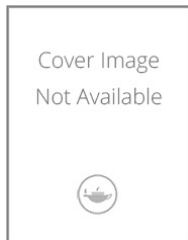
Research Methods for Photography: Critical and Practical Approaches bridges theory and practice for anyone using photography as a research tool, offering accessible guidance for developing rigorous, theoretically informed visual research. Spanning subject matter from architectural ethnography to medical humanities, participatory visual research to eco-critical documentary, this book demonstrates how diverse theoretical frameworks and research methods enrich both creative practice and academic inquiry.

Routledge  
July 2026 : 280pp  
Pb: 978-0-367-20787-8 : \$48.99  
Hb: 978-0-367-20786-1 : \$200

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## Rethinking Research

Ethics, Decolonization, and Community Empowerment



**Edited by Ranjan Datta**, **Jean Kayira**, **Myrle Ballard**, **Jebunnessa Chapola**, **Yvonne Vizina**, **Rani Muthukrishnan**, **Tanvir Chowdhury**

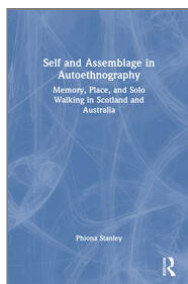
This groundbreaking volume demands a fundamental rethinking of how research is conducted with—and accountable to—communities. Moving beyond institutional compliance and procedural checklists, the work calls for an ethics grounded in responsibility, reciprocity, and knowledge sovereignty, challenging researchers to reimagine their relationships with research participants and communities. Essential reading for anyone committed to research as a tool for justice rather than extraction, Rethinking Research offers a radical vision of scholarship that centers community voices and collective well-being.

Routledge  
September 2026 : 262pp  
Pb: 978-1-041-19370-8 : \$59.99  
Hb: 978-1-041-19912-0 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041193708](http://www.routledge.com/9781041193708)

## Self and Assemblage in Autoethnography

Memory, Place, and Solo Walking in Scotland and Australia



**Phiona Stanley** The University of New South Wales, Australia

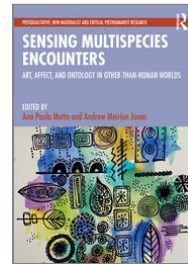
Self and Assemblage in Autoethnography offers a bold methodological provocation within qualitative research methods, advancing current debates in autoethnography by troubling the 'auto' and arguing that the field must confront the sovereign, Enlightenment-derived self that it has inherited. Drawing on assemblage theory, feminist new materialism, and critical tourism geographies, the book proposes deeper entanglements with place, memory, and materiality. Blending narrative, theory, and critique, it explores what it means to walk, remember, and write from within complex social and ecological assemblages.

Routledge  
September 2026 : 200pp  
Pb: 978-1-032-81732-3 : \$57.99  
Hb: 978-1-032-81729-3 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032817323](http://www.routledge.com/9781032817323)

## Sensing Multispecies Encounters

Art, Affect, and Ontology in Other-Than-Human Worlds



**Edited by Ana Paula Motta**, **Andrew Meirion Jones**

*Series: Postqualitative, New Materialist and Critical Posthumanist Research*

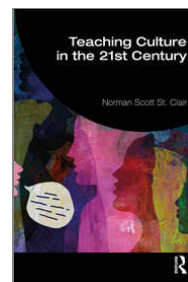
This book explores the 'animal turn' that has reshaped humanities and social science scholarship over recent decades. Chapters describe the nuanced engagements between humans, animals, plants and landscapes, challenging conventional anthropocentric perspectives and paving the way for a deeper understanding of multispecies relations. This volume navigates the contested territory of aesthetics, examines the intersections of art and anthropology, and sheds light on cross-cultural and cross-species interpretations. Through insightful essays and analyses, readers are invited to explore the theoretical and methodological challenges within multispecies worlds.

Routledge  
July 2026 : 200pp  
Pb: 978-1-032-83350-7 : \$57.99  
Hb: 978-1-032-84249-3 : \$170

\* For full contents and more information, visit: [www.routledge.com/9781032833507](http://www.routledge.com/9781032833507)

## Teaching Culture in the 21st Century

**Norman Scott St. Clair**



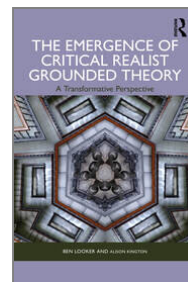
Teaching Culture in the 21st Century presents the Process Model for Teaching and Understanding Culture (PMTUC), a practical framework for developing cultural competence that moves beyond lists of dos and don'ts, dimensions, and holiday activities. Treating culture as a system of beliefs and meanings, the book shows how cultural assumptions shape interpretation, communication, and decision-making. It offers educators a clear, coherent way to make these dynamics visible and discussable in their courses and programs.

Routledge  
June 2026 : 214pp  
Pb: 978-1-041-02930-4 : \$58.99  
Hb: 978-1-041-03479-7 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781041029304](http://www.routledge.com/9781041029304)

## The Emergence of Critical Realist Grounded Theory

A Transformative Perspective



**Ben Looker**, **Alison Kington**

The comprehensive guide addresses crucial methodological questions including literature review timing and maintaining grounded theory integrity throughout the research process. It redefines "all is data" and provides systematic yet flexible coding approaches that facilitate theory generation. The Emergence of Critical Realist Grounded Theory serves experienced researchers alongside Masters students completing dissertation research and postgraduate research degree students in MPhil, MRes, PhD, and professional doctorate programs, providing both the theoretical foundations and practical guidance for this innovative methodological approach.

Routledge  
July 2026 : 122pp  
Pb: 978-1-032-84541-8 : \$57.99  
Hb: 978-1-032-84544-9 : \$200

\* For full contents and more information, visit: [www.routledge.com/9781032845418](http://www.routledge.com/9781032845418)



## The PhD Survival Guide

Strategies for Mental Health and Stress Management (Volume 1)



**Wasswa Shafik** School of Digital Science, UniBrunei Darussalam

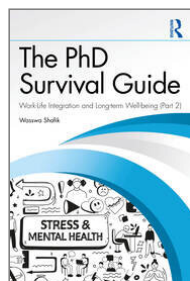
The book is an essential resource for PhD students and early-career researchers striving to navigate the intense pressures of academic life without compromising their mental health or long-term well-being. It offers a structured and compassionate roadmap for managing the psychological, emotional, and practical challenges of doctoral research, providing science-based strategies for stress reduction, emotional resilience, and sustainable work-life balance. This book provides a research-informed context for managing these stressors, integrating evidence-based strategies to optimize mental health, resilience, and sustained intellectual engagement throughout the PhD journey.

Routledge  
September 2026 : 450pp  
Pb: 978-1-041-23370-1 : **\$65.99**  
Hb: 978-1-041-23113-4 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041233701](http://www.routledge.com/9781041233701)

## The PhD Survival Guide

Work-Life Integration and Long-term Well-being (Volume 2)



**Wasswa Shafik** School of Digital Science, UniBrunei Darussalam

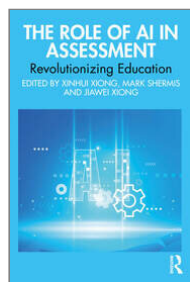
The book is an essential resource for PhD students and early-career researchers striving to navigate the intense pressures of academic life without compromising their mental health or long-term well-being. Doctoral research often entails sustained cognitive demands, high uncertainty, and significant emotional stress, posing challenges to both professional performance and personal well-being. This book provides a systematic, evidence-based framework for achieving work-life integration and promoting long-term psychological resilience across the PhD journey.

Routledge  
September 2026 : 448pp  
Pb: 978-1-041-23390-9 : **\$65.99**  
Hb: 978-1-041-23115-8 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041233909](http://www.routledge.com/9781041233909)

## The Role of AI in Assessment

Revolutionizing Education



*Edited by* **Xinhui Xiong, Mark D. Shermis, Jiawei Xiong**

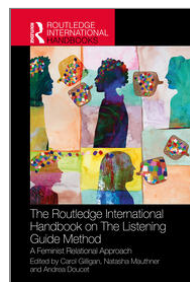
This book examines how artificial intelligence is transforming the evaluation of learning and addresses the urgent need for innovative assessment methodologies. It analyzes both the opportunities and the constraints of AI-driven assessment, responding to the growing demand for approaches that harness AI capabilities rigorously and responsibly. This resource is designed for educators, researchers, psychometricians, administrators, and policymakers seeking to design, evaluate, and govern AI-enabled assessment frameworks. It is also well suited for graduate courses in educational technology, assessment, data science in education, and AI ethics.

Routledge  
August 2026 : 386pp  
Pb: 978-1-041-02803-1 : **\$65.99**  
Hb: 978-1-041-02933-5 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041028031](http://www.routledge.com/9781041028031)

## The Routledge International Handbook on The Listening Guide Method

A Feminist Relational Approach



*Edited by* **Carol Gilligan, Natasha Mauthner, Andrea Doucet**

*Series: Routledge International Handbooks*

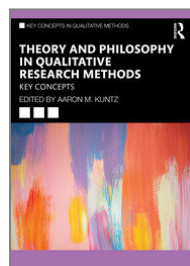
The Routledge International Handbook on The Listening Guide Method is about a qualitative, feminist, and voice-centred method for analyzing interview narratives and other forms of data through attentive listening to multiple voices and stories. This Handbook is the first to bring together a comprehensive collection of chapters dedicated entirely to the Listening Guide, mapping its origins, showcasing its many adaptations, and highlighting insights from long-time practitioners. It offers readers both a deeper understanding of the method and practical insights for using it in their own research.

Routledge  
September 2026 : 500pp  
Hb: 978-1-032-72509-3 : **\$300**

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## Theory and Philosophy in Qualitative Research Methods

Key Concepts



*Edited by* **Aaron M. Kuntz**

*Series: Key Concepts in Qualitative Methods*

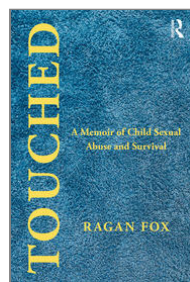
This volume serves as an essential resource for advanced graduate students, early-career faculty, and anyone seeking a deeper, more dynamic understanding of the philosophical and theoretical foundations of qualitative research in education. It emphasizes the idea that all research projects—regardless of discipline or method—are inherently shaped by philosophical and theoretical assumptions, many of which often go unrecognized. Rather than presenting philosophy and theory as static tools to be applied, each chapter invites readers to engage with generative philosophical orientations and concepts.

Routledge  
June 2026 : 184pp  
Pb: 978-1-032-91336-0 : **\$57.99**  
Hb: 978-1-032-91342-1 : **\$200**

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## Touched

A Memoir of Child Sexual Abuse and Survival



**Ragan Fox**

*Series: Writing Lives: Ethnographic and Autoethnographic Narratives*

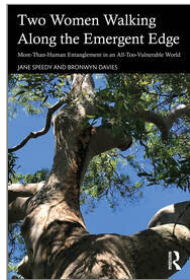
*Touched: A Memoir of Child Sexual Abuse and Survival* chronicles one man's experience with sexual abuse and his lifelong journey toward healing and self-understanding. Blending memoir and critical theory, Fox invites readers to rethink how we understand harm, memory, childhood, and queerness. This is not simply an account of sexual violation—it's a story about what it means to hold onto your truth when others try to rewrite or silence it. Drawing from personal history and childhood artifacts, this book traces the author's life from early childhood through early adulthood, mapping the long psychological, interpersonal, and cultural reverberations of child sexual abuse.

Routledge  
June 2026 : 156pp  
Pb: 978-1-041-23684-9 : **\$57.99**  
Hb: 978-1-041-24840-8 : **\$190**  
eBook: 978-1-003-74383-5

\* For full contents and more information, visit: [www.routledge.com/9781041236849](http://www.routledge.com/9781041236849)

## Two Women Walking Along the Emergent Edge

More-Than-Human Entanglement in an All-Too-Vulnerable World



**Jane Speedy, Bronwyn Davies**

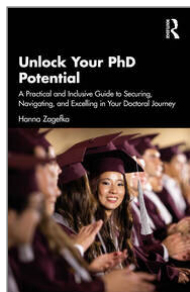
Two Women Walking Along the Emergent Edge is not a methods book in the traditional sense, but methodology as lived praxis, and as artistic, poetic worlding. It weaves thoughts and emotions together, through words and paint, through art, literature, poetry, ecology, history and auto-ethnography. It moves back and forth in-between the two authors, Jane and Bronwyn, as they explore their different scholarly approaches to life itself, as they have lived it, imagined it, thought about it, and occasionally argued about it

Routledge  
October 2026 : 242pp  
Pb: 978-1-041-34153-6 : **\$59.99**  
Hb: 978-1-041-34154-3 : **\$200**

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## Unlock Your PhD Potential

A Practical and Inclusive Guide to Securing, Navigating, and Excelling in Your Doctoral Journey



**Hanna Zagefka**

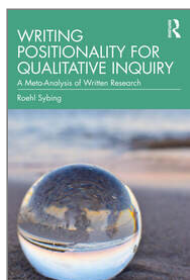
Unlock Your PhD Potential is a comprehensive guide designed to help you overcome the hurdles of securing and succeeding in a PhD program. This book demystifies the journey, offering step-by-step advice for navigating applications, funding, and the challenges of academic life, all while prioritizing equity, diversity, inclusion, and mental well-being. Written by an expert in psychology, it empowers readers to approach their PhD journey with confidence and resilience. Packed with actionable insights, this guide covers everything from choosing the right supervisor and managing work-life balance to combating procrastination and imposter syndrome.

Routledge  
June 2026 : 120pp  
Pb: 978-1-041-04812-1 : **\$32.99**  
Hb: 978-1-041-03130-7 : **\$200**  
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## Writing Positionality for Qualitative Inquiry

A Meta-Analysis of Written Research



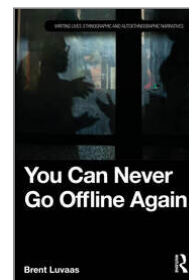
**Roehl Sybing** Faculty of Global Communications, Doshisha University

Writing Positionality for Qualitative Inquiry: A Meta-Analysis of Written Research provides fundamental instruction for researchers on expressing positionality and incorporating written positionality statements into their research writing. The book offers a distinctive progression from identifying problems to implementing solutions, serving as a practical manual that emphasizes positionality's importance while guiding researchers through critical reflections on their data collection and analysis practices.

Routledge  
June 2026 : 174pp  
Pb: 978-1-041-06668-2 : **\$57.99**  
Hb: 978-1-041-06532-6 : **\$200**  
eBook: 978-1-003-63589-5

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## You Can Never Go Offline Again



**Brent Luvaas**

*Series: Writing Lives: Ethnographic and Autoethnographic Narratives*

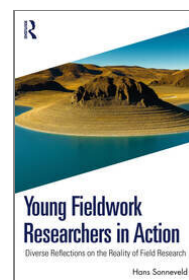
In the era of ubiquitous computing and the Internet of things, is it still possible to be offline? Can we still find a more embedded, autonomous and attentive way of being, away from the constant distraction of our screens? Or is it time to reconcile ourselves to a future, where every thought and action is mediated by an algorithm? You Can Never Go Offline Again is an autoethnographic search for an elsewhere to the Internet. It chronicles the author's weekend digital detoxes, travels to Internet blackout zones, efforts at mindful consumption, and daily struggles to reign in his online activities, concluding that today there is no longer a meaningful distinction between online and off.

Routledge  
February 2027 : 240pp  
Pb: 978-1-041-33104-9 : **\$61.99**  
Hb: 978-1-041-33105-6 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781041331049](http://www.routledge.com/9781041331049)

## Young Fieldwork Researchers in Action

Diverse Reflections on the Reality of Field Research



**Hans Sonneveld**

This book makes the often-undiscussed aspects of fieldwork accessible to novice researchers by drawing on the authentic experiences of young field researchers from diverse backgrounds. From landing in unfamiliar territories and navigating local politics to data collection challenges and psychological impacts, this practical guide transforms real experiences into actionable insights. Perfect as course material for fieldwork preparation classes and as a discussion tool for communities of practice, this book bridges the gap between theoretical knowledge and practical application, ensuring that new researchers feel supported rather than isolated in their fieldwork journey.

Routledge  
June 2026 : 118pp  
Pb: 978-1-041-15230-9 : **\$57.99**  
Hb: 978-1-041-16447-0 : **\$200**  
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10TH EDITION

## Empirical Political Analysis

Quantitative and Qualitative Research Methods



**Richard C. Rich, Samuel Brazys**

Empirical Political Analysis introduces readers to the foundations of social science research. Organized around the stages of the research process, this textbook prepares readers to conduct both quantitative and qualitative research, from the formation of theory through the design of research projects, to the collection and analysis of data. The book offers a clear and concise presentation of basic concepts and tools that can be applied in a wide range of research settings and highlights ethical conduct in the research process. It will help you both to achieve sound results in your own research and to critically evaluate research presented by others.

Routledge  
May 2026 : 374pp  
Pb: 978-1-041-04625-7 : **\$170**  
Hb: 978-1-041-04626-4 : **\$400**  
eBook: 978-1-003-62915-3

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## Making Effective Graphs in the Social Sciences

Fundamental Principles and Processes



**Eric Johann Hiris**

Making Effective Graphs in the Social Sciences provides the knowledge and skills for creating graphs that are easy to interpret accurately. In addition to developing this knowledge base, practical skills are developed for creating effective graphs in Microsoft Excel, IBM SPSS Statistics software ("SPSS"), and R. For Microsoft Excel and SPSS this includes illustrated and annotated step by step instructions. Social science researchers and students in data-based social science courses will benefit from the focus on both knowledge and practical skills.

Routledge

June 2026 : 464pp

Pb: 978-1-032-73803-1 : **\$84.99**

Hb: 978-1-032-74854-2 : **\$200**

eBook: 978-1-003-47126-4

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## The Use of Drawings in Social Change Research

Centering Participant Insights



**Linda Theron , Claudia Mitchell , Diane Levine**

This book is a comprehensive, practice-oriented guide to draw-and-write/talk methods, offering researchers a clear pathway for generating, analysing, and ethically working with multimodal visual–narrative data. Designed for researchers, practitioners, and students engaged in qualitative, arts-based, participatory, or child-centred research, the book equips readers with practical tools and conceptual insight. It demonstrates how combining visual expression with participant-led explanation can deepen understanding, enhance trustworthiness, and open pathways for inclusive, reflexive, and innovative research practice.

Routledge

June 2026 : 194pp

Pb: 978-1-032-75367-6 : **\$56.95**

Hb: 978-1-032-76633-1 : **\$200**

\* For full contents and more information, visit: [www.routledge.com/9781032753676](http://www.routledge.com/9781032753676)

## Writing the Everyday

Body, Place, Time



**Jonathan Wyatt**

Writing the Everyday: Body, Place, Time concerns the stories we tell of the familiar, the routine, the mundane, paying attention to what does and does not happen, what is and is not present, what does and (apparently) does not matter. It serves as both theoretical exploration and practical invitation, encouraging readers to attend more carefully to the texture of the everyday and to recognize the significance coursing through the everyday. This book offers valuable insights for those interested in narrative inquiry, autoethnography, and in the intersection of embodiment, place, and temporality in the everyday.

Routledge

August 2026 : 198pp

Pb: 978-1-032-22908-9 : **\$57.99**

Hb: 978-1-032-22907-2 : **\$200**

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