

Routledge

Nursing
Textbook Catalogue
Spring 2026

Welcome

Welcome to the Taylor & Francis Nursing Textbook Catalogue.

eBooks

We have over 50,000 eBooks available across the Humanities, Social Sciences, Behavioural Sciences, Built Environment, STM and Law, from leading Imprints, including Routledge, Focal Press and Psychology Press. These eBooks are available for both individual and institutional purchase.

INDIVIDUALS

Our eBooks are available from Amazon, Apple iBookstore, Google eBooks, Ebooks.com, Kobo, Barnes & Noble, Waterstones, Mobipocket, VitalSource, and CourseSmart.

LIBRARIES AND INSTITUTIONS

Subscribe to or purchase a wide range of eBook packages or pick and mix your own from our complete collection (a minimum number of titles applies). FREE TRIALS are available. For more information, please visit www.tandfebooks.com or contact your local sales team.

eUpdates

Register your email at www.tandf.co.uk/eupdates to receive information on books, journals and other news within your area of interest.

an **informa** business

Prices, publication dates and content are correct at time of going to press, but may be subject to change without notice.

Partnership Opportunities at Routledge

At Routledge we always look for innovative ways to support and collaborate with our readers and the organizations they represent.

If you or your organization would like to discuss partnership opportunities, from reciprocal marketing activities to commercial enterprises, please do get in touch on partnerships@routledge.com.

Considering Books for Course Use?



This symbol shows books that are available as complimentary exam copies for lecturers or faculty considering them for course adoption. To obtain your copy visit the URL listed beneath the title in the catalog and select your choice of print or electronic copy.

Visit www.routledge.com or in the US you can call 1-800-634-7064.



This symbol shows books that are available as electronic inspection copies only.

For a complete list, visit: www.routledge.com/representatives.

Trade Customers\ Representatives, Agents and Distribution

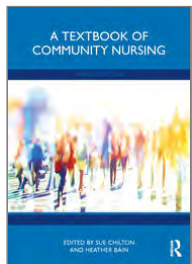
For a complete list, visit:
www.routledge.com/representatives.

Contents

Adult	2
Advanced and Specialist Nursing Practice	4
Anatomy & Physiology/Biosciences	6
Assessing and Planning Care	7
Child	8
Communication	10
Complex and Acute Care	11
Ensuring Safe and High Quality Practice	12
Evidence-based Practice and Research Methods	13
Health Promotion	14
Interprofessional Working, Leadership and Management	15
Introduction to Nursing	16
Learning Disability	17
Mental Health	18
Nursing Associate and Foundation Degree	20
Professional Issues	21
Providing and Evaluating Care / Practice Skills	23
Index	26

3RD EDITION

A Textbook of Community Nursing



Edited by **Sue Chilton** University of Gloucestershire, UK,
Heather Bain Robert Gordon University, Aberdeen, UK

This 3rd edition is a comprehensive and evidence-based introduction to this essential area of practice. Fully updated to take into account the wide range of nursing roles in the community, it provides an integrated approach to care, with a focus on physical and mental wellbeing. This is an essential text for all pre-registration nursing students, students on post-registration specialist community nursing courses, and qualified nurses entering community practice for the first time.

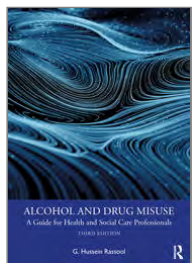
Routledge
December 2024 : 498pp
Pb: 978-1-032-38117-6 : **£37.99**
Hb: 978-1-032-38935-6 : **£145**
eBook: 978-1-003-34754-5

* For full contents and more information, visit: www.routledge.com/9781032381176

3RD EDITION

Alcohol and Drug Misuse

A Guide for Health and Social Care Professionals



G. Hussein Rassool Charles Sturt University, Australia

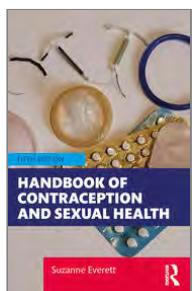
This comprehensive textbook provides an accessible and skills-oriented introduction to alcohol and substance misuse for healthcare students and practitioners new to the field. It is essential reading for nursing, healthcare and social work students taking substance misuse modules, as well as related post-registration/qualification courses for health and social care professionals.

Routledge
November 2024 : 470pp
Pb: 978-1-032-59869-7 : **£41.99**
Hb: 978-1-032-59871-0 : **£145**
eBook: 978-1-003-45667-4

* For full contents and more information, visit: www.routledge.com/9781032598697

5TH EDITION

Handbook of Contraception and Sexual Health



Suzanne Everett Middlesex University, UK

Offering a comprehensive guide to contraception and sexual health, the new edition of this practical handbook has been fully updated with the latest clinical guidance, research and methods, including new technologies. With plenty of self-assessment exercises, question and answers and case scenarios, the Handbook of Contraception and Sexual Health is an essential read for all nurses, midwives and allied health professionals working in community health and primary care settings.

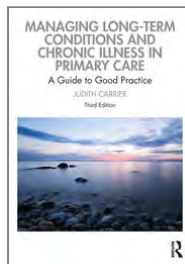
Routledge
June 2025 : 220pp
Pb: 978-1-032-77704-7 : **£41.99**
Hb: 978-1-032-77705-4 : **£155**
eBook: 978-1-003-48442-4

* For full contents and more information, visit: www.routledge.com/9781032777047

3RD EDITION

Managing Long-term Conditions and Chronic Illness in Primary Care

A Guide to Good Practice



Judith Carrier Cardiff University, UK

This practical guide will assist healthcare practitioners to manage complex chronic diseases and meet the needs of patients with long-term conditions. It is ideal reading for pre- and post-registration nursing students taking modules on long-term conditions and will be a valuable companion for pre-registration students on community placements.

Routledge
December 2022 : 228pp
Pb: 978-0-367-89707-9 : **£38.99**
Hb: 978-0-367-89708-6 : **£140**
eBook: 978-1-003-02065-3

* For full contents and more information, visit: www.routledge.com/9780367897079

Nursing Older People

Realities of Practice



Edited by **Heather Elbourne** St. Margaret's School, Victoria, British Columbia, Canada, **Andrée le May**

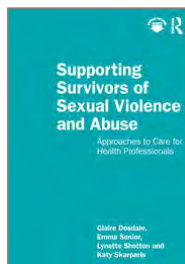
This practical guide helps student and practicing nurses to understand the impact of their care when working with older people. With stories from older people who have had varied experiences of health care and nursing, chapters are underpinned by five key principles: providing patient-centered and dignified care, shared decision making involving family and friends, multi-disciplinary care, improving mental wellbeing through companionship and a sense of value, and an appreciation of both the challenges and rewards of working with older people.

Routledge
July 2019 : 126pp
Pb: 978-1-498-73517-9 : **£39.99**
Hb: 978-0-367-33143-6 : **£155**
eBook: 978-1-315-11612-9

* For full contents and more information, visit: www.routledge.com/9781498735179

Supporting Survivors of Sexual Violence and Abuse

Approaches to Care for Health Professionals



Claire Dosdale, **Emma Senior**, **Lynette Shotton**, **Katy Skarparis**

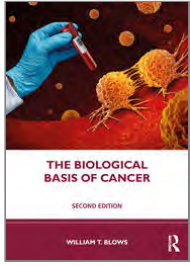
This textbook provides practical guidance to enable health professionals to support survivors of sexual violence. It gives insight into the complex and wide-ranging nature and experience of sexual violence, barriers to disclosure, and explores the implications for survivors, health professionals and healthcare organisations. This book is a comprehensive resource for all health professionals, across primary and secondary care. It is also a valuable text for those taking post-registration courses in sexual health, specialist community and public health nursing, district nursing, mental health and children's nursing among others.

Routledge
May 2024 : 140pp
Pb: 978-1-032-12622-7 : **£36.99**
Hb: 978-1-032-12624-1 : **£145**
eBook: 978-1-003-22546-1

* For full contents and more information, visit: www.routledge.com/9781032126227

2ND EDITION

The Biological Basis of Cancer



William T. Blows City University London, UK

Introducing the biology of neoplastic disorders, this accessible book looks at how cancer damages the body, and how the treatments work. Updated with the most recent research evidence, this unique text: explains the basic biology of neoplastic disease discusses the biology of the wide range of common cancers, including neurological disorders identifies and explains the biological causes of cancer explains drug action in chemotherapy and analgesia discusses the role of nutrition in neoplastic disorders and their treatment discusses the biological basis of a range of relevant nursing skills

Routledge

January 2025 : 390pp

Pb: 978-1-032-48447-1 : **£46.99**

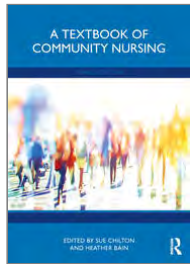
Hb: 978-1-032-48448-8 : **£155**

eBook: 978-1-003-38912-5

* For full contents and more information, visit: www.routledge.com/9781032484471

3RD EDITION

A Textbook of Community Nursing



Edited by **Sue Chilton** University of Gloucestershire, UK,
Heather Bain Robert Gordon University, Aberdeen, UK

This 3rd edition is a comprehensive and evidence-based introduction to this essential area of practice. Fully updated to take into account the wide range of nursing roles in the community, it provides an integrated approach to care, with a focus on physical and mental wellbeing. This is an essential text for all pre-registration nursing students, students on post-registration specialist community nursing courses, and qualified nurses entering community practice for the first time.

Routledge
December 2024 : 498pp
Pb: 978-1-032-38117-6 : **£37.99**
Hb: 978-1-032-38935-6 : **£145**
eBook: 978-1-003-34754-5

* For full contents and more information, visit: www.routledge.com/9781032381176

Delegation in Healthcare



Edited by **Lucy Stainer**, **Rowena Slope**

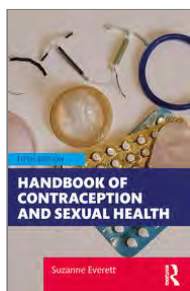
This book will clearly define and explain delegation as a concept in health care practice, equipping readers to successfully deliver, manage and lead increasingly complex patient care. Delegation is a core health care activity where healthcare practitioners supervise and support other members of the multidisciplinary team to deliver patient care. It is a core leadership skill that involves risk assessment and management, impacts patient satisfaction and quality of care, and has a substantial financial impact if undertaken incorrectly. This guide supports all health professionals, employers and organisations to master the essential skill of delegation.

Routledge
June 2026 : 200pp
Pb: 978-1-032-90503-7 : **£41.99**
Hb: 978-1-032-90505-1 : **£155**

* For full contents and more information, visit: www.routledge.com/9781032905037

5TH EDITION

Handbook of Contraception and Sexual Health



Suzanne Everett Middlesex University, UK

Offering a comprehensive guide to contraception and sexual health, the new edition of this practical handbook has been fully updated with the latest clinical guidance, research and methods, including new technologies. With plenty of self-assessment exercises, question and answers and case scenarios, the Handbook of Contraception and Sexual Health is an essential read for all nurses, midwives and allied health professionals working in community health and primary care settings.

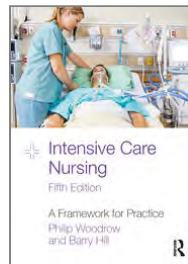
Routledge
June 2025 : 220pp
Pb: 978-1-032-77704-7 : **£41.99**
Hb: 978-1-032-77705-4 : **£155**
eBook: 978-1-003-48442-4

* For full contents and more information, visit: www.routledge.com/9781032777047

5TH EDITION

Intensive Care Nursing

A Framework for Practice



Philip Woodrow East Kent Hospitals NHS Trust, UK,
Barry Hill Northumbria University, UK

The fifth edition of this essential text provides a comprehensive overview of working in intensive care. Intensive Care Nursing covers patient-focused issues of bedside nursing; the technical knowledge necessary to care safely for ICU patients; the more common and specialised disease processes and treatments encountered; and how nurses can use their knowledge and skills to develop their own and others' practice. Intensive Care Nursing is essential reading for student and qualified nurses and allied health professionals working with critically ill patients.

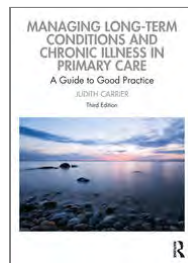
Routledge
January 2025 : 620pp
Pb: 978-1-032-50319-6 : **£41.99**
Hb: 978-1-032-50320-2 : **£155**
eBook: 978-1-003-55798-2

* For full contents and more information, visit: www.routledge.com/9781032503196

3RD EDITION

Managing Long-term Conditions and Chronic Illness in Primary Care

A Guide to Good Practice



Judith Carrier Cardiff University, UK

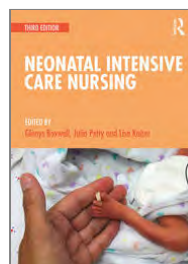
This practical guide will assist healthcare practitioners to manage complex chronic diseases and meet the needs of patients with long-term conditions. It is ideal reading for pre- and post-registration nursing students taking modules on long-term conditions and will be a valuable companion for pre-registration students on community placements.

Routledge
December 2022 : 228pp
Pb: 978-0-367-89707-9 : **£38.99**
Hb: 978-0-367-89708-6 : **£140**
eBook: 978-1-003-02065-3

* For full contents and more information, visit: www.routledge.com/9780367897079

3RD EDITION

Neonatal Intensive Care Nursing



Edited by **Glenys Boxwell (Connolly)**, **Julia Petty**
University of Hertfordshire, UK, **Lisa Kaiser**

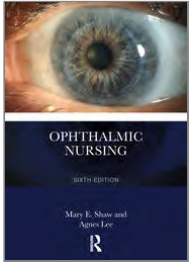
Thoroughly updated, this new edition is a comprehensive, evidence-based text for health professionals caring for sick newborn babies. Written by and for nurses, it concentrates on the common problems occurring within the neonatal intensive care unit and includes more diagrams, links to online resources, case studies and activities than previously. Divided into four parts, the book provides an overview of neonatal care, and an in-depth look at the physical and emotional wellbeing of neonate and family, a range of clinical aspects of neonatal care, and key practices and procedures in neonatal care.

Routledge
November 2019 : 700pp
Pb: 978-1-138-55684-3 : **£40.99**
Hb: 978-1-138-55683-6 : **£165**
eBook: 978-1-315-15045-1

* For full contents and more information, visit: www.routledge.com/9781138556843

6TH EDITION

Ophthalmic Nursing



Mary E. Shaw University of Manchester, UK, **Agnes Lee**
Northampton General Hospital, UK

Ophthalmic Nursing provides an overview for those setting out in a role within ophthalmic nursing. It includes essential anatomy and physiology – the foundations for understanding how the eye functions and why and how problems occur – and relates them to the care and needs of the patient. A valuable resource for nurses and healthcare professionals in practice and training, this book continues to be the 'go-to' source for those caring for the ophthalmic patient.

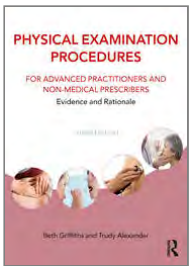
Routledge
September 2025 : 612pp
Pb: 978-1-032-37821-3 : **£57.99**
Hb: 978-1-032-37963-0 : **£160**
eBook: 978-1-003-34279-3

* For full contents and more information, visit: www.routledge.com/9781032378213

3RD EDITION

Physical Examination Procedures for Advanced Practitioners and Non-Medical Prescribers

Evidence and Rationale



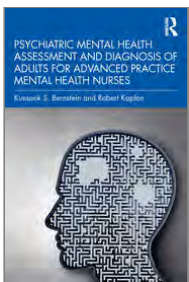
Beth Griffiths Swansea University, UK, **Trudy Alexander**
Swansea University, UK

This fully updated textbook provides readers with the necessary knowledge and skills to conduct successful physical examinations of adult patients, highlighting the evidence that underpins examination techniques. This book is designed for advanced healthcare practitioners, including advanced nursing practitioners. It can be used as a useful reference in class or as an aide-memoire for use in practice or revision for exams.

Routledge
December 2025 : 226pp
Pb: 978-1-032-68736-0 : **£41.99**
Hb: 978-1-032-68737-7 : **£155**
eBook: 978-1-032-68739-1

* For full contents and more information, visit: www.routledge.com/9781032687360

Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses



Kunsook S. Bernstein, **Robert Kaplan**

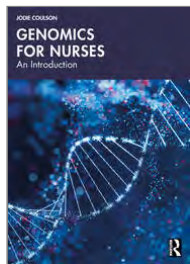
This text provides a comprehensive and evidence-based introduction to psychiatric mental health assessment and diagnosis in advanced nursing practice. This is an essential text for all those undertaking Psychiatric Mental Health Nurse Practitioner programs and a valuable reference for advanced practice nurses in clinical practice.

Routledge
July 2022 : 176pp
Pb: 978-0-367-68448-8 : **£45.99**
Hb: 978-0-367-68455-6 : **£155**
eBook: 978-1-003-13759-7

* For full contents and more information, visit: www.routledge.com/9780367684488

Genomics for Nurses

An Introduction



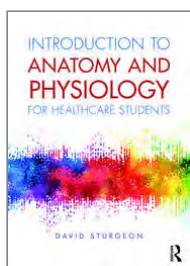
Jodie Coulson

This textbook introduces fundamental knowledge and the latest developments in genomics and explains their relevance to nursing practice, using case studies and activities to help readers to apply their learning. Aligned with the relevant NMC and HEE competencies, it is an essential resource for nursing students and practising nurses.

Routledge
October 2025 : 214pp
Pb: 978-1-032-59100-1 : **£41.99**
Hb: 978-1-032-59121-6 : **£155**
eBook: 978-1-003-45304-8

* For full contents and more information, visit: www.routledge.com/9781032591001

Introduction to Anatomy and Physiology for Healthcare Students



David Sturgeon University of East Anglia, UK

This book provides a highly accessible introduction to anatomy and physiology. Written for students studying the subject for the first time, it covers the human body from the atomic and cellular levels through to all the major systems and including chapters on blood and immunity and homeostasis. By the end of each chapter, the reader will understand and be able to explain how the structures and systems described are organised and contribute to the maintenance of health. Complete with self-test questions, full colour illustrations and a comprehensive glossary, it is an essential read for all nursing and healthcare students in both further and higher education.

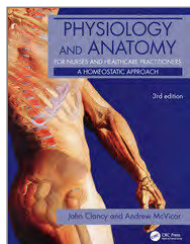
Routledge
March 2018 : 324pp
Pb: 978-1-138-68387-7 : **£44.99**
Hb: 978-1-138-68386-0 : **£170**
eBook: 978-1-315-54429-8

* For full contents and more information, visit: www.routledge.com/9781138683877

3RD EDITION

Physiology and Anatomy for Nurses and Healthcare Practitioners

A Homeostatic Approach, Third Edition



John Clancy University of East Anglia, Norwich, UK,
Andrew McVicar Anglia Ruskin University, UK

An essential physiology and anatomy text, this book guides readers through the basic structure and functions of the body systems to more complex issues of clinical disorders and healthcare practice. Fully updated and revised to incorporate advances in understanding, the book examines the cardiovascular, lymphatic, nervous, endocrine, reproductive, and respiratory systems. It discusses the kidneys and urinary tract as well as skeletal muscle, embryo development, and circadian rhythms. The last section of the book presents case studies demonstrating the material in the text. Additional resources are available on an accompanying website.

Routledge
March 2009 : 736pp
Pb: 978-0-340-96759-1 : **£51.99**
Hb: 978-1-138-45472-9 : **£200**
eBook: 978-0-429-25302-7

* For full contents and more information, visit: www.routledge.com/9780340967591

3RD EDITION

Care Planning

A guide for nurses

**Barrett David , Benita Wilson , Andrea Woollands , David Barrett**

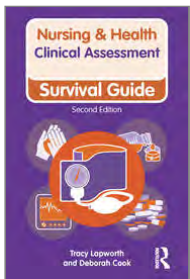
This clear and intuitive textbook explains the importance of holistic, individualised care planning for nursing from a professional and clinical perspective. Adopting a flexible problem-solving approach to care based on the nursing process, it guides the reader step by step through the stages of assessing patients, diagnosing problems, planning goals and interventions, and evaluating progress. The book explains the theory of care planning in relation to nursing models and practice tools and it vividly demonstrates how it can be put into practice, using numerous examples as well as completed care plans. It is laced with activities and checkpoints to consolidate students' learning.

Routledge
September 2018 : 246pp
Pb: 978-1-138-64219-5 : **£38.99**
Hb: 978-1-138-64218-8 : **£175**
eBook: 978-1-315-63010-6

* For full contents and more information, visit: www.routledge.com/9781138642195

2ND EDITION

Clinical Assessment

**Tracy Lapworth , Deborah Cook***Series: Nursing and Health Survival Guides*

Every contact with your patient is an opportunity for health assessment. Ideal for quick reference, this pocket-sized guide puts all the crucial information at your fingertips. Used as a platform for wider reading, it is an ideal reference point for any nursing and healthcare student or professional.

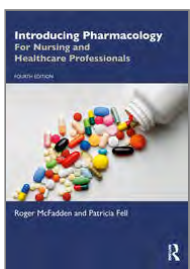
Routledge
November 2022 : 118pp
Pb: 978-1-032-19685-5 : **£10.99**
eBook: 978-1-003-26032-5

* For full contents and more information, visit: www.routledge.com/9781032196855

4TH EDITION

Introducing Pharmacology

For Nursing and Healthcare Professionals

**Roger McFadden** Birmingham City University, UK,
Patricia Fell

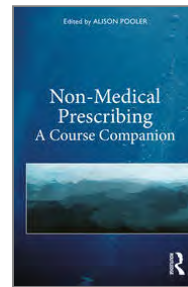
Introducing Pharmacology provides an accessible and comprehensive introduction to pharmacology for nursing and healthcare students – and anyone needing to refresh their knowledge of this important area. Fully updated, the fourth edition is clearly written and includes features throughout to help readers understand and absorb the knowledge they need. This textbook is an essential companion for nursing, midwifery students and other healthcare professions, as well as those on post-registration courses, studying to become independent prescribers.

Routledge
September 2024 : 486pp
Pb: 978-1-032-59845-1 : **£39.99**
Hb: 978-1-032-59855-0 : **£155**
eBook: 978-1-003-45657-5

* For full contents and more information, visit: www.routledge.com/9781032598451

Non-Medical Prescribing

A Course Companion

*Edited by Alison Pooler*

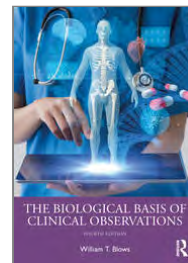
This accessible textbook provides a comprehensive resource for healthcare students and professional students studying non-medical prescribing, taking into account the RPS competency framework for non-medical prescribing. Designed for professionals from a range of non-medical disciplines including nursing, midwifery, pharmacy, physiotherapy and occupational therapy, this book can be used at both pre- and post-registration level.

Routledge
December 2020 : 162pp
Pb: 978-0-367-28134-2 : **£38.99**
Hb: 978-0-367-28131-1 : **£155**
eBook: 978-0-429-29982-7

* For full contents and more information, visit: www.routledge.com/9780367281342

4TH EDITION

The Biological Basis of Clinical Observations

**William T. Blows** City University London, UK

Fully updated for its fourth edition, The Biological Basis of Clinical Observations provides readers with the understanding needed to perform clinical observations, make accurate judgements about the patient's condition and make good decisions concerning patient care. The Biological Basis of Clinical Observations is a unique text which integrates explanations of essential procedures with the biological knowledge that underpins practice. It is essential reading for all nursing and healthcare students preparing for clinical practice.

Routledge
December 2023 : 374pp
Pb: 978-1-032-48440-2 : **£41.99**
Hb: 978-1-032-48446-4 : **£155**
eBook: 978-1-003-38911-8

* For full contents and more information, visit: www.routledge.com/9781032484402

Breastfeeding for Public Health

A Resource for Community Healthcare Professionals



Alison Spiro

Health visitors play a crucial role in supporting mothers who choose to breastfeed, and their families. This accessible text enables readers to practise confidently in this vital area, focusing on underpinning knowledge, parent-centred counselling skills, and understanding cultural contexts. Written by an experienced volunteer and practitioner with decades of experience as a health visitor and breastfeeding counsellor, this text is ideal for students taking Specialist Community and Public Health Nursing courses. It is also an important reference for practising health visitors.

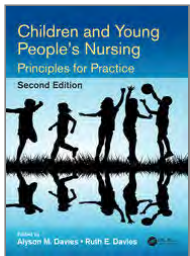
Routledge
April 2022 : 190pp
Pb: 978-0-367-68956-8 : **£39.99**
Hb: 978-0-367-68957-5 : **£155**
eBook: 978-1-003-13977-5

* For full contents and more information, visit: www.routledge.com/9780367689568

2ND EDITION

Children and Young People's Nursing

Principles for Practice, Second Edition



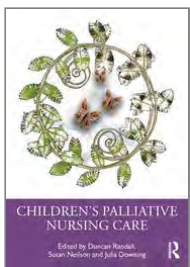
Edited by **Alyson M. Davies** Swansea University, UK, **Ruth E. Davies** Swansea University, UK

Underpinned by a rights-based approach, this essential text critically analyses the theory and practice of children and young people's nursing from several perspectives - public health, acute and community based care, education and research. Chapters address the clinical, legal, ethical, political and professional issues and controversies which impact on the care delivered to children, young people and their families both nationally and internationally. This new edition continues to promote reflection and critical thinking about the practice of children's nursing and professional development.

Routledge
October 2016 : 360pp
Pb: 978-1-498-73432-5 : **£45.99**
eBook: 978-1-315-38263-0

* For full contents and more information, visit: www.routledge.com/9781498734325

Children's Palliative Nursing Care



Edited by **Duncan Randall**, **Susan Neilson**, **Julia Downing**

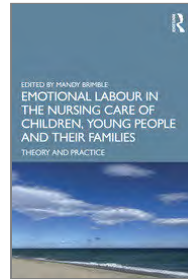
Nursing is an essential component of children's palliative care and palliative care is an essential aspect of nursing. Yet the complex inter disciplinary nature of palliative care brings into sharp focus the work nurses undertake with others in delivering palliative care. This is, however, a book by nurses for nurses. Uniquely each chapter has been written by a team of authors who come from both high income and low/middle income countries. This makes this not just a book by nurses for nurses but a global book for global nursing practice.

Routledge
December 2024 : 396pp
Pb: 978-1-032-47071-9 : **£37.99**
Hb: 978-1-032-47164-8 : **£145**
eBook: 978-1-003-38486-1

* For full contents and more information, visit: www.routledge.com/9781032470719

Emotional Labour in the Nursing Care of Children, Young People and their Families

Theory and Practice



Edited by **Mandy Brimble**

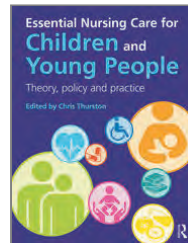
The book begins with an introduction to ideas about emotional labour and discusses their relevance to children's nursing, emphasising that children's nurses not only deal with the emotional needs of children and themselves, but also those of parents and carers. The book then takes a case study approach, presenting a wide range of chapters each focusing on a different area of practice across acute care and long-term care. It is an essential text for child nursing field students and a useful evidence-based reference for practitioners and scholars with an interest in emotional labour.

Routledge
March 2026 : 284pp
Pb: 978-1-032-69506-8 : **£41.99**
Hb: 978-1-032-69551-8 : **£155**
eBook: 978-1-032-69552-5

* For full contents and more information, visit: www.routledge.com/9781032695068

Essential Nursing Care for Children and Young People

Theory, Policy and Practice



Edited by **Chris Thurston** Anglia Ruskin University, UK

This comprehensive text is the definitive guide for nursing and healthcare students caring for children and young people. Designed to meet the NMC competency standards for pre-registration nurses, it supports you through the process of caring for children and young people with varied needs and conditions across all healthcare settings.

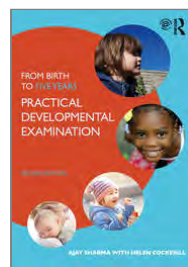
Routledge
March 2014 : 488pp
Pb: 978-0-273-75239-4 : **£52.99**
Hb: 978-0-415-73384-7 : **£170**
eBook: 978-1-315-81914-3

* For full contents and more information, visit: www.routledge.com/9780273752394

2ND EDITION

From Birth to Five Years

Practical Developmental Examination



Ajay Sharma Southwark Primary Care Trust, UK, **Helen Cockerill** Guy's and St Thomas' NHS Foundation Trust, UK

This fully updated new edition of From Birth to Five Years: Practical developmental examination is a step-by-step 'how to' guide to the developmental examination of pre-school children. Developed alongside the original Mary Sheridan's From Birth to Five Years: Children's developmental progress, this unique guide expands on its normative developmental stages by offering practical guidance for health, education and social care professionals, or anyone concerned with monitoring children's developmental progress.

Routledge
November 2021 : 152pp
Pb: 978-0-367-52255-1 : **£24.99**
Hb: 978-0-367-52256-8 : **£155**
eBook: 978-1-032-12951-8 : **£21.99**

* For full contents and more information, visit: www.routledge.com/9780367522551

2ND EDITION

From Birth to Sixteen

Children's Health, Social, Emotional and Linguistic Development

**Helen Cowie** University of Surrey, UK

From Birth to Sixteen outlines children's physical, social, emotional and cognitive development from infancy through to adolescence. In both its practical application of research and its contribution to the assessment of child development, this text provides essential reading for students and practitioners in nursing, health visiting, play work, youth work, early years education, teaching, social work and occupational therapy.

Routledge
February 2019 : 216pp
Pb: 978-0-815-37981-2 : **£39.99**
Hb: 978-0-815-37980-5 : **£155**
eBook: 978-1-351-21494-0

* For full contents and more information, visit: www.routledge.com/9780815379812**Health and Wellbeing for Babies and Children**

Contemporary Issues

**Jackie Musgrave** Open University, UK

This evidence-based text explores children's health and wellbeing from birth to adolescence, taking into account the familial, cultural, social, economic, environmental and global contexts of their lives. Designed for all those working with children, or studying to work with children, Health and Wellbeing for Babies and Children Contemporary Issues is ideal for students undertaking courses on public health nursing, children's nursing, early years education, childhood studies and social work, among others.

Routledge
November 2022 : 182pp
Pb: 978-1-032-18623-8 : **£36.99**
Hb: 978-1-032-18624-5 : **£140**
eBook: 978-1-003-25543-7

* For full contents and more information, visit: www.routledge.com/9781032186238

4TH EDITION

Mary D. Sheridan's Play in Early Childhood

From Birth to Six Years

**Justine Howard** Swansea University, UK

This is a classic introductory text to play and development – key topics for all those who work with young children. Drawing on the most up-to-date evidence, it explains how children's play develops and how they develop as they play. With over 100 illustrations and observations of play from birth to six years, this new edition includes updated activities to consolidate thinking and suggestions for further reading throughout. Suitable both for those new to the area and for more experienced workers wanting a quick reference guide, this easy-to-follow book meets the needs of students and professionals from a wide range of health, education and social care backgrounds.

Routledge
May 2017 : 152pp
Pb: 978-1-138-65591-1 : **£24.99**
Hb: 978-1-138-65588-1 : **£175**
eBook: 978-1-315-62224-8

* For full contents and more information, visit: www.routledge.com/9781138655911

5TH EDITION

Mary Sheridan's From Birth to Five Years

Children's Developmental Progress

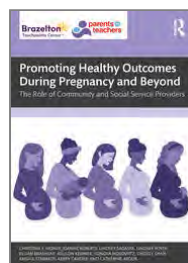
**Ajay Sharma** Southwark Primary Care Trust, UK, **Helen Cockerill** Guy's and St Thomas' NHS Foundation Trust, UK, **Lucy Sanctuary**

This new edition of a classic text is the go-to reference for anyone concerned with the developmental progress of pre-school children. Fully aligned with current child development philosophies and practices, Mary Sheridan's From Birth to Five Years: Children Developmental Progress is designed to support the wider group of practitioners – including those from health professions, social work and early years – that are now required to take steps for promoting children's development as part of their assessment and management plans.

Routledge
November 2021 : 194pp
Pb: 978-0-367-52251-3 : **£24.99**
Hb: 978-0-367-52252-0 : **£155**
eBook: 978-1-032-12907-5 : **£21.99**

* For full contents and more information, visit: www.routledge.com/9780367522513**Promoting Healthy Outcomes During Pregnancy and Beyond**

The Role of Community and Social Service Providers

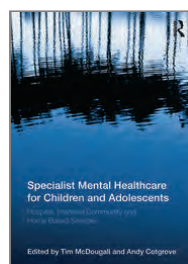
**Christina F. Mondri**, **Joanne Roberts**, **Lindsey Sagasta**, **Lindsay Boyer**, **Jillian Brashear**, **Allison Kemner**, **Sondra Horowitz**, **Lindsey Shah**, **Abigail Edwards**, **Kerry Caverly**, **Catherine Ayoub**

This book provides essential knowledge and tools for home visitors and other parent-facing professionals to build trusting relationships with birthing people. Each chapter will address a key issue related to morbidity and mortality in relation to pregnancy and birth, including statistics, key definitions; discussion of risk factors, protective factors, and disparities. This book is an invaluable resource for all those health, community and social service providers, including home visitors, who work with families, parents-to-be and new parents.

Routledge
September 2025 : 196pp
Pb: 978-1-032-75968-5 : **£37.99**
Hb: 978-1-032-75983-8 : **£155**
eBook: 978-1-003-47647-4

* For full contents and more information, visit: www.routledge.com/9781032759685**Specialist Mental Healthcare for Children and Adolescents**

Hospital, Intensive Community and Home Based Services

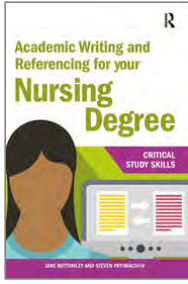
Edited by **Tim McDougall** Cheshire and Merseyside Child Health Development Programme, UK, **Andy Cotgrove** Chester Young People's Centre, UK

This accessible book explores the best available evidence for what works in Child and Adolescent Mental Health (CAMHS) at a specialist level, outlining emerging good practice guidance, service models, assessment, and an overview of available treatments. Selected Contents: 1. What Do We Mean by Specialist Hospital, Intensive Community and Home Based Services? 2. Referral Pathways into Specialist Hospital, Intensive Community and Home Based Services 3. Inpatient Services for Children and Adolescents 4. Day Services 5. Early Intervention Services for Young People with Psychosis 6. Treatment Foster Care 7. Multi-Systemic Therapy 8. Home Based Treatment 9. Forensic Services 10. Young People's Views About Specialist Mental Health Care: What They Say and Why it Matters

Routledge
December 2013 : 248pp
Pb: 978-0-415-52091-1 : **£47.99**
Hb: 978-0-415-52090-4 : **£155**
eBook: 978-1-315-85750-3

* For full contents and more information, visit: www.routledge.com/9780415520911

Academic Writing and Referencing for your Nursing Degree



Jane Bottomley, Steven Pryjmachuk

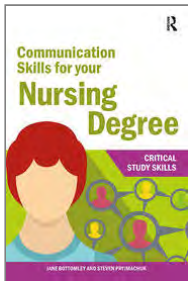
Series: *Critical Study Skills*

If you are embarking on a university nursing degree, the books in our Critical Study Skills for Nursing series will help you acquire and develop the knowledge, skills and strategies you need to achieve your goals. They provide support in all areas important for university study, including institutional and disciplinary policy and practice, self-management, and research and communication. Tasks and activities are designed to foster aspects of learning which are valued in higher education, including learner autonomy and critical thinking, and to guide you towards reflective practice in your study and work life.

Routledge
July 2017 : 152pp
Pb: 978-1-911-10695-1 : **£20.99**
Hb: 978-1-041-05403-0 : **£145**
eBook: 978-1-041-05402-3

* For full contents and more information, visit: www.routledge.com/9781911106951

Communication Skills for your Nursing Degree



Jane Bottomley, Steven Pryjmachuk

Series: *Critical Study Skills*

If you are embarking on a university nursing or midwifery degree, the books in this series will help you acquire and develop the knowledge, skills and strategies you need to achieve your goals. Tasks and activities are designed to foster aspects of learning which are valued in higher education, including learner autonomy and critical thinking, and to guide you towards reflective practice in your study and work life.

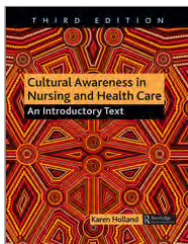
Routledge
January 2019 : 116pp
Pb: 978-1-912-09665-7 : **£20.99**
Hb: 978-1-041-05463-4 : **£145**
eBook: 978-1-041-05462-7

* For full contents and more information, visit: www.routledge.com/9781912096657

3RD EDITION

Cultural Awareness in Nursing and Health Care

An Introductory Text



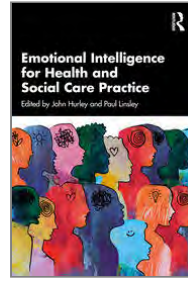
Karen Holland University of Salford, UK

This introductory textbook relates theory to practice and enhances students' learning and understanding of cultural issues that impact on patient care and their own practice as nurses, while considering wider social and political issues. Including new chapters on cultural principles from other disciplines, cultural diversity, and international perspectives, the text has been completely updated to include new research and guidelines for practice and education.

Routledge
July 2017 : 305pp
Pb: 978-1-482-24557-8 : **£50.99**
Hb: 978-1-138-62719-2 : **£170**
eBook: 978-1-315-38199-2

* For full contents and more information, visit: www.routledge.com/9781482245578

Emotional Intelligence for Health and Social Care Practice



Edited by John Hurley, Paul Linsley

Emotional intelligence is a critical skill set that enhances therapeutic relationships, fosters resilience, and improves patient outcomes. This practical book introduces the latest research and links it to health and social care practice, equipping readers with the tools needed to navigate the emotional complexities of care. Focusing on the role of emotional intelligence in both patient care and practitioner well-being, this book empowers readers to harness emotional intelligence as a transformative force in their practice and career growth. It is an essential resource for students and professionals across mental health, nursing, social work and allied health.

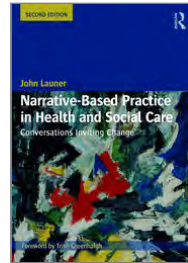
Routledge
April 2026 : 240pp
Pb: 978-1-041-14195-2 : **£41.99**
Hb: 978-1-041-14196-9 : **£155**
eBook: 978-1-003-67330-9

* For full contents and more information, visit: www.routledge.com/9781041141952

2ND EDITION

Narrative-Based Practice in Health and Social Care

Conversations Inviting Change



John Launer Health Education England, UK

This text outlines a vision of how witnessing narratives, paying attention to them, and developing an ability to question them creatively, can make the person's emerging story the central focus of health and social care, and of healing. Giving an account of the practical application of ideas and skills from contemporary narrative studies to health and social care, the book promotes narrative-based practice in everyday encounters with patients and clients, as well as supervision and management, and presents an established model of interactional skills. It is written for students and practitioners across a broad range of professions in primary and secondary health care, and social care.

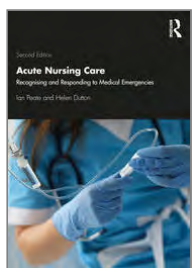
Routledge
February 2018 : 164pp
Pb: 978-1-138-71435-9 : **£39.99**
Hb: 978-1-138-71437-3 : **£155**
eBook: 978-1-315-23112-9

* For full contents and more information, visit: www.routledge.com/9781138714359

2ND EDITION

Acute Nursing Care

Recognising and Responding to Medical Emergencies



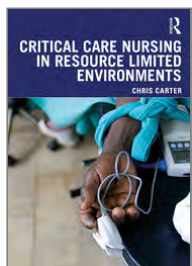
Peate Ian, Dutton Helen

The second edition of this book provides a comprehensive overview of the essential issues in acute care. Topics covered include: recognition and identification of physiological and mental deterioration in adults; identification of disordered physiology that may lead to a medical emergency; relevant anatomy and physiology; pathophysiological changes and actions that need to be taken; immediate recognition and response; investigations, diagnosis and management issues; and teaching and preventative strategies. Including case studies and test yourself questions, this book is an essential tool for student nurses who are required to undertake acute care experiences.

Routledge
November 2020 : 602pp
Pb: 978-1-138-35201-8 : **£40.99**
Hb: 978-1-138-35200-1 : **£155**
eBook: 978-0-429-43493-8

* For full contents and more information, visit: www.routledge.com/9781138352018

Critical Care Nursing in Resource Limited Environments



Chris Carter

All hospitals have critically ill patients, and their management depends upon the resources available. This book provides guidance on the unique challenges for nurses working in resource limited environments. Highlighting the realities of working in the developing world, the text prepares readers to consider how best to utilize their skills and deliver safe patient care. Each easy-to-read chapter provides core knowledge as well as useful ideas and solutions. It is an invaluable guide for nurses working in critical care and acute areas in resource limited environments. It can also be used to support educational courses and pre-deployment training.

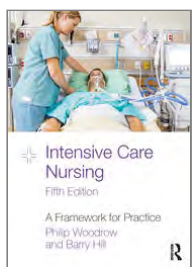
Routledge
June 2019 : 356pp
Pb: 978-1-138-09351-5 : **£49.99**
Hb: 978-1-138-09350-8 : **£155**
eBook: 978-1-315-10677-9

* For full contents and more information, visit: www.routledge.com/9781138093515

5TH EDITION

Intensive Care Nursing

A Framework for Practice



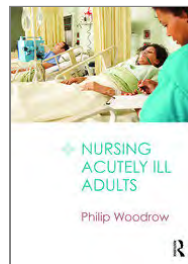
Philip Woodrow East Kent Hospitals NHS Trust, UK,
Barry Hill Northumbria University, UK

The fifth edition of this essential text provides a comprehensive overview of working in intensive care. Intensive Care Nursing covers patient-focused issues of bedside nursing; the technical knowledge necessary to care safely for ICU patients; the more common and specialised disease processes and treatments encountered; and how nurses can use their knowledge and skills to develop their own and others' practice. Intensive Care Nursing is essential reading for student and qualified nurses and allied health professionals working with critically ill patients.

Routledge
January 2025 : 620pp
Pb: 978-1-032-50319-6 : **£41.99**
Hb: 978-1-032-50320-2 : **£155**
eBook: 978-1-003-55798-2

* For full contents and more information, visit: www.routledge.com/9781032503196

Nursing Acutely Ill Adults



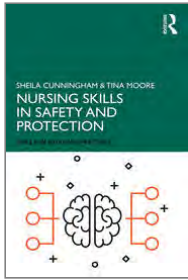
Philip Woodrow East Kent Hospitals NHS Trust, UK

This comprehensive and clinically-focused textbook is designed for student and qualified nurses concerned with caring effectively for deteriorating and acutely ill adults outside of specialist intensive care units. The book contains sections on assessment, the deteriorating patient, breathing, cardiovascular problems, disability and impairment, and maintaining the internal environment. It also includes a full range of pedagogical features. This is the ideal textbook for students taking modules in caring for critically ill adults and qualified nurses working with these patients.

Routledge
August 2015 : 372pp
Pb: 978-1-138-01888-4 : **£48.99**
Hb: 978-1-138-01887-7 : **£185**
eBook: 978-1-315-77945-4

* For full contents and more information, visit: www.routledge.com/9781138018884

Nursing Skills in Safety and Protection



Sheila Cunningham , Tina Moore Middlesex University, UK

Series: Skills in Nursing Practice

People should be cared for in a safe environment that is protected from internal and external harm. This quick reference guide covers vital practical skills for nurses including emergency management and resuscitation, the safe and accurate administration of medicines, infection control, the anatomy and physiology of skin and temperature regulation, and personal care and wound care. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge

December 2019 : 76pp

Pb: 978-1-138-47941-8 : **£15.99**

Hb: 978-1-138-47940-1 : **£125**

eBook: 978-1-351-06578-8

* For full contents and more information, visit: www.routledge.com/9781138479418

Patient Safety in Clinical Practice

A Diverse Approach to Safe Healthcare for All



Edited by Paul Buka University of Essex, Southend Campus

Exploring the concept of 'avoidable risks' which may be posed to the health and wellbeing of individuals, the public and communities within a given healthcare context, this book explores potential system failures and human factors, while providing an insight into the significance of the relationship between a culture of care and patient safety. Patient Safety in Clinical Practice offers a fresh insight into the link between patient safety and holistic care. It is aimed at nursing and allied health students and professionals, particularly those undertaking study related to assessing and planning care, as well as law, ethics, and professional issues.

Routledge

September 2024 : 156pp

Pb: 978-1-032-45423-8 : **£38.99**

Hb: 978-1-032-45424-5 : **£145**

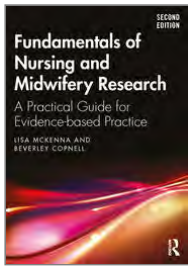
eBook: 978-1-003-37693-4

* For full contents and more information, visit: www.routledge.com/9781032454238

2ND EDITION

Fundamentals of Nursing and Midwifery Research

A Practical Guide for Evidence-based Practice



Lisa McKenna, Beverley Copnell

This book presents a unique approach to teaching the principles of health research using practical case studies with which nurses and midwives can engage to gain the skills to read and understand reports, evaluate the quality of research, synthesise different studies and be able to evaluate its effectiveness when applied to clinical practice. Throughout the book, activities, summaries and review questions help ground theory in real life scenarios, showing how evidence-based practice can be applied in every aspect of nursing and midwifery care. It is designed for nurses and midwives, from those just beginning their studies to qualified practitioners undertaking their first research projects.

Routledge
January 2024 : 194pp
Pb: 978-1-032-53953-9 : **£40.99**
Hb: 978-1-032-53954-6 : **£155**
eBook: 978-1-003-41447-6

* For full contents and more information, visit: www.routledge.com/9781032539539

Implementation Science

The Key Concepts



Edited by **Frances Rapport, Robyn Williams** Macquarie University, Australia, **Jeffrey Braithwaite**

Series: *Routledge Key Guides*

This accessible textbook introduces a wide spectrum of ideas, approaches and examples that make up the emerging field of implementation science, including implementation theory, processes and methods, data collection and analysis, brokering interest on the ground, and sustainable implementation. This comprehensive and enlightening range of ideas and examples brought together in one place is essential reading for all students, researchers and practitioners with an interest in translating knowledge into practice in healthcare.

Routledge
June 2022 : 270pp
Pb: 978-0-367-62611-2 : **£38.99**
Hb: 978-0-367-62613-6 : **£155**
eBook: 978-1-003-10994-5

* For full contents and more information, visit: www.routledge.com/9780367626112

Implementation Science

Theory and Application



Edited by **Per Nilsen**

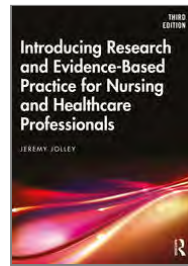
This core textbook introduces the key concepts, theories, models and frameworks used in implementation science, and supports readers applying them in research projects. This multidisciplinary text is an essential resource for graduate students taking courses on implementation science from a range of healthcare backgrounds, as well as researchers from medicine, nursing, public health, allied health, economics, political science, sociology and engineering.

Routledge
May 2024 : 292pp
Pb: 978-1-032-33084-6 : **£36.99**
Hb: 978-1-032-33085-3 : **£145**
eBook: 978-1-003-31812-5

* For full contents and more information, visit: www.routledge.com/9781032330846

3RD EDITION

Introducing Research and Evidence-Based Practice for Nursing and Healthcare Professionals



Jeremy Jolley

At the heart of this new edition is the view that research is essentially a simple activity, the principles of which can be readily understood by students new to the subject. Each chapter guides the reader to uncover the 'mysteries' of research while demonstrating how research in healthcare is a practical activity, orientated directly to patient care. This book is designed for all students of nursing and allied health professions at any level but who find themselves studying research for the first time.

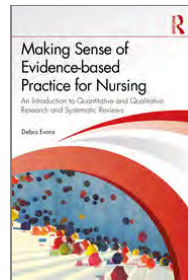
Routledge
May 2020 : 262pp
Pb: 978-0-367-35053-6 : **£38.99**
Hb: 978-0-367-47253-5 : **£155**
eBook: 978-0-429-32945-6

* For full contents and more information, visit: www.routledge.com/9780367350536

2ND EDITION

Making Sense of Evidence-based Practice for Nursing

An Introduction to Quantitative and Qualitative Research and Systematic Reviews



Debra Evans

This new edition provides a straightforward guide to evidence-based practice, helping you to increase your understanding of the processes involved in accessing, appraising, synthesizing, and implementing good quality research. Packed with examples from practice across the nursing fields and at different levels, this book is essential for nurses – both student and qualified – who want to increase their confidence when it comes to research appraisal, the research process and evidence-based practice processes.

Routledge
July 2026 : 240pp
Pb: 978-1-041-13313-1 : **£41.99**
Hb: 978-1-041-13314-8 : **£155**

* For full contents and more information, visit: www.routledge.com/9781041133131

The Essential Guide to Doing a Health and Social Care Literature Review



Jaqui Hewitt-Taylor Bournemouth University, UK

Written by an established author with long experience of supporting students doing literature reviews, this invaluable text offers logical and insightful advice on all aspects of literature review methodology, from problem identification, to synthesizing information, to forming conclusions. Beginning with a chapter on what makes a good literature review, so that readers are confident about what they're aiming for, subsequent chapters reflect the structure of a typical dissertation by literature review, making the text very easy to navigate.

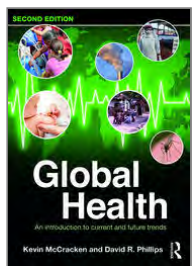
Routledge
April 2017 : 218pp
Pb: 978-1-138-18692-7 : **£45.99**
Hb: 978-1-138-18691-0 : **£170**
eBook: 978-1-315-64347-2

* For full contents and more information, visit: www.routledge.com/9781138186927

2ND EDITION

Global Health

An Introduction to Current and Future Trends



Kevin McCracken Macquarie University, Australia, **David R. Phillips** Lingnan University, Hong Kong

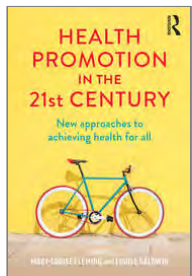
Global Health, second edition, continues to provide readers with a comprehensive, up-to-date and thought-provoking outline and understanding of the constantly evolving global health landscape. New or extended topics in this edition include; emerging and re-emerging infectious disease threats; terrorism, global conflict and health; the UN Sustainable Development Goals; Universal Health Coverage; information technology; palliative and end-of-life care; substance abuse; and, ethical issues in global health.

Routledge
June 2017 : 466pp
Pb: 978-1-138-91275-5 : **£48.99**
Hb: 978-1-138-91274-8 : **£200**
eBook: 978-1-315-69180-0

* For full contents and more information, visit: www.routledge.com/9781138912755

Health Promotion in the 21st Century

New approaches to achieving health for all



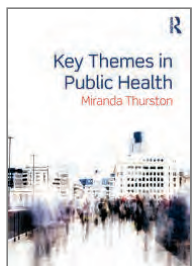
Edited by **Mary-Louise Fleming**, **Louise Baldwin**

An introduction to health promotion in Australia which addresses the complex local and international causes of ill health, and the range of strategies which can be employed to develop effective and sustainable health promotion interventions.

Routledge
February 2020 : 312pp
Pb: 978-1-760-87514-5 : **£39.99**
Hb: 978-0-367-71831-2 : **£155**
eBook: 978-1-003-11591-5

* For full contents and more information, visit: www.routledge.com/9781760875145

Key Themes in Public Health



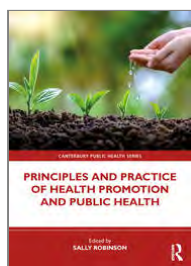
Miranda Thurston

This text comprises a series of introductory essays exploring key themes and concepts in public health. The themes discussed include: determinants of health, globalisation, evidence, climate change, ethics, development, poverty, risk and population. Presenting provocative ways of thinking about key ideas in a concise fashion, each essay provides a basic grounding in the relevant theme as well as a departure point for further study. It provides an accessible overview for students new to public health who want to get to grips with the full range and complexity of this diverse and multidisciplinary field.

Routledge
June 2014 : 238pp
Pb: 978-0-415-67382-2 : **£47.99**
Hb: 978-0-415-67381-5 : **£185**
eBook: 978-1-315-77010-9

* For full contents and more information, visit: www.routledge.com/9780415673822

Principles and Practice of Health Promotion and Public Health



Edited by **Sally Robinson**

Series: *Canterbury Public Health Series*

Principles and Practice of Health Promotion and Public Health brings together the disciplines and fields of study that inform the work of promoting health into one book and provides many examples of practice. Both are core texts for those studying health promotion or public health, and supplementary texts for students of healthcare and social care. They are ideal for public health practitioners and members of the wider public health workforce.

Routledge
December 2022 : 438pp
Pb: 978-0-367-42344-5 : **£38.99**
Hb: 978-1-032-41124-8 : **£140**
eBook: 978-0-367-82369-6

* For full contents and more information, visit: www.routledge.com/9780367423445

Priorities for Health Promotion and Public Health

Explaining the Evidence for Disease Prevention and Health Promotion



Edited by **Sally Robinson**

Series: *Canterbury Public Health Series*

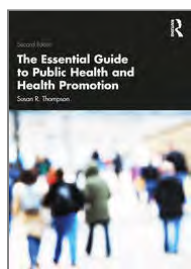
Priorities for Health Promotion and Public Health brings together the evidence behind the UK's public health priorities into one comprehensible textbook. Priorities for Health Promotion and Public Health is an ideal companion for busy practitioners who work across the wider sectors that support people's health and wellbeing. It is also a core textbook for students new to health promotion and public health.

Routledge
March 2021 : 532pp
Pb: 978-0-367-42341-4 : **£40.99**
Hb: 978-0-367-82028-2 : **£155**
eBook: 978-0-367-82368-9

* For full contents and more information, visit: www.routledge.com/9780367423414

2ND EDITION

The Essential Guide to Public Health and Health Promotion



Susan R. Thompson University of Nottingham, UK

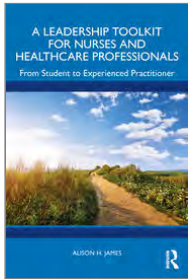
Designed to help readers develop the practical skills needed to become effective public health practitioners, this concise text gives an accessible overview of the theory and practice of public health and health promotion. In light of the Covid-19 pandemic, this 2nd edition has been updated with new material around vaccination and communicable disease and includes expanded coverage of mental health issues. The Essential Guide to Public Health and Health Promotion, 2nd edition is the ideal starting point for all those new to working or studying in the area, whatever their professional or academic background.

Routledge
July 2023 : 180pp
Pb: 978-1-032-13602-8 : **£37.99**
Hb: 978-1-032-53293-6 : **£155**
eBook: 978-1-003-41132-1

* For full contents and more information, visit: www.routledge.com/9781032136028

A Leadership Toolkit for Nurses and Healthcare Professionals

From Student to Experienced Practitioner



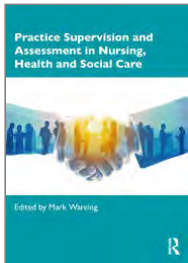
Alison H. James Cardiff University, UK

This practical guide provides essential knowledge and tools for nursing and healthcare students and practitioners to develop their leadership skills, from the very beginning of their practice and throughout their careers. This creative text introduces vital tools and uses reflective activities and questions to support readers build their leadership skills. It is ideal for students and practitioners at all levels in nursing and healthcare interested in self-development.

Routledge
May 2025 : 126pp
Pb: 978-1-032-56010-6 : **£41.99**
Hb: 978-1-032-56011-3 : **£155**
eBook: 978-1-003-43335-4

* For full contents and more information, visit: www.routledge.com/9781032560106

Practice Supervision and Assessment in Nursing, Health and Social Care



Edited by **Mark Wareing**

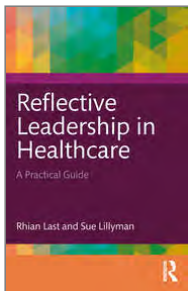
This is an essential guide for all health and social work practitioners supporting an increasing number of learners and pre-registration students engaging in practice-based and work-based learning. Applying educational learning theory to underpin the role and practice of the contemporary Practice Supervisor, this accessible book presents strategies for practice learning and personal development. Designed for nurses, midwives, social workers, therapists and department practitioners who support learners in the workplace, this text is particularly relevant to registrants completing Practice Supervisor preparation and pre-registration students taking modules on supporting learning.

Routledge
July 2024 : 244pp
Pb: 978-1-032-41538-3 : **£36.99**
Hb: 978-1-032-41541-3 : **£145**
eBook: 978-1-003-35860-2

* For full contents and more information, visit: www.routledge.com/9781032415383

Reflective Leadership in Healthcare

A Practical Guide



Rhian Last, Sue Lillyman

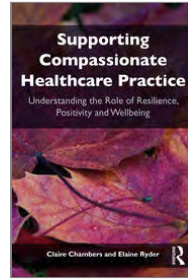
This practical and positive guide shows how good, effective reflection can help people to stay on track, as well as understand what is working well and what might be improved – essential skills for leaders at all levels of practice from newly qualified staff to senior managers. Reflective leadership is fundamental to providing safe, effective healthcare to all patients, as well as enhancing resilience for individuals, teams and organisations. This guide is an essential read for healthcare students and practitioners, no matter at what stage or level they are at as a leader.

Routledge
August 2023 : 102pp
Pb: 978-1-032-34936-7 : **£37.99**
Hb: 978-1-032-34939-8 : **£155**
eBook: 978-1-003-32456-0

* For full contents and more information, visit: www.routledge.com/9781032349367

Supporting compassionate healthcare practice

Understanding the role of resilience, positivity and wellbeing



Claire Chambers Open University, UK, **Elaine Ryder** Age UK

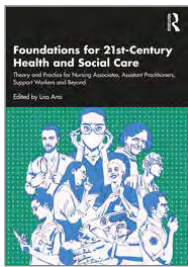
Compassionate healthcare can be challenging for practitioners to deliver day after day in a context of tight budgets and targets. This text looks at how healthcare professionals can look after themselves in order to maintain and develop their compassionate healthcare practice. It explores thinking around stress management, resilience, wellbeing and positivity, presenting and critiquing the evidence base for these key concepts. Illustrated with numerous case studies and examples, the authors conclude with their framework – RESPECT – for practice.

Routledge
October 2018 : 212pp
Pb: 978-1-138-09210-5 : **£40.99**
Hb: 978-1-138-09209-9 : **£155**
eBook: 978-1-315-10772-1

* For full contents and more information, visit: www.routledge.com/9781138092105

Foundations for 21st-Century Health and Social Care

Theory and Practice for Nursing Associates, Assistant Practitioners, Support Workers and Beyond



Edited by **Lisa Arai**

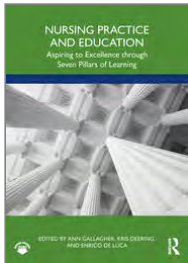
This comprehensive text introduces health and social care theory and practice for students studying at foundation degree level, including those on nursing associate and assistant practitioner pathways. Clearly presented and reader-friendly, this textbook is an essential companion for health and social care students, including nursing associates and assistant practitioners.

Routledge
November 2023 : 250pp
Pb: 978-1-032-05600-5 : **£34.99**
Hb: 978-1-032-05611-1 : **£155**
eBook: 978-1-003-19833-8

* For full contents and more information, visit: www.routledge.com/9781032056005

Nursing Practice and Education

Aspiring to Excellence through Seven Pillars of Learning



Edited by **Ann Gallagher , Kris Deering , Enrico De Luca**
University of Exeter, UK

This accessible co-produced textbook presents essential knowledge, skills and values relevant to all undergraduate student nurses up to Masters' level. The chapters include a range of features to help readers apply their learning, including the application of relevant international research and incorporating the voices of students, patients and nurse educators. It enables readers to gain confidence and competence in their practice and serves as an important introduction for student nurses.

Routledge
October 2023 : 174pp
Pb: 978-1-032-48745-8 : **£40.99**
Hb: 978-1-032-48746-5 : **£155**
eBook: 978-1-003-39056-5

* For full contents and more information, visit: www.routledge.com/9781032487458

An Essential Guide to Caring for People With a Learning Disability and Autistic People

Enabling a Cross-Field Approach



Edited by **Helen Jones , Andrea Page , Samantha Salmon**

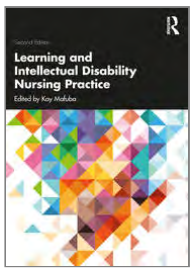
This essential text presents the core information that all nursing students and apprentices along with other key health and social care professions, regardless of field, need to know about caring for people with a learning disability and autism. Written for all who need to understand the needs of this population and to deliver care as effectively as possible this collaborative text brings together the voices of services users and their families and carers with those of nurses, other health professionals, lecturers and nursing students and apprentices.

Routledge
May 2025 : 238pp
Pb: 978-1-032-37758-2 : **£41.99**
Hb: 978-1-032-37759-9 : **£155**
eBook: 978-1-003-34176-5

* For full contents and more information, visit: www.routledge.com/9781032377582

2ND EDITION

Learning and Intellectual Disability Nursing Practice



Kay Mafuba Univ. of West London, UK

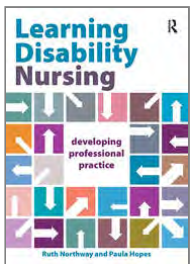
This well-respected core text provides a comprehensive solid foundation for students of nursing and practitioners who care for and or support people with learning/intellectual disabilities in a range of health and social care settings and scenarios. This text is essential reading for anyone studying learning/intellectual disabilities at undergraduate and post-graduate levels; it will also be a useful resource for the wider family of nursing, as well as health and social care professionals.

Routledge
March 2023 : 406pp
Pb: 978-1-032-28276-3 : **£41.99**
Hb: 978-1-032-28357-9 : **£140**
eBook: 978-1-003-29646-1

* For full contents and more information, visit: www.routledge.com/9781032282763

Learning Disability Nursing

Developing Professional Practice



Ruth Northway , Paula Hopes

Explores all aspects of professional development in learning disability nursing from the foundations to advanced practice. Key themes running through the book include the importance of a human rights and values-based approach, the development of person-centred approaches to care and support, and the need to work in partnership with key stakeholders, including people with learning disabilities and their families. It encourages readers to make links between theory and practice and to develop their skills in critical thinking through case studies and reflective activities.

Routledge
September 2022 : 322pp
Pb: 978-1-914-17135-2 : **£26.99**
Hb: 978-1-041-05599-0 : **£145**
eBook: 978-1-041-05600-3

* For full contents and more information, visit: www.routledge.com/9781914171352

2ND EDITION

A Pocket Guide to Risk Assessment and Management in Mental Health



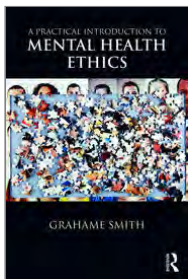
Chris Hart

Risk assessment and risk management are top of every mental health trust's agenda. This updated and expanded new edition provides an informative and practical guide to the process of undertaking a risk assessment, arriving at a risk formulation and developing a risk management plan. This concise guidebook is designed for all mental health professionals, and professionals-in-training. It will also be a useful reference for healthcare practitioners who regularly come into contact with people experiencing mental health problems.

Routledge
December 2023 : 232pp
Pb: 978-0-367-77478-3 : **£37.99**
Hb: 978-0-367-77481-3 : **£155**
eBook: 978-1-003-17161-4

* For full contents and more information, visit: www.routledge.com/9780367774783

A Practical Introduction to Mental Health Ethics



Grahame Smith Liverpool John Moores University, UK

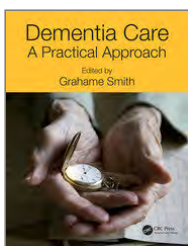
This book is a practical introduction to the skills and knowledge the mental health nurse is professionally required to develop in their journey towards effectively managing complex ethical decisions. Written with the training mental health nurse in mind, this book is a clear and concise guide on how to approach common, ethically-complex situations mental health nurses will eventually find themselves faced with. To ensure professional currency the content of this book is mapped to the NMC's (2010) pre-registration education standards, and uses a scenario-based approach in order to provide a pragmatic and robust resource for pre-registration mental health nursing students.

Routledge
November 2016 : 150pp
Pb: 978-1-138-84030-0 : **£45.99**
Hb: 978-1-138-84027-0 : **£150**
eBook: 978-1-315-73288-6

* For full contents and more information, visit: www.routledge.com/9781138840300

Dementia Care

A Practical Approach



Edited by **Grahame Smith** Liverpool John Moores University, UK

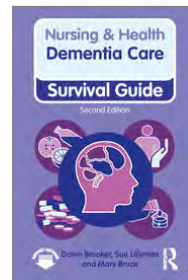
This practical text offers a comprehensive introduction to dementia care. The book is shaped by the requirements for compassion in practice and a multidisciplinary approach, with chapters underpinned by key policies and strategies. Taking a strengths approach, the book gives practitioners the tools to help their patients live well with their condition and is essential reading for all health care students.

Routledge
July 2016 : 202pp
Pb: 978-1-482-24573-8 : **£39.99**
eBook: 978-1-315-38207-4

* For full contents and more information, visit: www.routledge.com/9781482245738

2ND EDITION

Dementia Care, 2nd ed



Dawn Brooker, Sue Lillyman, Mary Bruce

Series: Nursing and Health Survival Guides

Ideal for quick reference, this pocket-sized guide puts all the crucial information on caring for patients with dementia at your fingertips. All health and social care professionals involved in the care of dementia patients will find this book a valuable resource, while it is an essential guide for students on placement in this area.

Routledge
August 2022 : 86pp
Pb: 978-1-032-21765-9 : **£10.99**
eBook: 978-1-003-26994-6

* For full contents and more information, visit: www.routledge.com/9781032217659

4TH EDITION

Depression in New Mothers, Volume 1

Causes, Consequences, and Risk Factors



Kathleen Kendall-Tackett Texas Tech University, USA

Depression in New Mothers, Volume 1: Causes, Consequences, and Risk Factors provides a comprehensive, evidence-based approach to understanding symptoms and risk factors of depression, anxiety, and posttraumatic stress disorder (PTSD) in perinatal women, which are common complications of childbirth. Depression in New Mothers, Volume 1 includes mothers' stories throughout. Each chapter highlights key research findings and clinical takeaways. It is an essential resource for all healthcare practitioners working with mothers in the perinatal period, including nurses, midwives, doctors, lactation consultants and psychologists.

Routledge
November 2023 : 218pp
Pb: 978-1-032-53275-2 : **£34.99**
Hb: 978-1-032-53277-6 : **£155**
eBook: 978-1-003-41124-6

* For full contents and more information, visit: www.routledge.com/9781032532752

4TH EDITION

Depression in New Mothers, Volume 2

Screening, Assessment, and Treatment Alternatives



Kathleen Kendall-Tackett Texas Tech University, USA

This fourth edition of Depression in New Mothers, Volume 2: Screening, Assessment, and Treatment Alternatives provides a comprehensive and evidence-based approach to understanding the assessment for treatment and treatment of postpartum depression. Depression in New Mothers, Volume 2 (4th Edition) includes more case illustrations throughout and retains its focus on moving research into practice. It is an essential resource for all healthcare practitioners working with mothers in the perinatal period, including mental health providers, nurses, midwives, doctors, lactation consultants, and peer supporters.

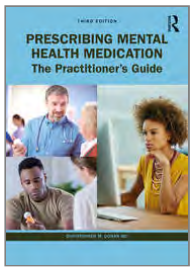
Routledge
April 2024 : 188pp
Pb: 978-1-032-52074-2 : **£33.99**
Hb: 978-1-032-52077-3 : **£145**
eBook: 978-1-003-40509-2

* For full contents and more information, visit: www.routledge.com/9781032520742

3RD EDITION

Prescribing Mental Health Medication

The Practitioner's Guide



Christopher Doran MD University of Colorado School of Medicine, USA

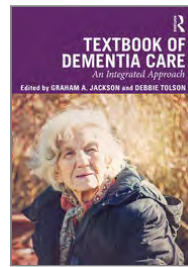
Prescribing Mental Health Medication is a comprehensive text for all practitioners who treat mental disorders with medication. This new edition is fully updated and includes additional chapters on combining medications, combining medications and psychological therapies, innovative treatments and complementary therapies. This practical text explains the entire process of medication assessment, management and follow up for general medical practitioners, mental health practitioners, students, residents, prescribing nurses and others perfecting this skill.

Routledge
August 2021 : 570pp
Pb: 978-0-367-46691-6 : **£58.99**
Hb: 978-0-367-46692-3 : **£155**
eBook: 978-1-003-03043-0

* For full contents and more information, visit: www.routledge.com/9780367466916

Textbook of Dementia Care

An Integrated Approach



Edited by **Graham Jackson , Debbie Tolson** University of the West of Scotland, UK

Dementia has become a priority for health and social care services across the world, as people live longer lives. This evidence-based textbook gives an overview of the whole topic of dementia, with an emphasis on practice. Taking a collaborative approach, it is written by authors from a wide range of health and social care backgrounds and includes the perspectives of people with dementia, as well as family carers. Designed for professionals undertaking further study in dementia care, this book will also support pre-registration students undertaking placements in the area and constitute an important reference for the workplace.

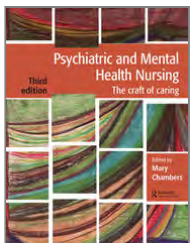
Routledge
April 2019 : 216pp
Pb: 978-1-138-22924-2 : **£33.99**
Hb: 978-1-138-22923-5 : **£130**
eBook: 978-1-315-38984-4

* For full contents and more information, visit: www.routledge.com/9781138229242

3RD EDITION

Psychiatric and Mental Health Nursing

The craft of caring



Edited by **Mary Chambers** Kingston University and St George's University of London Joint Faculty, UK

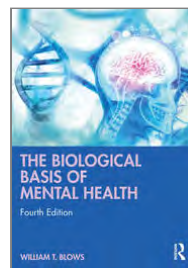
This new edition of a bestselling, evidence-based textbook provides a comprehensive overview of psychiatric and mental health nursing. Always keeping patients and their recovery at the center of care and with service user perspectives integrated throughout, the holistic approach will help nurses to gain the tools and understanding required to work in this complex area.

Routledge
March 2017 : 864pp
Pb: 978-1-482-22195-4 : **£48.99**
Hb: 978-1-138-62634-8 : **£175**
eBook: 978-1-315-38187-9

* For full contents and more information, visit: www.routledge.com/9781482221954

4TH EDITION

The Biological Basis of Mental Health



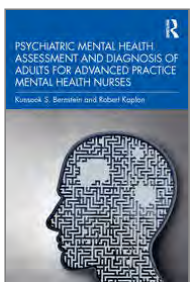
William T. Blows

This book explores the underlying biology and neuroscience associated with mental health and wellbeing. This unique textbook is an essential read for all healthcare students, practitioners and educators with an interest in mental health and neuroscience.

Routledge
November 2021 : 468pp
Pb: 978-0-367-56318-9 : **£54.99**
Hb: 978-0-367-56319-6 : **£155**
eBook: 978-1-003-09727-3

* For full contents and more information, visit: www.routledge.com/9780367563189

Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses



Kunsook S. Bernstein , Robert Kaplan

This text provides a comprehensive and evidence-based introduction to psychiatric mental health assessment and diagnosis in advanced nursing practice. This is an essential text for all those undertaking Psychiatric Mental Health Nurse Practitioner programs and a valuable reference for advanced practice nurses in clinical practice.

Routledge
July 2022 : 176pp
Pb: 978-0-367-68448-8 : **£45.99**
Hb: 978-0-367-68455-6 : **£155**
eBook: 978-1-003-13759-7

* For full contents and more information, visit: www.routledge.com/9780367684488

3RD EDITION

Essential Knowledge and Skills for Healthcare Assistants



Zoë Rawles HealthTrain, UK

This revised edition of *Essential Knowledge and Skills for Healthcare Assistants* is an accessible and comprehensive text designed to equip you with the necessary skills for your practice. This book equips you with the knowledge to provide the safest and most effective patient care possible and supplies comprehensive coverage of both primary and secondary care settings, with an emphasis on primary care. This is an essential guide for all those training as healthcare assistants, nursing associates and assistant practitioners, and a useful reference for students embarking on nursing and health and social care programmes.

Routledge

July 2025 : 296pp

Pb: 978-1-032-60624-8 : **£33.99**

Hb: 978-1-032-60755-9 : **£155**

eBook: 978-1-003-46038-1

* For full contents and more information, visit: www.routledge.com/9781032606248

Foundations for 21st-Century Health and Social Care

Theory and Practice for Nursing Associates, Assistant Practitioners, Support Workers and Beyond



Edited by **Lisa Arai**

This comprehensive text introduces health and social care theory and practice for students studying at foundation degree level, including those on nursing associate and assistant practitioner pathways. Clearly presented and reader-friendly, this textbook is an essential companion for health and social care students, including nursing associates and assistant practitioners.

Routledge

November 2023 : 250pp

Pb: 978-1-032-05600-5 : **£34.99**

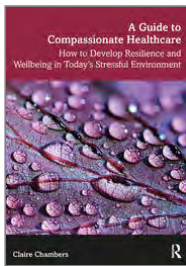
Hb: 978-1-032-05611-1 : **£155**

eBook: 978-1-003-19833-8

* For full contents and more information, visit: www.routledge.com/9781032056005

A Guide to Compassionate Healthcare

How to Develop Resilience and Wellbeing in Today's Stressful Environment



Claire Chambers Open University, UK

A Guide to Compassionate Healthcare looks at how to maintain wellbeing in today's challenging healthcare environments, enabling practitioners to make a positive difference to the care environment whilst providing compassionate care to patients. This is essential reading for all those working in healthcare today who are passionate about compassionate care and want to ensure that they remain positive and well, particularly newly qualified staff.

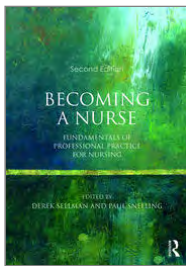
Routledge
May 2024 : 352pp
Pb: 978-1-138-09340-9 : **£38.99**
Hb: 978-1-138-09339-3 : **£145**
eBook: 978-1-315-10686-1

* For full contents and more information, visit: www.routledge.com/9781138093409

2ND EDITION

Becoming a Nurse

Fundamentals of Professional Practice for Nursing



Edited by **Paul Snelling** University of Worcester, UK

Becoming a Nurse will demystify what you need to know while preparing you to meet NMC standards and become a confident, practising professional. This new edition has been thoroughly updated throughout, and includes four new chapters on psychosocial concepts for nursing; sociological concepts for nursing; spiritual care; and preceptorship and transition. Like the previous edition the book also covers: law, ethics and policy; management and leadership; communication, interpersonal skills and interprofessional working; evidence-based practice; medicines management; public health; and professional development.

Routledge
October 2016 : 558pp
Pb: 978-0-273-78621-4 : **£48.99**
Hb: 978-0-415-73404-2 : **£195**
eBook: 978-1-315-69343-9

* For full contents and more information, visit: www.routledge.com/9780273786214

Contemporary Issues in Health and Social Care Policy and Practice

A Comparative Introduction



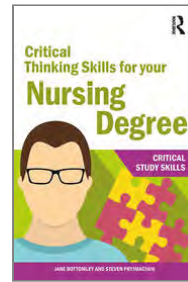
Edited by **Julia Morgan, Vincent La Placa**

This accessible text presents a comparative analysis of health and social care policy and practice from around the world, with learning points drawn out for the UK. It supports readers to improve practice by reflecting on differences and similarities in the policies of other OECD countries. Ideal for undergraduate students studying health and social care policy from a range of disciplinary backgrounds, this practical text provides a deeper understanding of complex health and social care issues and supports the development of a global and comparative skills-set.

Routledge
February 2025 : 270pp
Pb: 978-1-032-38123-7 : **£41.99**
Hb: 978-1-032-38124-4 : **£155**
eBook: 978-1-003-34360-8

* For full contents and more information, visit: www.routledge.com/9781032381237

Critical Thinking Skills for your Nursing Degree



Jane Bottomley, Steven Prymachuk

Series: Critical Study Skills

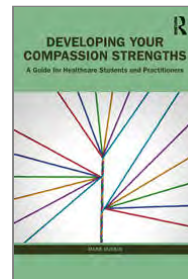
If you are embarking on a university nursing or midwifery degree, the books in this series will help you acquire and develop the knowledge, skills and strategies you need to achieve your goals. They provide support in all areas important for university study, including institutional and disciplinary policy and practice, self-management, and research and communication. Tasks and activities are designed to foster aspects of learning which are valued in higher education, including learner autonomy and critical thinking, and to guide you towards reflective practice in your study and work life.

Routledge
May 2018 : 82pp
Pb: 978-1-912-09669-5 : **£20.99**
eBook: 978-1-041-05487-0

* For full contents and more information, visit: www.routledge.com/9781912096695

Developing Your Compassion Strengths

A Guide for Healthcare Students and Practitioners



Mark Durkin

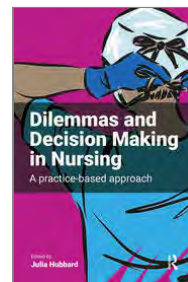
This practical book suggests ways in which healthcare students and practitioners can develop their compassion strengths. Highlighting the concept of compassion strengths, and compassion as a way of being, this is an essential read for healthcare students and practitioners, whether involved in direct patient care or management.

Routledge
April 2023 : 198pp
Pb: 978-1-032-23208-9 : **£37.99**
Hb: 978-1-032-23245-4 : **£140**
eBook: 978-1-003-27642-5

* For full contents and more information, visit: www.routledge.com/9781032232089

Dilemmas and Decision Making in Nursing

A Practice-based Approach



Edited by **Julia Hubbard**

Series: Dilemmas and Decision Making

Looking for a book that will help you hone your decision-making skills as a nursing student or practitioner? Look no further than this innovative volume. It provides a collection of engaging fictional scenarios that explore how nurses tackle clinical dilemmas, weigh up options and make good decisions based on a sound understanding of theory related to practice. More than just a simple collection of case studies, this book offers a comprehensive thinking framework that will allow you to truly understand how theory can be applied to practice.

Routledge
May 2023 : 200pp
Pb: 978-1-915-08032-5 : **£20.99**
Hb: 978-1-041-05510-5 : **£145**
eBook: 978-1-041-05509-9

* For full contents and more information, visit: www.routledge.com/9781915080325

4TH EDITION

Essential Law and Ethics in Nursing

Patients, Rights and Decision-Making



Paul Buka University of Essex, Southend Campus

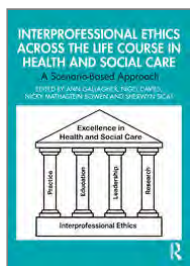
The fourth edition of this key text lays a solid foundation for understanding the intersection of law, ethics and the rights of the patient in the context of everyday nursing and health care practice. Outlining the key legal and ethical principles relevant to nurses, *Essential Law and Ethics in Nursing* uses an easy-to-read style that conveys key principles in an accessible way. This is essential reading for nurses and an important reference for midwives and allied health professionals.

Routledge
January 2026 : 256pp
Pb: 978-1-032-94363-3 : **£41.99**
Hb: 978-1-032-94445-6 : **£155**
eBook: 978-1-003-57079-0

* For full contents and more information, visit: www.routledge.com/9781032943633

Interprofessional Ethics Across the Life Course in Health and Social Care

A Scenario-Based Approach



Edited by **Ann Gallagher, Nigel Davies, Nicky Mathastein-Bowen, Sherwyn Sicat**

Interprofessional teams of Health and social care professionals encounter, and respond to, significant ethical challenges and complexity in their everyday work. This scenario-based book explores how to enact ethical values and virtues, while working across the four pillars of professional activity – practice, education, leadership and research. Introducing and discussing interprofessional issues from an ethical stance, this is an essential text for health and social care students and practitioners and a resource for IPE facilitators with a commitment to ethics in health and social care practice, research, education and leadership.

Routledge
November 2025 : 206pp
Pb: 978-1-032-97443-9 : **£41.99**
Hb: 978-1-041-12912-7 : **£155**
eBook: 978-1-003-66721-6

* For full contents and more information, visit: www.routledge.com/9781032974439

Nursing Ethics, 1880s to the Present

An Archaeology of Lost Wisdom and Identity



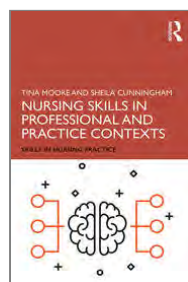
Marsha Fowler

This important text draws on decades of research, arguing that modern nursing germinated and grew an ethics from its own native soil, that is a rich, fulsome and philosophically informed; grounded in the tradition, and practice of nursing. This systematic and comprehensive book is an essential contribution for students and scholars of nursing ethics.

Routledge
April 2024 : 424pp
Pb: 978-1-032-20071-2 : **£41.99**
Hb: 978-1-032-20072-9 : **£145**
eBook: 978-1-003-26210-7

* For full contents and more information, visit: www.routledge.com/9781032200712

Nursing Skills in Professional and Practice Contexts



Tina Moore Middlesex University, UK, **Sheila Cunningham** Middlesex University, UK

Series: *Skills in Nursing Practice*

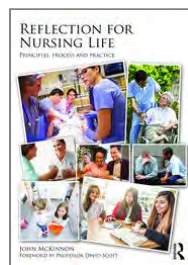
The professional role of the nurse is at the very foundation of good care management and provision, and it is imperative that you have a sound understanding of various ethical, legal and professional issues you will face during your career. This competency-based pocket guide covers: professional issues and accountability; communication; the patient journey; diagnostic testing; care planning; managing and leading in the clinical environment; and end of life care. Quick and easy to reference, this short, clinically-focused text is ideal for use on placements or for revision.

Routledge
December 2019 : 64pp
Pb: 978-1-138-47949-4 : **£15.99**
Hb: 978-1-138-47948-7 : **£125**
eBook: 978-1-351-06562-7

* For full contents and more information, visit: www.routledge.com/9781138479494

Reflection for Nursing Life

Principles, Process and Practice



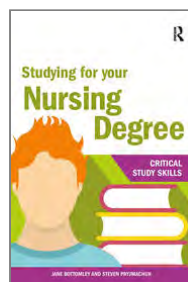
John McKinnon University of Lincoln, UK

This accessible text is designed to support a deeper understanding of the value of reflection and its relationship with the needs of modern practice. Beginning with discussions of self-awareness and the reflective cycle, it goes on to explore ideas about critical incidents, critical reflection models and transformational learning. It integrates cutting-edge neuro-scientific research and thinking about emotional labour and intelligence in healthcare with mainstream reflective practice, drawing on both new and established ways of guiding learning and professional judgment.

Routledge
February 2016 : 150pp
Pb: 978-1-138-78759-9 : **£39.99**
Hb: 978-1-138-78758-2 : **£185**
eBook: 978-1-315-76632-4

* For full contents and more information, visit: www.routledge.com/9781138787599

Studying for your Nursing Degree



Jane Bottomley, Steven Pryjmachuk

Series: *Critical Study Skills*

The books in our Critical Study Skills series will help you gain the knowledge, skills and strategies you need to achieve your goals. They provide support in all areas important for university study, including institutional and disciplinary policy and practice, self-management, and research and communication. Packed with tasks and activities to help you improve your learning, including learner autonomy and critical thinking, and to guide you towards reflective practice in your study and work life. Uniquely, this book is written by an experienced education lecturer and an English for Academic Purposes (EAP) lecturer.

Routledge
July 2017 : 118pp
Pb: 978-1-911-10691-3 : **£20.99**
eBook: 978-1-041-05706-2

* For full contents and more information, visit: www.routledge.com/9781911106913

A Practical Guide to Medicine Administration



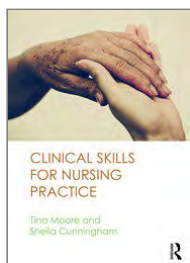
Edited by **Rebecca Hayley Venables** Keele University, UK, **Karen Anne Gunnell** Keele University, UK

It is important that medicines are administered correctly, in order to provide correct drug doses, yet not all healthcare professionals are expert in the area. This book provides a definitive guide to best practice in administering medicinal formulations. Acting as a quick reference handbook for administration techniques in both the simulated and real practice environment, it enables readers to advise patients on the correct use of their formulation. It is a key resource for both student and practising pharmacists who counsel and advise patients on the use of their medicines. It will also be a useful reference for nurses, nursing associates, assistant practitioners and healthcare assistants.

Routledge
July 2018 : 116pp
Pb: 978-1-138-30117-7 : **£34.99**
Hb: 978-1-138-30116-0 : **£155**
eBook: 978-0-203-73271-7

* For full contents and more information, visit: www.routledge.com/9781138301177

Clinical Skills for Nursing Practice



Edited by **Tina Moore** Middlesex University, UK, **Sheila Cunningham**

This comprehensive text introduces the core clinical skills and competencies a newly-qualified nurse is required to have for professional practice. It is divided into five sections looking at: Care and Compassion and Communication; Essential Skills; Organisational Aspects of Care; Safety and Protection; and Nutrition and Fluid Balance. Designed to allow readers to develop and enhance their clinical skills with one key textbook, each chapter contains learning outcomes, recommendations for practice, case studies, activities, 'clinical significance' highlights and step-by-step guides to important procedures.

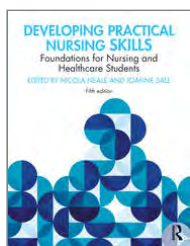
Routledge
November 2016 : 624pp
Pb: 978-0-273-76794-7 : **£57.99**
Hb: 978-1-138-79119-0 : **£200**
eBook: 978-1-315-52877-9

* For full contents and more information, visit: www.routledge.com/9780273767947

5TH EDITION

Developing Practical Nursing Skills

Foundations for Nursing and Healthcare Students



Edited by **Nicola Neale** Buckinghamshire New University, UK, **Joanne Sale** University of Bedfordshire, UK

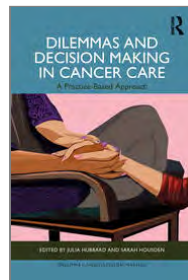
Developing Practical Nursing Skills helps you learn and perfect the practical skills required to become a qualified nurse. Patient-focussed and adopting a caring approach, this essential text helps you to integrate nursing values alongside physical skills in your daily practice. This is a complete clinical skills resource for all pre-registration nursing students. It is also a useful text for nursing associate and healthcare support workers.

Routledge
May 2022 : 870pp
Pb: 978-0-367-89661-4 : **£48.99**
Hb: 978-0-367-89660-7 : **£155**
eBook: 978-1-003-02066-0

* For full contents and more information, visit: www.routledge.com/9780367896614

Dilemmas and Decision Making in Cancer Care

A Practice-Based Approach



Edited by **Julia Hubbard**, **Sarah Housden**

Series: *Dilemmas and Decision Making*

This book presents realistic cancer-related clinical dilemmas and provides guidance on how to assess options and make ethical decisions. The provided case studies explore how decisions are made in ethically, and sometimes morally challenging situations in practice. Considerations are integrated with a range of solutions-focused perspectives to allow readers to discuss clinical dilemmas in a safe space whilst applying and expanding their professional knowledge. An invaluable resource for any healthcare student, clinical supervisors, academic educators, and anybody working within the cancer setting.

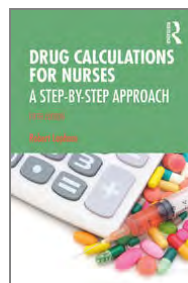
Routledge
November 2025 : 264pp
Pb: 978-1-041-09780-8 : **£31.99**
Hb: 978-1-041-09781-5 : **£155**
eBook: 978-1-003-65175-8

* For full contents and more information, visit: www.routledge.com/9781041097808

5TH EDITION

Drug Calculations for Nurses

A Step-by-Step Approach



Robert Lapham Clinical Pharmacist, Houghton Le Spring, UK

This new edition of Drug Calculations for Nurses teaches healthcare professionals how to perform drug calculations with confidence and competence. It provides step-by-step guidance to carry out accurate drug calculations, with units and drug strengths clearly explained. Designed for students and practitioners in nursing, midwifery and allied health, this textbook enables readers to improve their numeracy skills for clinical practice and develop their understanding of the broader context for these calculations.

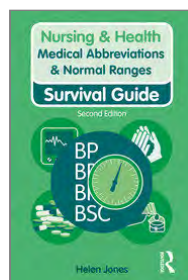
Routledge
July 2021 : 414pp
Pb: 978-0-367-52232-2 : **£23.99**
Hb: 978-0-367-52235-3 : **£155**
eBook: 978-1-003-05706-2

* For full contents and more information, visit: www.routledge.com/9780367522322

2ND EDITION

Medical Abbreviations & Normal Ranges

Survival Guide



Helen Jones University of Worcester, UK

Series: *Nursing and Health Survival Guides*

Part of the skill of nursing and healthcare involves being able to decipher and understand the meanings of results and abbreviations. Fully updated, this second edition is a handy survival guide which will supply you with up-to-date information and help you understand this language, so that you can provide appropriate holistic care to your patients.

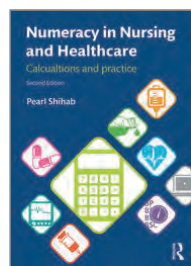
Routledge
May 2019 : 68pp
Pb: 978-1-138-35197-4 : **£10.99**
eBook: 978-0-429-43494-5

* For full contents and more information, visit: www.routledge.com/9781138351974

2ND EDITION

Numeracy in Nursing and Healthcare

Calculations and Practice



Pearl Shihab University of Surrey, UK

If you need to brush up your maths skills, this is the perfect textbook to help you through your nursing programme. The text starts out with basic arithmetic and works up to more advanced principles like SI units, drug administration, common clinical measurements and how to understand statistics. 1. Basic Arithmetic Skills 2. Decimals and Other Fractions 3. SI Units 4. Drug Calculations 5. Drug Concentrations 6. Per Cent, Percentage and Ratios 7. Intravenous Fluid and Drug Administration 8. Common Clinical Measurements 9. Physiological Measurements 10. Statistics and Reading Research Articles

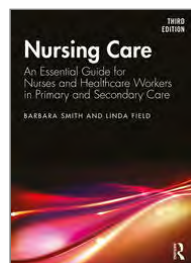
Routledge
January 2014 : 272pp
Pb: 978-1-447-92256-8 : **£39.99**
Hb: 978-0-415-74043-2 : **£170**
eBook: 978-1-315-73509-2

* For full contents and more information, visit: www.routledge.com/9781447922568

3RD EDITION

Nursing Care

An Essential Guide for Nurses and Healthcare Workers in Primary and Secondary Care



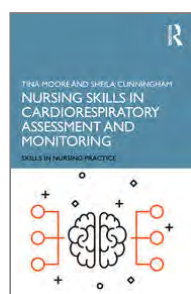
Barbara Smith, Linda Field

Go 'back to basics' with this concise, clear text on the essentials of nursing care. Fully updated to address the latest NMC and government policy, this new edition is designed to help the student develop a proactive approach to the assessment, planning, implementation and evaluation of the care that they give. The invaluable advice can be applied to all branches of nursing and to all environments where patients are nursed, whether in hospital, at home or care homes.

Routledge
September 2019 : 348pp
Pb: 978-1-138-38910-6 : **£48.99**
Hb: 978-1-138-38909-0 : **£200**
eBook: 978-0-429-42418-2

* For full contents and more information, visit: www.routledge.com/9781138389106

Nursing Skills in Cardiorespiratory Assessment and Monitoring



Tina Moore Middlesex University, UK, **Sheila Cunningham**

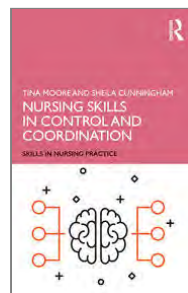
Series: *Skills in Nursing Practice*

Organisms need to be able to maintain nearly constant internal environments in order to survive, grow and function effectively and efficiently. This practical pocket guide covers the anatomy and physiology of the cardiovascular and respiratory systems, taking vital signs, nursing skills for cardiovascular and respiratory health, and cannulation and venepuncture. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge
May 2021 : 112pp
Pb: 978-1-138-47932-6 : **£15.99**
Hb: 978-1-138-47930-2 : **£55.99**
eBook: 978-1-351-06606-8

* For full contents and more information, visit: www.routledge.com/9781138479326

Nursing Skills in Control and Coordination



Tina Moore Middlesex University, UK, **Sheila Cunningham**

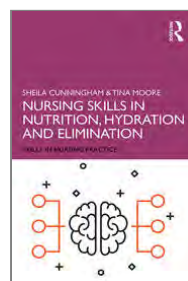
Series: *Skills in Nursing Practice*

Looking at how a variety of biological systems control and coordinate all physical actions, this quick reference book covers the nervous system and neurological assessment, caring for the unconscious patient and dealing with pain. Quick and easy to reference, this short, clinically-focused guide is ideal for use in practice. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge
May 2021 : 108pp
Pb: 978-1-138-47937-1 : **£15.99**
Hb: 978-1-138-47936-4 : **£55.99**
eBook: 978-1-351-06590-0

* For full contents and more information, visit: www.routledge.com/9781138479371

Nursing Skills in Nutrition, Hydration and Elimination



Sheila Cunningham, Tina Moore Middlesex University, UK

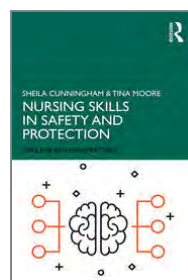
Series: *Skills in Nursing Practice*

The body needs a constant supply of nutrients and water in order to survive, with water is required for the transportation of nutrients to cells and also for the transportation of waste out of the body. This skills-focused pocket guide outlines what you need to know about the anatomy and physiology of the gastrointestinal and renal systems, nutrition, hydration, and elimination to support your patients' health and comfort. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge
December 2019 : 68pp
Pb: 978-1-138-47946-3 : **£15.99**
Hb: 978-1-138-47945-6 : **£125**
eBook: 978-1-351-06570-2

* For full contents and more information, visit: www.routledge.com/9781138479463

Nursing Skills in Safety and Protection



Sheila Cunningham, Tina Moore Middlesex University, UK

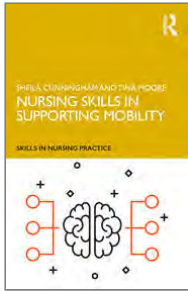
Series: *Skills in Nursing Practice*

People should be cared for in a safe environment that is protected from internal and external harm. This quick reference guide covers vital practical skills for nurses including emergency management and resuscitation, the safe and accurate administration of medicines, infection control, the anatomy and physiology of skin and temperature regulation, and personal care and wound care. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge
December 2019 : 76pp
Pb: 978-1-138-47941-8 : **£15.99**
Hb: 978-1-138-47940-1 : **£125**
eBook: 978-1-351-06578-8

* For full contents and more information, visit: www.routledge.com/9781138479418

Nursing Skills in Supporting Mobility



Sheila Cunningham , Tina Moore Middlesex University, UK

Series: Skills in Nursing Practice

Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge
May 2021 : 84pp
Pb: 978-1-138-47955-5 : **£15.99**
Hb: 978-1-138-47952-4 : **£55.99**
eBook: 978-1-351-06558-0

* For full contents and more information, visit: www.routledge.com/9781138479555

Trauma Informed Care

A Guide for Nursing and Midwifery Practice



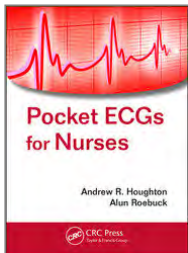
Sophie Isobel

This practical guide introduces and critically examines the concept of trauma informed care, exploring how it can be implemented in everyday nursing practice across a range of settings. Supporting nurses to integrate trauma informed knowledge and practice into their work. It is an essential guide for nurses and midwives in practice and in training across the full range of practice settings.

Routledge
January 2026 : 192pp
Pb: 978-1-032-87052-6 : **£37.99**
Hb: 978-1-032-87066-3 : **£155**
eBook: 978-1-003-53077-0

* For full contents and more information, visit: www.routledge.com/9781032870526

Pocket ECGs for Nurses



Andrew R. Houghton , Alun Roebuck

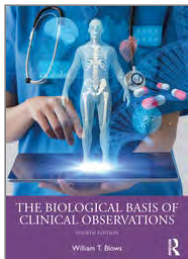
Written in plain language with clear explanations, bullet lists and summaries throughout, this book will benefit nurses as well as paramedics and other allied health professionals in recording and reading ECGs. The book begins by covering the basics of cardiac anatomy and physiology and how these relate to the ECG. It then guides nurses on how to perform a high-quality ECG recording, interpret it and make sense of common ECG abnormalities. The book also includes a guide to ambulatory and bedside monitoring and useful chapter summaries.

Routledge
November 2015 : 268pp
Pb: 978-1-498-70593-6 : **£34.99**
Hb: 978-1-138-45448-4 : **£145**
eBook: 978-0-429-25748-3

* For full contents and more information, visit: www.routledge.com/9781498705936

4TH EDITION

The Biological Basis of Clinical Observations



William T. Blows City University London, UK

Fully updated for its fourth edition, The Biological Basis of Clinical Observations provides readers with the understanding needed to perform clinical observations, make accurate judgements about the patient's condition and make good decisions concerning patient care. The Biological Basis of Clinical Observations is a unique text which integrates explanations of essential procedures with the biological knowledge that underpins practice. It is essential reading for all nursing and healthcare students preparing for clinical practice.

Routledge
December 2023 : 374pp
Pb: 978-1-032-48440-2 : **£41.99**
Hb: 978-1-032-48446-4 : **£155**
eBook: 978-1-003-38911-8

* For full contents and more information, visit: www.routledge.com/9781032484402

A.	Emotional Labour in the Nursing Care of Children, Young People and their Families . . . 8	Narrative-Based Practice in Health and Social Care 10	Textbook of Dementia Care 19
Academic Writing and Referencing for your Nursing Degree 10	Essential Knowledge and Skills for Healthcare Assistants 20	Neonatal Intensive Care Nursing 4	The Biological Basis of Cancer 3
Acute Nursing Care 11	Essential Law and Ethics in Nursing 22	Non-Medical Prescribing 7	The Biological Basis of Clinical Observations . . . 7
A Guide to Compassionate Healthcare 21	Essential Nursing Care for Children and Young People 8	Numeracy in Nursing and Healthcare 24	The Biological Basis of Clinical Observations . . . 25
Alcohol and Drug Misuse 2	F.	Nursing Acutely Ill Adults 11	The Biological Basis of Mental Health 19
A Leadership Toolkit for Nurses and Healthcare Professionals 15	Foundations for 21st-Century Health and Social Care 20	Nursing Care 24	The Essential Guide to Doing a Health and Social Care Literature Review 13
An Essential Guide to Caring for People With a Learning Disability and Autistic People 17	Foundations for 21st-Century Health and Social Care 16	Nursing Ethics, 1880s to the Present 22	The Essential Guide to Public Health and Health Promotion 14
A Pocket Guide to Risk Assessment and Management in Mental Health 18	From Birth to Five Years 8	Nursing Older People 2	Trauma Informed Care 25
A Practical Guide to Medicine Administration . . . 23	From Birth to Sixteen 9	Nursing Practice and Education 16	
A Practical Introduction to Mental Health Ethics . 18	Fundamentals of Nursing and Midwifery Research 13	Nursing Skills in Cardiorespiratory Assessment and Monitoring 24	
A Textbook of Community Nursing 4	G.	Nursing Skills in Control and Coordination . . . 24	
B.	Genomics for Nurses 6	Nursing Skills in Nutrition, Hydration and Elimination 24	
Becoming a Nurse 21	Global Health 14	Nursing Skills in Professional and Practice Contexts 22	
Breastfeeding for Public Health 8	H.	Nursing Skills in Safety and Protection 12	
C.	Handbook of Contraception and Sexual Health . 4	Nursing Skills in Supporting Mobility 25	
Care Planning 7	Handbook of Contraception and Sexual Health . 2	O.	
Children's Palliative Nursing Care 8	Health and Wellbeing for Babies and Children . 9	Ophthalmic Nursing 5	
Children and Young People's Nursing 8	Health Promotion in the 21st Century 14	P.	
Clinical Assessment 7	I.	Patient Safety in Clinical Practice 12	
Clinical Skills for Nursing Practice 23	Implementation Science 13	Physical Examination Procedures for Advanced Practitioners and Non-Medical Prescribers . . . 5	
Communication Skills for your Nursing Degree . 10	Implementation Science 13	Physiology and Anatomy for Nurses and Healthcare Practitioners 6	
Contemporary Issues in Health and Social Care Policy and Practice 21	Intensive Care Nursing 4	Pocket ECGs for Nurses 25	
Critical Care Nursing in Resource Limited Environments 11	Intensive Care Nursing 11	Practice Supervision and Assessment in Nursing, Health and Social Care 15	
Critical Thinking Skills for your Nursing Degree . 21	Interprofessional Ethics Across the Life Course in Health and Social Care 22	Prescribing Mental Health Medication 19	
Cultural Awareness in Nursing and Health Care . 10	Introducing Pharmacology 7	Principles and Practice of Health Promotion and Public Health 14	
D.	Introducing Research and Evidence-Based Practice for Nursing and Healthcare Professionals . . . 13	Priorities for Health Promotion and Public Health 14	
Delegation in Healthcare 4	Introduction to Anatomy and Physiology for Healthcare Students 6	Promoting Healthy Outcomes During Pregnancy and Beyond 9	
Dementia Care 18	K.	Psychiatric and Mental Health Nursing 19	
Dementia Care, 2nd ed 18	Key Themes in Public Health 14	Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses 5	
Depression in New Mothers, Volume 1 18	L.	Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses 19	
Depression in New Mothers, Volume 2 18	Learning and Intellectual Disability Nursing Practice 17	R.	
Developing Practical Nursing Skills 23	Learning Disability Nursing 17	Reflection for Nursing Life 22	
Developing Your Compassion Strengths 21	M.	Reflective Leadership in Healthcare 15	
Dilemmas and Decision Making in Cancer Care . 23	Making Sense of Evidence-based Practice for Nursing 13	S.	
Dilemmas and Decision Making in Nursing . . . 21	Managing Long-term Conditions and Chronic Illness in Primary Care 2	Specialist Mental Healthcare for Children and Adolescents 9	
Drug Calculations for Nurses 23	Managing Long-term Conditions and Chronic Illness in Primary Care 4	Studying for your Nursing Degree 22	
E.	Mary D. Sheridan's Play in Early Childhood . . . 9	Supporting compassionate healthcare practice . 15	
Emotional Intelligence for Health and Social Care Practice 10	Mary Sheridan's From Birth to Five Years 9	Supporting Survivors of Sexual Violence and Abuse 2	
	Medical Abbreviations & Normal Ranges 23	T.	
	N.		

A.	Dosdale, Senior, Shotton, Skarparis 2	M.	Thompson 14
Arai 16	Durkin 21	Mafuba 17	Thurston 8
Arai 20	E.	McCracken, Phillips 14	Thurston 14
B.	Elbourne, le May 2	McDougall, Cotgrove 9	V.
Bernstein, Kaplan 19	Evans 13	McFadden, Fell 7	Venables, Gunnell 23
Bernstein, Kaplan 5	Everett 4	McKenna, Copnell 13	W.
Blows 7	Everett 2	McKinnon 22	Wareing 15
Blows 25	F.	Mondi, Roberts, Sagasta, Boyer, Brashear, Kemner, Horowitz, Shah, Edwards, Caverly, Ayoub 9	Woodrow 11
Blows 3	Fleming, Baldwin 14	Moore, Cunningham 24	Woodrow, Hill 11
Blows 19	Fowler 22	Moore, Cunningham 23	Woodrow, Hill 4
Bottomley, Pryjmachuk 22	G.	Moore, Cunningham 24	
Bottomley, Pryjmachuk 10	Gallagher, Davies, Mathastein-Bowen, Sicut 22	Moore, Cunningham 22	
Bottomley, Pryjmachuk 10	Gallagher, Deering, De Luca 16	Morgan, La Placa 21	
Bottomley, Pryjmachuk 21	Griffiths, Alexander 5	Musgrave 9	
Boxwell (Connolly), Petty, Kaiser 4	H.	N.	
Brimble 8	Hart 18	Neale, Sale 23	
Brooker, Lillyman, Bruce 18	Hewitt-Taylor 13	Nilsen 13	
Buka 22	Holland 10	Northway, Hopes 17	
Buka 12	Houghton, Roebuck 25	P.	
C.	Howard 9	Pooler 7	
Carrier 4	Hubbard 21	R.	
Carrier 2	Hubbard, Housden 23	Randall, Neilson, Downing 8	
Carter 11	Hurley, Linsley 10	Rapport, Williams, Braithwaite 13	
Chambers 21	I.	Rassool 2	
Chambers 19	Ian, Helen 11	Rawles 20	
Chambers, Ryder 15	Isobel 25	Robinson 14	
Chilton, Bain 2	J.	Robinson 14	
Chilton, Bain 4	Jackson, Tolson 19	S.	
Clancy, McVicar 6	James 15	Sharma, Cockerill 8	
Coulson 6	James 13	Sharma, Cockerill, Sanctuary 9	
Cowie 9	Jolley 12	Shaw, Lee 5	
Cunningham, Moore 24	Jones 23	Shihab 24	
Cunningham, Moore 24	Jones, Page, Salmon 17	Smith 18	
Cunningham, Moore 25	K.	Smith 18	
Cunningham, Moore 12	Kendall-Tackett 18	Smith, Field 24	
D.	Kendall-Tackett 18	Snelling 21	
David, Wilson, Woollands, Barrett 7	L.	Spiro 8	
Davies, Davies 8	Lapham 23	Stainer, Slope 4	
Doran MD 19	Lapworth, Cook 7	Sturgeon 6	
	Last, Lillyman 15	T.	
	Launer 10		

